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from Cedarville College Yellow Jackets

CEDARVILLE COLLEGE

LOCATION: FOUNDED: ENROLLMENT: PRESIDENT:	Cedarville, Ohio 45314 1887 1800 Dr. Paul Dixon	AFFILIATIONS: COLORS: NICKNAME: CONFERENCE:	Blue and Yellow Yellow Jackets Mid-Ohio (M)
			Western Buckeye Collegiate (W)

YELLOW JACKET CROSS COUNTRY

ATHLETIC DIRECTOR:	Dr. Don Callan	HOME COURSE:	John Bryan State Park
HEAD COACH:	Elvin King	S.I.D.:	Mark Womack
YEARS AS HEAD COACH:			(513) 766-2211 ext. 505
ALMA MATER:	Kent State, 1964	HOME PHONE:	(513) 766-5244

1985 MEN'S ROSTER

YR		WT	HOMETOWN	HIGH SCHOOL
Steve CoxSRJ.P. DawesFRTom HillSRRusty KingJRRob MooreJRJohn OswaldSCSteve ShepersFR	5-8 5-11 5-8 5-8 5-10 5-7 6-0	130 120 125 125 150 135 150	Iowa City, IA Schroon Lake, NY Indianapolis, IN St. Marys, WV Cedarville, OH West Olive, MI Three Rivers, MI Jenison, MI Bethalto, IL	Iowa City H.S. Pan American Christian Academy Heritage Christian H.S. St. Marys H.S. Cedarville H.S. Allendale Public H.S. Three Rivers H.S. Jenison H.S. Mississippi Valley Christian H.S.

1985 WOMEN'S ROSTER

	YR	ΗT	HOMETOWN	HIGH SCHOOL
Becky Averill Esther Mahr Beth McGillivray Sherri Norrick Deb Pate Jane Romig Sue Vaughan Cathy Watson	JR SO JR JR SR SR SR	5-5 5-6 5-8 5-8 5-6 5-5 5-4 5-3	New Hampton, IA Cedarville, OH Cedarville, OH Winamac, IN Goleta, CA Gilbertsville, PA Fairfield, IA Ravenna, MI	New Hampton H.S. Dayton Wayne H.S. Cedarville H.S. Winamac Community H.S. Dos Pueblos H.S. Chapel Christian H.S. Fairfield H.S. Coopersville H.S.



from Cedarville College Yellow Jackets



ROB MOORE

MEN'S SEASON OUTLOOK

The primary goal for the 1985 men's cross country team at Cedarville College is to stay healthy. "We have been bothered with nagging injuries the past couple of years," recalled coach Elvin King. "But we are starting off this fall at full strength so we are definitely stronger than last year at this point."

The Jackets won three meets a year ago and placed second in three others including the NCCAA Nationals. They placed 24th at the NAIA Nationals.

"We'll be a little conservative in the early meets and stick to the team concept of running," stated King. "We want to peak at the final four or five meets of the year and we want to make sure everyone is healthy when we reach that point."

The Jackets have only two meets at home this fall and both are at John Bryan State Park. They will host the Mid-Ohio Conference meet on October 18, and the NCCAA Nationals on November 9.

PROFILES

- COACH ELVIN KING Begins his 17th year as cross country coach at Cedarville. Led Jackets to NCCAA national titles in 1978 and 1979 earning "Coach of the Year" honors both years. Named NAIA District 22 "Coach of the Year" in 1982. He and his wife Joyce reside in Cedarville and have two children: Rusty, who is a junior at the college, and Sheri, who is a senior in high school.
 - SCOTT BROOKER A consistent runner who was one of the team's top five in every meet last year. Season-best time was 25:55 which placed seventh at NCCAA District III.
 - TOM HILL Excellent performer, but has been hampered by injuries for three seasons. Missed four meets last year. Two-time winner of Ohio Northern Invitational (1982, 1983). Was NCCAA Coaches' All-American last fall after placing 11th in national meet.
 - RUSTY KING NCCAA All-American in 1984 with 10th place showing. Finished 5th at Ohio Northern with season-low effort of 26:07.

ROB MOORE - One of best runners Cedarville has ever had. Led team in eight out of nine meets last fall. Individual winner at Defiance, Ohio Northern, Hanover, and NCCAA District III. Placed 31st at NAIA Nationals. Was NAIA Track All-American last year in both the mile (indoor) and 1,500 meters (outdoor).

from Cedarville College Yellow Jackets



WOMEN'S SEASON OUTLOOK

Experience is the key ingredient that will carry the Cedarville women's cross country team this fall. Last year's top five is back and King expects a decent year, but it's a "wait and see" type outlook. "We have some strong runners, but we'll have to watch how some of the others respond," said King. "We may surprise some people." Cedarville won two meets last fall which included the Earlham Invitational and the NCCAA District III meet. The women finished third at the NCCAA Nationals. The Lady Jackets will have only one meet at home this fall at John Bryan State Park. They will host the NCCAA Nationals on November 9.

JANE ROMIG

PROFILES

- BECKY AVERILL Was an NAIA All-District 22 performer in 1983. Best outing last fall was 6th place finish at NCCAA District III in 20:19. Placed 8th at Earlham.
 - ESTHER MAHR Has little cross country experience, but expected to contribute greatly. Excellent track performer who made both the NCCAA and NAIA All-America teams in the spring.
 - JANE ROMIG Defending NCCAA champion who completed the five kilometers in a personal-best time of 18:34. Two-time NCCAA All-American. Team's top runner in every outing last year and made NAIA District 22 team for second straight year. Tremendous track season last season. NAIA national indoor champion in 1000 yards. Made NCCAA and NAIA outdoor All-America teams.
 - SUE VAUGHAN Consistent runner who is back to full strength after struggling with injuries in last couple of seasons. Was NCCAA Coaches' All-American in 1983. Team's number two runner most of last year.



ESTHER MAHR



NEWS RELEASE

from Cedarville College Yellow Jackets

1985 CROSS COUNTRY SCHEDULE

September	14	at Bellarmine Invitational (M-W)	11:00	Louisville, KY
	21	at Taylor Invitational (M-W)	11:00	Upland, IN
	28	at Rio Grande Invitational (M-W)	10:00	Rio Grande, OH
October	5	at Hanover Invitational (M)	11:00	Hanover, IN
		at Anderson Invitational (W)	11:00	Anderson, IN
	11	at All-Ohio Meet (M-W)	1:00	Columbus, OH
	18	MID-OHIO CONFERENCE (M)	4:00	JOHN BRYAN STATE PARK
	26	at NAIA District 22 (M-W)	11:00	Rio Grande, OH
November	9	NCCAA NATIONALS (M-W)	10:00	JOHN BRYAN STATE PARK
	16	at NAIA Nationals (M-W)	10:00	Kenosha, WI

MEN

tied 1st out of 11

Defiance Invitational Grace Invitational

WOMEN

1984 RESULTS

3rd c	out	of	8	Grace Invitational	4th	out	of	4
4th c	but	of	10	Marion Invitational				
				Earlham Invitational	lst	out	of	5
lst d	out	of	7	Ohio Northern Invitational				
				Anderson Invitational	4th	out	of	8
2nd c	out	of	13	Hanover Invitational				
lst d	out	of	5	NCCAA District III	lst	out	of	3
2nd c	out	of	6	NAIA District 22	3rd	out	of	4
4th c	out	of	4	Mid-Ohio Conference				
2nd c	out	of	16	NCCAA Nationals	3rd	out	of	8
24th (out	of	37	NAIA Nationals				

from Cedarville College Yellow Jackets

1984 HONORS

Defiance Invitational Champions (M) Ohio Northern Invitational Champions (M) Earlham Invitational Champions (W) NCCAA District III Champions (M-W) NCCAA National Runner-Up (M)

Tom Hill - NCCAA Coaches' All-American

Rusty King - NCCAA All-American

- Rob Moore Defiance Invitational Champion Ohio Northern Invitational Champion Hanover Invitational Champion NCCAA District III Champion
- Jane Romig NCCAA National Champion NCCAA All-American NAIA All-District 22 Team

PAST CHAMPIONSHIPS

NCCAA National Champions (M): 1978, 1979 NCCAA District III Champions (M): 1974, 1975, 1976, 1977, 1978, 1979, 1980, 1982, 1983, 1984 NCCAA District III Champions (W): 1982, 1983, 1984

NCCAA National Individual Champions: Dale Shaw (1978), Jane Romig (1984)

NCCAA:

Jane Romig

Susan Vaughan 1983

ALL-AMERICANS

NAIA: Brian Hull 1976

NCCAA: Dale Shaw 1978, 1979, 1980 1975, 1976 Paul Budnik 1975, 1976 Ron Thomas Tom Yater 1978, 1979 Brian Hull 1975 Craig Colas 1978 Dave Treese 1979 Dave Averill 1980 1983 Rob Moore 1984 Rusty King Tom Hill 1984

The los

1983, 1984