
Men's and Women's Track & Field Programs

Track & Field

1990

Cedarville College Cross Country and Track & Field Brochure

Cedarville University

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Jane Romig-Brooker



Jane Romig-Brooker (right) maintains contact with Mary Decker-Slaney (left) and Kim Gallagher in the 1500 meter run at the 1988 U.S. Olympic Trials in Indianapolis.

“God knew as He directed me to attend Cedarville College that my life in four years would completely change. Since I did not run in high school, the coaches were sensitive to my needs. They were cautious of injury while at the same time training me to run quality races.

“The team members experience a bond that will always be remembered. Runners understand runners which allows lifetime friends and memories to be established. The competition between teammates in no way hinders friendships, but actually strengthens them.

“My experience at Cedarville was invaluable. It gave me a solid base and confidence towards reaching my potential as a runner for God’s glory only!”

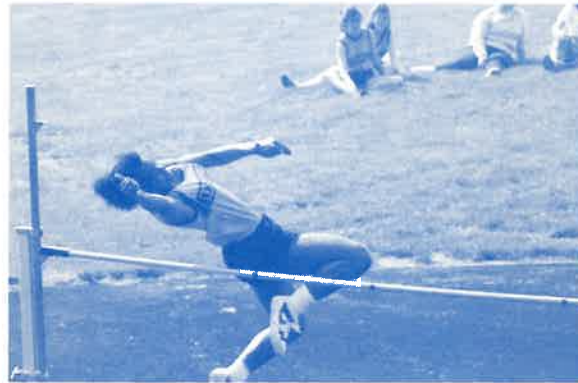
Brooker’s Record Book

- Competed in 1988 United States Olympic Trials in both 800 and 1500 meters.
- NAIA “Outstanding Female Performer” at 1986 National Indoor Meet.
- Two-time NAIA Indoor 1000-yard National Champion.
- NAIA National Indoor 1000-yard record holder (2:36.13).
- Two-time NAIA Indoor and Outdoor Track All-American.
- Three-time NAIA Track Academic All-America Team.
- Two-time Wheeler Award Winner as NCCAA Track & Field Athlete of the Year.
- Eight-time NCCAA National Track Champion.
- Two-time NCCAA Cross Country National Champion.
- Three-time NCCAA Track and Cross Country All-American.

Cedarville College Cross Country Track & Field



Head Coach: Elvin King



Asst. Coaches: Tim Walters
John McGillivray

President: Dr. Paul Dixon

Athletic Director: Dr. Don Callan

P.O. Box 601, Cedarville, Ohio 45314
(513) 766-2211

About the College . . .

Cedarville College is a Baptist college of arts and sciences with an enrollment of approximately 1900 students. The school is located in the rural community of Cedarville, Ohio, which is 25 miles east of Dayton and 12 miles south of Springfield.

The college program is designed to provide opportunities for students to develop balanced lives. Such lives are produced by an overall program which encourages academic, spiritual, social, and physical growth simultaneously. Student life, which involves each of these aspects, is consequently seen as an integral part of the college learning experience.

Cedarville College’s commitment to the Bible as the final authority for faith and practice extends into every area of student life and leads to a conservative pattern of conduct.

From the President . . .

Dear Friend,

It is my privilege to introduce and welcome you to Cedarville College. God is blessing us in an unusual way. Nearly 1900 young people comprise our tremendous student body. Our motto describes us well: “. . . for the Word of God and . . . testimony of Jesus Christ.”

At Cedarville, we care about the student as an individual. We are committed to developing young people intellectually, physically, socially and, most of all, spiritually. Together we work to provide one of the truly exceptional Christian education programs in the country.

Our athletic teams are also quite important to us. Cedarville’s game plan is not just to produce winners, but to produce men and women who are prepared for life after athletics who have the desire to exemplify Christ in all that they do. Our dedicated coaching staff strives to see that goal met.

If you have questions, please contact us. We desire to be of assistance to you. At Cedarville, you are important to us!

Sincerely,

Dr. Paul H. Dixon
President

From the Team . . .

“Victory is not everything, but the greatest lessons in athletics come from the work, discipline, and dedication along the path to victory.

Our challenge as Christian athletes is not that God will help us to win, but rather that we should develop the abilities God has given us that we might find satisfaction in knowing that we have done our best. This goal is not totally achieved in one race or even in one season, but if we persevere through our entire career and handle all the ups and downs, physically, mentally, and emotionally, we will have a good foundation of experience to which we can relate in our future years.

Our hope is that our personal faith in Christ might be reflected through our efforts both on and off the field of competition.”

About the Coaches . . .

Elvin King has spent more than two decades as head men’s track and cross country coach at Cedarville College. He started the women’s track and cross country program in 1980.

King is responsible for developing the National Christian College Athletic Association track championships, and he also serves as meet director of the NCCAA cross country championships. He is the president of the Ohio Intercollegiate Cross Country Association, and was inducted into the Cedarville College Athletic Hall of Fame in 1988.

King earned his B.S. in 1964 from Kent State University. He later received his M.Ed. from Bowling Green State University.

Tim Walters brings with him a wealth of competitive experience into his role as an assistant coach. He is a three-time NCCAA national 110-meter hurdle champion and has trained extensively for the decathlon. Tim also possesses an expertise in weight training.

John McGillivray has been an assistant under King since 1975. He is a former Mid-Ohio Conference champion in the pole vault and specializes in the event.

About the Facilities . . .

Cedarville possesses some of the finest athletic facilities for small colleges in the state of Ohio. The spacious Athletic Center features a one-tenth mile, four-lane mondo track. It includes high jump, long jump, and pole vault pits which make it functional enough to stage a complete indoor track meet.

For outdoor competition, Cedarville has a six-lane reslite track. Plans are underway to expand the track to eight lanes and resurface it with a polyurethane surface.

Cedarville’s home cross country course is located at John Bryan State Park near Yellow Springs, Ohio. The Yellow Jackets annually host the NCCAA cross country championships.

Cedarville College Outdoor Track Records

Men's Records

100m	10.8	Dee Smith	1985
200m	21.8	Paul Warner	1961
400m	47.5	Mark Green	1971
800m	1:52.7	Ernie Welborn	1973
		Paul Beck	1976
1500m	3:47.10	Rob Moore	1987
5000m	14:28.5	Brian Hull	1978
		Tom Hill	1986
10,000m	30:09.0	Brian Hull	1978
Steeplechase	8:55.4	Brian Hull	1977
Marathon	2:36:02	Rusty King	1984
110 HH	14.7	Tim Walters	1985
400 IH	52.5	Jon Mitchell	1975
Javelin	202'5"	Scott Hannay	1985
Shot Put	52'0"	Phil Hulbert	1986
Discus	172'11"	Phil Hulbert	1986
Hammer	101'0"	Scott Hannay	1986
Long Jump	23'1"	Barrett Luketic	1974
Triple Jump	46'5"	Barrett Luketic	1974
High Jump	6'9"	Bud Davis	1965
Pole Vault	15'6"	Mark Peters	1980
400m Relay	42.9		1975
1600m Relay	3:15.3		1974

Women's Records

100m	12.64	Lynn Strickland	1988
200m	25.84	Lynn Strickland	1988
400m	57.5	Esther Mahr	1985
800m	2:09.0	Jane Romig	1986
1500m	4:37.4	Jane Romig	1985
3000m	10:24.4	Jane Romig	1985
5000m	18:57.0	Sue Vaughan	1986
10,000m	39:35.1	Sue Vaughan	1986
Marathon	3:22:16	Laura Clayton	1982
100 HH	16.2	Cindy Collier	1986
400 IH	1:02.94	Shelley Fratus	1988
Javelin	108'8"	Lori Weller	1982
Shot Put	34'8½"	Laura Huggart	1985
Discus	117'9"	Karen Harrington	1983
Long Jump	16'1¼"	Tonya McBee	1985
Triple Jump	33'0"	Laura Whaley	1988
High Jump	5'8"	Lynn Strickland	1988
400m Relay	48.99		1988
1600m Relay	4:01.3		1985

NAIA All-Americans



Jane Romig-Brooker
1985,86 Indoor 1000
1985,86 Outdoor 1500



Eric Fillinger
1987,88 Cross Country
1989 Indoor 3-mile



Shelley Fratus
1988 Outdoor 400IH



Tom Hill
1986 Indoor 2-mile



Brian Hull
1976 Cross Country



Esther Mahr
1985 Outdoor 1500



Rob Moore
1985,87 Indoor Mile
1985,86 Outdoor 1500



John Oswald
1987 Cross Country

Bud Davis – 1965 Outdoor High Jump

NCCAA All-Americans

Men's Track

Paul Beck (1975)	Jon Mitchell (1973,74,75,76)
Mark Bubel (1979,80)	Rob Moore (1984,85,87)
Jim Butcher (1975)	Terry Odom (1974,75)
Jim Chambers (1975)	John Oswald (1987)
Clancy Cruise (1984, 87)	Mark Peters (1977,78,79)
Clarence Eddy (1983,84)	Dave Rogers (1976,78,79)
Eric Fillinger (1988)	Dale Shaw (1977)
Warren Gifford (1976)	Craig Slater (1983)
Mark Green (1973,74,75)	Bryan Smith (1976,77)
Scott Hannay (1985)	Dee Smith (1985)
Tom Hill (1984,86,87)	Bill VanCuren (1975)
Ken Howard (1976)	Tim Walters (1985,86)
Phil Hulbert (1983,86)	Ernie Welborn (1973)
Brian Hull (1976,77,78)	Dave Wishert (1975)
Barrett Luketic (1974)	Gary Yeager (1980)

Note: NCCAA Champions were not officially recognized as All-Americans until 1977.

Men's Cross Country

Dave Averill (1980)	Rob Moore (1983,85)
Paul Budnik (1975,76)	John Oswald (1985,86,87)
Craig Colas (1978)	Dale Shaw (1978,79,80)
Eric Fillinger (1986,87,88)	Ron Thomas (1975,76)
Tom Hill (1984,85)	Dave Treese (1979)
Brian Hull (1975)	Tom Yater (1978,79)
Rusty King (1984)	

Women's Track

Jane Romig-Brooker (1984,85,86)
Shelley Fratus (1987,88)
Esther Mahr (1985,86,87)
Beth McGillivray (1985,86,87)
Lynn Strickland (1988)

Women's Cross Country

Jane Romig (1983,84,85)
Deb Pate (1986)
Susan Vaughan (1983)

The Wheeler Award (NCCAA Athlete of the Year)

1984 Gary Anderson (Men's Track)
1985 Jane Romig (Women's Track)
1986 Jane Romig-Brooker (Women's Track)
1987 John Oswald (Men's Cross Country)
1988 Eric Fillinger (Men's Cross Country)

Schedule and Competition:

Our schedule includes only one meet per week, usually on Saturday. This helps to eliminate class conflicts and allows for proper training and rest.

It remains our commitment to schedule competition that will challenge the best athletes on our team. This has been easy to do because we have developed a good relationship with NCAA Division I schools who have welcomed us to their invitationals. We are also members in the strong NAIA District 22.

To keep a balance, the remainder of our competition consists of smaller invitationals where the younger athletes can gain confidence. The National Christian College Athletic Association (NCCAA) gives us an opportunity for good level national competition among Christian schools. This has always been a highlight of our season.

Some of the large meets in which we annually compete include:

- Ohio Intercollegiate Cross Country Championships (includes all colleges and universities in Ohio)
- NAIA National Track and Cross Country Meets
- NCCAA National Track and Cross Country Meets

Some of the meets in which we compete in different years:

- University of Kentucky Track Invitational
- Drake University Track Relays
- Bowling Green Track and Cross Country Invitationals
- University of Pittsburgh Track Invitational
- Marshall University Track and Cross Country Invitationals
- University of Cincinnati Track and Cross Country Invitationals
- Loyola of Chicago Cross Country Invitational
- Drake University Track Invitational
- University of Illinois Cross Country Invitational
- Indiana University Track and Cross Country Invitationals
- Eastern Michigan University Track Invitational