
Men's and Women's Cross Country Programs
(1982-1994)

Cross Country

9-17-2022

32nd Friendship Invitational

Cedarville University

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RACEDAY



**32nd ANNUAL FRIENDSHIP INVITATIONAL
Elvin R. King Cross Country Course**



#CUJACKETS

SATURDAY • SEPTEMBER 17, 2022



September 17, 2022

Dear Cross Country Participant:

Welcome to Cedarville University and the 32nd Annual Friendship Invitational at the Elvin R. King Cross Country Course. We at Cedarville are delighted to be the hosts for this wonderful event. Best wishes to each participating student-athlete as you participate in your respective races.

Again, we welcome each of you to Cedarville University, Greene County, and Southwestern Ohio. Have a *great* time of fellowship and competition!

Sincerely in Christ,

Thomas White
President

am

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INSTRUCTIONS
32nd ANNUAL CEDARVILLE UNIVERSITY
FRIENDSHIP INVITATIONAL

Saturday, September 17, 2022



RACE TIMES:	7:00 p.m.	Open Fun Run 1 mile (all ages)
	7:25 p.m.	Middle School Girls 3200 meters
	8:00 p.m.	Middle School Boys 3200 meters
	8:35 p.m.	High School Girls 5K - Divisions II and III (Blue)
	9:15 p.m.	High School Boys 5K - Divisions II and III (Blue)
	9:55 p.m.	High School Girls 5K - Division I (Gold)
	10:35 p.m.	High School Boys 5K - Division I (Gold)

Each team is assigned a starting box(es). Your top runners should be at the front of the box. For large teams, line up behind teammates and extend the box back as though you were in a road race.

Athletes should be at their starting box 15 minutes prior to race time. Clerks will be checking that you have your chips/bibs and team uniform.

The starting commands for the race will be as follows:

The starter will be approximately 75 meters up from the start line in the middle of the course. After an extended whistle blast, the PA system will announce "On Your Marks" at which time all athletes should come to the line, but not touch the line, and become motionless. The starter will raise the red flag and the gun in the air, when both the gun and flag are up in the air and all athletes are still, the gun will be fired.

Upon crossing the finish line and entering the chute, continue to move toward the back of the chute. There you will remove the chips from your shoes and place them in one of the buckets near an exit to the chute. Be sure your athletes do not leave the chute with the chip still on the shoe.

Results will be posted on a result board between the concession stand and the finish line. Results will also be posted at yellowjackets.cedarville.edu by late Saturday or early Sunday.

AWARDS

Awards for each race will be available after the results have been posted. Each coach/athlete is responsible for picking up their award at the awards stage near the finish line. The top team in each race will receive a plaque. The top 25 in the HS/MS divisions will receive an award. If you are not able to pick up your award, a coach or parent may do that for you before they leave the meet. *NOTE: Cedarville University will not mail out awards for those runners who do not pick up awards at the meet.*



Meet Officials:

- Eddie Ropp
- Rich Glink

**Team Starting Box #'s
High School Boys & Girls (Blue)**

1-2	Chaminade Julienne
3	Franklin Monroe
4	Springfield Northwestern
5	Yellow Springs
6	Bellefontaine
7	Dayton Christian
8	Calvary Christian (OH)
9	Cedarville
10	Anna
11	Indian Lake
12	Northeastern
13	Springfield Shawnee
14	Clinton Massie
15	Waynesville
16	Bethel Christian Academy
17	Cincinnati Northwest
18	Greenview
19	Ironton
20	South Charleston South Eastern
21	Finneytown
22	Hillcrest
23	Russia
24	Miami Valley Christian Academy
25	Dixie
26	Cincinnati Christian
27	Westfall
28	Calvary Christian (KY)
29	Wilmington
30	Darby Creek Buffaloes
31	Hillsboro
32	
33	
34	
35	
36	

**Team Starting Box #'s
High School Boys & Girls (Gold)**

1-2	Franklin
3-5	Hilliard Bradley
6	Springfield
7-8	Lima Shawnee
9-12	Bellbrook
13-15	Little Miami
16	Tecumseh
17	Xenia
18-22	Springboro
23-26	Kings
27-28	Wayne
29	Westland
30-33	Pickerington North
34-37	Westerville North
38-41	Thomas Worthington
42-43	Wilmington
44-47	Oakwood
48	Kenton Ridge
49	
50	

Team Starting Box #'s
Middle School Boys & Girls

- 1
- 2 Hillsboro
- 3 Springfield Shawnee
- 4 Yellow Springs
- 5 Bellefontaine
- 6 Franklin Monroe
- 7 Northeastern
- 8 Cincinnati Christian
- 9 Waynesville
- 10 Russia
- 11 Cedarville
- 12 Anna
- 13 Springfield City
- 14 Wayne
- 15-18 Kings
- 19 Dayton Christian
- 20 Tecumseh
- 21 Southeastern S.C.
- 22 Miami Valley Christian Academy
- 23 Fairbanks
- 24 Clinton Massie
- 25 Spr. Northwestern
- 26 West Liberty salem
- 27 Xenia
- 28-29 Kettering
- 30 Wilmington
- 31 Franklin
- 32 Spr. Northridge
- 33 Darby Creek Buffaloes
- 34 Finneytown
- 35-37 Springboro
- 38 Westfall
- 39 Middletown Christian
- 40 Greeneview
- 41 Dixie
- 42 Calvary Christian (KY)
- 43-47 Beaver creek
- 48 Calvary Christian (OH)
- 49 Miami Valley School
- 50
- 51



A new era began in Cedarville University cross country with the opening of the Elvin R. King Cross Country Course. The venue was dedicated and named in honor of CU's Hall of Fame coach during Homecoming Weekend on Oct. 7, 2006.

Elvin King coached track and cross country at Cedarville University for 41 years before retiring following the 2009 fall season. He was especially known for the Lady Jacket cross country program which he started in 1979.

King guided Cedarville to the 2001 NAIA Women's Cross Country Championship which remains the school's only NAIA title in any sport. The Lady Jackets became the first NAIA school to claim the All-Ohio Cross Country Championship in 2008 and they totaled nine NCCAA banners to go along with 12 conference trophies.

The Elvin R. King Cross Country Course, located at the north end of the campus just east of State Route 72, was constructed on 150 acres of property and was designed and built under the direction of former athletic director Pete Reese and King. Athletes run entirely on a grass course that includes rolling hills.

This unique venue, which meets all of the NCAA requirements for a cross country course, hosted its first meet on Sept. 16, 2006 with the 16th Annual Cedarville Invitational. Nearly 1,000 runners participated in eight races and both Yellow Jacket teams won the first-ever college races on the course.

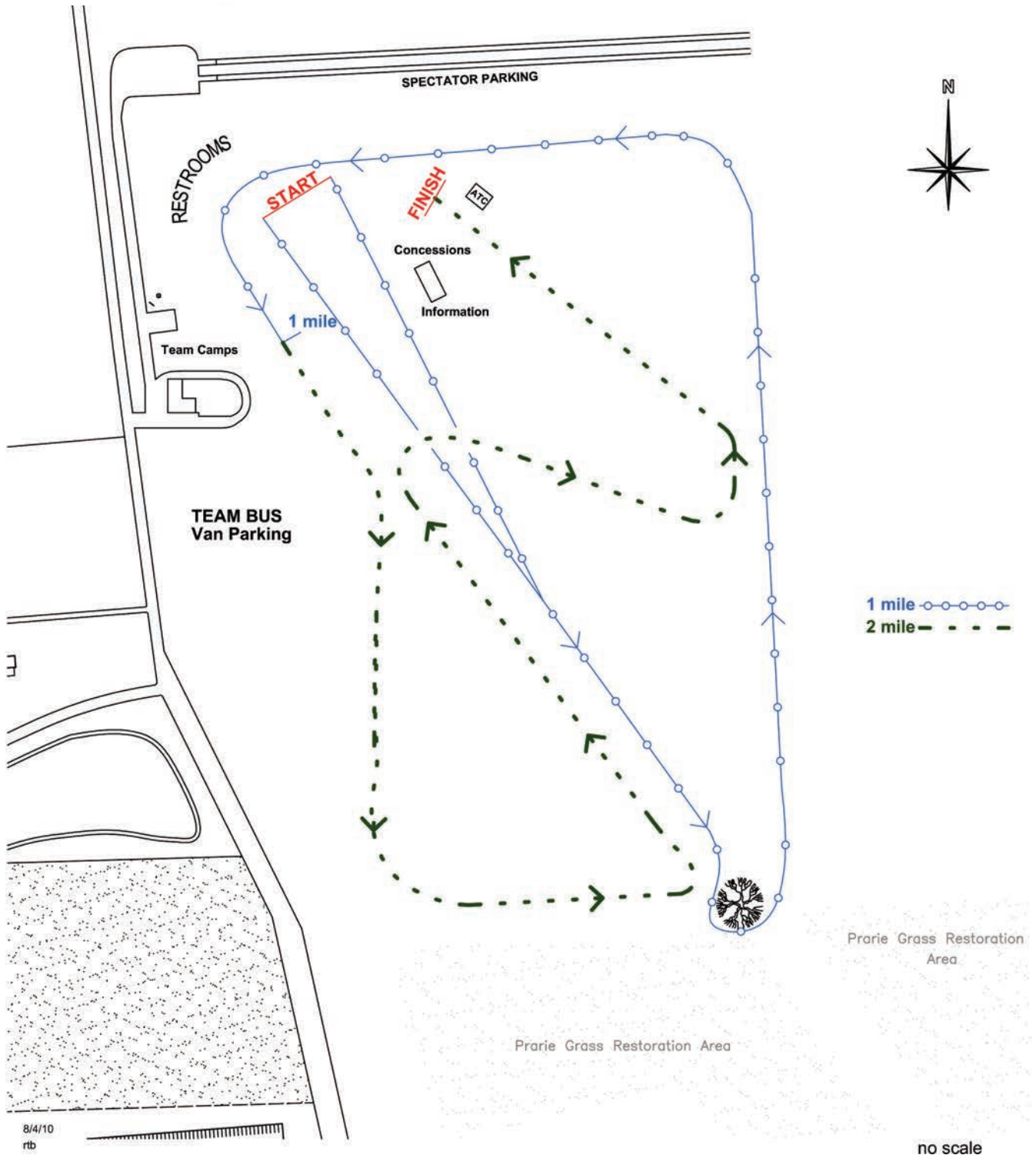
Cedarville continues to host the annual Friendship Invitational and will also be the site of the All-Ohio Championships on Sept. 28th. Besides the high school and junior high competitions in the Friendship Invitational, the course will host the OHSAA Southwest District Championship on Oct. 19th. The Ohio Heritage Conference has also staged its championship meets on the course.

The primary cross country courses are the 5,000 meter layout (college women, high school boys & girls) and the 8,000 meter course (college men). There is also a 3,200-meter course for junior high competition as well as a 6K (NCAA women) and a 10K (NCAA men). Ample parking is available on site for up to 500 vehicles just west of State Route 72 on campus grounds.

The Yellow Jackets called John Bryan State Park as its cross country home for the better part of four decades. The beautiful site served as host of the NCCAA Championships from 1978 through 1992 and again from 1995 through 2005. It also hosted the annual Cedarville Invitational, the NAIA District 22 Championship, the Mid-Ohio Conference Championship, the American Midwest Conference Championship, and a number of high school meets.

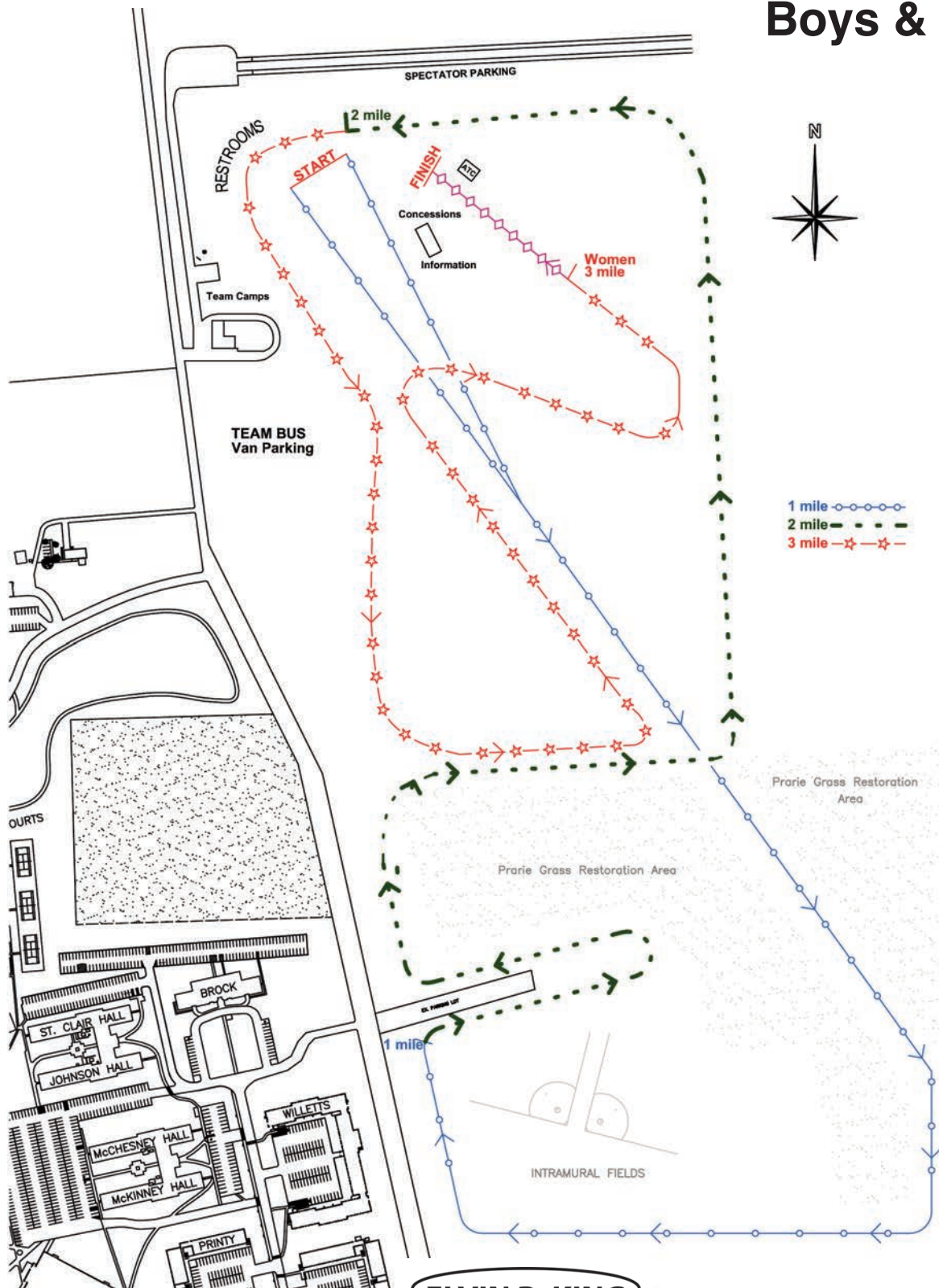
3200M Map Elvin R. King Cross Country Course

Middle School Boys & Girls



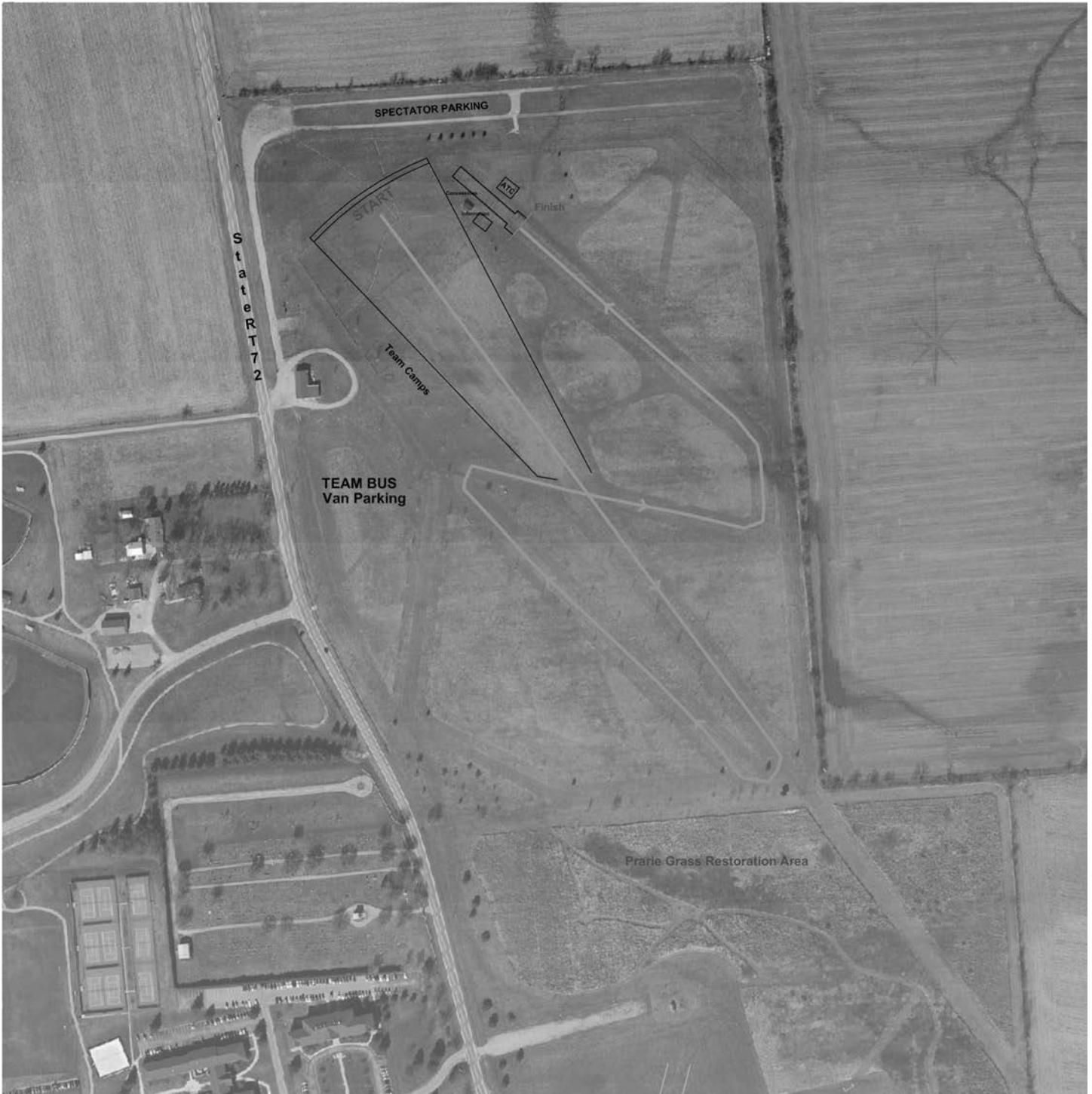
Elvin R. King Cross Country Course 5K route

High School Boys & Girls



Mile Elvin R. King Cross Country Course

Open Fun Run



Meet records

Friendship Invitational on Elvin R. King Course

<u>Division</u>	<u>Athlete/School</u>	<u>Time</u>	<u>Date</u>
Univ./open women 5K	Sarah Foster, Ohio State University	17:24	Sept. 19, 2009
Univ./open Men 8K	Matt Brooker, Cedarville University	24:38.96	Sept. 15, 2012
Boys Blue 5K	Isaiah Bragg, Emmanuel Christian	16:10	Sept. 19, 2009
Girls Blue 5K	Addie Engel, Springfield Central Cath.	17:26.8	Sept. 14, 2019
JH Boys 2 mile	Justin Prack, Northwestern MS	10:42.54	Sept. 15, 2012
JH Girls 2 mile	Juliann Williams, Beavercreek	11:33.6	Sept. 17, 2016
Gold Boys 5K	Conant Smith, Middletown	15:24.5	Sept.16, 2017
Gold Girls 5K	Amanda Burger, Lakota West	18:04.59	Sept. 16, 2006

Elvin R. King Course Records

<u>Course</u>	<u>Athlete/School</u>	<u>Time</u>	<u>Date</u>
8K Men	Chris Lemon, University of Dayton	24:11.8	Oct. 1, 2010
10K Men	James Ngandu, Tiffin University	30:11.8	Nov. 4, 2017
5K Univ. Women	Rachel Patterson, Miami University	17:12.3	Oct. 1, 2010
6K Univ. Women	Sarah Berger, Walsh University	20:52.0	Sept. 29, 2017
5K HS Boys	Conant Smith, Middletown	15:15.3	Oct. 20, 2018
5K HS Girls	Taylor Ewert, Beavercreek	17:03.2	Oct. 19, 2019
2 mile JH Boys	Justin Prack, Northwestern MS	10:42.5	Sept. 15, 2012
2 mile JH Girls	Katelyn Stapleton, West Liberty-Salem	11:27.0	Oct. 15, 2016

HISTORY OF FRIENDSHIP INVITATIONAL CROSS COUNTRY MEET

Hosted by Cedarville College/University
John Bryan State Park

SEPTEMBER 28, 1991

Division	Individual Winner/School/Time	Team Winner/Pts
College M	Ryan Sommers/Indiana Wesleyan/25:00	Indiana Wesleyan/23
College W	Krista Pritchard/Cedarville/18:20	Cedarville/30
Girls Red	Marisa Tuzzi/Oakwood/20:02	Holgate/27
Girls Blue	Gretchen Weiher/Toledo Ctrl Cath/19:15	Toledo Ctrl Cath/15
Boys Red	Tyler Small/Arcanum-Butler/15:59	Arcanum-Butler/34
Boys White	John Schmidt/Oakwood/16:53	Sidney Lehman/35
Boys Blue	Ryan Williams/Toledo Ctrl Cath/16:12	Toledo Ctrl Cath/17

SEPTEMBER 26, 1992

Division	Individual Winner/School/Time	Team Winner/Pts
College M	Peter Casaletto/Cedarville/25:42	Indiana Wesleyan/24
College W	Krista Pritchard/Cedarville/18:38	Cedarville/25
Girls Red	Natalie Riepenhoff/Green/20:07	Minster/21
Girls White	Amy Meyers/Blanchester/20:06	New Richmond/46
Girls Blue	Nicki Kedler/Kettering Fairmont/ 20:02	Colerain/31
Boys Red	Shane Homan/New Bremen/17:06	Cedarville/50
Boys White	Lenny Durrough/Badin/16:21	Badin/39
Boys Blue	Jason Husse/Colerain/16:00	Fairmont/37
Jr High Boys	Joey Coles/Studebaker/11:25	Studebaker/49
Jr High Girls	Joslyn Pfau/Holgate/12:40	New Bremen/40

SEPTEMBER 25, 1993

Division	Individual Winner/School/Time	Team Winner/Pts
College M	Peter Simons/Cedarville/26:03	Indiana Wesleyan/27
College W	Michelle Burson/Cedarville/18:20	Cedarville/16
Girls Red	Joslyn Pfau/Holgate/20:29	Minster/32
Girls White	Amy Meyers/Blanchester/20:20	Milan (MI)/24
Girls Blue	Nicki Kedler/Kettering Fairmont/ 20:22	Troy/24
Boys Red	Steve McGillivray/Cedarville/16:27	New Bremen/66
Boys White	Bart Browning/Blanchester/16:30	New Richmond/34
Boys Blue	Jeff Jones/Kettering Fairmont/16:27	Fairmont/21
Jr High Boys	Josh Ordway/Holgate/11:14	Mason/39
Jr High Girls	Anna Schwieterman/New Bremen/12:25	Minster/34

SEPTEMBER 24, 1994

Division	Individual Winner/School/Time	Team Winner/Pts
College M	James Njoroge/Taylor/24:34	Taylor/35
College W	Michelle Burson/Cedarville/18:49	Cedarville/18
Girls Blue	Joslyn Pfau/Holgate/20:07	Minster/58
Girls Gold	Beth Froelke/Badin/19:50	Milan (MI)/42
Boys Blue	Luke Siefker/Columbus Grove/16:19	Columbus Grove/39
Boys Gold	Brandon Jones/West Carrollton/16:27	West Carrollton/46
Jr High Boys	Josh Ordway/Holgate/10:30	Anna/78
Jr High Girls	Jennifer Ordway/Holgate/12:41	Minster/52

SEPTEMBER 23, 1995

Division	Individual Winner/School/Time	Team Winner/Pts
College M	James Njoroge/Taylor/24:52	Taylor/25
College W	Becky Jordan/Cedarville/18:37	Cedarville/23
Girls Blue	Joslyn Pfau/Holgate/19:35	Botkins/64
Girls Gold	Nikki Kedler/Fairmont/19:47	Lancaster/57
Boys Blue	Luke Siefker/Columbus Grove/16:32	Columbus Grove/44
Boys Gold	Chris Snyder/Badin/16:02	Anna/45
Jr High Boys	Nathan Hadlock/Troy/11:40	Troy/81
Jr High Girls	Jennifer Ordway/Holgate/12:45	Ankeney/50

SEPTEMBER 21, 1996

Division	Individual Winner/School/Time	Team Winner/Pts
College M	James Njoroge/Taylor/24:42	Taylor/34
College W	Ann Marie Hynes/Rio Grande/18:00	Kenyon/37
Girls Blue	Amanda Blackwelder/Madeira/18:51	Madeira/48
Girls Gold	Nadine Weber/Whetstone/19:48	Troy/90
Boys Blue	Brad Koverman/Anna/15:58	Columbus Grove/52
Boys Gold	Chris Camfield/Fairborn/16:09	Princeton/37
Jr High Boys	Kyle Hinkelman/Troy/11:16	Anna/58
Jr High Girls	Amy Morrissey/Fairmont/12:56	Minster/58

SEPTEMBER 27, 1997

Division	Individual Winner/School/Time	Team Winner/Pts
College M	Peter Casaletto/Unattached/25:36	Cedarville/25
College W	Susan Wells/Berry/17:50	Berry/22
Girls Blue	Missy Titus/Botkins/19:52	Minster/28
Girls Gold	Sally Smallenbarger/Troy/19:57	Troy/51
Boys Blue	Philip Slonkosky/Minster/16:08	Columbus Grove/49
Boys Gold	Jason Porter/Princeton/16:36	Troy/50
Jr High Boys	Kyle Hinkelman/Troy/11:01	Troy/21
Jr High Girls	Katie Kisiel/Troy/12:48	Minster/31

SEPTEMBER 26, 1998

Division	Individual Winner/School/Time	Team Winner/Pts
College M	Gabriel Rod/Taylor/24:57	Taylor/38

College W	Trisha Ratliff/Unattached/18:38	Kenyon/54
Girls Blue	Shara Ridenour/Columbus Grove/20:15	Minster/29
Girls Gold	Lena Melback/Princeton/20:18	Princeton/53
Boys Blue	Philip Slonkosky/Minster/16:25	Minster/32
Boys Gold	Geoff Stover/Princeton/16:54	Mason/45
Jr High Boys	Jeff Meyer/Minster/11:27	New Richmond/92
Jr High Girls	Brittany Winner/Minster/12:37	Minster/16

SEPTEMBER 25, 1999

Division	Individual Winner/School/Time	Team Winner/Pts
College M	Gabriel Rop/Taylor/25:01	Taylor/25
College W	Natalie Kendall/Spring Arbor/18:20	Spring Arbor/51
Girls Blue	Jennifer McKellar/Xenia Christian/20:22	West Liberty/30
Girls Gold	Anna Sofranko/Walnut Hills/20:05	Troy/46
Boys Blue	Paul Daugherty/Bellbrook/16:44	Columb Grove/33
Boys Gold	Kyle Hinkelman/Troy/16:36	Troy/32
Jr High Boys	Gerrod Bede/Bellbrook/11:47	Bellbrook/56
Jr High Girls	Nicky Fey/Blanchester/13:11	Mason/54

SEPTEMBER 23, 2000

Division	Individual Winner/School/Time	Team Winner/Pts
College M	Daniel Njenga/Grace/25:43	Kenyon/63
College W	Candace Nicholson/Findlay/19:08	Cedarville/42
Girls Blue	Jennifer McKellar/Xenia Christian/19:07	Covington/72
Girls Gold	Kris Roth/Celina/19:36	Celina/49
Boys Blue	Chad Irwin/Columbus Grove/17:22	Columbus Grove/55
Boys Gold	Michael Olson/Lebanon/16:59	Princeton/47
Jr High Boys	John Wolsin/Indian Hill/11:36	Mason/50
Jr High Girls	Alyssa Zimmerman/Troy/13:01	Mason/43

SEPTEMBER 22, 2001

Division	Individual Winner/School/Time	Team Winner/Pts
College M	Ben Hudebrand/Kenyon/25:45	Kenyon/44
College W	Jessica Kuhr/Wright State/17:52	Cedarville/33
Girls Blue	Jennifer McKellar/Xenia Christian/18:52	West Liberty-Salem/70
Girls Gold	Kris Roth/Celina/18:42	Troy/46
Boys Blue	Micah Harding/Cedarville/16:35	Columbus Grove/42
Boys Gold	Eric Zimmerman/Princeton/17:00	Princeton/35
Jr High Boys	Jason Ordway/Holgate/11:12	Mason/55
Jr High Girls	Cassandra Drennen/Bellbrook/13:29	Anna/59

SEPTEMBER 14, 2002 (Course modified 2002)

Division	Individual Winner/School/Time	Team Winner/Pts
College M	Sergio Reyes/Cedarville/25:46	Cedarville/54
College W	Erin Nehus/Cedarville/18:28	Cedarville/24
Girls Blue	Sara Wiseman/Gallia Academy/18:43	Gallia Adacemy/41
Girls Gold	Katie Kisiel/Troy/20:30	Wayne/45
Boys Blue	Jason Ordway/Holgate/16:59	Bellbrook/67
Boys Gold	Mike Murphy/Wayne/16:49	Wayne/32
Jr High Boys	Matt Wagner/Ferguson/11:18	Troy/45
Jr High Girls	Megan Lesnoski/Ferguson/13:49	Troy/46

SEPTEMBER 20, 2003

Division	Individual Winner/School/Time	Team Winner/Pts
College M	Dan Campbell/Cedarville/25:24	Wright State/35
College W	Sarah Mark/Cedarville/18:23	Cedarville/299
Girls Blue	Juli Hoekzema/Badin/19:26	Pleasant/49
Girls Gold	Jessica Reyes/Walnut Hills/19:37	Lancaster/25
Boys Blue	Nate Schumacher/Columbus Grove/16:48	Columbus Grove/35
Boys Gold	Levi Fox/Troy/16:09	Lancaster/62
Jr High Boys	Brendan Corcoran/Walnut Hills/11:44	Wilmington/58
Jr High Girls	Chelsea Leavelle/Troy/13:16	Troy/41

SEPTEMBER 18, 2004

Division	Individual Winner/School/Time	Team Winner/Pts
College M	Mike Sawicki/Otterbein/25:05.23	Otterbein/56
College W	Jennie Stoll/Miami/ 17:53.96	Miami/28
Girls Blue	Stacy Goode/Little Miami/ 19:40.67	Penns Valley/44
Girls Gold	Sarah Matthews/Xenia/ 20:27.86	McCauley/66
Boys Blue	Josh Laughlin/Bellbrook/ 16:09.37	Penns Valley/57

SEPTEMBER 17, 2005

Division	Individual Winner/School/Time	Team Winner/Pts
College M	Julius Rono/Roberts Wesleyan/ 24:44.16	Ohio State/25
College W	Jennie Stoll/Miami/ 18:07.47	Miami/45
Girls Blue	Marie Boone/Milton Union/ 19:56.88	Milton Union/27
Girls Gold	Christi Schneider/McAuley/ 18:51.38	McCauley/34
Boys Blue	Robert Lakes/Badin/ 16:40.39	Badin/56
Boys Gold	Robbie Adams/Xenia/ 16:42.44	Lakota West/40
Jr High Boys	Gabe Weiss/Carroll/ 11:14.61	Troy/61
Jr High Girls	Hali Hodge/Wilmington/ 12:51.33	Bellbrook/46

2006 was 1st year on Elvin R. King Course

SEPTEMBER 16, 2006

Division	Individual winner/school/time	Team winner/pts
College W	Nicole Degner, Berry College/18:23.86	Cedarville/33
College M	David Kawa, Berry College/24:50.56	Cedarville/39
Boys Blue	Dane Harding, Cedarville HS/16:51.72	Cinc. Christian/68
Girls Blue	Angela Klimkowski, Milton Union/20:04.69	Milton Union/22
Jr. High boys	Austin Gregory, Centerville/11:37.09	Centerville/31
Jr. High girls	Dominique Gerard, Ankeney MS/12:12.14	Milton Union/48
Gold Boys	Alex Moore, Groveport Madison/16:56.01	Reynoldsburg/38
Gold Girls	Amanda Burger, Lakota West/18:04.59	Lakota West/31

SEPTEMBER 17, 2007

Division	Individual winner/school/time	Team winner/pts
College W	Miesha Marzell, Unatt/17:52.80	Miami Univ./24
College M	Keegan Rathkamp, Shawnee State/25:34.84	Shawnee St./41
Boys Blue	Colin Cotton, Summit Country Day/16:25.60	Northeastern/72
Girls Blue	Angela Klimkowski, Milton-Union/19:55.86	Milton-Union/19
Jr. High boys	Tanner Mattie, Fairland/11:20.42	Fairland/75
Jr. High girls	Peyton Adkins, Gallia Academy/12:05.70	Bellbrook/58
Gold Boys	Ben Jones, Northwestern/16:14.33	Northwestern/29
Gold Girls	Lauren Adkins, Gallia Academy/18:52.14	Northwestern/31

SEPTEMBER 20, 2008

Division	Individual winner/school/time	Team winner/pts
College W	Lisa Davies, Shawnee State/18.26.4	Shawnee State/44
College M	Keegan Rathkamp, Shawnee State/25:27.9	Cedarville Univ./33
Boys Blue	Colin Cotton, Summit Count. Day/16:15.7	London HS/88
Girls Blue	Emily Skidmore, Alexander/20:07.1	Milton Union/24
Jr. High Boys	Jeff Cook, Blanchester/11:43.1	Hillsboro/59
Jr. High Girls	Bethany Norman, Xenia Christian/13:12.7	Xenia Christian/30
Gold Boys	Andrew Goodwin, Celina/16:13.2	Elder/52
Gold Girls	Samantha Burger, Lakota West/19:25.3	Colerain/33
Boys Gold	Taylor Candella/Lakota West/ 16:25.80	Lakota West/39
Jr High Boys	Gabe Weiss/Carroll/ 11:48.09	Troy/65
Jr High Girls	Hali Hodge/Wilmington/ 13:09.97	Troy/63

SEPTEMBER 19, 2009

Division	Individual winner/school/time	Team winner/pts
College W	Sarah Foster, Ohio State Univ./17:24	Ashland Univ./39
College M	Brandon Bauer, Col. running co./25:15	Shawnee State/29
Boys Blue	Isaiah Bragg, Emmanuel Christian/16:10	Milton Union/36
Girls Blue	Nicole Klimkowski, Milton Union/20:01	Milton Union/32
Jr. High Boys	Roman Fatica, Hillsboro MS/11:18	Springboro/52
Jr. High Girls	Kim Streetz, Springboro JH/12:40	Springboro/28
Boys Gold	Andy Goodwin, Celina/15:57	Hillsboro/42
Girls Gold	Christine Moon, Western Brown/19:49	Centerville/39

SEPTEMBER 18, 2010

Division	Individual winner/school/time	Team winner/pts
College W	Kelsey Devereaux, Indiana Wes./18:38.59	Cedarville/60
College M	Dee Salukombo, Denison Univ./ 25:21.57	Cedarville/62
Boys Blue	Colin Cotton, Summit Country Day/16:52.70	Summit Cty. Day/42
Girls Blue	Sarra Taylor, London/20:11.95	Summit Cty. Day/40
Jr. High Boys	Fielding Lewis, Yellow Springs/11:29.98	Ferguson/42
Jr. High Girls	Keaton Case, Springboro/12:42.46	Springboro/24
Girls Gold	Hannah Fleck, Celina/20:34.35	Celina/25
Boys Gold	Rob King, Miami Trace/17:00.18	Beavercreek/33

SEPTEMBER 17, 2011

Division	Individual winner/school/time	Team winner/pts
College W	Hannah Lamos, Cedarville/18:44.17	Cedarville/57
College M	Jason Bruns, Wright State/25:45.68	Cedarville/38
Boys Blue	Kevin Stewart, Emmanuel Chr./16:41.54	Summit Cty. Day/41
Girls Blue	Morghen Townsend, Northwestern/20:44.54	Northwestern/27
Jr. High Boys	Ben Ewert, Ferguson/11:33.79	Northwestern/48
Jr. High Girls	Kendra Moran, Ferguson/13:24.86	Ferguson/37
Girls Gold	Hannah Fleck, Celina/19:11.75	Hilliard Bradley/36
Boys Gold	Drew Lowery, Hilliard Darby/16:46.10	Hilliard Darby/35

SEPTEMBER 15, 2012

Division	Individual winner/school/time	Team winner/pts
College W	Alexandra Archambault, Cedarville/18:11.41	Cedarville/47
College M	Matt Brooker, Cedarville/24:38.96	Cedarville/20
Boys Blue	Micah Bragg, Emmanuel Chr./16:44.72	Summit Cty. Day/32
Girls Blue	Carley Shell, Covington/19:54.72	Northwestern/48
Jr. High Boys	Justin Prack, Northwestern/10:42.54	Springboro/44
Jr. High Girls	Laura Vilardo, Miami Valley CA/12:55.62	Bellbrook/51
Boys Gold	Steve Sartoris, West Carrollton/16:14.86	Mason/50
Girls Gold	Lauren Wood, Mason/18:46.18	Mason/16

SEPTEMBER 21, 2013

Division	Individual winner/school/time	Team winner/pts
College W	Lizzie Gleason, Dayton/22:15.57	Dayton/16
College M	Matt Brooker, Cedarville/24:57.74	Cedarville/19
Boys Blue	Ben Stites, Wyoming/16:42.12	Summit Country Day/47

Girls Blue	Ellie Adams, Summit Country Day/19:29.89	Summit Country Day/21
Jr. High Boys	Nicholas Harville, Springboro/11:52.49	Springboro/23
Jr. High Girls	Laura Vilardo, Miami Valley/12:44.15	Springboro/16
Boys Gold	Daniel Reynolds, Hilliard Darby/16:37.18	Hilliard Darby/29
Girls Gold	Kenzie Pfeifer, McAuley/20:24.54	McAuley/17

SEPTEMBER 20, 2014

Division	Individual winner/school/time	Team winner/pts
College W	Hannah Brooker, Unatt/18:28.24	Cedarville/34
College M	Ben Tuttle, Cedarville/25:00.82	Cincinnati/24
Boys Blue	Ben Stites, Wyoming/16:24.29	Wyoming/45
Girls Blue	Anna Dunn, Covington/19:59.52	Wyoming/51
Jr. High Boys	Gabe Warren, Butler/11:45.12	Kings/45
Jr. High Girls	Taylor Ewert, Beavercreek/12:08.94	Beavercreek/52
Boys Gold	Zach Birdsall, Fairfield/16:39.34	Hilliard Darby/40
Girls Gold	Claire Wiles, Olentangy Liberty/18:56.14	Olentangy Liberty/40

SEPTEMBER 19, 2015

Division	Individual winner/school/time	Team winner/pts
College W	Emily Leonard, Dayton/17:43.8	Milwaukee/47
College M	Ben Moroney, Trevecca Nazarene/25:42	Milwaukee/28
Boys Blue	Seth Miller, Rock Hill/16:39.5	Shawnee/66
Girls Blue	Grace Holmes, Shawnee/20:15.5	Shawnee/21
Jr. High Boys	Caleb Zimmerman, Springboro/11:16.9	Springboro/55
Jr. High Girls	Taylor Ewert, Beavercreek/12:26.1	Springboro/39
Boys Gold	Zach Birdsall, Fairfield/15:43.2	Thomas Worthington/27
Girls Gold	Christina Nash, Thomas Worthington/19:45.4	Thomas Worthington/19

SEPTEMBER 17, 2016

Division	Individual winner/school/time	Team winner/pts
College W	Olivia Esbenshade, Cedarville/18:19.1	Cedarville/19
College M	Daniel Michalski, Cedarville/25:25.4	Cedarville/36
Boys Blue	Bryce Conley, Tippecanoe/16:32.3	Shawnee/68
Girls Blue	Perri Bockrath, Alter/19:01.3	Tippecanoe/37
Jr. High Boys	Kevin Agnew, Carroll/11:00.4	Springboro/138
Jr. High Girls	Juliann Williams, Beavercreek/11:33.6	Springboro/63
Boys Gold	Dustin Horter, Lakota East/15:30.6	Elder/107
Girls Gold	Melissa Barrett, Northmont/19:35.8	Bellbrook/71

SEPTEMBER 16, 2017

Division	Individual winner/school/time	Team winner/pts
College W	Hailey Brumfield, Wright State/18:28.5	Wright State/34
College M	Anthony Frank, Indiana Tech/25:37.4	Cedarville/45
Boys Blue	Joe Spitzer, Versailles/16:10.1	Houston/112
Girls Blue	Perri Bockrath, Alter/19:21.1	Alter/103
Jr. High Boys	Lucas Smith, Anna/11:05.1	Springboro/68
Jr. High Girls	Austy Miller, Bradford/12:38.1	Anna/92
Boys Gold	Conant Smith, Middletown/15:24.5	Carroll/56
Girls Gold	Lindsey Coffin, Springboro/18:10.4	Springboro/29

SEPTEMBER 15, 2018

Division	Individual winner/school/time	Team winner/pts
College W	Sierra Poppell, Morehead State/18:13.1	Morehead State/32
College M	Justin Moakler, Morehead State/25:25.0	Cedarville/41
Boys Blue	Evan Leist, Beaver/16:51.4	Lee, Fairfield/74
Girls Blue	Olivia Warax, Spr. Shawnee/19:48.5	Spr. Shawnee/128
Jr. High Boys	Jack Agnew, Carroll/11:14.5	Centerville/86
Jr. High Girls	Taylor Roth, Covington/12:15.8	Springboro/80
Boys Gold	Lucas Houk, Wayne/16:16.4	Upper Arlington/119
Girls Gold	Grace Hartman, Oakwood/18:44.1	Mason/57

SEPTEMBER 14, 2019

Division	Individual winner/school/time	Team winner/pts
College W	Hannah Markel, Cincinnati/17:32.5	Cincinnati/31
College M	Alec Sandusky, Unattached/24:42.7	Dayton/41
Boys Blue	Alex Galbraith, Indian Hill/16:14.9	Waynesville/60
Girls Blue	Elizabeth Whaley, Indian Hill/19:26.6	Indian Hill/34
Jr. High Boys	Andrew Wilcox, Monroe/11:03.2	Centerville/90
Jr. High Girls	Sophia Bruhn, Springboro/11:55.5	Springboro/80
Boys Gold	Cooper Mullen, Elder/16:10.2	Elder/103
Girls Gold	Addie Engel, Spr. Central Cath./17:26.8	Mason/34

2020 (Cancelled - COVID)

SEPTEMBER 18, 2021

Division	Individual winner/school/time	Team winner/pts
Boys Blue	Garrett Hesselgesser, Cin. Chr./16:42.2	Oakwood/46
Girls Blue	Samantha Erbach, Waynesville/19:50.9	Waynesville/23
Jr. High Boys	Will Sten, MVCA/11:41.7	Centerville/101
Jr. High Girls	Grace Brown, Bellefontaine/12:12.2	Beavercreek/89
Boys Gold	Dillon Wooten, Fairmont/16:20.8	Mason/59
Girls Gold	Grace Hartman, Oakwood/17:56.6	Northmont/45



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