

1989

NAIA District 22 Meet Schedule

Cedarville College

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Women

NATA DISTRICT 22
TIME SCHEDULE

10:00 A.M. All coaches report to the track for final scratches (no additions or substitutions).

10:15 A.M. 10,000 meter (men and women) Final New C

PRELIMS

11:00 A.M. 100 meter dash (women)
100 meter dash (men)
100 meter hurdles (women)
110 meter hurdles (men)
200 meter dash (women)
200 meter dash (men)

FIELD EVENTS

11:30 A.M. Long Jump (women followed by men) *Tracey Sprague*
Javelin (men followed by women) *Gina King, Lynn Strickland*
Shot Put (women followed by men) - *Lynn Strickland*
High Jump (men followed by women) *Lynn Strickland - Denise Morris*

12:30 P.M. Discus (men followed by women)
Triple Jump (men followed by women) *Tracey Sprague*
Pole Vault

RUNNING EVENTS FINALS

12:00 Noon 3000 Meter Steeplechase (men)
12:20 P.M. 5000 Meter Run (women) *Mindy Schwabner*
12:50 P.M. 400 Meter Relay (women) *yes*
1:00 P.M. 400 Meter Relay (men)
1:10 P.M. 1500 Meter Run (women) *Tammy Harvey - Laurel Yates*
1:20 P.M. 1500 Meter Run (men)
1:35 P.M. 100 Meter Hurdles (women) — NOTE
1:45 P.M. 110 Meter Hurdles (men) *A rolling time schedule*
2:00 P.M. 400 Meter Dash (women) - *Hill - Daniels* *will be used throughout*
2:10 P.M. 400 Meter Dash (men) *the entire meet. Please*
2:20 P.M. 100 Meter Dash (women) *Center* *pay attention and listen*
2:30 P.M. 100 Meter Dash (men) *try to move ahead if it*
2:40 P.M. 800 Meter Run (women) *Fanthoms Rice* *is possible.*
2:50 P.M. 800 Meter Run (men)
3:10 P.M. 400 Meter Hurdles (women) *Clark*
3:25 P.M. 400 Meter Hurdles (men)
3:35 P.M. 200 Meter Dash (women) *Center*
3:45 P.M. 200 Meter Dash (men)
3:55 P.M. 3000 Meter Run (women) -
4:10 P.M. 5000 Meter Run (men)
4:30 P.M. 1600 Meter Relay (women) *Harvey - Fantoms Rice Yates*
4:40 P.M. 1600 Meter Relay (men)

**Sections in the 400 Meter Dash, 800 Meter Run and 400 Meter Hurdles will be run against time.

**Sections in the 400 Meter Relay and 1600 Meter Relay will be run against time.

NAIA DISTRICT 22
TIME SCHEDULE

Men

10:00 A.M. All coaches report to the track for final scratches (no additions or substitutions).

10:15 A.M. 10,000 meter (men and women) Final J.P. DAWES

PRELIMS

11:00 A.M. 100 meter dash (women)
100 meter dash (men)
100 meter hurdles (women)
110 meter hurdles (men)
200 meter dash (women)
200 meter dash (men)

FIELD EVENTS

11:30 A.M. Long Jump (women followed by men) *Jon Stagg*
Javelin (men followed by women) *Shawn Hanney*
Shot Put (women followed by men) *Bob Wilkinson*
High Jump (men followed by women) *Alan Ashley*

12:30 P.M. Discus (men followed by women)
Triple Jump (men followed by women) *Steve McGinnis*
Pole Vault

RUNNING EVENTS FINALS

12:00 Noon 3000 Meter Steeplechase (men) *Andy Schwabner - Neal Wallace*
12:20 P.M. 5000 Meter Run (women) ~~Opposite~~
12:50 P.M. 400 Meter Relay (women)
1:00 P.M. 400 Meter Relay (men) ✓
1:10 P.M. 1500 Meter Run (women)
1:20 P.M. 1500 Meter Run (men) *Belender*
1:35 P.M. 100 Meter Hurdles (women)
1:45 P.M. 110 Meter Hurdles (men) *Moser*
2:00 P.M. 400 Meter Dash (women)
2:10 P.M. 400 Meter Dash (men) *Reichant*
2:20 P.M. 100 Meter Dash (women)
2:30 P.M. 100 Meter Dash (men) *Weber, Dykema*
2:40 P.M. 800 Meter Run (women)*
2:50 P.M. 800 Meter Run (men) *Belender, McElroy*
3:10 P.M. 400 Meter Hurdles (women)
3:25 P.M. 400 Meter Hurdles (men) *Raid*
3:35 P.M. 200 Meter Dash (women)
3:45 P.M. 200 Meter Dash (men) *Weber-Reichant*
3:55 P.M. 3000 Meter Run (women)
4:10 P.M. 5000 Meter Run (men) *Casulitto, Woods, Williams*
4:30 P.M. 1600 Meter Relay (women)
4:40 P.M. 1600 Meter Relay (men) ✓

NOTE

A rolling time schedule will be used throughout the entire meet. Please pay attention and listen for the calls. We will try to move ahead if it is possible.

**Sections in the 400 Meter Dash, 800 Meter Run and 400 Meter Hurdles will be run against time.

**Sections in the 400 Meter Relay and 1600 Meter Relay will be run against time.