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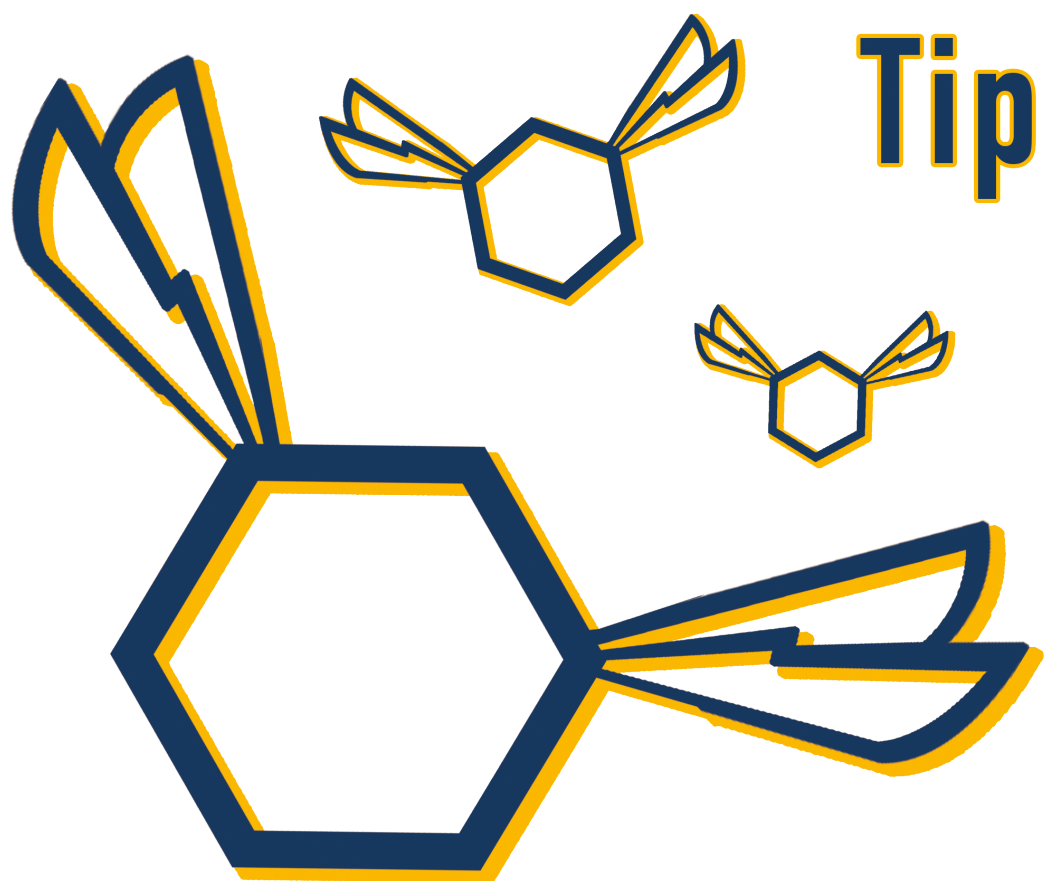
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CEDARS

The Award-Winning Student News Publication of Cedarville University

August 2017



**Tips, Tricks,
and What's
Abuzz on
Campus**

FRESHMAN EDITION



Table of Contents

August 2017 / Vol. 70, No. 1

Map of School	4
Dorm Life	5
Tips for Incoming Students	5
Cedarville Slang Lexicon	6
Cedarville Facebook Groups	6
Alex and Mojade	7
Faith and Jenkins	7
Chuck's Napkin Art	8
Stinger's Renovations	8

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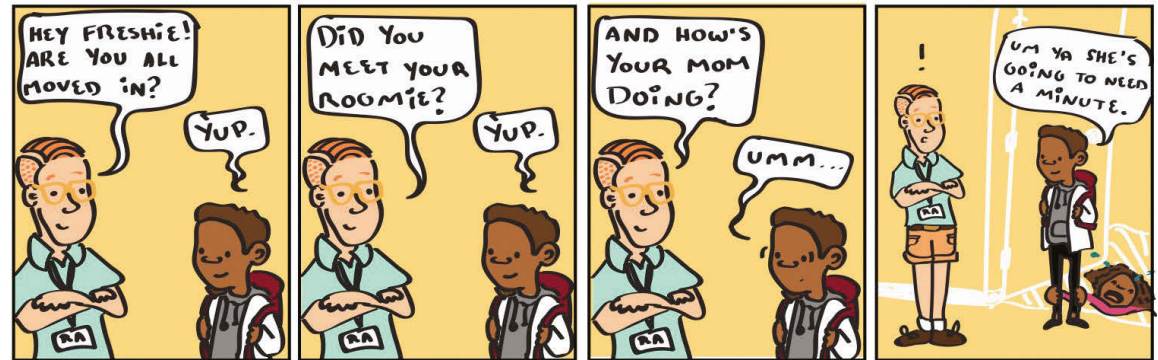
(Big Event On Campus)

CEARFEST

6 a.m.-10 p.m., Sept. 2-4, Cedarville Community Park
 CedarFest is a Cedarville tradition that celebrates Labor Day and its founder, James H. Kyle, who was born in Cedarville.

Toast

By Berkeley Benson



To see more of these comics, go to ReadCedars.com

Meet Mick, Everybody

By Abigail Wisser



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Just Sayin' ... Alex Hentschel

How a Digital Detox Changed My Summer

That's it," I said resolutely, holding down my apps until they trembled with the fear of being deleted. "I'm done."

My dad only looked at me in a "sure, if you say so" way, but I did it — on the car ride back from my freshman year, I got rid of all of my social media and time-wasting apps. Facebook. Instagram. Snapchat. GroupMe. Podcasts. My three — three! — brick-breaking games. I told my friends that all my social media was gone and they could — and should — reach me via text.

Why did I make such a ridiculous, counter-intuitive decision? After all, I was heading home for the summer, and I would miss out on everything my friends from college were doing. Also, I have time in the summer unlike my time during the school year — if there was ever a time for media time-wasting, it was now, right?



Here's why. Check the settings on your phone to see the amount of screen-time you spend on each app. About a week before my complete detox, I added up all the numbers from social media alone from one week and got a total over 20 hours.

Twenty. Hours. Not including Candy Crush, which had an hourly total I won't even type for the sake of dignity. I could run 10 marathons in that time (on Netflix). I could get through several books of the Bible in intensive study. I could head to the gym instead of mindlessly scrolling, building up only my index-finger muscle (it can lift about 10 pounds by now). I could get ahead on schoolwork. The list goes on, and on, and on.

Of course, the time-wasting aspects of social media have been reiterated repeatedly. I won't be a broken record. I will, however, mention one thing that really motivated me to push the delete button — I realized how empty my relationships were becoming.

It's something I like to call the "like" phenomenon. My friends and family post all the time on social media — and I double-tap or click the thumbs-up. That acknowledgment becomes, at least for me, a substitute for really knowing what's going on in their lives. I know that my sister got a frappuccino this morning, but I don't know that new friend she tagged. Instead of clicking

on her friend's profile and stalking her a bit (hey, we all do it), I should have called Makayla and asked, "Hey, how was your morning? Who's this new friend you met? Tell me about her!"

I've found that there's no substitute for really talking to people. Really reaching out to them, instead of passively acknowledging their comings and goings.

I'm not going to lie — the battle was uphill in the snow both ways. I caught myself logging into Facebook on my web browser because I'd deleted the app, and was scrolling before I even realized what I was doing. Horrified, I cleared out my browser history of all saved passwords. I got a lot of questions and complaints from people who couldn't understand why I would do something so drastic. I answered their questions but stayed the course.

Over time, my phone became absolutely non-essential. It used to be something I never left the house without — something that gave me major anxiety if it wasn't in my pocket — but now, I frequently leave it home. Instead, I focus on the little things. Things like helping Grammy clean out the attic instead of scrolling on her couch; finding a new taco recipe (it was great!); building blanket forts with my sisters and their friends.

I also started to become intentional about my interactions with friends and family. Instead of liking their posts, I sent them a text. I even — brace yourselves — started calling them, to hear their voices and to listen to them laugh. I had to ask them what they were doing, since I couldn't passively find out about it. I've so enjoyed hearing my friends excitedly explain their new jobs rather than reading posts about them.

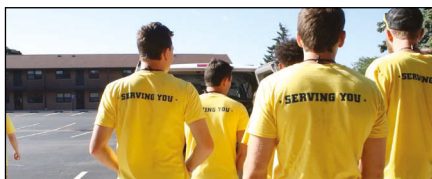
My relationships have never been healthier, and I wake up each day without the compulsive need to check my phone. I'm free.

Quitting social media isn't for everyone. I knew that the only way that I would become more conscious of my time was to leave no openings for myself to return to it. For others, maybe it's better to just monitor the time spent. There are a lot of browser apps that cut off the time you spend on each webpage.

For now, I'm staying offline.

Alexandria Hentschel is a sophomore International Studies and Spanish double major and the off-campus news editor for Cedars. She enjoys old books, strong coffee, and honest debate.

VIDEO



Getting Started Weekend

Hear freshmen's first reactions to being on campus in this video by Erica Zichi, available now on ReadCedars.com.

PHOTO



Solar Eclipse at CU

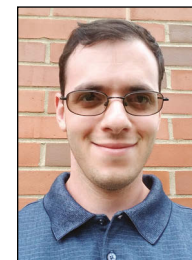
Students experience the solar eclipse from Cedarville's campus. See the full photo album at ReadCedars.com.



How did you grow in Christ this summer?

Keegan D'Alfonso

Editor-in-Chief - Cedars



God often places me in new and challenging situations to force me to learn areas where I need to grow that I wouldn't otherwise notice. This summer was no different.

I spent May term studying abroad in Ireland, and it may seem odd, but being in a different country was not the challenging part for me. Instead, my biggest challenge was living in close quarters with other students. I have traveled extensively, but I have never lived with other students because I have always lived off campus as an older student.

I found myself sharing a room with two guys I could not stand, and I was frequently frustrated with my classmates who seemed to need continual guidance for basic things. My frustration often led me to get up early and find a quiet place to study the Bible away from distractions. However, it wasn't until I returned from Ireland that I realized my serious spiritual failing that had been the root of my frustration: I lacked grace and compassion.

I have years of experience traveling and living abroad, and I was trying to force my own standards and expectations on kids almost six years younger than me with almost no travel experience.

My friend tried to tell me I was being unfair at the time and I ignored her then, but she was right. In that trip God taught me my need to be more considerate toward others and show grace, a lesson I had thought I already knew.

All of us should strive to show the grace and compassion Christ showed us.

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STUDENT'S
GUIDE TO

Cedarville University



Key



by Berkeley Benson

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Dorm Life

by *Tim Miller*

Your dorm is one place you will call home during your time on campus. Whether you're a Lawlor For Lifer or a Brock Jock, becoming integrated in dorm life is crucial to having a solid year. You'll find mentors you can lean on for spiritual support and best friends to hang out with in the same living space.

Here's some events you can't miss during your time at Cedarville.

Campus Christmas

One of the biggest events of the year comes near finals week. Campus Christmas is absolutely bonkers if you do it right.

Campus Christmas is a time in which all units unite and halls are decked in some kind of theme. Students from across campus will enter your living space to judge your creativity and hope your theme impresses.

Make sure you go all out and think outside the box when choosing a theme, and whatever you do, don't have a North Pole theme.

Gridiron

On the first Saturday night in November, students fill Cedarville High School's stands more than its football team can all season. Printy and Maddox square off and Lawlor and the Hill battle it out in an annual flag-football game that shows which is the superior dorm.

You may think this is a bunch of dumb young adults getting sweaty and chasing after a football, and you'd be right. However, this event is huge, as students from all dorms are in attendance.

Last year, Printy hammered Maddox to the tune of 49-0, while Lawlor eked out

a win against the Hill in a thrilling overtime affair, 17-14.

Dorm events

Many dorms have a night in which things get a little weird. Lawlorpalooza, Printy Wars, Man Week and others keep new students active in their dorms.

You'll be asked to do some weird, and borderline shameful tasks, but it's worth it.

Make sure you enjoy yourself during your dorm's events, as it helps you to really get to know your unit and hall mates.

Tips for Freshmen

by *Tim Miller*

Entering college life can be scary. You may psych yourself out so much that you cry on move-in day. You may not be nervous at all for your first day of classes, which should probably be just as scary.

Regardless, you're going to be dealt with new norms that are impossible to know when you're a first-year student. Thankfully, I've got some tips on how not to act on campus.

Meet Market

Many new males love to play guitar and love to play it for others. The Meet Market is often stuffed with exceptional guitar (and, if you're lucky, ukulele) players who want to show the world their incredible talents. This is fine, but it makes them look like tools.

Therefore, classy guitar-playing freshman, your musical skills will not impress the girl in your sister unit that you swear you fell in love with at first sight. She will

act like everyone else when walking by you: She will awkwardly walk on and hope you don't try to ask her on a date.

Sure, every freshman guy wants to harmonize with that pretty girl in his sister unit while singing Kumbaya by a campfire, but that's a pipe dream that will never happen.

Remember this first tip like it's the most important concept in a class. I'm sure you're very cool, freshman guy, but you're not as cool as you think, so put your guitar away and leave the meet market, bucko.

Trays

Just because something is there for you to take, doesn't mean you should take it. This concept comes in its fullest at Chuck's.

I don't even know why trays are a thing. It's more stressful hoping your plate and cup don't slide off the tray than it is to actually carry your food contents.

Trays are not only dysfunctional, they're also lame. The only people who use trays are parents, old people and new students who are still wet behind the ears.

It may appear easier to hold all of your food and silverware on a single flat surface, but just trust me and never use trays.

Running to class

Tardy slips were a thing in high school. We are now in college, and things are different. Some profs don't even take attendance.

So, while you may find yourself running late to class, please make sure it's not literally.

In order to keep your fragile reputation intact, arrive to your class a couple minutes late rather than sprinting across campus to make it to class. You may burn extra calories to look good for that hottie in your bro/sis unit, but it won't matter because as they see you Usain Bolt-ing it to class, they'll cross you off their list of potential mates.

Tim Miller is a sophomore marketing major and sports editor for Cedars. He enjoys having a baby face, sipping Dunkin Donuts coffee and striving to be the optimal combination of Dwight Schrute and Ron Swanson.



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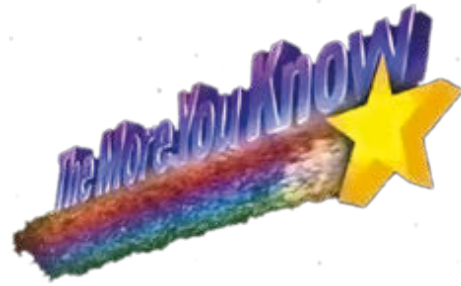
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Cedarville Slang Lexicon

by Alexandria Hentschel

The first week of freshman year is an adjustment in so many ways — you say goodbye to your family, live on your own for the first time, and meet your new best friends. You become responsible for feeding yourself and making it on time to your own appointments.

However, a lot of freshmen (myself included) have difficulty adjusting to the various jargon that make Cedarville home. Moving into college comes with enough changes without having to learn an entire new language, so here's a Cedarville-to-English dictionary that should come in handy.



Buildings: All of the buildings are called by their acronyms: everything is spelled out. For example, the Dixon Ministry Center (the chapel building) is known as the DMC. The Stevens Student Center (where admissions, Chucks, Rinova, and more are located) is called the SSC, etc.

Chuck's: The dining hall, named for a former head chef that no one on campus has met. We still call it Chuck's in his memory, though.

Upchucks: The upper balcony in Chuck's.

The Hive: Yes, we know that the brand new space in the lower SSC is called "Stinger's" now, but ¾ of Cedarville will definitely still call it by its old and beloved name, The Hive.

Dorms: Dorms are mostly called by their given names, except Carr, Marshall,

and Rogers, which are all called "The Hill."

Lawlnty: The collective name for Lawlor and Printy dorms.

Classes: Certain classes, especially bible minor classes, are just referred to by their acronyms, for example: SpiFo: Spiritual Formation. OT: Old Testament. PACL (pack-ell): Physical Activity and the Christian Life.

Beans: Beans n' Cream, one of the coffee shops in downtown Cedarville.

Cedar Shark: There's a fish in Cedar Lake that we like to call the Cedar Shark because of its protruding fin.

Cedar Spray: When the fountains in the lake spray you across the face when you're heading across the bridge. Ladies, if you're dating a guy and he moves to block the spray from hitting you, he's The One.

Meet Market: The road between Lawlor and Printy, typically where the freshman couples meet up.

Mom and Dad's: The fantastic ice cream store across the street from campus. It's delicious!

Stoney Creek: The former name for Telemetry, one of the coffee shops downtown. If you hear upperclassmen refer to Stoney Creek, they mean Telemetry.

The Doge/DG: The Dollar General across the street, where most of your grocery shopping will be done. Note: you can't wear backpacks inside the doors.

The Rip: The Shell station right next to the DG, named for its fantastic gas prices. It has great donuts, though!

Hopefully some of these acronyms will help you skate by — trust us, you'll pick it up quick. In the meantime, if you're ever confused, feel free to ask. You'll find that upperclassmen are more than happy to help you out with directions or questions.

Alexandria Hentschel is a sophomore International Studies and Spanish double major and the off-campus news editor for Cedars. She enjoys old books, strong coffee, and honest debate.

Cedarville Facebook Pages

by Keegan D'Alfonso

Starting college is intimidating. You have no idea what's going on half the time, you're in a brand-new place, and books cost how much!?

While social media shouldn't be your only way to make friends as you start your college adventure, it is a great tool for staying informed of activities, sharing humorous stories, and buying or renting books from other students at a fraction of the price the CU bookstore will charge you.

Here are a few unofficial Cedarville Facebook pages that will keep you officially in the know.

Overheard at Cedarville

Overheard or oversaw something funny on campus? That's so Cedarville, and we want to know about it. This is not a gossip site, but instead a way to tell funny stories and share a laugh. Remember that time you made your friend laugh so hard he shot milk out of his nose and you told everyone? It's kind of like that.

Cedarville University Uncensored

Want to engage in lively discussion about policy, or get a few tips on how to maximize dorm space and learn a new Chuck's recipe? This is the place for you. Members are able to engage in discussion on hard topics in a respectful manner that allows the variety of viewpoints at Cedarville to be shared in a way that is hopefully reflective of Christ and mutually edifying.

CU Textbook Sale Page

There are many places to obtain your textbooks for class, but often the cheapest way is to get them from those

who took the class before you. Some classes are required for everyone, which means there are several used books looking for a good home. You save money and the student you buy from can afford another few cups of ramen, everybody wins.

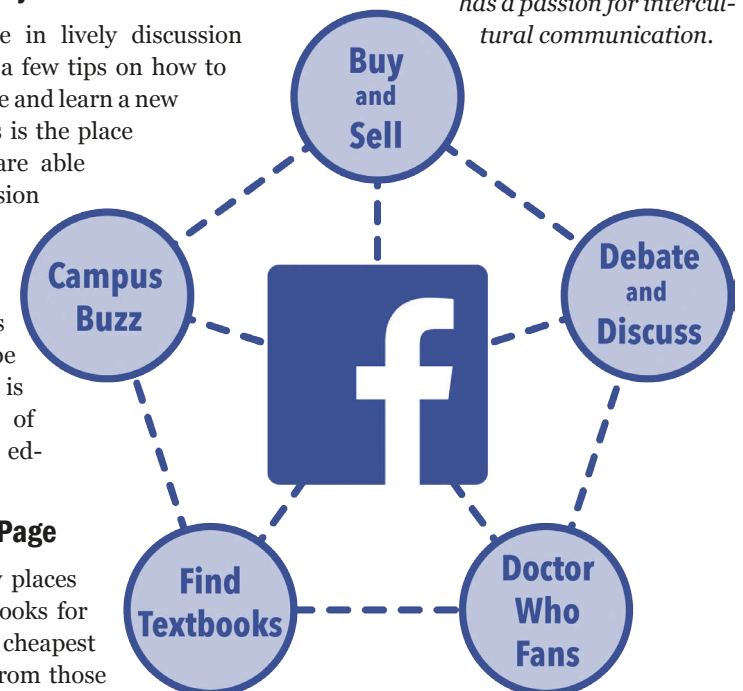
Cedarville University Yardsale

Do you have something to sell that isn't a textbook, or are you looking for some dorm room swag? This site is a great place to get some items on the cheap and sell some items you no longer want or never use. One person's junk is another person's treasure. Happy hunting!

Cedarville Whovians!

Almost as unknown as the Silence, the Cedarville Whovians is a group for Cedarville students who love to discuss anything Doctor Who. The group may seem small, but you'll find it's bigger on the inside than it appears. Allons-y!

Keegan D'Alfonso is a junior journalism major and the Editor-in-Chief for Cedars. He was a sergeant in the Marines and has a passion for intercultural communication.



Alex & Mojade

SGA President and Vice President



by Abigail Wisser

by Naomi Harward

It's no surprise that Alex and Mojade won the hearts (and votes) of so many during SGA elections last year. These two are some of the friendliest, most down-to-earth people you will meet on campus. Unless they're running late to class or busy with homework, they're almost always open to stopping to chat with you. They love meeting new people and both share a heart for fostering relationships with their fellow students.

This year, this creative duo is bringing that passion for unity to the table as SGA's new president and vice president.

"Mojo and I want to fight for inclusivity," Alex says, "[and] make an effort to involve students who aren't necessarily in SGA."

Keeping in line with the theme for the 2017-18 school year — "We Are One" — Alex and Mojo are looking to turn the student government on its head. In a good way.

They are exploring fresh, new ways to connect and include the rest of the student body with SGA, opting to reach out to their fellow students for feedback rather than relying on previous leaders' methods as their model. Their aim is, to borrow Mojade's words, "[to bring] in everybody to work together as one body [and] use all of our differences together...to accomplish really awesome things."

The SGA office, where Alex and Mojo will undoubtedly be spending much of their time, has in past years been notorious for being separate from the student body. Many students don't feel like they can just walk in and chat with the SGA leaders. Alex says he

and Mojo plan to change that.

"This year, we want students to feel like they can come in, introduce themselves, and know who it is who is representing them to the administration. It would seriously make my day for students to come in and

say 'hey.'"

Naomi Harward is a senior journalism major and the photography editor for Cedars. She is an avid photographer who loves writing, the outdoors, and people-watching.

Why are people talking about... Faith and Jenkins?

by Rebekah Erway

Faith and Jenkins are two opposites on the dorm spectrum: one is the oldest dorm on campus, the other the newest. Faith (formally Faith Hall) originated over 50 years ago as a used Army barracks. The dorm was meant to be temporary housing, but lasted for 58 years as a home for students on Cedarville's campus.

Last year, the announcement officially came that Cedarville was going to tear Faith down before the start of the 2017-18 school year. This led to numerous puns about Cedarville losing its "faith," but it was a well-merited change.

Faith is an older dorm and therefore not as structurally sound or mold-resistant as some of the other dorms. Also, for the past several years, one entire hall of the dorm has been empty. Faith occupants understood the situation but were disappointed at losing their chosen home.

Unexpectedly, the administration decided after the close of last school year to keep Faith partially open due to the need for housing caused by increased enrollment. Female students were offered a discounted room rate to live in the older dorm, and several chose to. However, before the administration announced the decision to keep Faith partially opened, the 2016-17 Faith residents chose other living areas, including the dorm built to compensate for the housing lost at Faith's closing.

Enter Jenkins Hall, the newest dorm on campus. Jenkins was finished over the summer. It is named after Eleanor Jenkins, a wife of a trustee and a supporter of Cedar-

ville who passed away in 2015.

Unlike Faith, Jenkins Hall is unit-style like Printy and Maddox but with a more open layout. The units have eight bedrooms each rather than the four in Maddox, and there is a larger unit lounge with a small microwave kitchenette.

The dorm only houses 64 women, so it's the smallest dorm on campus and houses even fewer people than Faith. The size makes Jenkins more suited for a tight-knit community similar to the close community of Faith Hall.

As it is the newest dorm, you probably won't have the opportunity to live in Jenkins in your first few years here (since upperclassmen choose rooms first), but you can make friends with some of the girls in there and go visit. Plus, during Campus Christmas at the end of the semester, all the dorms will be open for a while, so you can have a chance to stop by and see what it looks like. Jenkins is located between the townhouses and the Murphy-Rickard-West trio.

Faith is still located at the edge of campus, just before Alford Auditorium. Both dorms, as any dorm on campus, will have a distinct atmosphere based around the community of students who chose to live there. The still-standing Faith Hall contains a lot of Cedarville students' memories, and Jenkins Hall is a blank slate that memories can be made on.

Rebekah Erway is a senior Christian education major and campus news editor for Cedars. She enjoys odd numbers, Oxford commas, and speaking in a British accent.



Photo provided by Caleb Baker

This is an example of the wonderful napkin art that frequently graces the tables of Chuck's and Stinger's.

Napkin Art

by Paolo Carrion

Creative Cedarville students have found a way to bring color and delight to the mundane routine of eating meals.

As a student on campus, you will undoubtedly spend many hours in Chuck's or Stinger's, eating lunch with friends or doing some last-minute studying.

Most people use napkins during meals, and for this reason Cedarville has supplied napkin holders for those who enjoy eating.

The napkin holders can be opened to place paper in the display window. Many students have utilized this as a creative outlet, placing their artwork in the napkin holders for future lunch-eaters to enjoy.

The napkin art has featured different subjects, such as animals, landscapes, and fan art of Disney movies. At one point, the second floor of Chuck's even featured a Napkin Box Art gallery that included Kylo Ren from Star Wars, Master Chief from Halo, and Deadpool.

Some students have found other ways to use the napkin holders to brighten another's day by writing bits of encouragement (or pick up lines), such as "You put the STUD in Bible Study," and "Are you hot or is that just the Holy Spirit burning inside of you?"

Napkin art isn't the only way students have found to share their art in the lunch place. One student sculpted an elephant out of the aluminum foil found in Chuck's, while another brought salt and pepper shakers to life by drawing faces with a marker.

The napkin art can often be seen on Overheard at Cedarville, a popular, unofficial group on Facebook dedicated to sharing humorous or interesting experiences on campus that were overheard or overseen.

Making napkin art is an easy way to showcase your creativity and bring a small bit of joy to the next person to eat lunch.

This semester we will hopefully see many more delightful surprises awaiting us.

Paolo Carrion is a sophomore journalism major and the arts and entertainment editor for Cedars. He enjoys drinking hot chocolate, reading comic books and making animal crackers watch as he devours their family.

Stinger's Renovation

by Callahan Jones

The Hive, Cedarville University's full service snack shop, is no longer. In its place is Stinger's, a larger and modernized space.

"We set out to create a place where students can develop community, friendship, eat, and just to have a nice place where students can hang out," said Dr. Thomas White, president of Cedarville University. "It was designed completely with the student in mind."

As popular as it is and was, the Hive showed its age. The room had inefficient foot-traffic flow, so people in line often clogged up the entrance. The wooden floor was worn down. The chairs were always full, as it was built when the campus community was much smaller. The kitchen staff had some outdated equipment.

Oh yeah, and Yellow Jackets don't even live in hives.

Thus, the school decided a complete remodel and name change were in order.

Compared to The Hive, Stinger's now has Wi-Fi and cell signal boosters, increased square footage and seating, a new and updated look and new kitchen equipment.

"We've got high tables if you like those, bar seating if you want to work on things alone, or booths and larger tables if you want to eat together or work on a project together," White said.

The new flooring, cleverly disguised as wood, is actually a high-strength tile which should stand up to the wear and tear created by thousands of students' feet.

The project was completed in between the weekend of Commencement in May and the weekend of Getting Started in August. It was a monumental effort involving many different departments of the school, White said.

The new name, Stinger's, was chosen through a process that included polling of alumni and current students. Students also helped to design and choose the new logo. Along with the name change, the school is officially naming the school's mascot "Stinger."

"In the end, I hope we have created a new space that will help out students," White said. "Whether it be through a place for study or a place for building community, this change will do great things for the Cedarville body."

Callahan Jones is a junior journalism major and the Digital and Design editor for Cedars. In his free time, he enjoys drinking coffee, collecting headphones and playing Magic: The Gathering.