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TRACK!



May 23-25

LIFE COLLEGE

Marietta, GA



THE 1996 3.5 RL

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The 1996 NAIA Outdoor Track & Field National Championship meet program was created by the Life College Department of Athletics. This publication was designed and written by Jim Hudson, Sports Information Director and Jamey Miller, student assistant. A very special thanks to all those individuals whose contributions have made this program possible.

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Leroy Neal - Biola, CA

Field Referee

Gary Kilgore - Linfield, OR

Running Referee

Jim McMahan - Midland Luthern, NE

Multi-Events Referee

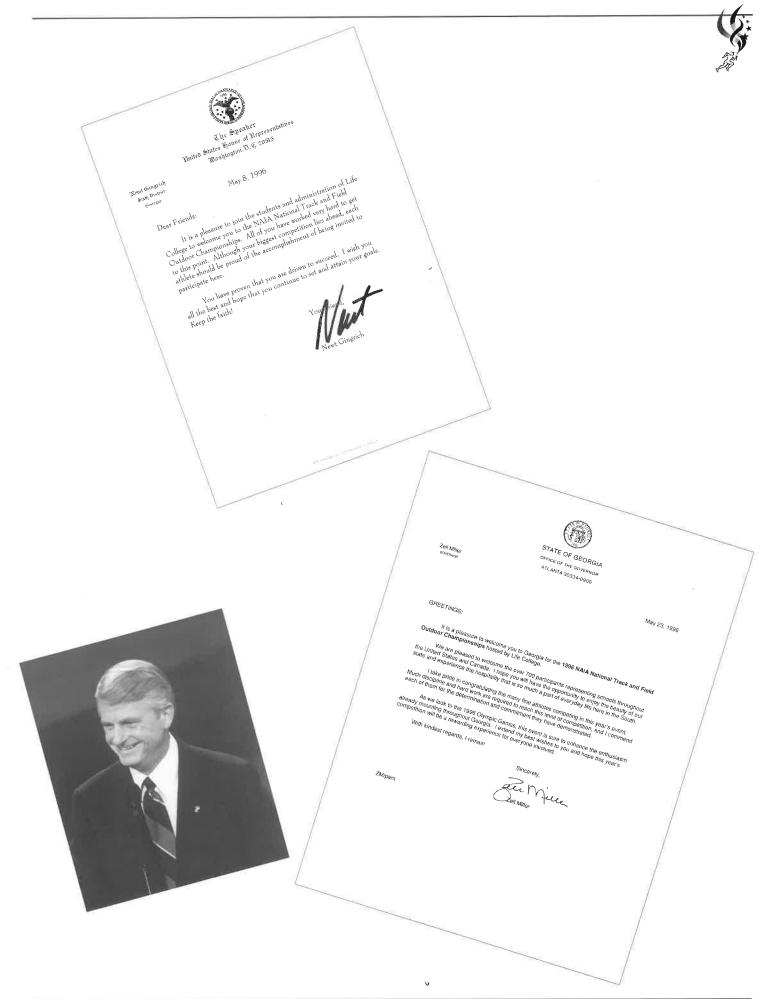
Kevin Reid - Azusa Pacific, CA

Marathon Referee

Tim Bauer - Siena Heights, MI



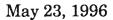
Kevin Dee Outdoor Track & Field Administrator







National Association of Intercollegiate Athletics





6120 South Yale Avenue Suite 1450 Tulsa, Oklahoma 74136 Telephone 918/494 8828 EAX 918/494 8841

Dear NAIA Participants:

It is with great pleasure that I welcome all student-athletes, coaches and spectators to the 1996 NAIA Men's and Women's Outdoor Track and Field National Championships held on the campus of Life College in Marietta, Georgia.

The NAIA is fortunate and certainly appreciative to have the enthusiastic support of the City of Marietta, Life College, and local NAIA tournament committees and their respective staffs.

As an association, the NAIA serves the student-athletes at our member colleges and universities by creating for them an environment in which they can succeed academically as well as athletically. This Association of approximately 375 member institutions strongly believes that athletics is an integral part of an institution's total educational program.

Further, any action taken on the part of the Association is done to ensure that our student-athletes reach two goals at the end of their collegiate careers. The first goal is the attainment of a college degree, and the second is the satisfaction of competing to the highest level of their athletic ability.

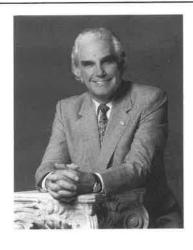
Congratulations and best of luck to all student-athletes competing at this year's men's and women's outdoor track and field national championships!

Sincerely,

James R. Chasteen

NAIA President and CEO







LIFE COLLEGE

4269 BARCLAY CIRCLE MARIETTA, GEORGIA 50060

OFFICE OF THE PRESIDENT

USA 770 426-2601 FAX 770 429-4819

May 23, 1996

WELCOME TO LIFE COLLEGE!

This is an exciting time for all of us at Life College. For me, personally, this event is a dream come true. When I first heard the news that the 1996 Olympics would be held in Atlanta, I wanted Life College to be a part of this great event. The honor of hosting the 1996 NAIA National Outdoor Championships gives us the opportunity to celebrate track and field and enjoy the olympic spirit that has enveloped Atlanta.

From our very modest beginnings as a small chiropractic school in 1974, Life has grown to become not only a full-fledged college, but the world's largest School of Chiropractic as well. At Life College, we have always reached out to the world with our training as well as our humanitarian projects. We have also given a high priority to sports to build our championship teams in basketball, soccer, rugby and track. Athletes and sports fans from anywhere in the world can feel at home here.

While you have the opportunity, I urge you to visit the Life College campus and talk with our coaches, faculty, athletes and other staff members and students. I have no doubt you will find genuine hospitality as well as enthusiasm about our college wherever you go. As with this state-of-the-art olympic track and the athletes and spectators it has attracted, whatever we do at Life College, we try to make it first class.

Your being here makes this world-class event truly outstanding. I hope you will tell your friends throughout the U.S. and throughout the world about Life College, where you will always find an attitude of compassion -- loving, serving and giving out of our own abundance, just for the sake of doing.

With succere good wishes

SID E. WILLIAMS, B.S., D.C. Founder and President

SCHOOL OF CHIROPRACTIC SCHOOL OF GRADUATE STUDIES SCHOOL OF UNDERGRADUATE STUDIES

Life College



Life College today is the manifestation of the continued unfolding dream of Dr. Sid E. Williams, who originally envisioned the establishment of a chiropractic college which would serve humanity through the professional work of its graduates. Life College includes a School of Chiropractic, a School of Undergraduate Studies, and a Graduate Studies Program. The School of Chiropractic offers a Doctor of Chiropractic degree, and is the largest Chiropractic

school in the world. The majority of the students at Life College are in the D.C. program. The School of Undergraduate Studies offers Bachelor of Science in Nutrition for Chiropractic Sciences and Bachelor of Business Administration degrees, and also offers preprofessional curricula for health care professions, including chiropractic, dentistry, podiatry, medicine and others. The School of Graduate Studies offers a Master of Science degree in Sports Health Science, and has additional Master programs under development.

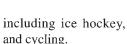
The Life College campus is situated on approximately 100 acres which form a wooded oasis amidst the bustling metropolitan community of Marietta, Georgia. Life's beautiful campus has recently undergone a multi-million dollar building and expansion program. New and highly sophisticated facilities have made it possible for the college to add new programs and majors, all part of the institution's long-range plan to obtain university status during the 1990's.

In just a short period of time, Life College has developed a tremendous tradition of intercollegiate athletics. It all began in 1990 with the hiring of Roger Kaiser to become the school's first Director of Athletics and Head Basketball Coach. In the spring of 1991, Life College joined the National Association of Intercollegiate Athletics, and in the fall Life fielded its first intercollegiate team. Since the inaugural game in November, 1991, the Running Eagles' basketball team has compiled a record of 150 victories and only 30 losses, and have made four straight trips to the NAIA National Tournament. Life College has one of the nation's best winning percentages in the 1990's.

Life has also enjoyed much success with its cross country and track programs. In 1993, Coach Mike Spino's cross country team finished fourth in the nation, and

in just four seasons of competition, the cross country and track teams have had 11 NAIA All Americans. The Life College Soccer team has just completed its second season of competition with a trip to the NAIA Southeast Region Playoffs, and the golf team showed improvement under new Head Coach Jim Hudson. Life College has fielded a championship quality Rugby Club team since the early 1980's. In 1994, the Rugby team finished the season as national runners-up with a 35-1 record. Life also hosts additional club sports,





Under the leadership of Dr. Williams, Life College most recently opened its Olympic quality track and field stadium. The stadium features a Mondo Track surface. Thirty one indoor and twenty five outdoor world records were broken on Mondo

Tracks in the past 20 years. Life College's track is currently the only track in the area that conforms to the International Amateur Athletic Federation guidelines. It is the same track surface that will be used in the 1996 Olympic Games.

This past Labor Day Life College hosted some of the world's best athletes in the Coca Cola/Life College International Challenge Track and Field Event. Over one hundred athletes from over 20 countries came to Life to compete in this grand event. After visiting Life College for this event, several national teams, including the French, Italian, and Swiss teams, chose Life as their pre-Olympic training facility.

Life College, with the guidance of Dr. Sid E. Williams, has



truly been a leader in amateur athletics. Life College's facilities will be very active with international visitors during the 1996 Olympic Games, and after the games, the track will continue to serve the city of Marietta and the greater community by hosting many other events.

Event Schedule



THURSDAY MAY 23

FRIDAY MAY 24

SATURDAY MAY 25

Multi-Events

10:00 a.m. Women's 100m Hurdles 10:30 a.m. Men's 100m Dash 10:45 a.m. Women's High Jump 11:15 a.m. Men's Long Jump 1:00 p.m. Men's Shot Put 2:30 p.m. Women's Shot Put 2:45 p.m. Men's High Jump 5:00 p.m. Women's 200m Dash 5:10 p.m. Men's 400m Dash

Multi-Events

9:30 a.m. Men's 110m Hurdles
10:15 a.m. Men's Discus
10:30 a.m. Women's Long Jump
12:00 p.m. Men's Pole Vault
12:30 p.m. Women's Javelin
2:45 p.m. Women's 800m Run,
3:00 p.m. Men's Javelin
5:15 p.m. Men's 1,500m Run

Field Events

9:00 a.m.	Men's Hammer - FINAL
2:00 p.m.	Women's Long Jump - FINAL
4:00 p.m.	Women's Shot Put - FINAL
5:00 p.m.	Men's Long Jump - FINAL

Field Events

9:00 a.m.	Men's Javelin - FINAL
4:00 p.m.	Men's Shot Put - FINAL
5:00 p.m.	Women's High Jump - FINAL
6:00 p.m.	Men's Triple Jump - FINAL
6:00 p.m.	Women's Discus - FINAL

Field Events

1:00 p.m.	Men's Pole Vault - FINAL
1:00 p.m.	Men's High Jump - FINAL
1:00 p.m.	Women's Hammer - FINAL
3:00 p.m.	Women's Javelin - FINAL
3:00 p.m.	Women's Triple Jump - FINAL
6:00 p.m.	Men's Discus - FINAL

Running Events

Running Events

Running Events

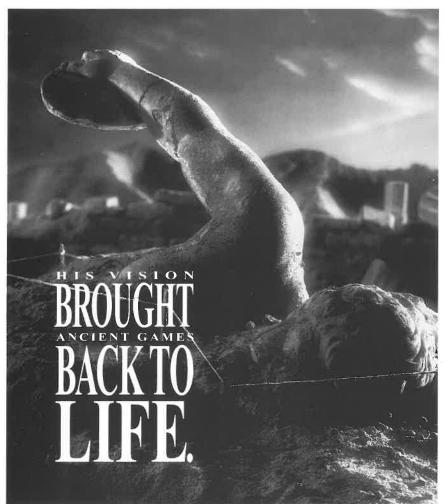
1:30 p.m.	Men's Steeplechase - Semi	1:30 p.m.	Men's 5,000m Race Walk - FINAL	6:00 a.m.	Men's Marathon - FINAL
_	Men's 4x100m Relay - Trials	2:05 p.m.	Women's 3,000m Race Walk - FINAL	6:00 a.m.	Women's Marathon - FINAL
_	Women's 1,500m Run - Trials	3:30 p.m.	Women's 100m Hurdles - Semi	4:45 p.m.	OPENING CEREMONIES
-	Men's 1,500m Run - Trials	3:45 p.m.	Men's 110m Hurdles - Semi	5:30 p.m.	Men's Steeplechase - FINAL
	Women's 100m Hurdles - Trials		Women's 100m Dash - Semi	5:45 p.m.	Women's 4x100m Relay - FINAL
	Men's 110m Hurdles - Trials		Men's 100m Dash - Semi	5:55 p.m.	Men's 4x100m Relay - FINAL
	Women's 400m Dash - Trials		Women's 400m Dash - Semi	6:05 p.m.	Women's 1,500m Run - FINAL
	Men's 400m Dash - Trials		Men's 400m Dash - Semi	6:15 p.m.	Men's 1,500m Run - FINAL
-	Women's 100m Dash - Trials	5:05 p.m.	Women's 800m Dash - Semi	6:25 p.m.	Women's 200m Dash - Semi
	Men's 100m Dash - Trials		Men's 800m Dash - Semi	6:40 p.m.	Men's 200m Dash - Semi
	NATIONAL ANTHEMS USA - CANADA	-	Women's 4x100m Relay - Semi	6:55 p.m.	Women's 400m Hurdles - FINAL
-	Women's 800m Dash - Trials	5:45 p.m.	Men's 4x100m Relay - Semi	7:10 p.m.	Men's 400m Hurdles - FINAL
	Men's 800m Dash - Trials		NATIONAL ANTHEMS USA - CANADA	7:20 p.m.	Women's 400m Dash - FINAL
_	Women's 200m Dash - Trials	6:15 p.m.	Women's 100m Hurdles - FINAL	7:30 p.m.	Men's 400m Dash - FINAL
	Men's 200m Dash - Trials	6:30 p.m.	Men's 100m Hurdles - FINAL	7:40 p.m.	Women's 800m Dash - FINAL
	Women's 400m Hurdles - Trials	6:40 p.m.	Women's 3,000m Run - FINAL	7:50 p.m.	Men's 800m Dash - FINAL
	Men's 400m Hurdles - Trials	7:00 p.m.	Women's 400m Hurdles - Semi	8:00 p.m.	Women's 200m Dash - FINAL
	Women's 3,000m Run - Trials	7:20 p.m.	Men's 400m Hurdles - Semi	8:10 p.m.	Men's 200m Dash - FINAL
	Men's 10,000m Run - FINAL	7:40 p.m.	Women's 100m Dash - FINAL	8:20 p.m.	Women's 5,000m - FINAL
_	Women's 10,000m Run - FINAL	7:50 p.m.	Men's 100m Dash - FINAL		Men's 5,000m - FINAL
		8:00 p.m.	Men's 5,000m Run - Semi	9:00 p.m.	Women's 4x400 Relay - FINAL
		8:40 p.m.	Women's 4x400m Relay - Semi	9:10 p.m.	Men's 4x400 Relay - FINAL
		9:00 p.m.	Men's 4x400m Relay - Semi	9:15 p.m.	AWARDS CEREMONIES

Women's 100 Meters



The advantage in the Women's 100 meter dash belongs to Southern New Orleans, who will enter three runners all of whom have a good chance to win the event. Tracyan Baker will be the favorite having run a season best time of 11.66, while teammates Michelle O'Horro, and Paula Douglas are also expected to make a good showing. Competition will come from Jasamine Sampson of Park MO and Ronalee Davis of Central State. Others to keep an eye on include; Wayland Baptist's LaTosha Wall, and several runners from a strong Arkansas Pine Bluff team. The NAIA record in the women's 100 meter is held by former Southern-New Orleans runner Sevethedn Fynes with a time of 11.42, set in 1994.

PAST 1981 1982 1983 1984 1985 1986 1987	CHAMPIONS Angel Doyle, Southern-Baton Rouge LA, 11.85 Casandra Graham, Prairie View A&M TX, 11.82 Sheila Labome, Prairie View A&M TX, 11.89 Virgie Bullie, Midland Lutheran NE, 11.71 Deirdre Jackson, Prairie View A&M TX, 11.82 Comfort Igeh, Wayland Baptist TX, 11.68 Carol Bailey, Concordia NE, 12.00	1988 1989 1990 1991 1992 1993 1994 1995	Carol Bailey, Concordia NE, 11.54 Carol Bailey, Concordia NE, 11.52w Carol Bailey, Concordia NE, 11.60 Faith Idehen, Missouri Baptist, 11.44w Layphane Carnagie, Central State OH, 11.54 Layphane Carnagie, Central State OH, 11.62 Sevethedn Fynes, Southern-New Orleans LA, 11.42 w Bridgette Edwards, Central State OH, 11.60 w
1507	Carol Baney, Concoldia 14E, 12.00	w wind	-aided



Baron Pierre de Coubertin.

Inspired by the discovery of ruins of ancient olympic stadium in 1875.

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And brought millions of people together through clearer calls and faster data.





Men's 100 Meters



The men's 100 meter dash should be a very exciting and close race. The favorites coming into the national championships are Sheldon Edwards from Oklahoma Baptist and Joseph Mares from Wayland Baptist TX. Sheldon won the 55 meter dash in the indoor championships earlier this year and has posted a time of 10.48 earlier this season in the 100 meters. Joseph Mares has recorded the fastest 100 meter time this season running a 10.38. Other runners to watch and their best recorded time this season include: Maurice Johnson, Clafflin College SC 10.50; David Smith, Southern New Orleans, 10.50; and Isaac Vanburen, Voorhees College SC, 10.51. Southwestern Oklahoma has three strong sprinters in Jake Jensen, Willie Brown and Damon Wills. The NAIA record in the 100 meters is 10.05 set in 1992 by former Azusa Pacific runner Davidson Ezinwa.

PAST CHAMPIONS

IASI	CHAMITONS
1952	Bransford Watson, Texas College, 9.9*
1953	Ted Bush, Texas Southern, 9.6*
1954	Ralph Aldredge, Texas Southern, 9.6*
1955	Bobby Morrow, Abilene Christian TX, 9.1* w
1956	Bobby Morrow, Abilene Christian TX, 10.3
1957	Bobby Morrow, Abilene Christian TX, 9.5*
1958	Bobby Gordon, Morgan State MD, 9.5*
1959	Paul Winder, Morgan State MD, 9.9*
1960	John Moon, Tennessee State, 10.5
1961	Bob Thayes, Florida A&M, 9.5*
1962	Roger Sayers, Nebraska-Omaha, 9.5*
1963	Roger Sayers, Nebraska-Omaha, 9.5*
1964	Bob Hayes, Florida A&M, 10.2

1965	George Anderson, Southern LA, 9.4*
1966	Jim Hines, Texas Southern, 9.5*
1967	Jim Hines, Texas Southern, 9.6*
1968	Oliver Ford, Southern LA, 10.0
1969	Oliver Ford, Southern LA, 9.5*
1970	Robert Taylor, Texas Southern, 9.4*
1971	Willie McGee, Alcorn State MS, 9.3*
1972	Jean Louis Ravelomanantsoa, Westmont CA, 10.1
1973	Kofi Okyir, Angelo State TX, 9.5*
1974	James Gilkes, Fisk TN, 9.4*
1975	Ralph Smith, Southeastern Louisiana, 9.67*
1976	James Wooten, Fayetteville State NC, 0.54
1977	Earl Thomas, Jackson State MS, 10.53
1978	Nate Johnson, Hillsdale MI, 10.37
1979	Dennis Trott, Jackson State MS, 10.0 w
1980	Ellison Portis, Angelo State TX, 10.15 w*
1981	Larry White, Mississippi Valley State, 10.63
1982	Innocent Egbunike, Azusa Pacific CA, 10.32
1983	Innocent Egbunike, Azusa Pacific CA, 10.34
1984	Innocent Egbunike, Azusa Pacific CA, 10.15
1985	Innocent Egbunike, Azusa Pacific CA, 10.33
1986	Patrick Nwankwo, Azusa Pacific CA, 10.58
1987	Alrick Munroe, Wayland Baptist TX, 10.58
1988	Oliver Daniels, Biola CA, 10.43
1989	Patrick Nwankwo, Azusa Pacific CA, 10.21
1990	Keith Spiva, Malone OH, 10.38
1991	Davidson Ezinwa, Azusa Pacific CA, 10.25
1992	Davidson Ezinwa, Azusa Pacific CA, 10.05
1993	Osmond Ezinwa, Azusa Pacific CA, 10.43
1994	Dontra Boykins, Arkansas-Monticello, 10.41 w
1995	Daniel Effiong, Lubbock Christian TX, 10.22 w

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TOUGH LUXURY
AND A FRIENDLY FACE.



THE 1994 LX 450 4X4

*100 yards w wind-aided

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Women's 200 Meters



In the women's 200 meters the hands down favorite is Azusa Pacific's Fatimat Yusuf who is the current NAIA record holder in this event. Last year Fatimat smashed the former NAIA record of 23.10 held by Sevethedn Fynes of Southern-New Orleans by posting a time of 22.74. In the 1996 NAIA Indoor Championship, Fatimat was crowned champion with a time of 23.50. Competition could arrive from Tracyan Baker of Southern-New Orleans who has posted a time of 23.88 earlier this year, and finished fifth in the indoor meet. Beverly Grant from Central State finished second in the indoor meet with a time of 23.79.

PAST CHAMPIONS

1981	Angel Doyle, Southern-Baton Rouge LA, 23.98
1982	Casandra Graham, Prairie View A&M TX, 24.03
1983	Sheila Labome, Prairie View A&M TX, 24.16
1984	Denise Bullocks, Chicago State IL, 24.14
1985	Deirdre Jackson, Prairie View A&M TX, 24.03
1986	Comfort Igeh, Wayland Baptist TX, 23.69
1987	Carol Bailey, Concordia NE, 23.93
1988	Airat Bakare, Azusa Pacific CA, 23.71
1989	Carol Bailey, Concordia NE, 23.57
1990	Carol Bailey, Concordia NE, 23.78
1991	Faith Idehen, Missouri Baptist, 23.61w
1992	Carolin Sterling, Central State OH, 23.62
1993	Layphane Carnagie, Central State OH, 23.78
1994	Sevethedn Fynes, Southern-New Orleans LA, 23.10
1995	Chantel Rolle, Southern-New Orleans LA, 23.44 w
w wind-ai	ded

Men's 200 Meters

With a NAIA best time this season of 20.51, and a victory in the 200 meters at the NAIA National Indoor Championships, Sheldon Edwards of Oklahoma Baptist enters as the favorite of the 200 meters. He will be chased by Damon Sims of Oklahoma Christian and Joseph Mares of Wayland Baptist TX, both of whom were finalists at the 1996 indoor meet. Also watch for Sayon Cooper and Syan Williams of Central State, Wayland Baptist's Joseph Mares and Southwestern Oklahoma's Jake Jensen. The NAIA record in the 200 meters is 20.57 set in 1985 by former Azusa Pacific Runner Innocent Egbunike.

PAST CHAMPIONS

1952	Bransford Watson, Texas College, 21.7*
1953	Ted Bush, Texas Southern, 21.4*
1954	Ralph Aldredge, Texas Southern, 21.4*
1955	Bobby Morrow, Abilene Christian TX, 20.9*
1956	Bobby Morrow, Abilene Christian TX, 20.8
1957	Bobby Morrow, Abilene Christian TX, 21.1*
1958	Rex Ressler, Emporia State KS, 21.5*
1959	Sidney Garton, East Texas State, 21.3*
1960	Stone Johnson, Grambling LA, 21.2
1961	Bob Hayes, Florida A&M, 21.0*
1962	Homer Jones, Texas Southern, 21.0*
1963	Roger Sayers, Nebraska-Omaha, 21.3*
1964	Edwin Roberts, North Carolina College, 20.9
1965	Edwin Roberts, North Carolina College, 20.5*

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Go Running Eagles

	1966	Edwin Roberts, North Carolina College, 20.6*
	1967	Jim Hines, Texas Southern, 20.3*
	1968	Andrew Hopkins, Stephen F. Austin TX, 20.9
	1969	Oliver Ford, Southern LA, 20.5*
	1970	Willie Polk, Texas Southern, 20.6*
-	1971	Larry Black, North Carolina Central, 20.4*
1	1972	Larry Black, North Carolina Central, 20.0
]	1973	Tom Reid, Baptist SC, 20.7*
]	1974	James Gilkes, Fisk TN, 20.6*
]	1975	Ralph Smith, Southeastern Louisiana, 21.15*
]	1976	James Wooten, Fayetteville State NC, 20.99
]	1977	Wylie Turner, Angelo State TX, 21.17
1	1978	Larry Kimble, Texas Southern, 21.23
]	1979	Charles Pickens, Mississippi Valley State, 20.6 w
-1	1980	Charles Pickens, Mississippi Valley State, 20.77 w
]	1981	Darrell Green, Texas A&I, 21.42
]	1982	Darrell Green, Texas A&I, 20.84
]	1983	Innocent Egbunike, Azusa Pacific CA, 20.94
]	1984	Innocent Egbunike, Azusa Pacific CA, 20.76
1	1985	Innocent Egbunike, Azusa Pacific CA, 20.57
1	1986	Devon Morris, Wayland Baptist TX, 21.00
1	987	Alrick Munroe, Wayland Baptist TX, 21.02
1	.988	Devon Morris, Wayland Baptist TX, 20.98
1	989	Keith Spiva, Malone OH, 21.10
1	.990	Keith Spiva, Malone OH, 21.00
1	.991	Davidson Ezinwa, Azusa Pacific CA, 20.87
1	992	Davidson Ezinwa, Azusa Pacific CA, 20.96
1	.993	Neil DeSilva, Central State OH, 21.00
1	994	Deon Sims, Oklahoma Christian, 21.09 w
1	.995	Daniel Effiong, Lubbock Christian TX, 20.52 w
٧	v wind-aid	ded
*	200 yards	3
	-	

Women's 400 Meters

Azusa Pacific's Fatimat Yusuf is the clear favorite to win the women's 400 meters. She is the current NAIA record holder with a time of 51.57 set in 1994. Fatimat won the 1996 NAIA Indoor Championship with a time of 53.05. She has also posted the fastest time this spring with a 53.04 performance. Beverly Grant from Central State OH could, however, give Fatimat a run for her money. Beverly finished second in the indoor with a time of 53.34 and has the spring's second best time. Others to watch include; Altrice Taylor and Paula Douglas both from Southern New Orleans, Lindwood's Sherese Collie, Park's Jasmine Sampson and Arkansas Pine Bluff's Tammie Pickett.

PAST CHAMPIONS

1967

1981	Loretta Edwards, Prairie View A&M TX, 54.38
1982	Easter Gabriel, Prairie View A&M TX, 52.53
1983	Easter Gabriel, Prairie View A&M TX, 53.91
1984	Denise Bullocks, Chicago State IL, 54.09
1985	Carol Williams, Mississippi Valley State, 53.65
1986	Airat Bakare, Azusa Pacific CA, 51.83
1987	Denise Bullocks, Chicago State IL, 55.21
1988	Airat Bakare, Azusa Pacific CA, 52.20
1989	Rhonda Lampkin, Prairie View A&M TX, 55.20
1990	Rhonda Lampkin, Prairie View A&M TX, 54.56
1991	Audrea Sterling, Central State OH, 52.87
1992	Audrea Sterling, Central State OH, 53.37
1993	Audrea Sterling, Central State OH, 52.33
1994	Fatima Yusuf, Azusa Pacific CA, 51.57
1995	Beverly Grant, Central State OH, 53.13

Vince Matthews, Johnson C. Smith NC, 45.4*

Men's 400 Meters

With a time of 45.46, just 4/10ths off the NAIA record of 45.07 set in 1986 by Devon Morris from Wayland Baptist, Dakari Lenear of Prairie View A&M enters this event with a good chance of victory and a new record. But keep an eye on Sheldon Edwards from Oklahoma Baptist, who has the second fastest time this outdoor season at 46.65, and a victory at the 1996 National Indoor Meet with a time of 47.47. With a little luck and a lot of speed, Sheldon could make a clean sweep of the sprints this weekend. Also watch for Darrin Browder from Southern-New Orleans, William Matthews from Findley OH, and Ryan Chaney from George Fox OR.

PAST CHAMPIONS

1952	George Adrian, Abilene Christian TX, 47.8*
1953	George Adrian, Abilene Christian TX, 47.9*
1954	Henry Thompson, Emporia State KS, 49.1*
1955	Bob Perkins, Lincoln MO, 48.6*
1956	Bob Perkins, Lincoln MO, 47.4
1957	Bob McMurray, Morgan State MD, 46.7*
1958	John Zetzman, Occidental CA, 47.4*
1959	Nick Ellis, Morgan State MD, 46,8*
1960	William Miller, Southern LA, 47.0
1961	Walter Johnson, North Carolina College, 46.3*
1962	Ray Saddler, Texas Southern, 49.6*
1963	Lester Milburn, Texas Southern, 46.7*
1964	Don Owens, Grambling LA, 46.6
1965	Theron Lewis, Southern LA, 46.6*
1966	Theron Lewis, Southern LA, 45.2*

1707	vince matthews, Johnson C. Billian I.C., 15.
1968	Hal Francis, Arkansas AM&N, 45.6
1969	Fred Newhouse, Prairie View A&M TX, 46.6*
1970	Fred Newhouse, Prairie View A&M TX, 46.4*
1971	Alvin Dotson, Prairie View A&M TX, 46.4*
1972	James Redd, Southern LA, 45.8
1973	Bobby Coleman, Stephen F. Austin TX, 46.5*
1974	Mike Singletary, Southern California College, 46.3
1975	Ronald Ray, North Carolina Central, 46.04
1976	Charles Oliver, Troy State AL, 45.74
1977	Dennis Ducksworth, Jackson State MS, 46.67
1978	Fred Taylor, Texas Southern, 46.90
1979	Fred Taylor, Texas Southern, 45.4
1980	Kevin Jones, Northwood Institute MI, 45.74
1981	Eugene Sanders, Mississippi Valley State, 45.38
1982	Eugene Sanders, Mississippi Valley State, 46.02
1983	Willie Hudson, Alcorn State MS, 46.08
1984	Sammy Epps, Southern Arkansas, 46.46
1985	Devon Morris, Wayland Baptist TX, 45.25
1986	Devon Morris, Wayland Baptist TX, 45.07
1987	Devon Morris, Wayland Baptist TX, 46.04
1988	Devon Morris, Wayland Baptist TX, 45.45
1989	Kenneth Davis, Central Arkansas, 46.23
1990	Garth Solomon, Wayland Baptist TX, 46.96
1991	Anthony Christie, Prairie View A&M TX, 46.34
1992	Andre Brown, Southern-New Orleans LA, 46.51
1993	Neil DeSilva, Central State OH, 46.05
1994	Hugh Powell, Central State OH, 46.21
1995	Neil DeSilva, Central State OH, 45.72
*440 yards	3

Athlete Profile

Azusa Pacific University's Fatimat Yusuf, senior, Nigeria



Ranked number 7 in the world in the 400 meters, Fatimat Yusuf figures this-the NAIA Championships-to be the first of 2 trips to Atlanta this summer. She fully expects to be back here in 8 weeks, representing her home country Nigeria in the 1996 Olympic Games. A 6-time NAIA indoor/outdoor champion, Yusuf is back at the NAIA's to reclaim her 400 meter title and perhaps improve upon her NAIA record time of 51.57. Last year she clocked a season best 49.43 which in turn gives her good reason to believe she can medal in the 400 meters, a monumental accomplishment in Nigerian track & field history. Fatimat won the 1993 NAIA Indoor 440 yard title in a record 54.60, and as a sophomore in 1994, she successfully defended her indoor title with another NAIA record 54.00, and went on to win the outdoor crown with a current record of 51.57. This made her only the fourth lady in NAIA history to sweep the indoor and outdoor 400 crowns in the same season. Last year, she captured the indoor 200 meter and 400 meter titles, and after missing the outdoor championships with a strained hamstring, she returned in February 1996 to post two more NAIA records, winning the 200 and 400 meters in record times of 23.50 and 53.05.

Women's 800 Meters



The favorites to win the women's 800 meters are Steph Miller from Southern Nazarene, who is the 1996 NAIA Indoor Champion, and Christine Smith from Southern-New Orleans. Steph won the indoor event with a time of 2.17.00. Christine Smith finished a close second with a time of 2.17.09. Christine has posted the best time this spring with a 2.13.15 mark. Others to watch include; Traneca Hicks from Point Loma Nazarene, Petra Staskova from Mobile, Tumani Urio from Life, Carmen Gage from Azusa Pacific, CA and Erin Baziel of Jamestown ND.

1981 1982 1983 1984 1985	CHAMPIONS Cheritta Jackson, Texas Southern, 2:12.05 Denise Day, Midland Lutheran NE, 2:12.61 Leah Pells, Simon Fraser BC, 2:09.77 Julie Jenkins, Adams State CO, 2:08.60 Teresa Lloyd, Jamestown ND, 2:10.67 Brit McRoberts, Simon Fraser BC, 2:03.89	1988 1989 1990 1991 1992 1993 1994	Chris Wagner, Simon Fraser BC, 2:07.10 Barbara Smith, Prairie View A&M TX, 2:09.79 Sherdon Smith, Central State OH, 2:07.03 Barbara Smith, Prairie View A&M TX, 2:08.01 Elizabeth Onyambu, Biola CA, 2:06.17 Elizabeth Onyambu, Biola CA, 2:04.42 Dytonya Maryland, Prairie View A&M TX, 2:09.32
1986	Brit McRoberts, Simon Fraser BC, 2:03.89	1994	Dytonya Maryland, Prairie View A&M TX, 2:09.32
1987	Cathy Taylor, Prairie View A&M TX, 2:06.57	1995	Vernetta Rolle, Southern-New Orleans LA, 2:09.16

Athlete Profile

Oklahoma Baptist University's Sheldon Edwards, Junior, St. James Jamaica

Sheldon joined the Oklahoma Baptist track team in January and immediately began making his presence known. At the 1996 NAIA Indoor National Championships Sheldon won three events and set two NAIA records. Sheldon won the 55 meters, the 200 meters, and the 400 meters and set NAIA records in the 200 meters (21.29) and the 400 meters (47.47). For his efforts, Sheldon has been profiled in *U.S. Track and Field News*. Earlier this season he posted a time of 10.47 in the 100 meters. Sheldon could very easily be the best sprinter at this year's outdoor meet.





Men's 800 Meters

The men's 800 meters run features the NAIA Indoor National Meet record holder in this event, James Njoroge from Taylor University. James set the record with a 1:47.70 effort, and with a good run here, has a shot at the outdoor record of 1:46.76, set in 1995 by Julius Achor of Southern-New Orleans. He will be contested by Mike Miller of Linfield MO, who has the best time this outdoor season at 1:50.09. Phil Healy of Life College will also be in the hunt, having run the second best time of the season at 1:50.42, and running on his home track. Also keep an eye on Dakari Lenear of Prairie View A&M, Escoffrey Thomas of Wayland Baptist and Simon Kipkemboi from Lubbock Chrisitan TX.

PAST CHAMPIONS

1952	Leslie Fambrough, Howard Payne TX, 1:53.7*
1953	Ben Moring, Seattle Pacific WA, 1:54.1*
1954	Ben Moring, Seattle Pacific WA, 1:52.3*
1955	Billy Tidwell, Emporia State KS, 1:53.7*
1956	Billy Tidwell, Emporia State KS, 1:49.1
1957	Larry Wray, Occidental CA, 1:51.9*
1958	Ted Nelson, Mankato State MN, 1:51.8*
1959	Bert Ohlander, Western Illinois, 1:52.5*
1960	Ted Nelson, Mankato State MN, 1:49.7
1961	Major Adams, Texas Southern, 1:50.8*
1962	Gerald Cound, Arkansas Teachers, 1:51.3*
1963	Gary Wilson, Oklahoma Baptist, 1:51.4*
1964	Gary Wilson, Oklahoma Baptist, 1:49.5

Athlete Profile Taylor University's Jam

Taylor University's James Njoroge Junior, Nairobi, Kenya

Njoroge won both the 800 and the mile run at the 1996 NAIA Indoor National Championships, setting meet records in both events. For his efforts, he was named the 1996 NAIA Indoor National Championships Meet's Outstanding Performer. His time in the 800 (1:47.70) was the 7th fastest in the world during the indoor season according to *Track & Field News*. At last year's NAIA Outdoor Championships, he placed second in both the 800 and 1,500. Njoroge has earned nine NAIA All-American awards in the past three years (2 cross country, 4 indoor track, 3 outdoor track). This past fall Njoroge was also named an NAIA All-America Scholar-Athlete in cross country.



1965	Willie McCoy, Alcorn State MS, 1:52.5*
1966	George Hunt, Texas Southern, 1:48.6*
1967	Robert Johnson, Southern LA, 1:50.1
1968	Earl Goldman, Arkansas AM&N, 1:48.6
1969	Felix Johnson, Prairie View A&M TX, 1:50.3*
1970	Musa Dogonyaro, Biola CA, 1:50.9*
1971	Musa Dogonyaro, Biola CA, 1:50.7*
1972	Robert Ouko, North Carolina Central, 1:48.5
1973	Mike Boit, Eastern New Mexico, 1:47.7*
1974	Ray Geter, Prairie View A&M TX, 1:48.5*
1975	Mike Boit, Eastern New Mexico, 1:48.01
1976	Mike Boit, Eastern New Mexico, 1:47.71
1977	Evans White, Prairie View A&M TX, 1:47.39
1978	Evans White, Prairie View A&M TX, 1:47.77
1979	Evans White, Prairie View A&M TX, 1:47.02
1980	Herman Sanders, Mississippi Valley State, 1:48.53
1981	Joel Ngetich, Wayland Baptist TX, 1:47.76
1982	Joel Ngetich, Wayland Baptist TX, 1:47.77
1983	Darren Harsin, Doane NE, 1:49.48
1984	Billy Konchellah, Wayland Baptist TX, 1:47.80
1985	Gregg Larson, Doane NE, 1:50.29
1986	Maurice Smith, Adams State CO, 1:48.41
1987	Gregg Larson, Doane NE, 1:49.26
1988	Anthony Christie, Prairie View A&M TX, 1:48.80
1989	Anthony Suttle, Wisconsin-Milwaukee, 1:50.26
1990	Mbarak Hussein, Lubbock Christian TX, 1:48.67
1991	Mbarak Hussein, Lubbock Christian TX, 1:48.29
1992	Dan Caulfield, Adams State CO, 1:48.76
1993	Lawrence Lenin II, Central State OH, 1:49.32
1994	Dudley Dawkins, Oklahoma Baptist, 1:49.79
1995	Julius Achon, Southern-New Orleans LA, 1:46.76
*880 yard	s

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Women's 1,500 Meters



There will be a very competitive field in the women's 1,500 meters. Wayland Baptist's senior Jodie Young will be a strong contender. She finished third in the 1,000 meter at the 1996 NAIA Indoor Championships and has posted a time of 4.44.24 in the 1,500 meter earlier this spring. Nikee Pool from Southern California College finished second in the 1,000 meter at the indoor and has run well in the spring. Others to look for include: Petra Staskova of Mobile, Tamara Dingley, of Wayland Baptist, Michelle Teodoro of Azusa Pacific. The women's record in the 1,500 meters is held by former Simon Fraser runner Sarah Howell. Sarah set the record with a time of 4.16.56 in 1992.

PAST	CHAMPIONS	1987	Leah Pells, Simon Fraser BC, 4:18.14
1981 1982 1983 1984 1985 1986	Mary Damiani, Southern Utah, 4:32.35 Debbie Spino, Wisconsin-Parkside, 4:35.47 Leah Pells, Simon Fraser BC, 4:25.42 Cindy Grant, Simon Fraser BC, 4:32.09 Julie Jenkins, Adams State CO, 4:29.52 Teresa Lloyd, Jamestown ND, 4:23.50	1988 1989 1990 1991 1992 1993 1994	Leah Pells, Simon Fraser BC, 4:19.32 Donna Spickelmier, Kearney State NE, 4:30.49 Sarah Howell, Simon Fraser BC, 4:25.04 Sarah Howell, Simon Fraser BC, 4:22.51 Sarah Howell, Simon Fraser BC, 4:16.56 Lindsay McLaren, Simon Fraser BC, 4:25.85 Danita Parkhurst, Puget Sound WA, 4:29.39 Ivana Skladana, Mobile AL, 4:32.15

1967

Men's 1,500 Meters

The record for the 1500 meters was set at last year's Outdoor Meet at 3:43.04 by Julius Achor from Southern-New Orleans. Julius is not running this year, but the second place finisher from last year, James Njoroge is. To claim victory this year, Njoroge must beat Mike Miller of Linfield, who has the fastest 1500 meters time this season of 3:48.11, and Dudley Dawkins from Oklahoma Baptist, the NAIA record holder for the Indoor 1000 meters run. Jaime Martinez (3:49.91) and Denes Balasz (3:51.63), both from Azusa Pacific, add to a fast field and make this an interesting event.

PAST CHAMPIONS

1952	Javier Montez, Texas Western, 4:13.4*
1953	Russell Nash, South Dakota State, 4:23.7*
1954	Jack Pearson, South Dakota State, 4:20.1*
1955	Billy Tidwell, Emporia State KS, 4:14.2*
1956	Billy Tidwell, Emporia State KS, 3:51.3
1957	Ty Hadley, Occidental CA, 4:09.4*
1958	Dan Ryan, Western Illinois, 4:10.6*
1959	Paul Whiteley, Emporia State KS, 4:11.2*
1960	Gonazlo Javier, Emporia State KS, 3:52.8
1961	Bill Kozar, Western Illinois, 4:13.2*
1962	John Camien, Emporia State KS, 4:09.7*
1963	John Camien, Emporia State KS, 4:04.3*
1964	John Camien, Emporia State KS, 3:48.3
1965	John Camien, Emporia State KS, 4:01.1*
1966	Van Nelson, St. Cloud State MN, 4:09.5*

1968	John Mason, Fort Hays State KS, 3:46.5
1969	Dennis Savage, Westmont CA, 4:06.8*
1970	Dennis Savage, Westmont CA, 4:05.2*
1971	Bob Maplestone, Eastern Washington, 4:06.7*
1972	Bob Maplestone, Eastern Washington, 3:45.9
1973	Tommy Fulton, Texas Southern, 3:57.8*
1974	Mike Boit, Eastern New Mexico, 4:02.2*
1975	Mike Boit, Eastern New Mexico, 4:04.30
1976	Mike Boit, Eastern New Mexico, 3:44.88
1977	Scott McMillian, Adams State CO, 3:45.47
1978	Steve Hills, Northwest Nazarene ID, 3:45.13
1979	Jeff Moody, Pembroke State NC, 3:50.1
1980	Michael Watson, Jackson State MS, 3:46.86
1981	Michael Watson, Jackson State MS, 3:47.44
1982	Mike Duran, Southern Colorado, 3:46.46
1983	Alec Ritchie, Simon Fraser BC, 3:46.06
1984	Michael Michno, Hillsdale MI, 3:52.01
1985	John Alin, Moorhead State MN, 3:49.21
1986	Maurice Smith, Adams State CO, 3:47.33
1987	Maurice Smith, Adams State CO, 3:43.70
1988	Roger Jennings, Emporia State KS, 3:47.63
1989	Dan Maas, Adams State CO, 3:51.66
1990	Mbarak Hussein, Lubbock Christian TX, 3:46.90
1991	Dan Maas, Adams State CO, 3:45.31
1992	Dan Maas, Adams State CO, 3:43.11
1993	Mark Bomba, Simon Fraser BC, 3:49.55
1994	Eluid Bargantuny, Missouri Valley, 3:44.05
1995	Julius Achon, Southern-New Orleans LA, 3:43.04
*one-mile	run

John Mason, Fort Hays State KS, 4:07.3*

Athlete Profile

Oklahoma Baptist University's Dudley Dawkins, Senior, Clarendon, Jamaica

Dudley Dawkins is OBU's most decorated runner of all time. He has won six national titles in his three seasons at OBU, including four national titles at this year's NAIA Indoor Track National Championships. In the 1996 indoor meet, Dawkins set NAIA records in the 600 meters (1:18.30), 1,000 meters (2:29.88), and two-mile relay (2:28.98). Dudley has won All American honors in 15 events in his career at OBU. The most recent honors came in the 1996 indoor track season, where he was selected as an All

American in the 600 meters, 1,000 meters, two-mile relay, and distance medley relay. Dudley will compete in the mile and 800 meters at this years NAIA Outdoor National Track Meet, but his biggest contribution will come as a key component of OBU's nationally-competitive relay teams. He was on the two-mile relay team that set the national indoor meet record this year with the second best time in the nation, trailing only NCAA Division I Penn State University.

Women's 3,000 Meters



Wayland Baptist took the first two spots in the 3,000 meters at the 1996 NAIA Indoor Champions. Rosa Ibarra won the event with a time of 9.49.23. She was followed by Tamara Dingley who finished with a time of 9.49.90. Melissa Hayward of Lindfield MO finished tenth at the indoor meet, however, she has run the fastest time this spring with a time of 9.43.34. Other runners to watch who have posted fast times this spring include, Whitman's Jessica Bissonnette, Mobile's Petra Staskova and George Fox's Dawn Hartwig. The NAIA record in the women's 3000 meter is held by Sarah Howell of Simon Fraser. Her record time is 9.13.20 which was set in 1992.

PAST CHAMPIONS		1988	Leah Pells, Simon Fraser BC, 9:19.93
		1989	Donna Spickelmier, Kearney State NE, 9:37.49
1981	Angie Pikschus, Ozarks MO, 10:11.55	1990	Sarah Howell, Simon Fraser BC, 10:04.05
1982	Mary Jaqua, Adams State CO, 10:04.15	1991	Sarah Howell, Simon Fraser BC, 9:42.16
1983	Carolyn Sheild, Wisconsin-Eau Claire, 9:52.09	1992	Sarah Howell, Simon Fraser BC, 9:13.20
1984	Denise Falzone, Adams State CO, 9:47.30	1993	Lindsay McLaren, Simon Fraser BC, 9:33.46
1985	Ann Manning, Portland OR, 9:43.64	1994	Suzanne Weeder, Doane NE, 9:49.17
1986	Ann Manning, Portland OR, 9:34.69	1995	Jessica Bissonnette, Whitman WA, 10:01.16
1987	Valerie Hilden, Pacific Lutheran WA, 9:51.71	1993	, , , , , , , , , , , , , , , , , , , ,

Men's 3,000 Meter Steeplechase

The 1995 NAIA Outdoor 3,000 meters steeplechase champion and NAIA record holder for this event, Simeon Sawe from Harding University, returns for his attempt at becoming a two-time champion. Sawe set the NAIA record of 8:42.88 at last years outdoor meet, and has this season's fastest time of 8:59.00. In fact Simeon has recorded the only time under the nine minute mark. The most exciting part of the race might be to see who comes in second and third. Challenging for those spots will be Brent Roeger from Pacific Lutheran, Erik Anderson from Linsfield, Eric Tolefson of Central Washington and a pair from Westmont CA Todd Farrington and Phillip Livingood.

PAST CHAMPIONS

1957	Kent Osborne, East Tennessee State, 9:46.8
1958	Godfrey Matthews, Winston-Salem NC, 9:50.4
1959	Tom O'Riordan, Idaho State, 10:06.5
1960	Don Tretheway, Western Washington, 9:35.2
1961	Odduar Helgeson, North Dakota State, 9:22.8
1962	Hylke Van der Wal, Kearney State NE, 9:33.8
1963	Phil Lorenc, Western Illinois, 9:29.7
1964	Ireland Sloan, Emporia State KS, 9:09.1
1965	Donald Lakin, Fort Hays State KS, 9:24.5
1966	Cliff Clark, Harding AR, 9:17.0
1967	John Mason, Fort Hays State KS, 9:01.0
1968	Pat McMahon, Oklahoma Baptist, 9:26.7

1970	Larbi Oukada, Fort Hays State KS, 9:30.6
1971	David McLeland, Fort Hays State KS, 9:30.6
1972	Jim Birnbaum, Fort Hays State KS, 9:16.0
1973	Rex Maddaford, Eastern New Mexico, 8:46.1
1974	Phillip Ndoo, Eastern New Mexico, 8:50.7
1975	Tom Boitt, Eastern New Mexico, 8:51.5
1976	John Kebiro, Eastern New Mexico, 8:45.6
1977	John Kebiro, Eastern New Mexico, 8:47.50
1978	Kelly Jensen, Southern Oregon, 8:47.49
1979	Steve Blikstad, George Fox OR, 9:09.9
1980	Kregg Einspahr, Concordia NE, 8:58.4
1981	Kregg Einspahr, Concordia NE, 8:45.69
1982	Kregg Einspahr, Concordia NE, 8:51.74
1983	Brad Braunberger, Jamestown ND, 9:04.41
1984	Glenn Magrum, Hillsdale MI, 9:06.83
1985	Dennis Leck, Western State CO, 8:55.52
1986	Chris Perrone, Park MO, 9:06.14
1987	Curt Castetter, North Florida, 8:59.87
1988	Chuck Schwartz, Adams State CO, 8:56.19
1989	David Kipelio, Emporia State KS, 9:02.58
1990	David Kipelio, Emporia State KS, 9:04.07
1991	Peter Pritchett, Anderson IN, 8:58.50
1992	Jason Mohr, Adams State CO, 8:43.44
1993	John Murray, Malone OH, 9:05.58
1994	Derek Kite, Lubbock Christian TX, 9:03.87
1995	Simeon Sawe, Lubbock Christian TX, 8:42.88

Phil Captain, Taylor IN, 9:25.6

Athlete Profile

Harding University's Simeon Sawe, Sophomore, Kabiyet, Kenya



Simeon Sawe is the defending, two time, NAIA cross country champion. Simeon is a recent transfer to Harding University after spending three semesters at Lubbock Christian University. While attending Lubbock Christian, Sawe was the 1995 5,000 meter champion and the 3,000 meter steeplechase champion, setting the NAIA record in the steeplechase with a time of 8:42.88. Simeon finished second in the 1,500 meter in 1995, and at the

1996 National Indoor meet he finished second in the mile run. At the 1996 Texas Relays, Simeon was third in the 3,000 meter steeplechase with a time of 8:59.0. His personal best in this event is 8:34.97. Before coming to the United States, Simeon Sawe was the Kenyan high school champion in the 3,000 meter steeplechase and cross country.

Women's 5,000 Meters

Wayland Baptist's Rosa Ibarra is the 1996 NAIA Indoor Champion in the Women's 5000 meters, however, she will be missing from this year's outdoor meet. Rosa won the indoor event with a time of 17.40.23. With the absence of Rosa, Michelle Abernathy from Berry College could be the one to beat. Michelle finished third at the indoor meet with a time of 17.57.15 and has posted two top fifteen times this spring. Petra Staskova of Mobile AL has run the best time this spring with a 17.11.85 mark. Others to watch include Melissa Hayward of Lindfield MO, Tumaini Urio of Life College and Jessica Bissonnette and Kathleen Gibon both of Whitman, WA. The NAIA record in the 5000 meters is held by Amy Giblin of Adams State. Amy's record time is 16.44.48 set in 1992.



11101	
1981	Wendy Burman, Wisconsin-Parkside, 17:03.77
1982	Mary Jaqua, Adams State CO, 16:56.97
1983	Linda Marquardt, Wisconsin-Milwaukee, 16:53.49
1984	Julie Willoughby, Moorhead State MN, 17:13.8
1985	Denise Falzone, Adams State CO, 16:49.36
1986	Erin Gillespie, Hillsdale MI, 16:56.64
1987	Lorie Moreno, Western State CO, 17:01.2
1988	Doris Watson, Adams State CO, 16:47.38
1989	Yvonne Hollmann, Midland Lutheran NE, 17:18.20
1990	Paula Stokman, Wisconsin-Parkside, 17:29.77
1991	Melissa Johnson, Adams State CO, 17:02.86
1992	Amy Giblin, Adams State CO, 16:44.48
1993	Tigist Moreda, Wayland Baptist TX, 16:52.44
1994	Rosa Ibarra, Wayland Baptist TX, 17:14.80
1995	Rosa Ibarra, Wayland Baptist TX, 16:55.93





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Athlete ProfileLife College's Tumaini Urio, Tanzania

Tumaini is the first outstanding female track distance runner at Life College. She is an excellent prospect for being selected to the Tanzanian Olympic team, and is expected to become one of Life College's first female All-Americans. Tuma will concentrate on the 5,000 and 10,000 meters in the National Outdoor Championships where her best times are 16:50 and 34:40, respectively. She was the 1995 NCAA Division II Cross Country Female Athlete of the Year and transferred to Life College this spring term where she is in the Undergraduate Business program.





Men's 5,000 Meters

The men's 5,000 meters features the 1996 National indoor meet champion in this event, Gray Mavhera of California Baptist. Gray's best time in the 5,000 meters this outdoor season is 14:48.64, and he must improve on that mark if he is to add the outdoor championship to his list of victories. The best time of the outdoor season belongs to Eric Tollefson from Central Washington, with a time of 14:33.37. Keep an eye on two Life College runners as well, Ralf Dahmen (14:35.00) and Phil Healy (14:40.24). As always, Lubbock Christian TX has several strong distance runners. Japheth Kirui, Peter Tanui and Mike Marno all could finish in the top five. The outdoor record for the 5,000 meters is 13:41.81, held by Julius Randich of Lubbock Christian.

PAST CHAMPIONS

IADI	CHAMILIONS
1952	Javier Montez, Texas Western, 9:24.8+
1953	Allen Feist, Fort Hays State KS, 9:47.6+
1954	Clayton Scott, Kearney State NE, 9:36.3+
1955	Clayton Scott, Kearney State NE, 9:28.4+
1956	Dave Peterson, South Dakota State, 15:12.6
1957	John Kerr, Occidental CA, 9:19.5+
1958	Don Sheppard, Howard Payne TX, 9:05.5+
1959	Paul Whiteley, Emporia State KS, 9:06.0+
1960	Ian Stewart, Lamar Tech TX, 14:51.3
1961	Ian Stewart, Lamar Tech TX, 14:18.7*
1962	Jim Keefe, Central Connecticut, 14:11.4*
1963	Jim Keefe, Central Connecticut, 14:01.3*
1964	John Camien, Emporia State KS, 14:25.0
1965	Lloyd Burson, Western New Mexico, 13:45.8*
1966	Van Nelson, St. Cloud State MN, 13:51.0*
1967	Van Nelson, St. Cloud State MN, 13:29.7*
1968	David Ellis, Eastern Michigan, 14:25.6
1969	David Ellis, Eastern Michigan, 13.55.2*
1970	Rex Maddaford, Eastern New Mexico, 13:56.3*
1971	Gordon Minty, Eastern Michigan, 13:46.3*
1972	Tommy Fulton, Texas Southern, 14:35.8
1973	Tommy Fulton, Texas Southern, 13:33.3*

1974	Mike Boit, Eastern New Mexico, 13:35.5
1974	John Muthama, Bethel KS, 13:40.47
1976	John Muthama, Bethel KS, 14:04.44
1977	John Muthama, Bethel KS, 14:08.46
1978	Garry Henry, Pembroke State NC, 14:23.25
1979	Sammy Maritim, Azusa Pacific CA, 14:24.6
1980	Sammy Maritim, Azusa Pacific CA, 14:34.19
1981	Dave Finnestad, Malone OH, 14:33.80
1982	Garry Henry, Pembroke State NC, 14:13.05
1983	Mike Maraun, Simon Fraser BC, 14:16.78
1984	Sam Montoya, Adams State CO, 14:12.37
1985	Robbie Hipwood, Adams State CO, 14:34.61
1986	Robert Ferguson, Adams State CO, 14:20.18
1987	Paul Aufdemberge, Hillsdale MI, 14:09.2
1988	Eduardo Navas, Western State CO, 14:08.65
1989	Juan Diaz, Western State CO, 14:21.12
1990	David Kogo, Lubbock Christian TX, 14:27.83
1991	James Bungei, Lubbock Christian TX, 14:07.59
1992	James Bungei, Lubbock Christian TX, 14:07.11
1993	Julius Randich, Lubbock Christian TX, 13:41.81
1994	Eluid Bargantuny, Missouri Valley, 14:07.58
1995	Simeon Sawe, Lubbock Christian TX, 14:08.55
. 70	11

+Two-mile run *Three-mile run



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Women's 10,000 Meters



A pair of runners from Berry College could vie for the 10,000 meter championship. Michelle Abernathy and Katy Moore have both recorded good times this spring. Michelle finished third and Katy ninth in the 5000 meters at the indoor championships. Jenny Kohl from Olivet Nazarene finished sixth in the 5000 meters at the indoor and currently has the best time this spring in the 10,000 meter with a 36.13.91 mark. The NAIA record in the 10,000 meters is 34.25.50 set by Jill Beals of George Fox University in 1992.

PAST	CHAMPIONS	1989	Jill Jamison, George Fox OR, 36:08.71
1983	Linda Marquardt, Wisconsin-Milwaukee, 35:17.88	1990	Terry Villarreal, Adams State CO, 36:50.57
1984	Karen Schoenrock, Wisconsin-Eau Claire, 35:37.6	1991	Jill Beals, George Fox OR, 35:50.39
1985	Katie Webb, Marquette WI, 35:44.07	1992	Jill Beals, George Fox OR, 34:25.5
1986	Erin Gillespie, Hillsdale MI, 35:06.51	1993	Tigist Moreda, Wayland Baptist TX, 35:12.46
1987	Erin Gillespie, Hillsdale MI, 36:05.47	1994	Rosa Ibarra, Wayland Baptist TX, 35:44.12
1988	Lori Moreno, Western State CO, 35:12.15	1995	Rosa Ibarra, Wayland Baptist TX, 34:55.06

Women's 3,000 Meter Walk

PAST CHAMPIONS

Jennifer Zalewski, Wisconsin-Parkside, 13:53.3
Kelly Watson, Wisconsin-Parkside, 14:24.43
Sue Kisting, Wisconsin-Parkside, 14:19.61

Athlete Profile

University of Mobile's Petra Staskova, Freshman

In her first season of collegiate competition, the University of Mobile's Petra Staskova has become one to the NAIA's best distance runners. In her freshman season debut this past fall, Petra earned NAIA All-American status in cross country. This spring she has qualified for four outdoor events: 800m, 1500m, 3000m and 5,000m. Petra best event is the 5,000m where she has recorded the NAIA's best time of the outdoor season, 17:11.



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Men's 10,000 Meters



The favorite for this year's 10,000 meter run is a tough call. Eric Tollefson of Central Washington (30:04.69) and Peter Tanui of Lubbock Christian (30;17.13) have posted the two best times of the outdoor season, but Todd Farrignton of Westmont (30:52.64) is not far off the pace. The race should be a close one, but it will take a Herculean performance to match the NAIA record of 28:16.95 set in 1993 by Julius Randich from Lubbock Christian.

1967 1968 1969 1970 1971 1972 1973 1974 1975 1976 1977 1978	Van Nelson, St. Cloud State MN, 28:51.9* Van Nelson, St. Cloud State MN, 30:58.2 David Ellis, Eastern Michigan, 30:10.4* Rex Maddaford, Eastern New Mexico, 29:47.5* David Ellis, Eastern Michigan, 29:45.8* David Antognoli, Edinboro State PA, 30:07.7 Peter Fredericksson, U.S. International CA,28:42.2* Phillip Ndoo, Eastern New Mexico, 27:56.9* Lucian Rosa, Wisconsin-Parkside, 28:25.51* Chuck Korte, Loras IA, 29:46.4 Duane Whitmore, Azusa Pacific CA, 30:07.55 Garry Henry, Pembroke State NC, 30:22.18 Sammy Maritim, Azusa Pacific CA, 30:01.09	1982 1983 1984 1985 1986 1987 1988 1989 1990 1991 1992 1993 1994	Gordon Sanders, Hillsdale MI, 29:50.07 Garry Henry, Pembroke State NC, 29:30.76 Steve DeLano, Southwestern KS, 29:48.36 Sam Montoya, Adams State CO, 29:22.4 Thomas Andersson, Point Loma Nazarene CA, 30:00.26 Eduardo Navas, Western State CO, 29:46.34 Paul Aufdemberge, Hillsdale MI, no time Rick Robirds, Adams State CO, 30:15.03 Rick Robirds, Adams State CO, 30:14.07 Rick Robirds, Adams State CO, 30:101.71 David Kogo, Lubbock Christian TX, 30:55.84 Julius Randich, Lubbock Christian TX, 29:03.3 Julius Randich, Lubbock Christian TX, 29:55.26 Julius Randich, Lubbock Christian TX, 29:55.26 Julius Randich, Lubbock Christian TX, 28:33.74
	- " 3 34		Julius Randich, Lubbock Christian TX, 28:33.74

Men's 5,000 Meter Walk

PAST CHAMPIONS

Tim Seamon, Wisconsin-Parkside, 20:50.3
Tim Seamon, Wisconsin-Parkside, 20:48.13
Tim Seamon, Wisconsin-Parkside, 20:39.93
Tim Seamon, Wisconsin-Parkside, 20:39.93

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Women's Marathon

Shawna Doty from Jamestown was just 5 seconds off the NAIA record time of 2:49:14 when she ran an outdoor season best time of 2:54:27. The NAIA record belongs to Amber Anderson from Mid-

land Lutheran, set in 1992. Shawna will have to hold off Jan Bumington from Point Loma Nazarene (2:57:43) and Sandy Smith from Dana (3:13:17), in order to claim the victory.

PAST	CHAMPIONS	1988	Miriam Otten, Missouri Baptist, 3:00:46.4
1981 1982 1983 1984	Wendy Burman, Wisconsin-Parkside, 2:59:44.10 Liz Garman, Azusa Pacific CA, 3:03:00.43 Sharon Foster, Adams State CO, 2:58:62.2 Cindy Reinhart, Saginaw Valley State MI, 2:57:20.5	1989 1990 1991 1992 1993	Amy Baker, Doane NE, 3:06:03.7 Marie Farrar, North Florida, 3:03:07 Peggy Murphy, Oklahoma Christian, 2:49:24 Amber Anderson, Midland Lutheran NE, 2:49.14 Peggy Murphy, Oklahoma Christian, 2:52.54
1985 1986 1987	Jolene Fisher, Southern Utah, 2:51:05.0 Tracy Nelson, Winona State MN, 3:07:15.7 Tracy Nelson, Winona State MN, 2:59:44.80	1993 1994 1995	Theresa Walton, Southern Oregon, 2:58:32 Shawna Doty, Jamestown ND, 2:54:27.0

Men's Marathon

The 1996 NAIA National Outdoor Meet Marathon will feature the new NAIA marathon record holder, Allan Kiuna from Ambassador. Allen set the record this season with a run of 2:19.00. Challenging Kiuna for the marathon victory will be Bruce Eisintrager from St. Ambrose (2:35.33) and Sean Mahar of Siena Heights (2:35.38). Tim Hardin from Southern California College (2:38.24) should also be at the front of the pack.



Women's 100 Meter Hurdles

With a time of 13.54, Michelle Campbell from Azusa Pacific has captured the NAIA record for the 100 meter hurdles. She is looking to improve on that mark here this weekend, but she will have to contend with Wayland Baptist's Rowena Welford, whose

time of 12.74 gives her the second best time of the season. Also in the hunt for the title will be Amy Cameron from Western Washington (14.44) and Chanteau White from Central State (14.53).

PAST	CHAMPIONS
1001	Linda Weekly Tevas Sc

IADI	CHAMITONS
1981	Linda Weekly, Texas Southern, 13.83
1982	Thomasina Busch, Hampton Institute VA, 14.28
1983	Thomasina Busch, Hampton Institute VA, 14.06
1984	Thomasina Busch, Hampton Institute VA, 13.73
1985	Brenda Jarvis, Adams State CO, 13.71
1986	Brenda Jarvis, Adams State CO, 13.87
1987	Denise Williams, Wayland Baptist TX, 13.95

1988	Kimolyn Vanzant, Prairie View A&M TX, 13.74
1989	LaTonya Johnson, Arkansas-Pine Bluff, 13.93
1990	LaTonya Johnson, Arkansas-Pine Bluff, 13.73
1991	Carolin Sterling, Central State OH, 13.91
1992	Carolin Sterling, Central State OH, 13.58
1993	Carolin Sterling, Central State OH, 13.57
1994	Catherine Pomales, Central State OH, 13.79 w
1995	Michelle Campbell, Azusa Pacific CA, 13.08 w
w wind-ai	-

Bob Daniels, Texas A&I, 13.9*

Men's 110 Meter Hurdles

The 110 meter hurdles at the 1996 National Outdoor meet should be fast and exciting. Maurice Wignald from Southern-New Orleans has the outdoor season's best time of 13.84, just 1/10th of a second off the NAIA record of 13.74. Close behind is Joao Luis Rosario of Life College at 13.97 and Curtis Hawkins of Doane at 14.10. On the fast Mondo surface, the record could be in reach of these athletes, but give the nod to Rosario who is running on his home track.

PAST CHAMPIONS

1952	Herb Herndon, Prairie View A&M TX, 14.6*
1953	Willie Stevens, Tennessee State, 14.3*
1954	Ron Chadwick, Eastern Washington, 14.3*
1955	Dean Benson, Willamette OR, 14.2*
1956	Lee Calhoun, North Carolina College, 14.0
1957	Lee Calhoun, North Carolina College, 13.6*
1958	Elias Gilbert, Winston-Salem NC, 13.6*
1959	Elias Gilbert, Winston-Salem NC, 14.6*
1960	Ralph Boston, Tennessee State, 14.1
1961	Ralph Boston, Tennessee State, 13.7*
1962	Russell Rogers, Maryland State, 14.2*
1963	Russell Rogers, Maryland State, 13.7*
1964	Roger Morgan, Northeastern Louisiana, 14.4
1965	Roger Morgan, Northeastern Louisiana, 14.0*
1966	Willie Davenport, Southern LA, 13.6*
1967	Willie Davenport, Southern LA, 13.5*
1968	Gerald Cerulla, Eastern Michigan, 13.7

1707	Boo Bamero, Terras Areta, and
1970	Rodney Milburn, Southern LA, 13.7*
1971	Rodney Milburn, Southern LA, 13.0* w
1972	Rodney Milburn, Southern LA, 13.5
1973	Rodney Milburn, Southern LA, 13.6*
1974	Charles Foster, North Carolina Central, 13.4*
1975	Charles Foster, North Carolina Central, 13.71
1976	Louis Pike, Henderson State AR, 14.03
1977	Louis Pike, Henderson State AR, 13.92
1978	James McCraney, Southern LA, 13.70 w
1979	Joseph Curtis, Chicago State IL, 14.1 w
1980	Steve Parker, Abilene Christian TX, 13.84 w
1981	Steve Parker, Abilene Christian TX, 13.95
1982	Robert Thomas, Prairie View A&M TX, 13.99
1983	Robert Johnson, Wayland Baptist TX, 14.03
1984	Kevin McKinley, Prairie View A&M TX, 14.10
1985	Dale Washington, Northwood Institute MI, 14.13
1986	Kevin McKinley, Prairie View A&M TX, 13.87
1987	Kevin McKinley, Prairie View A&M TX, 14.30
1988	Anthony House, Azusa Pacific CA, 13.98
1989	Jon Haselhorst, Fort Hays State KS, 13.98
1990	Brian Payne, High Point NC, 14.16
1991	Judex Lyfou, Oklahoma Baptist, 14.10
1992	James Rollins, Central State OH, 14.40
1993	Brian Payne, High Point NC, 14.30
1994	Chris Gatlin, Prairie View A&M TX, 13.91 w
1995	James Rollins, Central State OH, 13.90 w
w wind-ai	ded
*120-yard	high hurdles

Athlete Profile

Life College's Joao Luis Rosario Freshman, Brazil

Life College's first outstanding sprint/hurdle athlete is a native of Brazil and has an excellent chance of making the Brazilian Olympic team for Atlanta '96. Joao placed 2nd in the 60 meter hurdles at the NAIA National Indoor Track & Field Championships this past winter, and will be aiming at All-American status in the 110 meter hurdles at the Outdoor Championships, hosted here at Life College. His best time for the 110 hurdles is 13.58. This season he has placed third at the Mount Sac relays with a time of 13.97 and made the finals at the Penn Relays in Philadelphia. Joao is a freshman in Business Administration at Life College.



Women's 400 Meter Hurdles

Chanteau White of Central State enters the 1996 Outdoor Championships with the best time of the outdoor season; 59.16. She will be challenged by Liz Stephens from George Fox (61.97) and Lesakey Morgridge from Southern-New Orleans (62.08). The NAIA record is 55.14, set by Deon Hemmings of Central State in 1993, and it will take a great run on the new track to match that time.

PAS	T CHAMPIONS	1988	Susanne Johansson, Point Loma Nazarene CA, 59.25
1981	Felicia Durham, Southern-Baton Rouge LA, 1:00.47	1989	Wendi Simmons, Graceland IA, 1:01.06
1982	Margaret Gamble, Prairie View A&M TX, 59.30	1990	Wendi Simmons, Graceland IA, 1:00.42
1983	Margaret Gamble, Prairie View A&M TX, 58.99	1991	Deon Hemmings, Central State OH, 58.14
1984	LaVonda Luckett, Prairie View A&M TX, 1:00.78	1992	Deon Hemmings, Central State OH, 56.56
		1993	Deon Hemmings, Central State OH, 55.14
1985	LaVonda Luckett, Prairie View A&M TX, 58.89	1994	Catherine Pomales, Central State OH, 56.57
1986	LaVonda Luckett, Prairie View A&M TX, 58.09	1995	Catherine Pomales, Central State OH, 58.04
1987	LaVonda Luckett, Prairie View A&M TX, 57.39	1775	Camerine i cinares, Central State Off, 50.01

Men's 400 Meter Hurdles

The NAIA record for the men's 400 meter hurdles of 50.05 was set back in 1984 by Ed Brown from Saginaw Valley State. Chasing this record will be Sean Martin from Point Loma Nazarene (53.55) and Pete Myers (54.38), owners of the two fastest times this season. Also watch for Jason Thomas of Harding University and Andrew Wilson of Pacific Lutheran to be in the hunt for the championship.





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Women's 4x100 Meter Relay

After setting the NAIA record in 1994, and finishing behind Southern-New Orleans last year, Central State looks to recapture the 4x100 m relay championship in 1996. Central State enters the

Outdoor Championships with the fastest time of the season, 44.87, but Southern-New Orleans is close behind at 45.56. Either team could win this one, and match the record of 44.32 set in 1994.

PAST CHAMPIONS

- 1981 Texas Southern (Donna Lazard, Cora Sherman, Denise Cox, Linda Weekly), 45.41
- 1982 Prairie View A&M TX (Sheila Labome, Casandra Graham, Loretta Edwards, Easter Gabriel), 45.25
- 1983 Prairie View A&M TX (Lynn Gamble, Norrie McAfee, Sheila Labome, Easter Gabriel), 45.06
- 1984 Prairie View A&M TX (Deirdre Jackson, Evan Williams, Jocelyn Tatum, Norrie McAfee), 45.36
- 1985 Prairie View A&M TX (Deirdre Jackson, Evan Williams, LaVonda Luckett, Jocelyn Tatum), 45.80
- 1986 Wayland Baptist TX (Nzael Kyomo, Comfort Igeh, Starlette Daniels, Althea Thomas), 45.37
- 1987 Prairie View A&M TX (Wanda Clay, Evan Williams, Patti Harris, Jocelyn

- Tatum), 48.55
- 1988 Prairie View A&M TX (Kimolyn Vanzant, JoAnne Caraway, Patti Harris, Wanda Clay), 45.76
- 1989 Prairie View A&M TX (Terri Clayton, Wanda Clay, Patti Harris, Shana Ford), 46.03
- 1990 Missouri Baptist (Sandra Kidd, Dawn Mills, Kerry Evans, Felicia Amajali), 46.12
- 1991 Central State OH (Antonette Jones, Carolin Sterling, Alwren Wallace, Audrea Sterling), 44.81
- 1992 Central State OH (Alwren Wallace, Carolin Sterling, Layphane Carnagie, Audrea Sterling), 45.52
- 1993 Central State OH (Bridgette Edwards, Carolin Sterling, Audrea Sterling, Deon Hemmings), 45.46
- 1994 Central State OH (Bridgette Edwards, Beverly Grant, Audrea Sterling, Catherine Pomales), 44.32
- 1995 Southern-New Orleans LA (Lesakay Morgridge, Chantel Rolle, Altrice Taylor, Beverly Langley), 44.66

Men's 4x100 Meter Relay

With a time of 39.92, the 4x100 meter relay team from Central State set the NAIA Outdoor record at the 1995 National Outdoor Meet. Central State is back again this year, entering this meet with the best time of the 1996 season; 40.64. Challenging them will be Oklahoma Baptist (40.99) and Southern-New Orleans (41.00). This event should be fast and furious on the new track surface at Life.

PAST CHAMPIONS

- 1963 Texas Southern (Overton Williams, Charles Wright, T.J. Bell, Lester Milburn). 41.7*
- 1964 Southern LA (Henry Brown, Peter King, James Guy, George Anderson), 40.4*
- 1965 Southern LA (Harvey Nairn, Karl Hartfield, Webster Johnson, George Anderson), 41.2*
- 1966 Southern LA (Harvey Nairn, Grundy Harris, Webster Johnson, George Anderson), 39.9*
- 1967 Southern LA (Willie Davenport, Grundy Harris, Oliver Ford, William
- 1968 Stephen F. Austin TX (Andrew Hopkins, Henry Malone, Bill Cramer, Doug Moore), 40.1*
- 1969 Southern LA (Robert Collins, Oliver Ford, Bernard Austin, Ira Collins), 40.4*
- 1970 Texas Southern (Ronald Washington, Willie Polk, Ernest Williams, Robert Taylor), 40.0*
- 1971 North Carolina Central (Melvin Bassett, Ron Draper, Jerry Monroe, Larry Black), 40.4*
- 1972 North Carolina Central (Charles Foster, Jeff Horsley, Larry Black, Julius Sang), 39.5*
- 1973 Texas Southern (Amos Sumpter, Ernest Pough, Robert Taylor, Eddie Snow), 40.2*
- 1974 Texas Southern (Amos Sumpter, Ernest Pough, Robert Taylor, Ainsley Armstrong), 39.8*
- 1975 Southeast Louisiana (Gregg Lawrence, Isiah Douglas, Wayne Hardy, Ralph Smith), 40.05*
- 1976 Mississippi Valley State (Dyral Robinson, General Reeves, Edward Wilson, Thomas Mallard), 41.12*

- 1977 Jackson State MS (Tommie Dennis, Earl Thomas, Alfred McCullough, Dennis Trott), 40.64*
- 1978 Texas Southern (Larry Kimbles, Ricky Moxey, Fred Taylor, Kenneth Williams), 40.83*
- 1979 Jackson State MS (Isadore Johnson, Dennis Trott, Gregory Rasdale, Morris Jackson), 40.1*
- 1980 Mississippi Valley State (Frederick Johnson, Larry White, Reginald Williamson, Charles Pickens), 40.22*
- 1981 Texas Southern (Michael Nettles, Sertaero Burnett, Franklin Williams, Ricky Moxey), 40.10
- 1982 Abilene Christian TX (Steve Parker, Tom Thompson, Arthur Williams, Albert Lawrence), 40.03
- 1983 Hampton Institute VA (Charlie Dannelly, Lee Roy Delk, Robert Brown, Darryl Skinner), 40.56
- 1984 Prairie View A&M TX (Terry Graham, Byron Sweet, Eric Pogue, Kevin McKinley), 40.73
- 1985 Wayland Baptist TX (Morris Egon, Alrick Munroe, Dennis Moore, Devon Morris), 40.02
- 1986 Azusa Pacific CA (Herbie Akpom, Jimmy Spotville, Brian Arnold, Patrick Nwankwo), 40.58
- 1987 Pittsburg State KS, (Monte Weathers, Darryl Wren, Greg Harrod, Jimmy Moulds), 40.71
- 1988 Prairie View A&M TX (Felton Nails, Eric Pogue, Karenton Facey, Charles Bruce), 40.38
- 1989 Azusa Pacific CA (Paul Dennis, Felix Sandy, Eddie Carbin, Patrick Nwankwo), 40.96
- 1990 Ouachita Baptist AR (Mason Nall, Robert Kemp, Pat Hall, Rodgers Gaines), 41.67
- 1991 Southern-New Orleans LA (Stephen Henry, Andre Brown, Michael Sylvester, Andrew Tynes), 40.69
- 1992 Southern Arkansas (Shannon Heard, Keith Smith, Sherman Evans, Marcus Murphy), 40.82
- 1993 Central State OH (Adrian McDaniel, Anthony Pryce, Howard Rhoden, Neil DeSilva), 40.58
- 1994 Doane NE (Jeremy Buckner, Eric Kincaide, Jered Salazer, Brian Elliott), 40.80
- 1995 Central State OH (Adrian McDaniel, Sayon Cooper, Sayan Williams, Neil DeSilva), 39.92
- *440-yard relay

Women's 4x400 Meter Relay



Defending two time NAIA Outdoor 4x100 meter relay champion and NAIA record holding Southern-New Orleans goes for their third consecutive outdoor Championship. They enter this event having claimed victory at the 1996 National Indoor Championships, and having the best time of the outdoor season, 3:41.91. They will have to outrun Azusa Pacific (3:49.23) and George Fox (3:52.94) to retain the championship and have a shot at their 1994 NAIA record of 3:33.96

PAST CHAMPIONS

- 1981 Texas Southern (Earnestine Hanna, Sandra Scott, Denise Cox, Cheritta Jackson). 3:40.24
- 1982 Prairie View A&M TX (Sheila Labome, Loretta Edwards, Lynn Gamble, Easter Gabriel), 3:37.82
- 1983 Prairie View A&M TX (Sheila Labome, Norrie McAfee, Lynn Gamble, Easter Gabriel), 3:42.39
- 1984 Prairie View A&M TX (LaVonda Luckett, Norrie McAfee, Jocelyn Tatum, Cathy Taylor), 3:41.49
- 1985 Mississippi Valley State (Gwendolyn Williams, Linda Fairs, Buretha

- Graham, Carol Williams), 3:42.37
- 1986 Prairie View A&M TX (Cathy Taylor, Norrie McAfee, Sandra Latham, LaVonda Luckett), 3:37.67
- 1987 Prairie View A&M TX (LaVonda Luckett, Cathy Taylor, Edith Renfro, Jocelyn Tatum), 3:41.1
- 1988 Azusa Pacific CA (Jennifer Parker, Kim Cockrell, Kim Petway, Airat Bakare), 3:43.77
- 989 Prairie View A&M TX (Rhonda Lampkin, Barbara Miller, Mary Miller, Wanda Clay), 3:39.43
- 1990 Central State OH (Carolin Sterling, Alwren Wallace, Deon Hemmings, Sherdon Smith), 3:42,17
- 1991 Central State OH (Alwren Wallace, Deon Hemmings, Sherdon Smith, Audrea Sterling), 3:38.55
- 1992 Central State OH (Ingrid Gordon, Audrea Sterling, Deon Hemmings, Sherdon Smith), 3:38.39
- 1993 Central State OH (Carolin Sterling, Deon Hemmings, Audrea Sterling, Sherdon Smith), 3:38.24
- 1994 Southern-New Orleans LA (Sevethedn Fynes, Wynsome Cole, Lesakay Morgridge, Shermaine McKenzie), 3:33.96
- 1995 Southern-New Orleans LA (Christine Smith, Altrice Taylor, Selisha Hudson, Vernetta Rolle), 3:36.96

Athlete Profile

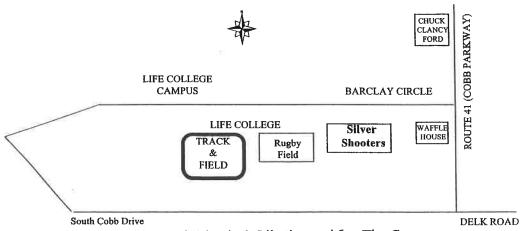
Wayland Baptist University's Rowena Welfor-Morton, Senior, Timaru, New Zealand

As a 13 time All-American, 2 time GTE Academic All-American, and NAIA Scholar Athlete, Rowena is a great example of what hard work and dedication can do. Rowena came to the United States four years ago as a long jumper and developing hurdler. Little did she know that a few years later she would be the fastest hurdler in New Zealand having improved her personal best time by a second and a half. With a personal best 13.52 seconds in the hurdlers this year, Rowena has positioned herself well for a shot at the New Zealand Olympic and World Championship teams for the near future. If Rowena does make those teams, it will fortunately not be her first go at international competition. In 1995, Rowena competed at the World University games in Japan, making the finals in the long jump. It has been two years since Rowena earned her only National title in the indoor long jump. These championships will give her one more shot at a title. With her performances ranking at or near the top of the listings, she just might do it.





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Men's 4x400 Meter Relay

Prairie View A&M enters the outdoor meet having won the 1996 National Indoor 4x100 meter relay, and posting the best outdoor 4x400 relay time this season, 3:07.87. Also making the finals at the indoor meet and posting strong times this spring are Oklahoma Baptist (3:10.86), Findlay (3:17.25), and Wayland Baptist (3:17.80). With a good run, any of these teams could match the NAIA Outdoor record of 3:05.40, set in 1981 by Mississippi Valley State.

PAST CHAMPIONS

- 1963 Maryland State (Ed Skinner, Russell Rogers, Charlie Mays, Earl Rogers), 3:13.5*
- 1964 East Texas State (Bridges Ballowe, R.L. Lasater, Ronnie McNeil, Morris Kyser), 3:16.5*
- 1965 Southern LA (Robert Johnson, Anthony Gates, Everett Mason, Theron Lewis), 3:09.3*
- 1966 Southern LA (Darrow Dodson, Anthony Gates, Robert Johnson, Theron Lewis), 3:10.7*
- 1967 Arkansas AM&N (Walter Smith, Henry Smothers, Harold Francis, Elbert Stinson), 3:05.4*
- 1968 Prairie View A&M TX (Fred Newhouse, Alvin Dotson, Felix Johnson, Thurman Boggess), 3:06.5*
- 1969 Prairie View A&M TX (T.C. Minor, Fred Newhouse, Jesse Ball, Felix Johnson), 3:10.2*
- 1970 Prairie View A&M TX (J.B. Haggerty, Fred Newhouse, Hise Austin, T.C. Minor),
- 1971 Prairie View A&M TX (T.C. Minor, Cornell Evans, Alvin Dotson, Ray Geter),
- 1972 North Carolina Central (Melvin Bassett, Robert Ouko, Julius Sang, Larry Black), 3:04.8
- 1973 Stephen F. Austin TX (Dan Mayes, Rick Britain, Bobby Coleman, Charles McManus), 3:08.9*
- 1974 Prairie View A&M TX (Johnson Fields, Cornell Evans, John Barrett, Ray Geter), 3:12.2*
- 1975 Texas Southern (James Taylor, Maxves Tolen, Ernest Pough, Robert Taylor), 3:08.12*
- 1976 Linfield OR (Keith Lazelle, Stew Minors, Randy Carter, Carl Shaw), 3:11.60*

- 1977 Jackson State MS (Dennis Duckworth, Alvin Jackson, Rickey Myles, Earl Thomas), 3:07.82*
- 1978 Prairie View A&M TX (Clifford Terrell, Joe Johnson, Evans White, James Hunt), 3:10.11*
- 1979 Texas Southern (Clifton Perry, Michael Joseph, Robert Bullard, Fred Taylor), 3:07.2*
- 1980 Texas Southern (Michael Joseph, Kenneth Williams, Robert Bullard, Tyrone Cross), 3:07.2*
- 1981 Mississippi Valley State (Nathaniel Sloan, Eugene Sanders, Randy Dixon, Larry White), 3:05.40
- 1982 Saginaw Valley State MI (Ev Lalas, Rick Brown, Bill Olson, Ed Brown), 3:11.39
- 1983 Azusa Pacific CA (John Shalongo, Doug Loisel, Ted Campbell, Innocent Egbunike), 3:09.77
- 1984 Saginaw Valley State MI (Mike Topolowski, Jim Featherston, Ricky Brown, Eddie Brown), 3:09.37
- 1985 Wayland Baptist TX (Dennis Moore, Moses Ugbisie, Patrick Nwanguzo, Devon Morris). 3:06.84
- 1986 Central Arkansas (Jamie Holt, Byron Bailey, Kervin Erving, Kenneth Davis), 3:09.93
- 1987 Prairie View A&M TX (Eric Pogue, Lance Treene, Anthony Christie, Kevin McKinley), 3:11.1
- 1988 Prairie View A&M TX (Charles Bruce, Felton Nails, Eric Pogue, Anthony Christie), 3:05.42
- 1989 Central Arkansas (Chuck Mitchell, Patrick Woodson, Anthony Gardner, Kenneth Davis), 3:08.70
- 1990 Prairie View A&M TX (Paul Reliford, Carrington Facey, Anthony Christie, Livingston Roach), 3:09.04
- 1991 Central State OH (Howard Rhoden, Benford Clay III, Floyd Howell, Hugh Powell), 3:08.08
- 1992 Central State OH (Mark Detailleur, Wayne Lawrence, Anthony Pryce, Hugh Powell), 3:06.68
- 1993 Prairie View A&M TX (James Shaw, Johnny Hayes, Kirk Douglas, Carlos Hayward), 3:06.24
- 1994 Central State OH (Howard Rhoden, Wayne Lawrence, Sayon Cooper, Hugh Powell), 3:08.34
- Oklahoma Baptist (Larry McFarlin, Zepee Mberiuana, Immanuel Kharigub, Raymond Strauss), 3:08.67
 *Mile relay



MORRISON'S SECURITY SERVICES

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Women's High Jump

Three time defending champion Corinna Wolf from Simon Fraser enters the Outdoor Championships fresh off of a victory at the 1996 Indoor Championships (5'09.00"), and she is looking to claim her fourth consecutive Outdoor Championship. Standing in her way is Nancy Rissmiller of George Fox, whose mark of 5'09.25" is the best of the outdoor season. Also eyeing the title are Salisha Hudson of Southern-New Orleans (5'08.50") and Joy Beitler from Cedarville (5'07.00"). The NAIA high jump record is currently held by Latrese Johnson from Azusa Pacific CA with a jump of 6-21/4 or 1.89 meters set in 1991.

PAST CHAMPIONS

1981	Sybil Reddick, Texas Southern, 1.79 (5-10 1/2)
1982	Lori Shepard, Taylor IN, 1.675 (5-6)
1983	Mechele Hebberd, Southern Utah, 1.73 (5-8 1/4)
1984	Kristy Dees, Western Washington, 1.73 (5-8)
1985	Michelle Tuggle, Berry GA, 1.70 (5-7)
1986	Denise Bruce, Pacific Lutheran WA, 1.75 (5-9)
1987	Denise Bruce, Pacific Lutheran WA, 1.74 (5-8 3/4)
1988	Kelly Cox, Missouri Baptist, 1.80 (5-10 3/4)
1989	Latrese Johnson, Azusa Pacific CA, 1.84(6-0 1/2)
1990	Latrese Johnson, Azusa Pacific CA, 1.84 (6-0 1/2)
1991	Latrese Johnson, Azusa Pacific CA, 1.89 (6-2 1/4)
1992	Michelle Holtman, Doane NE, 1.75 (5-8 3/4)
1993	Corinna Wolf, Simon Fraser BC, 1.80 (5-10 3/4)
1994	Corinna Wolf, Simon Fraser BC, 1.80 (5-10 3/4)

Corinna Wolf, Simon Fraser BC, 1.80 (5-10 3/4)

Athletic Profile

University of Mary's Cindy Lingang, Sophomore., Mandan, North Dakota

After transferring from Illinois State University, Cindy is now in her second year with the Lady Marauders. As a freshman, she earned three All-American awards, placing second in the high jump and third in the pentathlon at the NAIA National Indoor Championships and placing third in the high jump at Outdoor Nationals. Now a sophomore, Cindy is enjoying even more success — at this year's Indoor Championships, she placed second in the high jump, breaking her own school record at 5' 8-1/2". Even more impressive, Cindy is the National Champion in the pentathlon and broke another of her school records with 3383 points.

1964

1965



Men's High Jump

A new NAIA Outdoor record for the high jump was set this spring at 7'03.00" and the new record holder is Kevin Carlson from Southern California College. His main competition will come from Scott Raderich from Linfield and Ryan Ade from East Central, both of whom had jumps of 7'02.00" this season. Scott won the high jump at the 1996 National Indoor Championships and with a good showing this week could add the outdoor championship to his list of victories. Don't count out Tony Wagner from Wayland Baptist and Jason Clinch from Linfield, as they both have jumped 7"00.25" this outdoor season and both finished in the top five at the 1996 Indoor Championships.

PAST CHAMPIONS

1952	Charles Holding, East Texas State, 6-6
1953	Charles Holding, East Texas State, 6-6 3/4
1954	Charles Holding, East Texas State, 6-8
	Art Carder, Washburn KS, 6-8
1955	Floyd Smith, Northern Illinois, 6-8
1956	Bob Parksdale, Morgan State MD, 6-3 3/4
1957	Bob Sims, Pepperdine CA, 6-7 1/2
1958	Sam Gulley, Whitworth WA, 6-5 1/8
1959	William Wrage, Bemidji State MN, 6-8
1960	Charles Lewis, Grambling LA, 6-7
	Ken Ashley, Willamette OR, 6-7
1961	Ken Ashley, Willamette OR, 6-8
1962	Hans Albertson, Pacific Lutheran WA, 6-8
1963	Ken Ashley, Willamette OR, 6-8

1966	John Hartfield, Texas Southern, 6-10 1/4
1967	John Hartfield, Texas Southern, 7-0
1968	Nick Martinez, Northern Arizona, 6-10
1969	Fernando Abugattas, Northwestern IA, 7-0 1/2
1970	Jim Sobieszcyk, Kearney State NE, 7-0
1971	Walden Curry, Delta State MS, 7-0
1972	Walden Curry, Delta State MS, 7-0 1/2)
1973	Walden Curry, Delta State MS, 7-0
1974	Jack Causey, Southern California College, 6-9
1975	Steve Celsor, Harding AR, 6-11
1976	Greg Mitchell, Eastern Washington, 2.13 (7-0)
1977	Mike Cooper, Cumberland KY, 2.08 (6-10)
1978	Vic White, Eastern Washington, 2.13 (7-0)
1979	Vic White, Eastern Washington, 2.17 (7-1 1/2)
1980	Bruce Beckel, Wisconsin-River Falls, 2.18 (7-2)
1981	Joe Wise, Arkansas Tech, 2.15 (7-0 3/4)
1982	Carl Garcia, Prairie View A&M TX, 2.16 (7-1)
1983	James Hawkins, Tarleton State TX, 2.20 (7-2 1/2)
1984	James Hawkins, Tarleton State TX, 2.14 (7-0 1/4)
1985	Dave Glassburn, Manchester IN, 2.20 (7-2 1/2)
1986	Ronald Pleasant, West Virginia State, 2.10 (6-10 3/4)
1987	Larry Angle, West Virginia State, 2.14 (7-0 1/4)
1988	David Bedford, Oklahoma Christian, 2.10 (6-10 3/4)
1989	Dan Raatjes, Point Loma Nazarene CA, 2.12 (6-11 1/2)
1990	Jeff Martinez, Southern Colorado, 2.17 (7-1 1/2)
1991	Jeff Martinez, Southern Colorado, 2.13 (6-11 3/4)
1992	Percell Gaskins, Northwestern Oklahoma, 2.15 (7-0
1993	Dwayne Stanford, Malone OH, 2.14 (7-0 1/4)
1994	Thad Hathaway, Eastern Oregon, 2.18 (7-1 3/4)
1995	Lee Pool, Dallas Baptist TX, 2.21 (7-3)

Bill Summers, William Jewell MO, 6-8

Lloyd Higgins, Pasadena CA, 6-8 1/2

Women's Long Jump

The women's long jump features the 1996 Indoor Champion, Ronalee Davis from Central State. Ronalee has jumped 19'02.75" this outdoor season, but the best mark of the season belongs to Rowena Welford from Wayland Baptist, at 20'02.50". Also keep an eye on Saran Patillo from Willamette (19'04.25") and Chanteau White from Central State (19'03.25"). The NAIA record is 21'03.75", set in 1990 by Raquel Andrews from Prairie View A&M.

PAST CHAMPIONS

IASI	CHAMITIONS
1981	Cornelia Jackson, Jackson State MS, 5.96 (19-6 3/4)
1982	Yvonne Taylor, Southern Colorado, 5.85 (19-2 1/4)
1983	Lori Risenhoover, Adams State CO, 6.18 (20-3 1/4)
1984	Deirdre Jackson, Prairie View A&M TX, 6.07 (19-11)
1985	Michelle Neal, Prairie View A&M TX, 6.04 (19-9 3/4)
1986	Comfort Igeh, Wayland Baptist TX, 6.43 (21-1 1/4)
1987	Comfort Igeh, Wayland Baptist TX, 6.29 (20-7 3/4)w
1988	Comfort Igeh, Wayland Baptist TX, 6.29 (20-7 3/4)
1989	Gina Rhodes, Western State CO, 6.11(20-0 1/2)
1990	Raquel Andrews, Prairie View A&M TX, 6.49 (21-3 3/4)
1991	Carolin Sterling, Central State OH, 6.30 (20-8)
1992	Carolin Sterling, Central State OH, 6.29 (20-7 3/4)
1993	Carolin Sterling, Central State OH, 6.23 (20-5 1/4)
1994	Christine Gray, Prairie View A&M TX, 5.94 (19-5 3/4)
1995	Chanteau White, Central State OH, 6.08 (19-11 1/2)w
w wind-ai-	ded



Welch Allyn

Men's Long Jump

Kevin Wiley of Azusa Pacific enters the 1996 National Outdoor Meet with the best jump of the season, 25'04.500". This mark equals his winning mark at the 1996 Indoor Championships. He will be challenged by Alper Kasapoglu from Western Oregon (24'11.00") and Tage Peterson from Azusa Pacific (24'10.50"). Watch out for Ayodella Aladefa from Central State, who has jumped 23'08.00" this outdoor season, but had a mark of 25'0" to claim second at the 1996 National Indoor Championships. The NAIA Outdoor record is 26'06.50" set in 1974 by Joshua Owusu from Angelo State.

PAST CHAMPIONS

1952	Don Covey, North Texas State, 22-9 1/2
1953	Don Freichs, Mankato State MN 23-7 3/8
1954	Wilbur Wilson, Virginia State, 24-8 5/8
1955	Ray White, Eastern Illinois, 23-11 3/4
1956	Jim Howard, Dillard LA, 24-2 1/2
1957	Jim Gamble, Prairie View A&M TX, 24-9
1958	Jim Baird, East Texas State, 24-4 3/4
1959	Jim Baird, East Texas State, 25-3 1/4
1960	Ralph Boston, Tennessee State, 25-7 1/4
1961	Ralph Boston, Tennessee State, 25-6 1/2
1962	Bill Miller, McMurry TX, 24-2 3/4
1963	Bill Miller, McMurry TX, 26-2 3/4
1964	Norman Tate, North Carolina College, 24-2 3/4
1965	Norman Tate, North Carolina College, 24-2 3/4

1966	Dickie Gray, Oklahoma Christian, 24-2 3/4
1967	Freddie Fox, McMurry TX, 24-0 3/4
1968	Jerry Proctor, Redlands CA, 26-1 1/2 w
1969	Jerry Proctor, Redlands CA, 25-6 3/4
1970	Jerry Proctor, Redlands CA, 25-8 1/4
1971	Joshua Owusu, Angelo State TX, 25-6
1972	Joshua Owusu, Angelo State TX, 25-6 1/2
1973	David Boyd, Fisk TN, 25-3 1/4
1974	Joshua Owusu, Angelo State TX, 26-6 1/2
1975	Moise Pomaney, Howard Payne TX, 24-9
1976	Jesse Beard, Ozarks MO, 7.59 (24-11)
1977	Carl Williams, Abilene Christian TX, 7.62 (25-0)
1978	Carl Williams, Abilene Christian TX, 8.26 (27-1 1/4)w
1979	Carl Williams, Abilene Christian TX, 8.08 (26-6 1/4)w
1980	Carl Hanns, Cumberland KY, 7.71 (25-3 1/2)
1981	Britt Courville, Texas Southern, 7.88 (25-10 1/4)
1982	Greg Johnson, Abilene Christian TX, 7.46 (24-5 1/2)
1983	Aaron Sampson, Southern Utah State, 7.81 (25-7 1/2)
1984	Sammy Epps, Southern Arkansas, 7.59 (24-11)
1985	Russell Mitchell, Wayland Baptist TX, 7.47 (24-6 1/4)
1986	Dennis McWhinney, Prairie View A&M TX, 7.59 (24-1 11/2)
1987	Alrick Munroe, Wayland Baptist TX, 7.94 (26-0 3/4)
1988	Terry Talton, Tarleton State TX, 7.78 (25-6 1/4)
1989	Obinna Eregbu, Grand View IA, 7.66 (25-1 3/4)
1990	Rod Drayton, Arkansas-Monticello, 7.76 (25-5 1/4)
1991	Benjamin Koech, Azusa Pacific CA, 7.59 (24-11)
1992	Benjamin Koech, Azusa Pacific CA, 7.35 (24-1 1/2)
1993	Jean Zirignon, Western Oregon, 7.09 (23-3 1/4)
1994	Tage Peterson, Azusa Pacific CA, 7.62 (25-0) w
1995	Kevin Wiley, Azusa Pacific CA, 7.92 (26-0)

Dickie Gray Oklahoma Christian 24 2 2/4

1066

w wind-aided

Women's Triple Jump



With a season best jump of 39'00.50", and a second place finish at the 1996 Indoor Championships, Mary Sauer from Azusa Pacific is looking for victory at the 1996 Outdoor Championships. She will have to outdistance Melanie Lowman from Dickinson State (38'10.50") and Heidi Freeman from Lindenwood (37'05.00"). The NAIA record is 42'05.25", set in 1993 by Christine Gray of Prairie View A&M.

PAST	CHAMPIONS	1991	Gina Rhodes, Western State CO, 12.23 (40-1 1/2)
1986	Denise Williams, Wayland Baptist TX, 12.06 (39-6 3/4)	1992	Stephanie Sherman, Cedarville OH, 12.20 (40-0 1/2)
1987	Michelle Neal, Prairie View A&M TX, 12.57 (41-3)	1993	Christine Gray, Prairie View A&M TX, 12.93 (42-5 1/4)
1988	Kimolyn Vanzant, Prairie View A&M TX, 12.33 (40-5 1/2)	1994	Christine Gray, Prairie View A&M TX, 12.90 (42-4) w
1989	Sandra Stepney, Missouri Baptist, 12.27 (40-3 1/4)	1995	Stephanie Sherman, Cedarville OH, 12.80 (42-0) w
1990	Gina Rhodes, Western State CO, 12.75 (41-10)	w wind-	aided

Men's Triple Jump

1976 J.O. Amoah, Eastern New Mexico, 15.52 (50-11)
 1977 Moise Pomaney, Tarleton State TX, 15.65 (51-4 1/4)

With the best mark of the 1996 outdoor season, Walter Russell (48'02.00") enters the 1996 National Outdoor Championship as the man to beat in the triple jump. His main competition should come from Eric Gaither of Prairie View A&M and Aaron Young of George Fox University. The NAIA record for the triple jump is 53'06.50" set in 1981 by Gary Tyler from Biola.

y. The NAIA record for the triple jump is 53'06.50" set	in 1981 by	Gary Tyler from Biola.
T CHAMPIONS	1978	Vic White, Eastern Washington, 15.35 (50-4 1/4)
Godfrey Moore, Winston-Salem NC, 48-2 1/4	1979	Cary Tyler, Biola CA, 16.32 (53-6 1/2)
Godfrey Moore, Winston-Salem NC, 47-5	1980	Vic White, Eastern Washington, 16.05 (52-8)
	1981	Cary Tyler, Biola CA, 16.32 (53-6 1/2)
	1982	David McFadgen, Virginia State, 16.19 (53-1 1/2)
	1983	Tommy Stewart, Whitworth WA, 15.33 (50-3 1/2)
	1984	Edward Williams, Prairie View A&M TX, 16.28 (53-5)
Norman Tate, North Carolina College 49-0	1985	Edward Williams, Prairie View A&M TX, 15.79 (51-9 3/4)
Willie Owens, Southern LA, 47-4 1/4	1986	Dennis McWhinney, Prairie View A&M TX, 15.82(51-11)
John Craft, Eastern Illinois, 49-2 1/2	1987	Dennis McWhinney, Prairie View A&M TX, 15.26 (50-0 3/4)
	1988	Lennox Adams, Ouachita Baptist AR, 15.57 (51-1)
John Craft, Eastern Illinois, 52-2 1/2	1989	Solomon Okundaye, Oklahoma Baptist, 15.49 (50-10)
Don Warren, Northeastern Louisiana, 51-2	1990	Etin Otudor, Missouri Baptist, 16.10 (52-9 3/4)
Joshua Owusu, Angelo State TX, 50-9 1/4	1991	Benjamin Koech, Azusa Pacific CA, 16.18 (53-1)
Marvin Hill, Southern LA, 50-11 3/4	1992	Michael Dwyer, Central State OH, 16.19 (53-1 1/2)
Joshua Owusu, Angelo State TX, 53-0	1993	Dean Richards, Central State OH, 15.41 (50-6 3/4)
	1994	Hong Li, Azusa Pacific CA, 16.10 (52-10) w
Moise Pomaney, Howard Payne TX, 52-7	1995	Hong Li, Azusa Pacific CA, 15.72 (51-7) w
	Godfrey Moore, Winston-Salem NC, 48-2 1/4 Godfrey Moore, Winston-Salem NC, 47-5 Ralph Boston, Tennessee State, 48-10 3/4 Arthur Walker, Morehouse GA, 48-0 1/2 Charlie Mays, Maryland State, 47-8 3/4 Norman Tate, North Carolina College, 51-9 Norman Tate, North Carolina College 49-0 Willie Owens, Southern LA, 47-4 1/4 John Craft, Eastern Illinois, 49-2 1/2 Henry Granger, Pittsburg State KS, 49-0 1/2 John Craft, Eastern Illinois, 52-2 1/2 Don Warren, Northeastern Louisiana, 51-2 Joshua Owusu, Angelo State TX, 50-9 1/4 Marvin Hill, Southern LA, 50-11 3/4 Joshua Owusu, Angelo State TX, 53-0 Joshua Owusu, Angelo State TX, 52-10 1/2	Godfrey Moore, Winston-Salem NC, 48-2 1/4 1979 Godfrey Moore, Winston-Salem NC, 47-5 1980 Ralph Boston, Tennessee State, 48-10 3/4 1981 Arthur Walker, Morehouse GA, 48-0 1/2 1982 Charlie Mays, Maryland State, 47-8 3/4 1983 Norman Tate, North Carolina College, 51-9 1984 Norman Tate, North Carolina College 49-0 1985 Willie Owens, Southern LA, 47-4 1/4 1986 John Craft, Eastern Illinois, 49-2 1/2 1987 Henry Granger, Pittsburg State KS, 49-0 1/2 1988 John Craft, Eastern Illinois, 52-2 1/2 1989 Don Warren, Northeastern Louisiana, 51-2 1990 Joshua Owusu, Angelo State TX, 50-9 1/4 1991 Marvin Hill, Southern LA, 50-11 3/4 1992 Joshua Owusu, Angelo State TX, 53-0 1993 Joshua Owusu, Angelo State TX, 52-10 1/2 1994

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Men's Pole Vault

Russell Watson enters the National Outdoor Championships 1968 as the 1996 NAIA Indoor pole vault champion having cleared 16'.00" 1969 Curt Hisaw, Eastern Washington, 16-1 1/4 this outdoor season. The best mark of the outdoor season belongs 1970 Curt Hisaw, Eastern Washington, 16-3 3/4 to Chad Stadler from Jamestown at 16'03.00". Also eyeing the 1971 championship are Jason Rice from Biola (16'01.50") and Dave Cross 1972 Rickey Parris, McMurry TX, 16-0

PAST CHAMPIONS

set in 1982 by Billie Olsen from Abilene Christian.

IASI	CHAMITIONS
1952	Paul Faulkner, Abilene Christian TX, 13-6
1953	Jim Montgomery, Fort Hays State KS, 13-3
1954	Bob Ferguson, Pepperdine CA, 13-9 7/8
1955	Dick Utter, Emporia State KS, 13-10 1/4
1956	Bob Gutowski, Occidental CA, 14-8 1/4
1957	Bob Gutowski, Occidental CA, 14-7
1958	Bobby McBride, Southwest Texas State, 14-0 1/2
	Ed Crouch, Occidental CA, 14-0 1/2
	Dick Moultrie, Whitworth WA, 14-0 1/2
1959	Bob Oden, Emporia State KS, 13-7
1960	Bob Oden, Emporia State KS, 14-0 1/4
	Roger Biffle, Humboldt State CA, 14-0 1/4
1961	Nick Nash, Lamar Tech TX, 13-6 1/2
1962	Kent Bauer, Fort Hays State KS, 14-1
1963	John Pennel, Northeastern Louisiana, 15-1
1964	Charles Lorenz, Sam Houston State TX, 15-0
1965	Frank Lacina, Sam Houston State TX, 15-0
1966	Wayne Wilson, Eastern Washington, 15-4

from Linfield (16'01.25"). The NAIA record stands at 18'03.00",

1967	Denni	s Duke	sherer,	Kearney	State	NE,	15-5	3/4
				-				

Larry Ashley, Northeastern Louisiana, 16-0 1/4

Rickey Parris, McMurry TX, 16-4

1973 Steve Hardison, Fresno Pacific CA, 16-6 1/4

1974 Gary Grubb, Fort Hays State KS, 15-6

1975 Douglas Sparks, Southwest Texas State, 15-8

1976 Douglas Sparks, Southwest Texas State, 4.92 (16-2)

Rick Cotton, Doane NE, 4.98 (16-4) 1977

1978

Billy Olson, Abilene Christian TX, 5.05 (16-7)

1979 Billy Olson, Abilene Christian TX, 5.35 (17-6 3/4)

1980 Billy Olson, Abilene Christian TX, 5.53 (18-2) 1981 Brad Pursley, Abilene Christian TX, 5.26 (17-3)

1982 Billy Olson, Abilene Christian TX, 5.56 (18-3)

Rory Chilton, Arkansas Tech, 4.9 (16-1) 1983

1984 Kurt Siebold, Oklahoma Christian, 4.73 (15-6)

1985 Patrick Gellens, Concordia NE, 5.00 (16-4 3/4)

1986 Ron Milford, Point Loma Nazarene CA, 4.89 (16-0 3/4)

1987 Tim Lomheim, Azusa Pacific CA, 5.08 (16-8)

1988 Flay Deats, Wayland Baptist TX, 5.17 (16-11 1/2)

1989 David Brooks, Concordia NE, 5.10 (16-8 3/4)

1990 Brian Kelly, Malone OH, 5.17 (16-11 1/2)

1991 Brian Kelly, Malone OH, 5.18 (17-0)

1992 Vince Beresford, Azusa Pacific CA, 5.26 (17-3)

1993 Curt Heywood, Linfield OR, 5.25 (17-2 3/4)

1994 Roman Botcharnikov, Missouri Valley, 5.32 (17 5 1/2)

1995 Dave Cross, Linfield OR, 5.10 (16-8 3/4)

Men's Hammer Throw

With a throw of 197'06", Shane McCall from Dickinson State has the best mark this season. He will be challenged by Magnus Strandquist from Point Loma Nazarene (189'11") and Robert Degnan from California Baptist (187'08"). The NAIA record is 231'02' set by Per Karlson from Point Loma Nazarene in 1992.

PAST CHAMPIONS

1968	August Zilincar, Monmouth NJ, 196-7
1969	Jack Panzica, Adelphi NY, 186-3
1970	John Smiley, Eastern Michigan, 162-8
1971	John Smiley, Eastern Michigan, 167-3
1972	Jim Neugent, Oklahoma Christian, 194-4
1973	Murray Keating, Simon Fraser BC, 200-11
1974	Tom Carr, Aquinas MI, 164-4
1975	Rusty Price, Southeastern Louisiana, 170-9
1976	Ken Brown, Biola CA, 52.30 (171-7)
1977	Danny Neugent, Oklahoma Christian, 52.18 (171-3)
1978	Harold Willers, Simon Fraser BC, 55.55 (181-11)
1979	Harold Willers, Simon Fraser BC, 59.94 (196-8)
1980	Harold Willers, Simon Fraser BC, 59.56 (195-5)
1981	Doug Barnett, Azusa Pacific CA, 62.60 (205-4)

1982 Doug Barnett, Azusa Pacific CA, 68.84 (225-10) 1983 Roger Axelsson, Point Loma CA, 60.82 (199-6)

1984 Christian Okove, Azusa Pacific CA, 62.96 (206-7)

1985 Phil Mann, Azusa Pacific CA, 67.70 (221-1) 1986 Mike Maynard, Azusa Pacific CA, 66.38 (217-9)

1987 Jon Torrence, Central Washington, 57.18 (187-7)

1988 Steve Prokop, Azusa Pacific CA, 65.30 (214-3)

1989 Ryan McCann, Azusa Pacific CA, 58.52 (192-0) 1990 Ade Olukoju, Azusa Pacific CA, 54.88 (180-0)

1991 Ryan McCann, Azusa Pacific CA, 58.62 (192-4)

Per Karlsson, Point Loma Nazarene CA, 70.46 (231-2) 1992

1993 Ryan Parshail, Western Oregon, 58.86 (193-1)

1994 Hugo Scevola, Point Loma Nazarene CA 62.44 (204-10) 1995

Rene Bustamante, Azusa Pacific CA, 59.22 (194-3)

Women's Hammer Throw

For the first time, the 1996 National Outdoor Championships features the Women's Hammer Throw. The best mark of the season belongs to Becky Dale from Wayland Baptist at 155'05". Close behind is Corle Krueger from Pacific Lutheran at 154'03", and Dagmar Flynt of Azusa Pacific at 152'05". This event should be close and exciting with any of these athletes having a good shot at the championship.

Women's Shot Put



The 1996 Indoor Champion for the shot put also has the best mark of the outdoor season, 50'00,75". Dagmar Flynt from Azusa Pacific, was only 3 1/4 inches short of the NAIA record of 50'04.00", set in 1986 by Sharon Harrison from Prairie View A&M. Challenging Dagmar will be the second place finisher from the Indoor Championships and owner of the second best mark of the season at 47'04.50", Michelle Haage from Wayland Baptist. Also watch for Gratchin Kotschwar from Doane (45'08.00") and Kari Peters from the University of Mary to finish well (45'05.50").

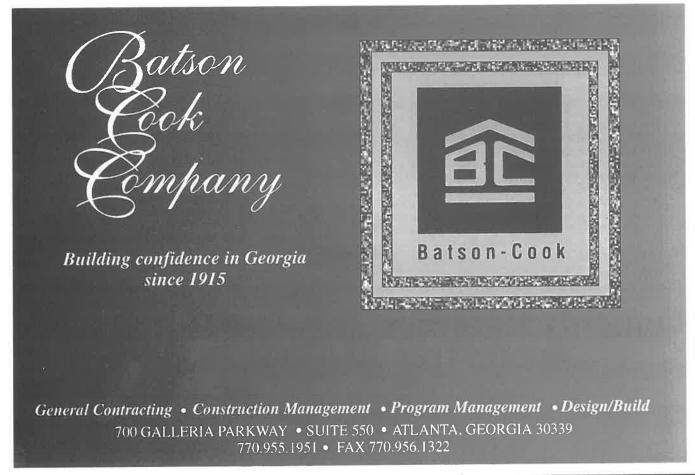
PAST CHAMPIONS		1988	Nicole Munroe, Fresno Pacific CA, 13.77 (45-2 1/4)
1981	Karen Waddell, Prairie View A&M TX, 14.18 (46-6 1/4)	1989	Kathy Gottberg, Concordia NE, 13.96 (45-9 3/4)
1982	Karen Waddell, Prairie View A&M TX, 14.36 (47-1 1/2)	1990	Carrie Pietig, Willamette OR, 14.93 (48-11 3/4)
1982 1983 1984 1985	Karen Waddell, Prairie View A&M TX, 15.0 (49-2 1/2) Beth Stuart, Kearney State NE, 13.90 (45-7 1/4) Sharon Harrison, Prairie View A&M TX, 14.55 (47-9)	1991 1992 1993	Cecilia Gunn, Emporia State KS, 14.03 (46-0 1/2) Cecilia Gunn, Emporia State KS, 14.54 (47-8 1/2) Kim Hayes, Doane NE, 14.84, (48-8 1/4)
1986	Sharon Harrison, Prairie View A&M TX, 15.34 (50-4)	1994	Heather Rhoadarmer, Doane NE, 14.72 (48-3 1/2)
1987	Beth Stuart, Kearney State NE, 14.47 (47-5 3/4)	1995	Heather Rhoadarmer, Doane NE, 14.52 (47-7 3/4)

Athlete Profile

University of Mary's Kari Peters, Sr., Fromberg, Montana

Kari has been the leader of the Lady Marauder throwing corps for the past three years. Kari is a four-time All-American and was named an Academic All-American last year. She has several conference championships to her credit as well as placing fifth in 1995 and fourth in 1996 at the NAIA National Indoor championships. This year, Kari has already broken a long-standing school record in the shot put with a throw of 45' 5-1/2", erasing a mark set by Tiffany Johnson, a NAIA National Champion for the University of Mary.





Men's Shot Put

With a mark of 57'04.00', the best this outdoor season, and a second place finish at the 1996 Indoor Championships, Jim Arnett from Huntington is on course for victory at the Outdoor Championships. He will have to out distance Jason Long of Dickinson State (57'07.50") and Jason Tootikian from Western Oregon (52'02.50"). The NAIA record for this event is 63'01.00', set in 1978 by Frank Gross from Adams State.

PAST CHAMPIONS

PASI	CHAMPIONS
1952	Palmer Retzlaff, South Dakota State, 48-9 7/8
1953	Palmer Retzlaff, South Dakota State, 50-8 1/2
1954	Virgil Elwess, Pepperdine CA, 52-8
1955	Ray Burrus, West Texas State, 51-7 3/4
1956	Ray Burrus, West Texas State, 53-11
1957	Gerald Blansitt, East Texas State, 50-2
	Bill Lutjens, South Dakota State, 50-2
1958	Glen Johnson, Occidental CA, 53-7
1959	Dick Verdon, Redlands CA, 54-5 1/2
1960	Dick Verdon, Redlands CA, 54-2 1/2
1961	Tony Conkle, La Verne CA, 55-7 1/2
1962	Dick Jackson, Southern LA, 54-7 3/4
1963	David Price, U.S. International CA, 59-4 1/2
1964	Lee Johnson, Redlands CA, 58-5
1965	David Price, U.S. International CA, 62-9 3/4

	V,
1966	Lee Johnson, Redlands CA, 57-0
1967	Al Feuerbach, Emporia State KS, 56-2 1/4
1968	James Bagby, Prairie View A&M TX, 57-7
1969	James Bagby, Prairie View A&M TX, 55-11 3/4
1970	Al Feuerbach, Emporia State KS, 61-4 3/4
1971	Erich Hardaway, Sul Ross State TX, 58-8 3/4
1972	Doyle Kenady, Oregon College, 57-7 1/2
1973	Sid Gilzow, Southwest Texas State, 58-1 1/2
1974	Don Tutti, Southern California College, 59-0 1/2
1975	Tommy Claerner, Howard Payne TX, 58-7 3/4
1976	Jim Howard, Westmont CA, 17.15 (56-3 1/4)
1977	Paul White, Arkansas Tech, 18.57 (60-11 1/2)
1978	Frank Gross, Adams State CO, 19.23 (63-1)
1979	Paul White, Arkansas Tech, 18.56 (60-10 3/4)
1980	Harold Ledet, Angelo State TX, 18.58 (60-11 1/2)
1981	Bob Urey, Malone OH, 18.32 (60-1 1/4)
1982	Mike Manders, Hamline MN, 18.60 (61-0 1/4)
1983	Flip Jones, David Lipscomb TN, 17.45 (57-3)
1984	Flip Jones, David Lipscomb TN, 17.57 (57-7 3/4)
1985	Chris Rusher, Northwood MI, 17.29 (56-8 3/4)
1986	Christian Okoye, Azusa Pacific CA, 18.05 (59-2 3/4)
1987	Ade Olukoju, Azusa Pacific CA, 18.12 (59-5 1/2)
1988	Randy Settell, Southern Oregon, 18.55 (60-10 1/2)
1989	Ade Olukoju, Azusa Pacific CA, 18.75 (61-6 1/4)
1990	Ade Olukoju, Azusa Pacific CA, 18.34 (60-2)
1991	Jason Wyatt, Azusa Pacific CA, 17.03 (55-10 1/2)
1992	Jason Wyatt, Azusa Pacific CA, 17.88 (58-8)
1993	Jason Wyatt, Azusa Pacific CA, 17.33 (56-10 1/4)
1994	Rene Bustamante, Azusa Pacific CA, 17.53 (57-6 1/4)
1995	Rene Bustamante, Azusa Pacific CA, 18.57 (60-11 1/4)



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Women's Discus Throw

Dagmar Flynt from Azusa Pacific has the best mark of the season at 165'11", and with a good showing this week could go home with victories in the shot put and discus. She will be challenged by Michelle Haage from Wayland Baptist (160'00") and Kari Hohn

from Mount Marty (150'04"). The NAIA record is 167'04", set in 1990 by Carrie Pietig from Willamette and this mark is well within reach of Dagmar Flynt.

PAST	CHAMPIONS	1988	Lisa Farris, Emporia State KS, 44.56 (146-2)
1981 1982 1983 1984 1985 1986	Pam Schmott, Midland Lutheran NE, 43.94 (144-2) Lynette Antoine, St. Augustine's NC, 46.20 (151-1) Carol Woodside, Hampton VA, 46.08 (151-1) Carol Woodside, Hampton VA, 44.76 (146-10) Beth Stuart, Kearney State NE, 46.08 (151-2) Beth Stuart, Kearney State NE, 49.12 (161-2)	1989 1990 1991 1992 1993 1994	Lisa Farris, Emporia State KS, 44.30 (145-4) Carrie Pietig, Willamette OR, 51.00 (167-4) Carrie Pietig, Willamette OR, 49.80 (163-5) Wendy Cordeiro, Pacific Lutheran WA, 44.92 (147-4) Debbie Malachowski, Azusa Pacific CA, 49.28 (161-8) Kim Hayes, Doane NE, 48.36 (158-8)
1986	Beth Stuart, Kearney State NE, 49.12 (161-2)		

Men's Discus Throw

Beth Stuart, Kearney State NE, 50.74 (166-6)

1987

Jim Arnett from Huntington could go home with two championships this week, one in the shot put and the other in the discus. Jim has the best mark for the discus this season at 184'01". He will be challenged by Jon Byrd from Wayland Baptist and Jason Long

from Dickinson State. The NAIA record for the discus is 210'03', set in 1990 by Ade Olukoja from Azusa Pacific.

Athlete Profile

Wayland Baptist University's Jon Byrd, Senior, Mesa, Arizona



A year ago Jon Byrd was recovering from major knee surgery and hoping to be able just to step in the ring again. Since then, he has done more than merely step in the ring, Jon has just recently broken Wayland's oldest school record set in 1979. At a meet in Arlington, TX, Jon threw the discus 177'3" to break by three inches the discus record set 27 years ago. It is the first

school record that Jon has held at any school he has attended including his two years at Central Arizona Community College. Another thing that Jon has never done and hopes to do in 1996, in his last collegiate meet, is to win a National Title. He has led the listing in the discus this year and hopes to end his stay at Wayland with a bang!

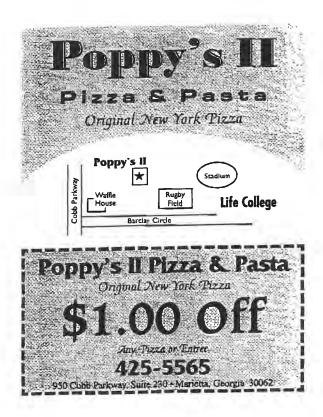
Women's Javelin Throw



The 1995 NAIA Outdoor Javelin Champion Trina Gumm returns this year looking for her second consecutive outdoor javelin championship. She owns this season's best throw of 150'08". Competition will come from Becci Harper from George Fox (144'02") and Suzy Hooper from Pacific Lutheran (140'00"). Others who could finish in the top five include; Lisa Case of Missouri Valley, Angela Laney of Fresno Pacific, CA, Leah Johanson of George Fox and Emily Pohlschneider of Western Oregon. The NAIA record is 169'07", set in 1987 by Barb Lashinski from Whitworth.

PAST CHAMPIONS

	011111111111111111111111111111111111111
1981	Michaele McCandless, Simon Fraser BC, 44.88 (147-3)
1982	Carol Woodside, Hampton VA, 44.38 (145-7)
1983	Maria Haley, Wayland Baptist TX, 50.00 (164-0)
1984	Joan Williamson, Western Washington, 50.76 (166-6)
1985	Karen Murray, Simon Fraser BC, 51.04 (167-5)
1986	Carol Wester, Pacific Lutheran WA, 51.26 (168-2)
1987	Barb Lashinski, Whitworth WA, 51.68 (169-7)
1988	Patricia Perry, Puget Sound WA, 49.94 (163-10)
1989	Kris Ettner, Southern Oregon, 46.96 (154-1)
1990	Cathy Carlson, Dickinson State ND, 47.68 (156-5)
1991	Debbie Malachowski, Azusa Pacific CA, 46.56 (152-9)
1992	Margaret Frantz, Willamette OR, 48.66 (159-8)
1993	Debbie Malachowski, Azusa Pacific CA, 45.32 (148-8)
1994	Marykand Raymond, Doane NE, 45.78 (150-2)
1995	Trina Gumm, Whitworth WA, 43.76 (143-7)



Men's Javelin Throw

Linfield has two good chances of winning the javelin throw at the 1996 Outdoor Championships, in the forms of Tom Alvarez (205'04") and Travis Olson (200'08"). They will have to outdistance Casey Pearce from Howard Payne, who owns the best mark this season of 212'01". Others to watch include Life College's Paulo Freitag, Western Oregon's Chris Thomas, Baker's Aaron Falmon and University of Mary's Travis Ecker. The NAIA record is 247'07", set in 1986 by Rick Simoncil from Pittsburg State.

PAST CHAMPIONS

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(

1969	Frank Brugasser, Wayne State NE, 242-3
1970	Drew Stevick, Whitworth WA, 241-6
1971	Bob Winn, Ottawa KS, 240-5
1972	Tony Grant, Oregon Tech, 237-7
1973	John Elliott, Indiana PA, 244-9
1974	Jim Feeney, Southern California College, 236-10
1975	Tony Grant, Oregon Tech, 242-6
1976	Tom Badgley, Eastern Washington, 72.48 (237-10)
1977	Dale Grant, Southern Oregon, 72.22 (236-11 1/2)
1978	Jim Whitcomb, Bethany KS, 67.10 (219-11)
1979	Gary Sechrist, Fort Hays State KS, 70.64 (231-9)
1980	Mike Barnett, Azusa Pacific CA, 73.88 (242-5)
1981	Mike Barnett, Azusa Pacific CA, 77.92 (255-8)
1982	Mike Barnett, Azusa Pacific CA, 77.92 (255-8)
1983	Mike Barnett, Azusa Pacific CA, 79.22 (259-11)
1984	Dan Thomasson, Pittsburg State KS, 75.20 (246-9)
1985	Dan Thomasson, Pittsburg State KS, 84.20 (276-3)
1986	Rick Simoncic, Pittsburg State KS, 75.46 (247-7)
1987	Chris Grantham, Austin College TX, 71.34 (234-1)
1988	Jon Claymore, Jamestown ND, 62.96 (206-7)
1989	Tommy Anderburg, Point Loma Nazarene CA, 65.98(216-6)
1990	Nathan Whelham, Whitworth WA, 64.60 (211-11)
1991	Erin Bevans, Simon Fraser BC, 63.18 (207-3)
1992	Kirt Thompson, Central State OH, 67.88 (222-8)
1993	Nary Kennedy, Point Loma Nazarene CA, 68.08 (223-4)
1994	Nary Kennedy, Point Loma Nazarene CA, 62.80 (206-0)
1995	Craig Greis, Western Oregon, 61.94 (203-2)

Women's Heptathlon



With a season best point total of 4478, Carol West from Graceland has her eyes on the 1996 Outdoor Championship. Look out for Jamey Mulske from the University of Mary who was close behind this season with 4473 points. Also watch for Liz Stephens from George Fox (4362 points). The NAIA record is 5626 points set by Kim Vanderhoek from Simon Fraser in 1992.

PAST	CHAMPIONS	1986	Edith Renfro, Prairie View A&M TX, 4870	1991	Kim Vanderhoek, Simon Fraser BC, 5553
1983	Kari Kramme, Midland Lutheran NE, 4782	1987	Edith Renfro, Prairie View A&M TX, 5162	1992	Kim Vanderhoek, Simon Fraser BC, 5626
1984	Jennifer Schwartz, Azusa Pacific CA, 4981	1988	Melanie Byrne, Southern Oregon, 4812	1993	Kim Vanderhoek, Simon Fraser BC, 5513
1985	Jennifer Schwartz, Azusa Pacific CA, 4981	1989	Melanie Byrne, Southern Oregon, 5132	1994	Carmen Gage, Azusa Pacific CA, 5039
	Jennifer Schwartz, Azusa Pacific CA, 4715	1990	Wendi Simmons, Graceland IA, 5312	1995	Jill Carrier, Southern Oregon, 5108

Athlete Profile

University of Mary's Jamey Mulske, Sophomore., Ashley, North Dakota

Another talented all-around athlete, Jamey has earned All-American honors three times, placing third in the heptathlon at last year's NAIA National Outdoor Championships with a school record 4673 points. At the 1996 Indoor Championships, she placed sixth in the pentathlon. Jamey also owns school records in the 100 meters (12.47.) and the long jump (18' 11-1/2"), and she anchors the 4×100 meter relay team, which placed fifth at Outdoor Nationals last year.



Men's Decathlon

This year's decathlon should be a great one featuring the top two finishers from last year, Alper Kasapoglu from Western Oregon and Tage Peterson from Azusa Pacific. Kasapoglu is the 1995 Decathlon Champion and set the NAIA Decathlon record this season with a point total of 7757 at the Mount Sac Relays. Peterson finished second in last year's decathlon and posted the second best score of this season, 7271 points. Also watch for Monte Brown of Doane and Karl Lerum of Pacific Lutheran to fight for the top spot.

PAST	CHAMPIONS	1977	Bill Waters, Point Loma CA, 7365	1987	Jack Nance, Azusa Pacific CA, 6923
		1978	Bill Waters, Point Loma CA, 7288	1988	Jack Nance, Azusa Pacific CA, 7189
1969	Jeff Bennett, Oklahoma Christian, 7551	1979	Gary Wise, Azusa Pacific CA, 7461	1989	Ryan Pschigoda, Hillsdale MI, 7014
1970	Jeff Bennett, Oklahoma Christian, 7304	1980	Gary Wise, Azusa Pacific CA, 7331	1990	Ryan Pschigoda, Hillsdale MI, 7174
1971	Bruce Jenner, Graceland IA, 7407	1981	Doug Larson, Whitworth WA, 7516	1991	Brad Swanson, Moorhead State MN, 7147
1972	Gary Hill, Oklahoma Christian, 7538	1982	Greg Culp, Arkansas-Monticello, 7304	1992	David Pope, Azusa Pacific CA, 7040
1973	David Bahr, Graceland IA, 7011	1983	Phil Schot, Pacific Lutheran WA, 7542	1993	Vaughan Mealy, Azusa Pacific CA, 6959
1974	James Herron, Cameron OK, 6939	1984	Doug Loisel, Azusa Pacific CA, 7623	1994	Alper Kasapoglu, Western Oregon, 7596
1975	James Herron, Cameron OK, 7086	1985	Patrick Gellens, Concordia NE, 7577	1995	Alper Kasapoglu, Western Oregon, 7685
1976	Bruce Kupersmith, Azusa Pacific CA, 7179	1986	Mark Elliston, Oklahoma Baptist, 7023		r

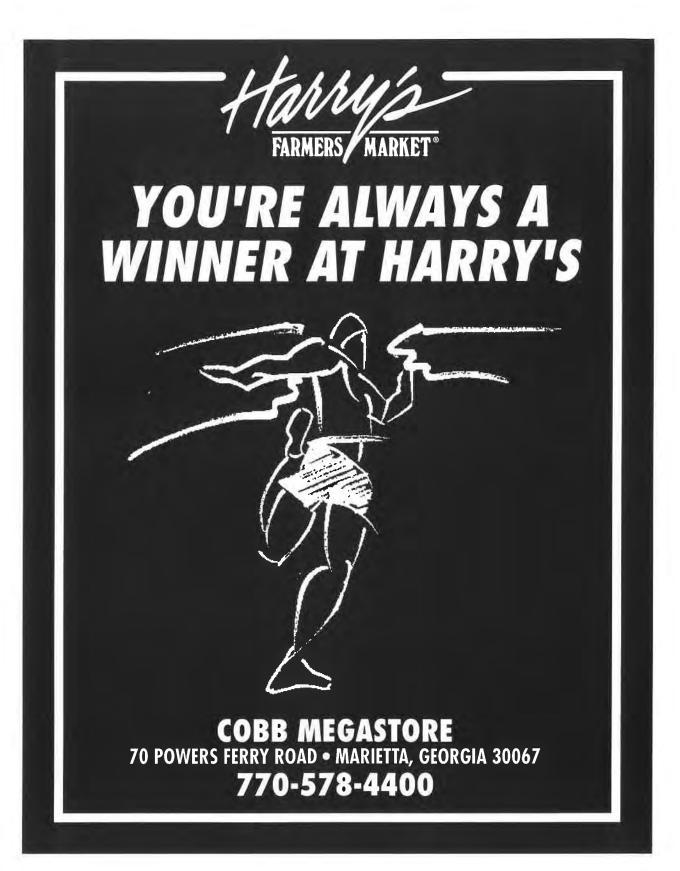
Athlete Profile

Azusa Pacific University's Tage Peterson, Junior, Marana, Arizona



Azusa Pacific's Tage Peterson is a 7-time NAIA All-American and a 2-time National Champion. His true desire-an NAIA decathlon title- has unmercifully avoided him his first two years at Azusa Pacific. Standing in his way each time was Western Oregon State's Olympian Alper Kaspoglu who has set the NAIA record each of the past two seasons. Peterson is enjoying a good 1996 season. His goal is to qualify for the Olympic trials and set himself up for the 2000 Olympic games. A former U.S. junior decathlon champ, Peterson has posted personal best this season in discus (136'10"), 110 meter hurdles (15.01) and 400 meters (50.86) and is just off his personal best in the shot put, 100 meters and long jump. He qualified for the NAIA's with a 7271 performance at the Mt. Sac Relays; the same place Kasapogle registered the NAIA record 7757. Tage knows that time is on his side; if he remains patient yet diligent, good things will happen in the decathlon, things like an NAIA Championship and an Olympic berth in 2000.





1995 Men's NAIA Championship Results

In 1995 host school Azusa Pacific University, Azusa, California, edged runner-up Lubbock Christian University, Lubbock, Texas, to win the closest-ever NAIA Outdoor Track and Field National Championships. A mere one and one-third points, 105.33-104.0, separated the two teams while the rest of the competition trailed by more than 30 points. The closest to the top two was Central State University, Wilberforce, Ohio, which claimed 71 points in the meet. The title was the Cougars' 11th in 13 years. Southern University-New Orleans, New Orleans, Louisiana, runner Julius Achon was

honored with the H.B. Marett Outstanding Performer Award after breaking both the 800-meter and the 1,500-meter records set by Evans White, Prairie View A&M University, Prairie View, Texas, 1979, and Dan Maas, Adams State College, Alamosa, Colorado, respectively. Artis Davenport, who guided Southern-New Orleans to a fourth-place finish, was named NAIA Men's National Coach of the Year. Following are the results from last year's 44th annual Men's NAIA Outdoor Track & Field National Championships.

Team Standings

1.	Azusa Pacific CA	105.33		Simon Fraser BC	10		Wayland Baptist TX	4
2.	Lubbock Christian TX	104		Tarleton State TX	10	44.	Baker KS	3.5
3.	Central State OH	71	24.	Hastings NE	9	45.	Cumberland KY	3
4.	Southern-New Orleans LA	56	25.	Arkansas-Monticello	8		Northwestern IA	3
5.	Linfield OR	45		Glenville State WV	8		Northwest Nazarene ID	3
6.	Western Oregon	44.5		Missouri Valley	8		West Virginia Wesleyan	3
7.	Life GA	31		Teikyo Westmar IA	8		Whitworth WA	3
8.	Oklahoma Baptist	30		West Florida	8		Willamette OR	3
	Pacific Lutheran WA	30	30.	Doane NE	7	51.	Central Washington	2
10.	Findlay OH	28		Huntington IN	7		Hillsdale MI	2
11.	Wisconsin-Parkside	26	32.	Jamestown ND	6		Minot State ND	2
12.	Cedarville OH	20.33		Mary ND	6		Rio Grande OH	2
13.	George Fox OR	18.33		Prairie View A&M TX	6		Sioux Falls SD	2
14.	Siena Heights MI	18		Western Washington	6		Sterling KS	2
15.	Taylor IN	16		Westmont CA	6		Whitman WA	2
16.	Point Loma Nazarene CA	14	37.	Olivet Nazarene IL	5	58.	Indiana Wesleyan	1
17.	Oklahoma Christian	13		South Dakota Tech	5		Langston OK	1
18.	Southern California Col.	11	39.	Berea KY	4		Southwestern Oklahoma	1
	Southwestern KS	11		Dakota State SD	4		St. Ambrose IA	1
20.	Dallas Baptist TX	10		Midland Lutheran NE	4			
	Lindenwood MO	10		Southern Arkansas	4			

Individual Results

100-METER DASH: 1. Daniel Effiong, Lubbock Christian TX, 10.22; 2. Dontra Boykins, Arkansas-Monticello, 10.31; 3. Sayan Williams, Central State OH, 10.39; 4. Allen Haynes, Hastings NE, 10.47; 5. Denton Guy-Williams, Oklahoma Baptist, 10.51; 6. David Smith, Southern-New Orleans LA, 10.52.

110-METER HURDLES: 1. James Rollins, Central State OH, 13.90; 2. Nolan Toso, Pacific Lutheran WA, 14.02; 3. Detrick Davis, Missouri Valley, 14.30; 4. Chad Jones, Tarleton State TX, 14.46; 5. Kent Pilant, Glenville State WV, 14.62; 6. Tommy Miller, Tarleton State TX, 14.74.

200-METER DASH: 1. Daniel Effiong, Lubbock Christian TX, 20.52; 2. Neil DeSilva, Central State OH, 20.79; 3. Damon Sims, Oklahoma Christian, 20.85; 4. Christian Nsiah, Southern-New Orleans LA, 21.05; 5. Tard Smith, Dakota State SD, 21.11; 6. Sayan Williams, Central State OH, 21.24.

400-METER DASH: 1. Neil DeSilva, Central State OH, 45.72; 2. Ervin Whitehead, Teikyo Westmar IA, 46.20; 3. Ali Ahmed, Southern-New Orleans LA, 46.21; 4. Ryan Chaney, George Fox OR, 47.25; 5. Floyd Howell, Central State OH, 47.66; 6. William Matthews, Findlay OH, 47.70.

400-METER HURDLES: 1. Monte Raymond, Southern-New Orleans LA, 51.09; 2. Anthony Dean-Neal, Central State OH, 51.18; 3. Rio Okamura, Western Oregon, 51.92; 4. Ryan Burrows, Mary ND, 53.28; 5. Christopher Cress, Glenville State WV, 53.43; 6. Edwin Hagans, Berea KY, 53.56.

800-METER RUN: 1. Julius Achon, Southern-New Orleans LA, 1:46.76 (RECORD: Previous mark, 1:47.03, set by Evans White, Prairie View A&M TX, 1979); 2. James Njoroge, Taylor IN, 1:47.82; 3. Sasha Smiljanic, Simon Fraser BC, 1:48.54; 4. Martin Reid, Oklahoma Baptist, 1:49.58; 5. Josh O'Connor, Linfield OR, 1:49.82; 6. Dudley Dawkins, Oklahoma Baptist, 1:49.85.

1500-METER RUN: 1. Julius Achon, Southern-New Orleans LA, 3:43.04 (RECORD: Previous mark, 3:43.11, set by Dan Maas, Adams State CO, 1992); 2. James Njoroge, Taylor IN, 3:44.39; 3. Julius Randich, Lubbock Christian TX, 3:45.38; 4. Simeon Sawe, Lubbock Christian TX, 3:45.63; 5. Denes Balazs, Azusa Pacific CA, 3:48.83; 6. Gareth Wilford, Cumberland KY, 3:49.23.

1995 Men's NAIA Championship Results

3,000-METER STEEPLECHASE: 1. Simeon Sawe, Lubbock Christian TX, 8:42.88 (RECORD: Previous mark, 8:43.44, set by Jason Mohr, Adams State CO, 1992); 2. Julius Randich, Lubbock Christian TX, 8:46.76; 3. Erik Gibson, George Fox OR, 9:03.88; 4. David Kosgei, Life GA, 9:09.70; 5. Pete Simons, Cedarville OH, 9:10.90; 6. Case Shay, Lubbock Christian TX, 9:12.30.

5,000-METER RUN: 1. Simeon Sawe, Lubbock Christian TX, 14:08.55; 2. Wilhelm Gidahuday, Life GA, 14:10.85; 3. Levis Anyega, Lubbock Christian TX, 14:18.36; 4. James Bungei, Lubbock Christian TX, 14:19.73; 5. Cruz Gallegos, Life GA, 14:30.95; 6. Peter Tanui, Lubbock Christian TX, 14:33.47.

10,000-METER RUN: 1. Julius Randich, Lubbock Christian TX, 28:33.74; 2. Malcolm Campbell, Life GA, 30:18.25; 3. Peter Tanui, Lubbock Christian TX, 30:31.15; 4. John Gachao, Azusa Pacific CA, 30:39.16; 5. David Kosgei, Life GA, 30:39.47; 6. Michael Mamo, Lubbock Christian TX, 30:40.79.

5,000-METER RACE WALK: 1. Tim Seamon, Wisconsin-Parkside, 20:39.93 (RECORD: Previous mark, 20:48.13, set by Seamon, 1994); 2. Chad Eder, Cedarville OH, 20:56.91; 3. Al Heppner, Wisconsin-Parkside, 21:23.00; 4. Will VanAxen, Wisconsin-Parkside, 21:43.02; 5. Jason Glover, Pacific Lutheran WA, 22:54.59; 6. David Michielli, Wisconsin-Parkside, 23:21.31.

MARATHON: 1. John Gachao, Azusa Pacific CA, 2:23:43.3; 2. John Viitanen, West Florida, 2:26:05.0; 3. Peter Ruiz, Lubbock Christian TX, 2:27:23.0; 4. Mark Morris, South Dakota Tech, 2:29:01.0; 5. Kevin Conkel, Cedarville OH, 2:29:04.0; 6. Eric Chandler, West Virginia Wesleyan, 2:29:59.0.

400-METER RELAY: 1. Central State OH, (Adrian McDaniel, Sayon Cooper, Sayan Williams, Neil DeSilva), 39.92 (RECORD: Previous mark, 40.02, set by Wayland Baptist TX, 1985); 2. Southern-New Orleans LA, (Christian Nsiah, David Smith, Edmund Aggrey, Ali Ahmed), 40.77; 3. Southwestern KS, (Xavier Whitaker, Jermaine Rhodes, Clintric Kennedy, Amon Turner), 40.88; 4. Oklahoma Baptist, (Larry McFarlin, Denton Guy-Williams, Zepee Mberiuana, Immanuel Kharigub), 40.97; 5. Hastings NE, (Josh Kitchen, Craig Taylor, Scott Johnson, Allen Haynes), 41.04; 6. Findlay OH, (Andre Eley, Kenroy Sergeant, Terry Turner, William Matthews), 41.45.

1,600-METER RELAY: 1. Oklahoma Baptist, (Larry McFarlin, Zepee Mberiuana, Immanuel Kharigub, Raymond Strauss), 3:08.67; 2. Central State OH, (Joe Johnson, Neil DeSilva, Anthony Dean-Neal, Floyd Howell), 3:08.92; 3. Findlay OH, (Kenroy Sergeant, Walter Jackson, Kenny Daniel, William Matthews), 3:12.58; 4. Doane NE, (Eric Kincade, Dan Marousek, Jered Salazar, Dave Buldler), 3:12.94; 5. Southern Arkansas, (Steven Ogden, Omar Best, Brian Mays, Arthur Courtney), 3:13.44; 6. Northwestern IA, (Jason Bradley, Jon Oostra, Terry Dykstra, Bryant Engelmann), 3:14.98.

HIGH JUMP: 1. Lee Pool, Dallas Baptist TX, 7-03.0; 2. Jason Clinch, Linfield OR, 6-11.75; 3. Kevin Carlson, Southern California College, 6-11.75; 4. Brian Carlson, Southern California College, 6-11.75; 5. (tie) Tony Wagner, Wayland Baptist TX, 6-09.75; Scott Radetich, Linfield OR, 6-09.75; Justin Marion, Northwest Nazarene ID, 6-09.75.

LONG JUMP: 1. Kevin Wiley, Azusa Pacific CA, 26-00.0; 2. Andre Eley, Findlay OH, 25-01.25; 3. Mike Walker, Oklahoma Christian, 24-07.75; 4. Hong Li, Azusa Pacific CA, 24-03.75; 5. Edward Dillard, Lindenwood MO, 24-02.5; 6. Tage Peterson, Azusa Pacific CA, 24-01.75.

TRIPLE JUMP: 1. Hong Li, Azusa Pacific CA, 51-07.0; 2. Xiaojun Zhang, Findlay OH, 50-05.25; 3. Julian Smith, Lindenwood MO, 47-11.25; 4. Kevin Wardlaw, Olivet Nazarene IL, 47-09.25; 5. Bobby Polack, Cedarville OH, 47-09.0; 6. Aaron Young, George Fox OR, 47-07.75.

POLE VAULT: 1. Dave Cross, Linfield OR, 16-08.75; 2. Tim Cockrell, Azusa Pacific CA, 15-11.0; 3. Chad Stadler, Jamestown ND, 15-11.0; 4. Matt Craven, Linfield OR, 15-07.0; 5. (tie) Matt Frketich, Western Oregon, 15-07.0; David Lucas, Baker KS, 15-07.0.

DISCUS: 1. Carl Brown, Siena Heights MI, 174-00; 2. Steve Dudley, Pacific Lutheran WA, 170-09; 3. Eric Chirgwin, Westmont CA, 169-08; 4. Jon Davis, Azusa Pacific CA, 167-02; 5. Rene Bustamante, Azusa Pacific CA, 165-11; 6. Jim Arnett, Huntington IN, 161-06.

HAMMER THROW: 1. Rene Bustamante, Azusa Pacific CA, 194-03; 2. Steve Gehley, Western Oregon, 188-01; 3. Magnus Strandquist, Point Loma Nazarene CA, 186-03; 4. Ryan Root, Azusa Pacific CA, 185-00; 5. James Young, Western Oregon, 182-06; 6. Jon Roberts, Western Oregon, 177-03.

JAVELIN: 1. Craig Greis, Western Oregon, 203-02; 2. Travis Olson, Linfield OR, 203-02; 3. Brian Van Valey, Pacific Lutheran WA, 194-09; 4. Anthony Alvarez, Linfield OR, 189-09; 5. Trent Meyer, Midland Lutheran NE, 189-09; 6. Eric Mauldin, Southwestern KS, 189-07.

SHOT PUT: 1. Rene Bustamante, Azusa Pacific CA, 60-11.25; 2. Carl Brown, Siena Heights MI, 56-01.25; 3. Rod Scott, Prairie View A&M TX, 55-00.0; 4. Scott Easley, Western Washington, 54-08.75; 5. Jim Arnett, Huntington IN, 54-01.25; 6. Jon Davis, Azusa Pacific CA, 53-05.5.

DECATHLON: 1. Alper Kasapoglu, Western Oregon, 7685 points (RECORD: Previous mark, 7596, set by Kasapoglu, 1994); 2. Udo Jacobasch, Point Loma Nazarene CA, 7633; 3. David Pope, Azusa Pacific CA, 7607; 4. Tage Peterson, Azusa Pacific CA, 7281; 5. John Smith, George Fox OR, 7138; 6. Kevin Wright, Whitworth WA, 6700.

NOTE: The top six individuals in each event and the individuals on the top six relay teams earn NAIA All-America recognition.

1995 Women's NAIA Championship Results

Southern University-New Orleans, New Orleans, Louisiana, won the final event of the meet to claim its first NAIA Outdoor Track & Field Championship. Central State University, Wilberforce, Ohio, went in to the final day of competition with a 32.0 point lead but slowly lost the lead throughout the day. Going into the final event, the 1,600-meter relay, Central State was ahead by 0.75 points. South-

ern-New Orleans beat Central State's relay team by almost three seconds to become the national champions. Rosa Ibarra, from Wayland Baptist University, Plainview, Texas, was named the H.B. Marett Outstanding Performer for placing first in the 5,000-meter and 10,000-meter runs. Artis Davenport of Southern-New Orleans was named 1995 NAIA Women's National Coach of the Year.

Team Standings

1.	Southern-New Orleans LA	104.33	18.	Missouri Valley	15		Southern Arkansas	5
2.	Central State OH	103	19.	Southern Oregon	14		Southern California Col.	5
3.	Pacific Lutheran WA	54		Whitworth WA	14		Willamette OR	5
4.	Wisconsin-Parkside	49	21.	Jamestown ND	11	38.	Dordt IA	4
5.	Azusa Pacific CA	33	22.	Mobile AL	10		Northern State SD4	
6.	Wayland Baptist TX	30		Tarleton State TX	10	40.	Dana NE	3
	Western Oregon	30	24.	Olivet Nazarene IL	9		Hastings NE	3
8.	Simon Fraser BC	29	25.	Central Washington	8		Westmont CA	3
9.	Puget Sound WA	28		Midland Lutheran NE	8	43.	Concordia NE	2
10.	Doane NE	26		Southwestern KS	8		Graceland IA	2
11.	Arkansas-Pine Bluff	22	28.	Hillsdale MI	7		Sterling KS	2
	Whitman WA	22		Rio Grande OH	7		Valley City State ND	2
13.	Findlay OH	19.33	30.	Linfield OR	6	47.	Bethel KS	1
14.		19		Siena Heights MI	6		Central Methodist MO	1
,	Western Washington	19	32.	Dickinson State ND	5		West Virginia Wesleyan	1
16.	Cedarville OH	17		Mount Marty SD	5		-	
17		16		Northwest Nazarene ID	5			

Individual Results

100-METER DASH: 1. Bridgette Edwards, Central State OH, 11.60; 2. Beverley Langley, Southern-New Orleans LA, 11.60; 3. Chantel Rolle, Southern-New Orleans LA, 11.62; 4. Chanteau White, Central State OH, 11.88; 5. Chrystal Finlayson, Central State OH, 11.98; 6. Ronalee Davis, Central State OH, 11.98.

100-METER HURDLES: 1. Michelle Campbell, Azusa Pacific CA, 13.08; 2. Catherine Pomales, Central State OH, 13.46; 3. Debbie Cobbler, Missouri Valley, 14.22; 4. Karen Andrade, Pacific Lutheran WA, 14.29; 5. Rowena Welford, Wayland Baptist TX, 14.35; 6. Jennifer Lukenbill, Pacific Lutheran WA, 14.38.

200-METER DASH: 1. Chantel Rolle, Southern-New Orleans LA, 23.44; 2. Beverley Langley, Southern-New Orleans LA, 23.62; 3. Bridgette Edwards, Central State OH, 23.71; 4. Altrice Taylor, Southern-New Orleans LA, 23.83; 5. Beverly Grant, Central State OH, 24.01; 6. Chrystal Finlayson, Central State OH, 24.24.

400-METER DASH: 1. Beverly Grant, Central State OH, 53.13; 2. Altrice Taylor, Southern-New Orleans LA, 54.09; 3. Selisha Hudson, Southern-New Orleans LA, 54.66; 4. Lesakay Morgridge, Southern-New Orleans LA, 54.98; 5. Katina Johnson, Findlay OH, 56.07; 6. Liz Sutton, Azusa Pacific CA, 56.38.

400-METER HURDLES: 1. Catherine Pomales, Central State OH, 58.04; 2. Karen Andrade, Pacific Lutheran WA, 1:01.73; 3. Kara Dodd, Central Washington, 1:03.04; 4. Amy Carlson, Willamette OR, 1:03.12; 5. Rochelle Ward, Missouri Valley, 1:03.29; 6. Kristi Keene, Pacific Lutheran WA, 1:03.47.

800-METER RUN: 1. Vernetta Rolle, Southern-New Orleans LA, 2:09.16; 2. Christine Smith, Southern-New Orleans LA, 2:09.94; 3. Patrice Peart, Southern-New Orleans LA, 2:10.70; 4. Nikee Pool, Southern California College, 2:12.55; 5. Merry Irwin, Linfield OR, 2:12.83; 6. Amy Saathoff, Pacific Lutheran WA, 2:13.10.

1995 Women's NAIA Championship Results

1,500-METER RUN: 1. Ivana Skladana, Mobile AL, 4:32.15; 2. Carolyn Murray, Simon Fraser BC, 4:34.47; 3. Valerie Niese, Wisconsin-Parkside, 4:35.26; 4. Laura Schnyders, Olivet Nazarene IL, 4:35.44; 5. Michelle Teodoro, Azusa Pacific CA, 4:36.32; 6. Kris Winbinger, Hastings NE, 4:38.69.

3,000-METER RUN: 1. Jessica Bissonnette, Whitman WA, 10:01.16; 2. Beth Robbins, Puget Sound WA, 10:03.81; 3. Jennifer Campbell, Western Washington, 10:08.27; 4. Christina Hruby, Doane NE, 10:11.51; 5. Cari Rampersad, Simon Fraser BC, 10:18.85; 6. Miriam Niednagel, Westmont CA, 10:21.27.

3,000-METER RACE WALK: 1. Sue Kisting, Wisconsin-Parkside, 14:19.61; 2. Danielle Kirk, Wisconsin-Parkside, 14:32.88; 3. Ali DeWitt, Wisconsin-Parkside, 14:51.86; 4. Anne-Marie Oswald, Simon Fraser BC, 14:58.63; 5. Liz Fashun, Wisconsin-Parkside, 15:16.90; 6. Amber Nichols, Wisconsin-Parkside, 15:20.50.

5,000-METER RUN: 1. Rosa Ibarra, Wayland Baptist TX, 16:55.93; 2. Emily Kellman, Puget Sound WA, 17:00.10; 3. Jessica Bissonnette, Whitman WA, 17:14.11; 4. Amy Haines, Wisconsin-Parkside, 17:33.23; 5. Kathleen Healy, Midland Lutheran NE, 17:46.85; 6. Julie Hay, Hillsdale MI, 17:48.71.

10,000-METER RUN: 1. Rosa Ibarra, Wayland Baptist TX, 34:55.06; 2. Emily Kellman, Puget Sound WA, 35:04.05; 3. Amy Haines, Wisconsin-Parkside, 36:22.90; 4. Ann Marie Hynes, Rio Grande OH, 36:40.33; 5. Jenny Kohl, Olivet Nazarene IL, 36:57.77; 6. Julianne Pletcher, Cedarville OH, 37:00.17.

MARATHON: 1. Shawna Doty, Jamestown ND, 2:54:27; 2. Raquel Rios, Southwestern KS, 2:58:04; 3. Deb Chavis, Siena Heights MI, 2:58:57; 4. Heather Thompson, Doane NE, 3:05:36; 5. Molly Siedschlaw, Northern State SD, 3:13:01; 6. Sandy Smith, Dana NE, 3:13:17.

400-METER RELAY: 1. Southern-New Orleans LA, (Lesakay Morgridge, Chantel Rolle, Altrice Taylor, Beverley Langley), 44.66; 2. Central State OH, (Bridgette Edwards, Beverly Grant, Chanteau White, Catherine Pomales), 44.72; 3. Arkansas-Pine Bluff, (Demetrica Hayes, Paris Pierce, Tammie Pickett, Wykennia Heiskell), 47.14; 4. Southern Arkansas, (Stephanie Manning, Lakeisha Alexander, Tamika McCoy, Rachel Young), 47.53; 5. Mary ND, (Lisa Rollefstad, Gerene Sayler, Ellie Cotton, Jamey Mulske), 47.60; 6. Findlay OH, (Katonya Harding, Araya Brantley, Kerri Wannemacher, Katina Johnson), 48.10

1,600-METER RELAY: 1. Southern-New Orleans LA, (Christine Smith, Altrice Taylor, Selisha Hudson, Vernetta Rolle), 3:36.96; 2. Central State OH, (Bridgette Edwards, Beverly Grant, Althea Edwards, Chrystal Finlayson), 3:39.93; 3. Azusa Pacific CA, (Liz Sutton, Michelle Campbell, Michelle Teodoro, Carmen Gage), 3:44.55; 4. Findlay OH, (Katonya Harding, Araya Brantley, Kelley Jones, Katina Johnson), 3:45.27; 5. Pacific Lutheran WA, (Karen Andrade, Kristi Keene, Amy Saathoff, Sandy Metzger), 3:45.63; 6. Tarleton State TX, (Hope Ward, Connie Weiser, Alonna Smith, Beth Eggemeyer), 3:51.65.

HIGH JUMP: 1. Corinna Wolf, Simon Fraser BC, 5-10.75; 2. Nancy Rissmiller, George Fox OR, 5-09.75; 3. Cindy Leingang, Mary ND, 5-07.25; 4. Suzie Burright, Western Oregon, 5-06.0; 5. Alison Wood, Western Oregon, 5-06.0; 6. Joy Beitler, Cedarville OH, 5-05.0.

LONG JUMP: 1. Chanteau White, Central State OH, 19-11.5; 2. Ronalee Davis, Central State OH, 19-10.75; 3. Demetrica Hayes, Arkansas-Pine Bluff, 19-07.0; 4. Rowena Welford, Wayland Baptist TX, 19-04.25; 5. Angie Grimes, Pacific Lutheran WA, 19-02.25; 6. Carlene Vassell, Southern-New Orleans LA, 19-01.0.

TRIPLE JUMP: 1. Stephanie Sherman, Cedarville OH, 42-00.0; 2. Demetrica Hayes, Arkansas-Pine Bluff, 41-00.25; 3. Ronalee Davis, Central State OH, 39-11.5; 4. Melani Lowman, Dickinson State ND, 39-05.75; 5. Kirsten Holmboe, Puget Sound WA, 38-09.75; 6. Gretchen Wehner, Western Oregon, 37-07.25.

DISCUS: 1. Wendy Cordeiro, Pacific Lutheran WA, 150-11; 2. Deanna Balderson, Western Washington, 148-11; 3. Molly Duggan, Western Oregon, 143-11; 4. Kari Hohn, Mount Marty SD, 143-04; 5. Heather Rhoadarmer, Doane NE, 137-02; 6. Shawnti Moore, Southern Oregon, 136-03.

JAVELIN: 1. Trina Gumm, Whitworth WA, 143-07; 2. Leah Johanson, George Fox OR, 140-07; 3. Amanda Bradford, Whitman WA, 139-11; 4. Rebecca Snowdon, Pacific Lutheran WA, 137-00; 5. Becci Harper, Western Oregon, 136-05; 6. Gail Pitman, Whitworth WA, 135-00.

SHOT PUT: 1. Heather Rhoadarmer, Doane NE, 47-07.75; 2. Molly Duggan, Western Oregon, 46-04.25; 3. Wendy Cordeiro, Pacific Lutheran WA, 45-03.5; 4. Belinda Hardee, Tarleton State TX, 44-07.0; 5. Tereasa Van Zee, Dordt IA, 44-06.0; 6. Karin McCall, Azusa Pacific CA, 42-11.0.

HEPTATHLON: 1. Jill Carrier, Southern Oregon, 5108 points; 2. Carmen Gage, Azusa Pacific CA, 4986; 3. Jamey Mulske, Mary ND, 4647; 4. Sarah Marion, Northwest Nazarene ID, 4511; 5. Suzanne Burns, Azusa Pacific CA, 4487; 6. Elizabeth Springborn, Western Washington, 4359.

NOTE: The top six individuals in each event and the individuals on the top six relay teams earn NAIA All-America recognition.

NAIA Past Track & Field Champions



Women's Champion

YEAR	SITE	CHAMPION	POINTS	RUNNER-UP	POINTS
1981	Houston, TX	Texas Southern	115.5	Prairie View A&M TX	68
1982	Charleston, WV	Prairie View A&M TX	117	Adams State CO	73
1983	Charleston, WV	Prairie View A&M TX	119	Hampton Institute VA	90
1984	Charleston, WV	Prairie View A&M TX	100	Adams State CO	83
1985	Hillsdale, MI	Prairie View A&M TX	109	Adams State CO	63.5
1986	Russellville, AR	Prairie View A&M TX	117	Wayland Baptist TX	110
1987	Russellville, AR	Prairie View A&M TX	144	Wayland Baptist TX	86
1988	Azusa, CA	Prairie View A&M TX	93	Wayland Baptist TX	82
1989	Azusa, CA	Prairie View A&M TX	109	Arkansas-Pine Bluff/Concordia NE	50
1990	Stephenville, TX	Prairie View A&M TX	103	Vacant	
1991	Stephenville, TX	Central State OH	115	Simon Fraser BC	81
1992	Abbotsford, BC	Central State OH	140	Simon Fraser BC	125.5
1993	Abbotsford, BC	Central State OH	132	Simon Fraser BC	116
1994	Azusa, CA	Central State OH	96	Doane NE	71
1995	Azusa, CA	Southern-New Orleans LA	104.33	Central State OH	103

Men's Champion

YEAR	SITE	CHAMPION	POINTS	RUNNER-UP	POINTS
1952	Abilene, TX	Abilene Christian TX	74	San Diego State CA	45
1953	Abilene, TX	South Dakota State	48	Abilene Christian TX	42
1954	Abilene, TX	Abilene Christian TX	39	Texas Southern	33
1955	Abilene, TX	Abilene Christian TX	68	Emporia State KS	44
1956	San Diego, CA	Occidental CA	89.5	Abilene Christian TX	56
1957	San Diego, CA	Occidental CA	148.5	Abilene Christian TX	34
1958	San Diego, CA	Occidental CA	93	Winston-Salem NC	62
1959	Sioux Falls, SD	Winston-Salem NC	56	East Texas State	55
1960	Sioux Falls, SD	Winston-Salem NC	58	East Texas State	45
1961	Sioux Falls, SD	Texas Southern	49	Tennessee State	47
1962	Sioux Falls, SD	Texas Southern	72.5	Emporia State KS	46
1963	Sioux Falls, SD	Maryland State	82	Nebraska-Omaha	33
1964	Sioux Falls, SD	Emporia State KS	60	North Carolina College	50
1965	Sioux Falls, SD	Southern-Baton Rouge LA	77	North Carolina College	40
1966	Sioux Falls, SD	Southern-Baton Rouge LA	92	Texas Southern	69
1967	Sioux Falls, SD	Southern-Baton Rouge LA	77	Texas Southern	63
1968	Billings, MT	Prairie View A&M TX	47	Arkansas AM&N	45
1969	Billings, MT	Prairie View A&M TX	69.5	Southern-Baton Rouge LA	68
1970	Billings, MT	Eastern Michigan	75	Texas Southern	50
1971	Billings, MT	Eastern Michigan	65	North Carolina Central	43
1972	Billings, MT	North Carolina Central	68	Dallas Baptist TX	51
1973	Arkadelphia, AR	Texas Southern	81	Eastern New Mexico	55
1974	Arkadelphia, AR	Eastern New Mexico	67	Southern California College	58
1975	Arkadelphia, AR	Southeastern Louisiana	68	Eastern New Mexico	63
1976	Arkadelphia, AR	Eastern New Mexico	56	Northwestern Louisiana	52
1977	Arkadelphia, AR	Jackson State MS	56	Adams State CO	31
1978	Abilene, TX	Texas Southern	67	Adams State CO	42
1979	Abilene, TX	Texas Southern	87	Abilene Christian TX	53
1980	Abilene, TX	Mississippi Valley State	66	Abilene Christian TX	61
1981	Houston, TX	Mississippi Valley State	62	Texas Southern	59
1982	Charleston, WV	Abilene Christian TX	80	Azusa Pacific CA	64
1983	Charleston, WV	Azusa Pacific CA	94	Saginaw Valley State MI	36
1984	Charleston, WV	Azusa Pacific CA	93	Saginaw Valley State MI	77
1985	Hillsdale, MI	Azusa Pacific CA	94	Wayland Baptist TX	76
1986	Russellville, AR	Azusa Pacific CA	112	Wayland Baptist TX	78
1987	Russellville, AR	Azusa Pacific CA	108	Wayland Baptist TX	82
1988	Azusa, CA	Azusa Pacific CA	112	Prairie View A&M TX	63
1989	Azusa, CA	Azusa Pacific CA	115	Adams State CO	70
1990	Stephenville, TX	Oklahoma Baptist	57	Azusa Pacific CA	53
1991	Stephenville, TX	Azusa Pacific CA	87	Central State OH	42
				Lubbock Christian TX	42
1992	Abbotsford, BC	Azusa Pacific CA	93	Central State OH	76
1993	Abbotsford, BC	Central State OH	99	Prairie View A&M TX	70
1994	Azusa, CA	Azusa Pacific CA	82	Central State OH	66
1995	Azusa, CA	Azusa Pacific CA	105.33	Lubbock Christian TX	104

Coach of the Year



Women's

1981	LaVerne Sweat, Hampton Institute VA	1989	Fred Beile, Doane NE
1982	Rocky Light, Adams State CO	1990	Vacant
1983	Barbara Jacket, Prairie View A&M TX	1991	Zenon Smiechowski, Simon Fraser BC
1984	Joe Vigil, Adams State CO	1992	Zenon Smiechowski, Simon Fraser BC
1985	Milon Donley, Adams State CO	1993	Josh Culbreath, Central State OH
1986	Barbara Jacket, Prairie View A&M TX	1994	Fred Beile, Doane NE
1987	Barbara Jacket, Prairie View A&M TX	1995	Artis Davenport, Southern-New Orleans LA
1988	Clark Wille, Missouri Baptist		

Men's

ns LA
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Outstanding Performers

Women's

1981	Wendy Burman, Wisconsin-Parkside	1989	Carol Bailey, Concordia NE
1982	Mary Jaqua, Adams State CO	1990	Wendi Simmons, Graceland IA
1983	Leah Pells, Simon Fraser BC	1991	Carolin Sterling, Central State OH
1984	Denise Bullocks, Chicago State IL	1992	Carolin Sterling, Central State OH
1985	Deirdre Jackson, Prairie View A&M TX	1993	Deon Hemmings, Central State OH
1986	Comfort Igeh, Wayland Baptist TX	1994	Cathrine Pomales, Central State OH
1987	Edith Renfro, Prairie View A&M TX	1995	Rosa Ibarra, Wayland Baptist TX
1022	Airat Rakare Azuca Pacific CA		

Men's

1952	Palmer Retzlaff, South Dakota State	1974	Joshua Owusu, Angelo State TX
1953	Ron Chadwick, Eastern Washington	1975	Mike Boit, Eastern New Mexico
1954	Bobby Morrow, Abilene Christian TX	1976	Mike Boit, Eastern New Mexico
1955	Bobby Morrow, Abilene Christian TX	1977	Earl Thomas, Jackson State MS
1956	Elias Gilbert, Winston-Salem NC	1978	Frank Gross, Adams State CO
1957	Francis Washington, Winston-Salem NC	1979	Fred Taylor, Texas Southern
1958	Elias Gilbert, Winston-Salem NC	1980	Charles Pickens, Mississippi Valley State
1959	Ralph Boston, Tennessee State	1981	Doug Barnett, Azusa Pacific CA
1960	Ralph Boston, Tennessee State	1982	Darrell Green, Texas A&I
1961	Russ Rogers, Maryland State	1983	Innocent Egbunike, Azusa Pacific CA
1962	Russ Rogers, Maryland State	1984	Innocent Egbunike, Azusa Pacific CA
1963	John Camien, Emporia State KS	1985	Innocent Egbunike, Azusa Pacific CA
1964	Norman Tate, North Carolina Central	1986	Christian Okoye, Azusa Pacific CA
1965	Theron Lewis, Southern-Baton Rouge LA	1987	Alrick Munroe, Wayland Baptist TX
1966	Van Nelson, St. Cloud State MN	1988	Devon Morris, Wayland Baptist TX
1967	Jim Hines, Texas Southern	1989	Patrick Nwankwo, Azusa Pacific CA
1968	Oliver Ford, Southern-Baton Rouge LA	1990	Ade Olukoju, Azusa Pacific CA
1969	Oliver Ford, Southern-Baton Rouge LA	1991	Davidson Ezinwa, Azusa Pacific CA
1970	Rex Maddaford, Eastern New Mexico	1992	Davidson Ezinwa, Azusa Pacific CA
1971	Rod Milburn, Southern-Baton Rouge LA	1993	Julius Randich, Lubbock Christian TX
1972	Larry Black, North Carolina Central	1994	Alper Kasapoglu, Western Oregon
1973	Tommy Fulton, Texas Southern	1995	Julius Achon, Southern-New Orleans LA

NAIA Hall of Fame Inductee





Terry Franson Coach Category Azusa Pacific University (CA)

As one of the letters of recommendation states, "Over its long and illustrious history, the NAIA has certainly had its share of great coaches — names like Marv Harshman, Eddie Robinson, and C.E. Gaines come to mind as leaders who took student-athletes and pro-

pelled them to greatness in the NAIA's athletic arena. Another such man is Azusa Pacific University's Dr. Terry Franson.

In 1983, only Franson's second year as the track and field coach at Azusa Pacific, the Cougars won their first-ever NAIA Championship. That was the prelude to a dynasty as Azusa Pacific won a record 10 National Championships in a 12-year span, including seven consecutive titles from 1983 through 1989. With his success came recognition from his peers as he was named NAIA Coach of the Year an unprecedented 10 times.

While coaching at Azusa Pacific, Franson served as the mentor for more than 40 individual NAIA Champions and 75 NAIA All-Americans. He has coached seven Olympians, including United

States Decathlon Champion Dave Johnson and Javelin thrower Mike Barnett. He also coached one of the most prominent names in NAIA history, Christian Okoye, who set NAIA Track and Field records and rumbled down NAIA football fields before becoming the "Nigerian Nightmare" for the NFL's Kansas City Chiefs. Franson also has another tie with Nigeria; as he served as the Nigerian Olympic team's sprint consultant during the 1984 and 1988 Olympic games.

In the summer of 1993, Franson was named as the Athletics Director at Azusa Pacific. The following school year, the Cougars won their first-ever NAIA All-Sports Championship and were recognized as the Association's top men's program in terms of success on the local, regional, and national levels.

There is more to Terry Franson than just coaching great athletes and winning honors and national championships. He has worked tirelessly behind the scenes to help athletes in his area and around the country. He has served as the President of the NAIA Track and Field Coaches Association and founded the Fellowship of Christian Athletes Night of Champions, a celebration that draws more than 2,000 high school students for an evening of challenge and inspiration.

For Terry Franson's dedicated service to the NAIA and to track & field, Terry is being honored at this year's national champion-ships with the Association's highest honor... induction into the NAIA Hall of Fame.

Championships

- * Won Ten NAIA National Championships
- * Won Seven Consecutive NAIA National Championships

Honors

- * Ten-Time NAIA National Coach of the Year
- * Coached Over 100 NAIA All-Americans
- * Coached Over 40 Individual NAIA Champions
- * Coach Seven Olympians including Dave Johnson

NAIA Service

* Served as President of the NAIA Track & Field Coaches Association



NAIA Track and Field Hall of Fame



Athletes

1954	Harrison Dillard, Baldwin-Wallace (OH)	1964	Wallace Dinsmore, Tarkio (MO)	1982	Mike Boit, Eastern New Mexico
	Gilbert Dodds, Ashland (OH)		Elias Gilbert, Winston-Salem (NC)		Rex Maddaford, Eastern New Mexico
	Mozelle Ellerbe, Tuskegge (AL)	1965	Theodius Bush, Texas Southern	1983	Gary Hill, Oklahoma Christian
	John Kuck, Emporia Kansas State	1966	Robert Denson, Washburn (KS)		John Muthama, Bethel (KS)
	Walter Marty, Fresno Pacific (CA)	1967	Ralph Boston, Tennessee A&I State	1984	Jim Heiring, Wisconsin Parkside
	Elroy Robinson, Fresno Pacific (CA)	1968	John Pennel, Northeast Lousiana State	1985	Gerald Masterson, Quichita Baptist (AR)
	Archie San Romani, Emporia Kansas State	1969	Charlie Frazier, Texas Southern	1986	David Ellis, Eastern Michigan
	F. Morgan Taylor, Grinnel (IA)	1970	Roger Sayers, Nebraska-Omaha	1988	Doug Barnett, Azusa Pacific (CA)
	Alton Terry, Hardin-Simmons (TX)	1971	John T. Camien, Emporia Kansas State		Mike Barnett, Azusa Pacific (CA)
1955	Blaine Rideout, North Texas State	1972	Bill Miller, McMurry (TX)	1989	Kurt Siebold, Oklahoma Christian
	Wayne Rideout, North Texas State	1973	Van Nelson, St. Cloud State (MN)	1990	Joshua Owusu, Angelo State (TX)
	Cornelius Warmerdam, Fresno Pacific (CA)	1974	John Hartfield, Texas Southern	1991	Innocent Egbunike, Azusa Pacific (CA)
1956	Ada Berry, Southern-Baton Rouge (LA)	1975	Cliff Clark, Harding (AR)		Moise Pomaney, Tarleton State (TX)
1957	Sam Allen, Oklahoma Baptist		John Craft, Eastern Illinois		Brad Pursley, Abilene Christian (TX)
	Elmore Harris, Morgan State (MD)		Al Feuerbach, Emporia Kansas State		Edwin Roberts, North Carolina Central
	Darrell Jones, Ball State (IN)	1976	Jeff Bennett, Oklahoma Christian	1992	Kregg Einspahr, Concordia (NE)
	Bob Smith, Occidental (CA)		Jim Crawford, Harding (AR)		Mike Herndon, Oklahoma Christian
1958	Harold Cagle, Oklahoma Baptist		Robert Hauver, Kearney State (NE)		Christian Okoye, Azusa Pacific (CA)
	James A. Johnson, Illinois State	1977	Willie Davenport, Southern (LA)		Harold Willers, Simon Fraser (BC)
1959	Robert McMillen, Occidental (CA)		Bruce Jenner, Graceland (IA)	1993	Tom Hoffman, Wisconsin-Whitewater
	Palmer Retzlaff, South Dakota State		Fred Newhouse, Prairie View A&M (TX)	1994	Jim Cairns, University of Puget Sound
1960	Charles Holding, East Texas State	1978	Felix Johnson, Prairie View A&M (TX)		(WA)
	John W. Morriss, Southwestern Louisiana		Rodney Milburn, Southern-Baton Rouge		Doug Loisel, Azusa Pacific (CA)
1961	Lee Calhoun, North Carolina College		(LA)		Jane Romig Brooker, Cedarville College
	Bob Gutowski, Occidental (CA)	1979	Rickey Parris, McMurry (TX)		(OH)
1962	Bobby Morrow, Abilene Christian (TX)	1980	Jim Neugent, Oklahoma Christian	1995	Teresa Lloyd, Jamestown (ND)
1963	John Fromm, Pacific Lutheran (WA)	1981	Bob Maplestone, Eastern Washington		Richard Horton, Malone (OH)
	Billy Tidwell, Emporia State (KS)		Lucian Rosa, Wisconsin-Parkside		Don Stearns, Eastern Oregon
	,, ()	•			

Coaches

1954	Harry A. Coates, Seton Hall (NJ)		C. William Martin, Whitman (WA)	1977	George Henry, College of the Ozarks (AR)
	J. Flint Hanner, Fresno State (CA)	1961	Carl H. Appell, Northern Illinois	1978	Joe Vigil, Adams State (CO)
	Joseph Pipal, Occidental (CA)	1962	Lyle Bennett, Central Michigan	1982	Jim Mack Sawyer, Henderson State (AR)
	J.H. "Cap" Shelton, Howard Payne (TX)		Ernie Gorr, Omaha (NE)	1983	George Glass, Taylor (IN)
	Oscar W. Strahan, Southwest Texas State	1963	Jim Emmerich, South Dakota State		Ted Lloyd, Harding (AR)
	Garfield "Doc" Weede, Pittsburg State (PA)		Alex Francis, Fort Hays State (KS)	1985	Ron Masanz, Moorhead State (MN)
	Fran Welch, Emporia Kansas State	1964	Richard Godlove, Washburn (KS)	1986	Robert Gravett, Quachita Baptist (AR)
1955	Oliver Jackson, Abilene Christian (TX)	1966	Eldon Fix, Lewis & Clark (OR)	1987	Fred Beile, Doane College (NE)
1956	C.E. Patterson, San Diego State (CA)	1967	Payton Jordon, Occidental (CA)		Douglas E. Hansen, Saginaw Valley State
	Charles E. Sportsman, San Diego State	1968	George Marshall, Eastern Michigan		(MI)
	(CA)	1969	L.D. Weldon, Graceland (IA)	1988	Don Spinas, Western Oregon State
1957	Joseph Cogdal, Illinois State	1970	Ray Vaughn, Oklahoma Christian	1989	Robert Lawson, Wisconsin-Parkside
	Eddie Hurt, Morgan State (MD)	1971	Dr. Leroy T. Walker, North Carolina	1990	Jim Crakes, Point Loma Nazarene (CA)
1958	Carl I. Youngworth, Yankton (SD)		Central		John Knight, Western Oregon State
1959	Dr. Harold B. Goddell, South Dakota	1972	Ted Runner, Redlands (CA)	1993	Barbara Jackett, Prairie View A&M (TX)
	Mines	1974	Stan Wright, Texas Southern	1995	Joe Peyton, Puget Sound (WA)
1960	Charles H. Foster, Kearney State (NE)	1976	Hoover Wright, Prairie View A&M (TX)		

Meritorious Service

1957	Sam Carver, Western Washington	1968	Wally Diehl, Sioux Falls (SD)	1987	Kelly Rankin, Head Starter
1963	Les Belding, North Central (IL)	1971	Donald K. Briggs, Kearney State (NE)	1991	Ken Graber, Head Women's Starter
	A.L. Cassell, Jamestown (ND)	1972	James Dutcher, Billings (MT)	1995	John Dangleis, Azusa (CA)
1964	James Fox, Western New Mexico	1977	William Freeman, Harry Gill Co.		
1965	Dr. Maynard "Pat" O'Brian, Eastern Illinois	1983	Charles Ruter, Announcer		
1966	Bert Nelson, Track & Field News	1986	Jack Balko, Specialty Instruments Corp.		



A BOWL OF PASTA THE NIGHT BEFORE.

A BANANA IN THE MORNING.

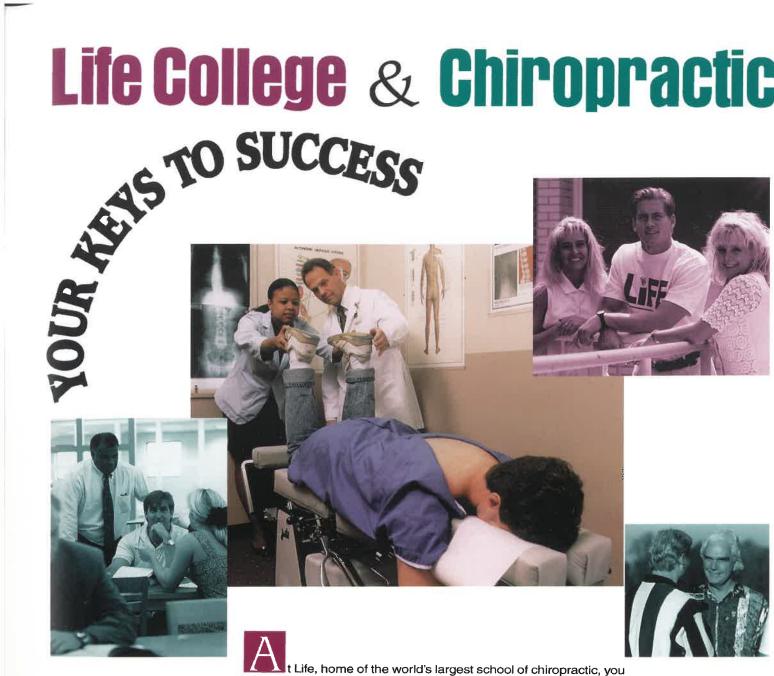
A MOUTHFUL OF BUGS DURING THE RACE.

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