
Men's Cross Country Programs

Men's Cross Country (1995-Current)

Fall 2011

2011 Friendship Invitational Program

Cedarville University

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RACE DAY

Saturday, September 17, 2011
Elvin R. King Cross Country Course

presented by 





CEDARVILLE
UNIVERSITY.

September 17, 2011

Dear Cross Country Participant:

Welcome to Cedarville University and the 21st Annual Friendship Invitational at the Elvin R. King Cross Country Course. We at Cedarville are delighted to be the hosts for this wonderful event. Best wishes to each participating student-athlete as you participate in your respective races.

Again, we welcome each of you to Cedarville University, Greene County, and Southwestern Ohio. Have a *great* time of fellowship and competition!

Sincerely in Christ,

Bill Brown
President

cg

INSTRUCTIONS
21st ANNUAL CEDARVILLE UNIVERSITY
FRIENDSHIP INVITATIONAL

Saturday - September 17, 2011

RACE TIMES:	10:00 AM -	College Men
	11:00 AM -	College Women
	11:45 AM -	High School Boys-Blue & Gold Division together
	12:30 PM -	High School Girls-Blue & Gold Division together
	1:15 PM -	Jr. High Boys
	1:45 PM -	Jr. High Girls

1. Teams should be at the starting line 10 minutes prior to the start time.
 2. Runners are responsible to make sure that they have their chips attached to each shoe, and the bib number attached to the front of their racing singlet.
 3. Each team/athlete will be responsible to be in their starting box, wearing their chips at the start of the race. There will be no formal "last minute instructions" prior to the gun.
 4. The announcer will announce the starting commands. The starting commands will be: "RUNNERS SET, AND THEN THE GUN".
 5. COACHES, PLEASE REMIND YOUR ATHLETES THAT ONCE THEY CROSS THE FINISH LINE, THEY NEED TO KEEP MOVING TOWARDS THE END OF THE FINISH CORRAL.
 6. ATHLETES WILL NOT BE PERMITTED TO LEAVE THE CORRAL UNTIL THEY HAVE REMOVED THE CHIPS FROM THEIR SHOES, AND LEAVE THEM WITH THE DESIGNATED CHIP COLLECTOR AT THE DESIGNATED CORRAL EXITS.
 7. FOR THE HIGH SCHOOL RUNNERS, THE TOP 30 IN EACH DIVISION, WILL RECEIVE AN AWARD. RESULTS FOR EACH DIVISION WILL BE POSTED, AND YOU WILL BE ABLE TO PICK YOUR AWARD UP AT THE DESIGNATED AWARD AREA.
 8. The top 2 teams in each division will receive a plaque coaches are responsible to pick up the awards.
 9. COLLEGE/JUNIOR HIGH RACES ARE ONE DIVISION. THE TOP 30 IN EACH RACE CAN PICK UP AWARDS AS SOON AS THE RESULTS ARE POSTED FROM EACH RACE.
 10. Results will be posted on a result board between the concession stand and the finish line. Results will also be posted on our website by late Saturday afternoon.
 11. Each coach may come and pick up a printed copy of results.
-

**Team Starting Box #'s
College/University – Coach**

7	Cleveland State - Joe Jaketic
8 & 9	Otterbein University – Dave Lehman
10 & 11	Wright State University – Fabien Corbillon
12 & 13	Ohio Christian University – James Diltz
14 - 16	Indiana Wesleyan University – John Foss
17 - 19	Cedarville University – Paul Orchard, Men Jeff Bolender, Women
20 - 22	Wilmington College – Ron Combs
23 & 24	University of the Cumberlands – Floyd Stroud
25 & 26	Central State University – Lynn Smith
27 & 28	Kentucky Christian University – James Darrell Coates

**Team Starting Box #'s
High School**

4 & 5	Blanchester
6	Ohio Virtual Academy
7 & 8	Xenia
9 & 10	Hilliard Bradley
11 & 12	Summit Country Day
13 & 14	Northwestern
15 & 16	Hillsboro
17 & 18	Celina
19 & 20	West Carrollton
21 & 22	Hilliard Darby
23 & 24	Middletown Christian
25 & 26	Clinton Masie
27 & 28	Cedarville
29 & 30	Greenville
31 & 32	Wilmington
33 & 34	Emmanuel Christian
35 & 36	Grove City Christian
37 & 38	Madison Plains

**Team Starting Box #'s
Junior High**

6 & 7 Grove City Christian

8 & 9 Springboro

10 & 11 Xenia

12 & 13 Bellbrook

14 & 15 Ferguson

16 & 17 Blanchester

18 & 19 Baker

20 & 21 Northwestern

22 & 23 Emmanuel Christian

24 & 25 Wilmington

26 & 27 Middletown Christian

28 & 29 Hillsboro

30 & 31 Clinton Massie

32 & 33 Cedarville

34 & 35 Madison Plains

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ELVIN R. KING CROSS COUNTRY COURSE



A new era began in Cedarville University cross country with the opening of the Elvin R. King Cross Country Course. The venue was dedicated and named in honor of CU's Hall of Fame coach during Homecoming Weekend on Oct. 7, 2006.

The new home site, located at the north end of the campus just east of State Route 72, was constructed on 150 acres of property and was designed and built under the direction of former athletic director Pete Reese and King. Athletes run entirely on a grass course that includes rolling hills.

This unique venue, which meets all of the NCAA requirements for a cross country course, hosted its first meet on Sept. 16, 2006 with the 16th Annual Cedarville Invitational. Nearly 1,000 runners participated in eight races and both Yellow Jacket teams won the first-ever college races on the course.

The site annually hosts the Cedarville Open and continues to be the setting for the National Christian College Athletic Association Championships each November. Besides the high school and junior high competitions in the Friendship Invitational, the Ohio Heritage Conference has staged its championship meets on the course.

The primary cross country courses are the 5,000 meter layout for women and the 8,000 meter course for men. There is also a 3,200-meter course for junior high competition.

The Yellow Jackets called John Bryan State Park as its cross country home for the better part of four decades. The beautiful site served as host of the NCCAA Championships from 1978 through 1992 and again from 1995 through 2005. It also hosted the annual Cedarville Invitational, the NAIA District 22 Championship, the Mid-Ohio Conference Championship, the American Midwest Conference Championship, and a number of high school meets.

Meet records

Friendship Invitational on Elvin R. King Course

<u>Division</u>	<u>Athlete/School</u>	<u>Time</u>	<u>Date</u>
Univ./open women	Sarah Foster, Ohio State	17:24	Sept. 19, 2009
Univ./open Men	David Kawa, Berry College	24:50.56	Sept. 16, 2006
Boys Blue	Isaiah Bragg, Emmanuel Christian	16:10	Sept. 19, 2009
Girls Blue	Angela Klimkowski, Milton-Union	19:55.86	Sept. 15, 2007
JH Boys	Roman Fatica, Hillsboro MS	11:18	Sept. 19, 2009
JH Girls	Peyton Adkins, Gallia Academy	12:05.7	Sept. 15, 2007
Gold Boys	Andrew Goodwin, Celina	15:57	Sept.19, 2009
Gold Girls	Amanda Burger, Lakota West	18:04.59	Sept. 16, 2006

Elvin R. King Course Records

<u>Course</u>	<u>Athlete/School</u>	<u>Time</u>	<u>Date</u>
8k men	Chris Lemon, University of Dayton	24:11.8	Oct. 1, 2010
5k Univ. women	Rachel Patterson, Miami University	17:12.3	Oct. 1, 2010
5K HS Boys	Andrew Goodwin, Celina	15:57	Sept.19, 2009
5k HS Girls	Amanda Burger, Lakota West	18:04.59	Sept. 16, 2006
2 mile JH Boys	Roman Fatica, Hillsboro MS	11:18	Sept. 19, 2009
2 mile JH Girls	Peyton Adkins, Gallia Academy	12:05.7	Sept. 15, 2007

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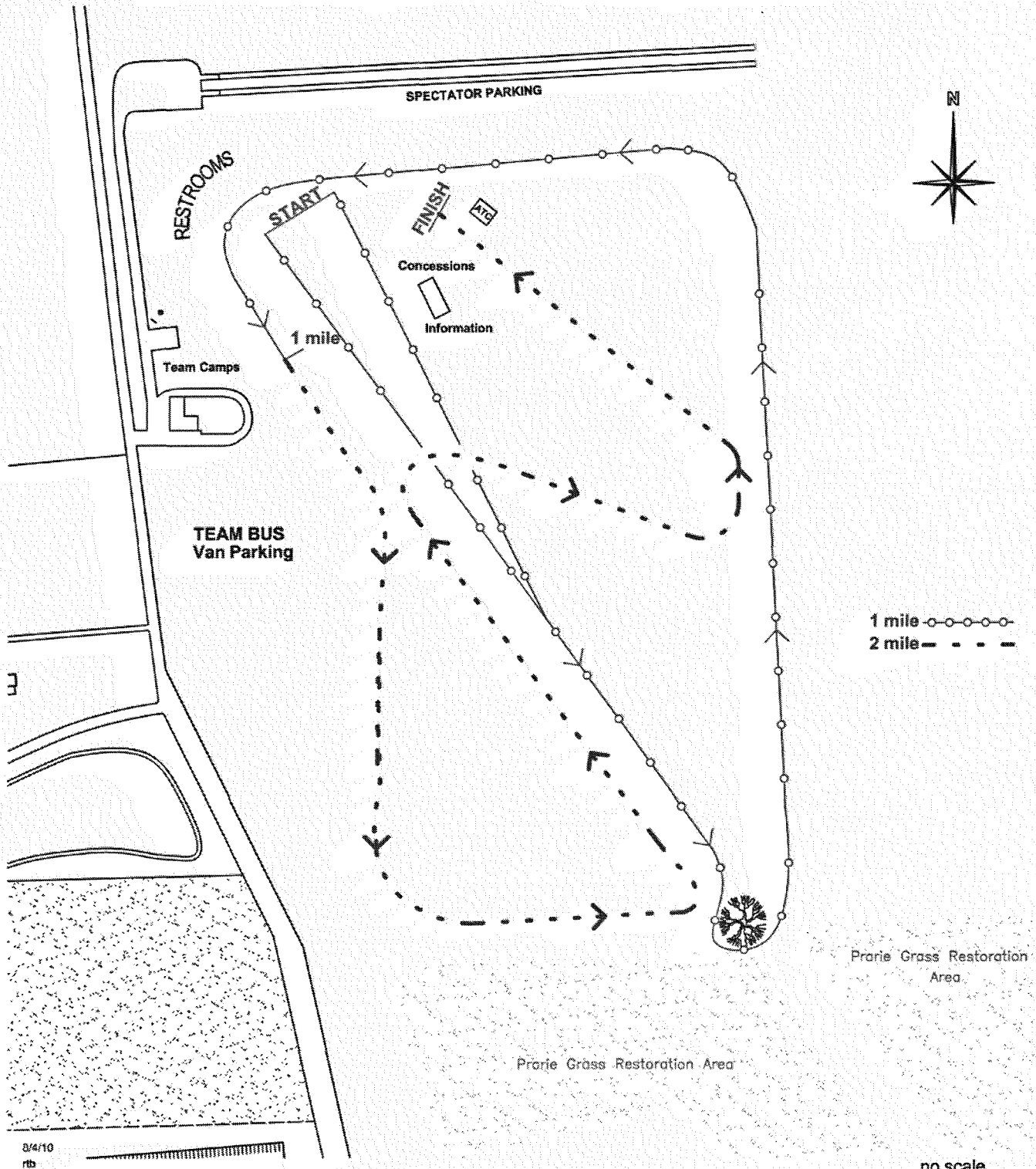
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Elvin R. King Cross Country Course



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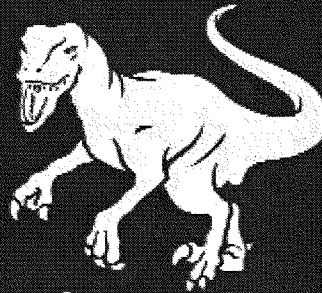
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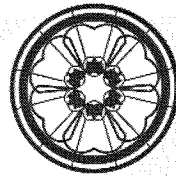


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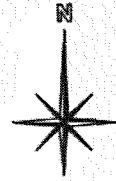
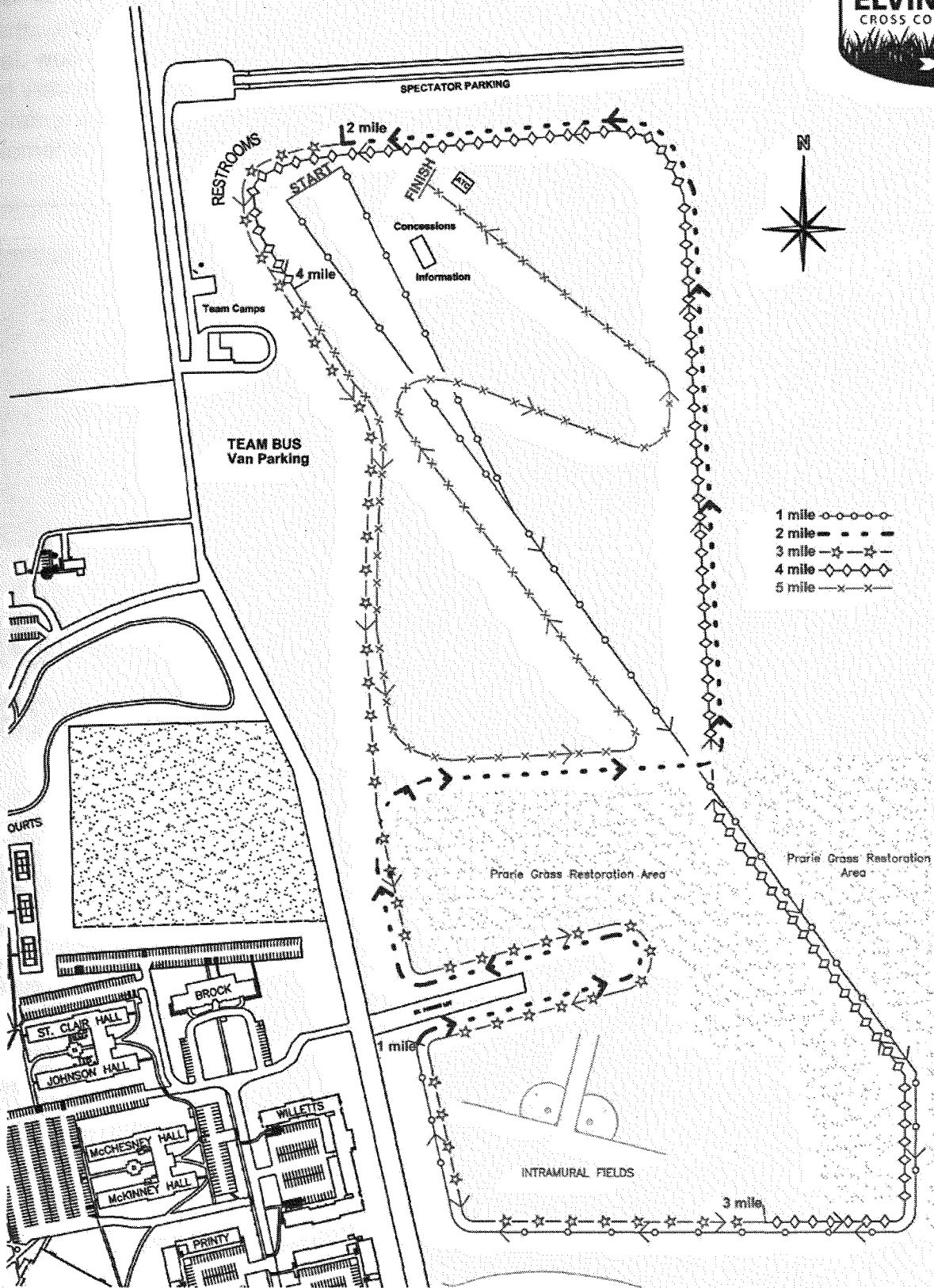
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- 3 mile * * * * *
- 4 mile ◇ ◇ ◇ ◇ ◇
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Elvin R. King Cross Country Course 8K route

no scale

**Cedarville University Friendship Invitational
Women's Cross Country History**

**Cedarville University Friendship Invitational
Men's Cross Country History**

Year	Team Champion	Cedarville
1991	Cedarville	1st of 6
1992	Cedarville	1st of 4
1993	Cedarville	1st of 3
1994	Cedarville	1st of 6
1995	Cedarville	1st of 9
1996	Kenyon	4th of 9 (JV)
1997	Berry	2nd of 10
1998	Kenyon	2nd of 12
1999	Spring Arbor	3rd of 12
2000	Cedarville	1st of 12
2001	Cedarville	1st of 12
2002	Cedarville	1st of 6
2003	Cedarville	1st of 6
2004	Miami	3rd of 14
2005	Miami	3rd of 12
2006	Cedarville	1st of 15
2007	Miami	2nd of 19
2008	Shawnee State	10th of 18 (JV)
2009	Ashland	2nd of 16
2010	Cedarville	1st of 12

Year	Team Champion	Cedarville
1991	Indiana Wesleyan	2nd of 6
1992	Indiana Wesleyan	2nd of 3
1993	Indiana Wesleyan	2nd of 3
1994	Taylor	3rd of 10
1995	Taylor	2nd of 10
1996	Taylor	2nd of 10
1997	Cedarville	1st of 8
1998	Taylor	3rd of 12
1999	Taylor	4th of 14
2000	Kenyon	2nd of 13
2001	Kenyon	4th of 12
2002	Cedarville	1st of 8
2003	Wright State	3rd of 6
2004	Otterbein	3rd of 11
2005	Ohio State	4th of 9
2006	Cedarville	1st of 13
2007	Shawnee State	2nd of 19
2008	Cedarville	1st of 20
2009	Shawnee State	2nd of 17
2010	Cedarville	1st of 13



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HISTORY OF FRIENDSHIP INVITATIONAL CROSS COUNTRY MEET

Hosted by Cedarville College/University
John Bryan State Park

SEPTEMBER 28, 1991

Division	Individual Winner/School/Time	Team Winner/Pts
College M	Ryan Sommers/Indiana Wesleyan/25:00	Indiana Wesleyan/23
College W	Krista Pritchard/Cedarville/18:20	Cedarville/30
Girls Red	Marisa Tuzzi/Oakwood/20:02	Holgate/27
Girls Blue	Gretchen Weiher/Toledo Ctrl Cath/19:15	Toledo Ctrl Cath/15
Boys Red	Tyler Small/Arcanum-Butler/15:59	Arcanum-Butler/34
Boys White	John Schmidt/Oakwood/16:53	Sidney Lehman/35
Boys Blue	Ryan Williams/Toledo Ctrl Cath/16:12	Toledo Ctrl Cath/17

SEPTEMBER 26, 1992

Division	Individual Winner/School/Time	Team Winner/Pts
College M	Peter Casaletto/Cedarville/25:42	Indiana Wesleyan/24
College W	Krista Pritchard/Cedarville/18:38	Cedarville/25
Girls Red	Natalie Riepenhoff/Green/20:07	Minster/21
Girls White	Amy Meyers/Blanchester/20:06	New Richmond/46
Girls Blue	Nicki Kedler/Kettering Fairmont/ 20:02	Colerain/31
Boys Red	Shane Homan/New Bremen/17:06	Cedarville/50
Boys White	Lenny Durrough/Badin/16:21	Badin/39
Boys Blue	Jason Hessel/Colerain/16:00	Fairmont/37
Jr High Boys	Joey Coles/Studebaker/11:25	Studebaker/49
Jr High Girls	Joslyn Pfau/Holgate/12:40	New Bremen/40

SEPTEMBER 25, 1993

Division	Individual Winner/School/Time	Team Winner/Pts
College M	Peter Simons/Cedarville/26:03	Indiana Wesleyan/27
College Wn	Michelle Burson/Cedarville/18:20	Cedarville/16
Girls Red	Joslyn Pfau/Holgate/20:29	Minster/32
Girls White	Amy Meyers/Blanchester/20:20	Milan (MI)/24
Girls Blue	Nicki Kedler/Kettering Fairmont/ 20:22	Troy/24
Boys Red	Steve McGillivray/Cedarville/16:27	New Bremen/66
Boys White	Bart Browning/Blanchester/16:30	New Richmond/34
Boys Blue	Jeff Jones/Kettering Fairmont/16:27	Fairmont/21
Jr High Boys	Josh Ordway/Holgate/11:14	Mason/39
Jr High Girls	Anna Schwieterman/New Bremen/12:25	Minster/34

SEPTEMBER 24, 1994

Division	Individual Winner/School/Time	Team Winner/Pts
College M	James Njoroge/Taylor/24:34	Taylor/35
College W	Michelle Burson/Cedarville/18:49	Cedarville/18
Girls Blue	Joslyn Pfau/Holgate/20:07	Minster/58
Girls Gold	Beth Froelke/Badin/19:50	Milan (MI)/42
Boys Blue	Luke Siefker/Columbus Grove/16:19	Columbus Grove/39
Boys Gold	Brandon Jones/West Carrollton/16:27	West Carrollton/46
Jr High Boys	Josh Ordway/Holgate/10:30	Anna/78
Jr High Girls	Jennifer Ordway/Holgate/12:41	Minster/52

SEPTEMBER 23, 1995

Division	Individual Winner/School/Time	Team Winner/Pts
College M	James Njoroge/Taylor/24:52	Taylor/25
College W	Becky Jordan/Cedarville/18:37	Cedarville/23
Girls Blue	Joslyn Pfau/Holgate/19:35	Botkins/64
Girls Gold	Nikki Kedler/Fairmont/19:47	Lancaster/57
Boys Blue	Luke Siefker/Columbus Grove/16:32	Columbus Grove/44
Boys Gold	Chris Snyder/Badin/16:02	Anna/45
Jr High Boys	Nathan Hadlock/Troy/11:40	Troy/81
Jr High Girls	Jennifer Ordway/Holgate/12:45	Ankeney/50

SEPTEMBER 21, 1996

Division	Individual Winner/School/Time	Team Winner/Pts
College M	James Njoroge/Taylor/24:42	Taylor/34
College W	Ann Marie Hynes/Rio Grande/18:00	Kenyon/37
Girls Blue	Amanda Blackwelder/Madeira/18:51	Madeira/48
Girls Gold	Nadine Weber/Whetstone/19:48	Troy/90

Boys Blue	Brad Koverman/Anna/15:58	Columbus Grove/52
Boys Gold	Chris Camfield/Fairborn/16:09	Princeton/37
Jr High Boys	Kyle Hinkelman/Troy/11:16	Anna/58
Jr High Girls	Amy Morrissey/Fairmont/12:56	Minster/58

SEPTEMBER 27, 1997

Division	Individual Winner/School/Time	Team Winner/Pts
College M	Peter Casaletto/Unattached/25:36	Cedarville/25
College W	Susan Wells/Berry/17:50	Berry/22
Girls Blue	Missy Titus/Botkins/19:52	Minster/28
Girls Gold	Sally Smallenbarger/Troy/19:57	Troy/51
Boys Blue	Philip Slonkosky/Minster/16:08	Columbus Grove/49
Boys Gold	Jason Porter/Princeton/16:36	Troy/50
Jr High Boys	Kyle Hinkelman/Troy/11:01	Troy/21
Jr High Girls	Katie Kisiel/Troy/12:48	Minster/31

SEPTEMBER 26, 1998

Division	Individual Winner/School/Time	Team Winner/Pts
College M	Gabriel Rod/Taylor/24:57	Taylor/38
College W	Trisha Ratliff/Unattached/18:38	Kenyon/54
Girls Blue	Shara Ridenour/Columbus Grove/20:15	Minster/29
Girls Gold	Lena Melback/Princeton/20:18	Princeton/53
Boys Blue	Philip Slonkosky/Minster/16:25	Minster/32
Boys Gold	Geoff Stover/Princeton/16:54	Mason/45
Jr High Boys	Jeff Meyer/Minster/11:27	New Richmond/92
Jr High Girls	Brittany Winner/Minster/12:37	Minster/16

SEPTEMBER 25, 1999

Division	Individual Winner/School/Time	Team Winner/Pts
College M	Gabriel Rop/Taylor/25:01	Taylor/25
College W	Natalie Kendall/Spring Arbor/18:20	Spring Arbor/51
Girls Blue	Jennifer McKellar/Xenia Christian/20:22	West Liberty/30
Girls Gold	Anna Sofranko/Walnut Hills/20:05	Troy/46
Boys Blue	Paul Daugherty/Bellbrook/16:44	Columb Grove/33
Boys Gold	Kyle Hinkelman/Troy/16:36	Troy/32
Jr High Boys	Gerrod Bede/Bellbrook/11:47	Bellbrook/56
Jr High Girls	Nicky Fey/Blanchester/13:11	Mason/54

SEPTEMBER 23, 2000

Division	Individual Winner/School/Time	Team Winner/Pts
College M	Daniel Njenga/Grace/25:43	Kenyon/63
College W	Candace Nicholson/Findlay/19:08	Cedarville/42
Girls Blue	Jennifer McKellar/Xenia Christian/19:07	Covington/72
Girls Gold	Kris Roth/Celina/19:36	Celina/49
Boys Blue	Chad Irwin/Columbus Grove/17:22	Columbus Grove/55
Boys Gold	Michael Olson/Lebanon/16:59	Princeton/47
Jr High Boys	John Wolsin/Indian Hill/11:36	Mason/50
Jr High Girls	Alyssa Zimmerman/Troy/13:01	Mason/43

SEPTEMBER 22, 2001

Division	Individual Winner/School/Time	Team Winner/Pts
College M	Ben Hudebrand/Kenyon/25:45	Kenyon/44
College W	Jessica Kuhr/Wright State/17:52	Cedarville/33
Girls Blue	Jennifer McKellar/Xenia Christian/18:52	West Liberty-Salem/70
Girls Gold	Kris Roth/Celina/18:42	Troy/46
Boys Blue	Micah Harding/Cedarville/16:35	Columbus Grove/42
Boys Gold	Eric Zimmerman/Princeton/17:00	Princeton/35
Jr High Boys	Jason Ordway/Holgate/11:12	Mason/55
Jr High Girls	Cassandra Drennen/Bellbrook/13:29	Anna/59

SEPTEMBER 14, 2002 (Course modified 2002)

Division	Individual Winner/School/Time	Team Winner/Pts
College M	Sergio Reyes/Cedarville/25:46	Cedarville/54
College W	Erin Nehus/Cedarville/18:28	Cedarville/24
Girls Blue	Sara Wiseman/Gallia Academy/18:43	Gallia Adacemy/41
Girls Gold	Katie Kisiel/Troy/20:30	Wayne/45
Boys Blue	Jason Ordway/Holgate/16:59	Bellbrook/67
Boys Gold	Mike Murphy/Wayne/16:49	Wayne/32
Jr High Boys	Matt Wagner/Ferguson/11:18	Troy/45
Jr High Girls	Megan Lesnoski/Ferguson/13:49	Troy/46

SEPTEMBER 20, 2003

Division	Individual Winner/School/Time	Team Winner/Pts
College M	Dan Campbell/Cedarville/25:24	Wright State/35
College W	Sarah Mark/Cedarville/18:23	Cedarville/299
Girls Blue	Juli Hoekzema/Badin/19:26	Pleasant/49
Girls Gold	Jessica Reyes/Walnut Hills/19:37	Lancaster/25
Boys Blue	Nate Schumacher/Columbus Grove/16:48	Columbus Grove/35
Boys Gold	Levi Fox/Troy/16:09	Lancaster/62
Jr High Boys	Brendan Corcoran/Walnut Hills/11:44	Wilmington/58
Jr High Girls	Chelsea Leavelle/Troy/13:16	Troy/41

SEPTEMBER 18, 2004

Division	Individual Winner/School/Time	Team Winner/Pts
College M	Mike Sawicki/Otterbein/25:05.23	Otterbein/ 56
College W	Jennie Stoll/ Miami/ 17:53.96	Miami/ 28
Girls Blue	Stacy Goode/ Little Miami/ 19:40.67	Penns Valley/ 44
Girls Gold	Sarah Matthews/ Xenia/ 20:27.86	McCauley/ 66
Boys Blue	Josh Laughlin/ Bellbrook/ 16:09.37	Penns Valley/ 57
Boys Gold	Taylor Candella/ Lakota West/ 16:25.80	Lakota West/ 39
Jr High Boys	Gabe Weiss/ Carroll/ 11:48.09	Troy/ 65
Jr High Girls	Hali Hodge/Wilmington/ 13:09.97	Troy/63

2006 was 1st year on Elvin R. King Course**SEPTEMBER 16, 2006**

Division	Individual winner/school/time	Team winner/pts
College W	Nicole Degner, Berry College/18:23.86	Cedarville/ 33
College M	David Kawa, Berry College/24:50.56	Cedarville/ 39
Boys blue	Dane Harding, Cedarville HS/16:51.72	Cinc. Christian/ 68
Girls blue	Angela Klimkowski, Milton Union/20:04.69	Milton Union/ 22
Jr. High boys	Austin Gregory, Centerville/11:37.09	Centerville/ 31
Jr. High girls	Dominique Gerard, Ankeney MS/12:12.14	Milton Union/ 48
Gold Boys	Alex Moore, Groveport Madison/16:56.01	Reynoldsburg/ 38
Gold Girls	Amanda Burger, Lakota West/18:04.59	Lakota West/ 31

SEPTEMBER 17, 2007

Division	Individual winner/school/time	Team winner/pts
College W	Miesha Marzell, Unatt/17:52.80	Miami Univ./ 24
College M	Keegan Rathkamp, Shawnee State/25:34.84	Shawnee St./ 41
Boys blue	Colin Cotton, Sumitt Country Day/16:25.60	Northeastern/ 72
Girls blue	Angela Klimkowski, Milton-Union/19:55.86	Milton-Union/ 19
Jr. High boys	Tanner Mattie, Fairland/11:20.42	Fairland/ 75
Jr. High girls	Peyton Adkins, Gallia Academy/12:05.70	Bellbrook/ 58
Gold Boys	Ben Jones, Northwestern/16:14.33	Northwestern/ 29
Gold Girls	Lauren Adkins, Gallia Academy/18:52.14	Northwestern/ 31

SEPTEMBER 20, 2008

Division	Individual winner/school/time	Team winner/pts
College W	Lisa Davies, Shawnee State/18.26.4	Shawnee State/ 44
College M	Keegan Rathkamp, Shawnee State/25:27.9	Cedarville Univ./ 33
Boys Blue	Colin Cotton, Summit Count. Day/16:15.7	London HS/ 88
Girls Blue	Emily Skidmore, Alexander/20:07.1	Milton Union/ 24
Jr. High Boys	Jeff Cook, Blanchester/11:43.1	Hillsboro/ 59
Jr. High Girls	Bethany Norman, Xenia Christian/13:12.7	Xenia Christian/ 30
Gold Boys	Andrew Goodwin, Celina/16:13.2	Elder/ 52
Gold Girls	Samantha Burger, Lakota West/19:25.3	Colerain/ 33

SEPTEMBER 19, 2009

Division	Individual winner/school/time	Team winner/pts
College W	Sarah Foster, Ohio State Univ./17:24	Ashland Univ./ 39
College M	Brandon Bauer, Col. running co./25:15	Shawnee State/ 29
Boys Blue	Isaiah Bragg, Emmanuel Christian/16:10	Milton Union/ 36
Girls Blue	Nicole Klimkowski, Milton Union/20:01	Milton Union/ 32
Jr. High Boys	Roman Fatica, Hillsboro MS/11:18	Springboro/ 52
Jr. High Girls	Kim Streetz, Springboro JH/12:40	Springboro/ 28
Boys Gold	Andy Goodwin, Celina/15:57	Hillsboro/ 42
Girls Gold	Christine Moon, Western Brown/19:49	Centerville/ 39

SEPTEMBER 18, 2010

Division	Individual winner/school/time	Team winner/pts
College W	Kelsey Devereaux, Indiana Wes./18:38.59	Cedarville/ 60
College M	Dee Salukombo, Denison Univ./ 25:21.57	Cedarville/ 62
Boys Blue	Colin Cotton, Summit Country Day/16:52.70	Summit Cty. Day/ 42
Girls Blue	Sarra Taylor, London/20:11.95	Summit Cty. Day/ 40
Jr. High Boys	Fielding Lewis, Yellow Springs/11:29.98	Ferguson/ 42
Jr. High Girls	Keaton Case, Springboro/12:42.46	Springboro/ 24
Girls Gold	Hannah Fleck, Celina/20:34.35	Celina/ 25
Boys Gold	Rob King, Miami Trace/17:00.18	Beavercreek/ 33

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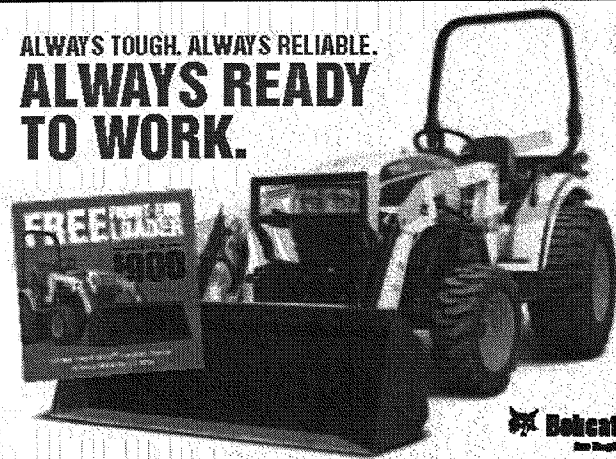
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