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## A Christian Guide to Body Stewardship, Diet and Exercise

David D. Peterson  
*Cedarville University*, [ddpeterson@cedarville.edu](mailto:ddpeterson@cedarville.edu)

Jeremy M. Kimble  
*Cedarville University*, [jkimble@cedarville.edu](mailto:jkimble@cedarville.edu)

Trent A. Rogers  
*Cedarville University*, [trentrogers@cedarville.edu](mailto:trentrogers@cedarville.edu)

Don Cameron Davis  
*Cedarville University*, [ddavis@cedarville.edu](mailto:ddavis@cedarville.edu)

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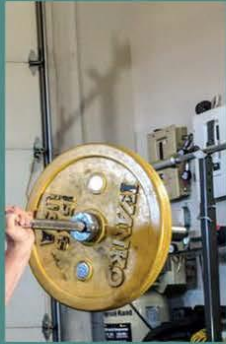
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# A CHRISTIAN GUIDE TO BODY STEWARDSHIP, DIET AND EXERCISE

Official Textbook for PEF 1990 -  
Physical Activity and Healthy Living



**Peterson • Kimble • Rogers**

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