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Cedarville University Volleyball Update

Cedarville University

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CEDARVILLE UNIVERSITY

VOLLEYBALL *update*

Vol. 1 No. 5

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September 2002

2002 Season Preview

The Lady Jackets posted a 29-14 record last year including a 17-6 mark in the American Midwest Conference as Coach Teresa Clark finished her sixth season at the helm. Most volleyball programs would be happy with eleven consecutive winning seasons but there are loftier goals for the 2002 season at Cedarville University. The Lady Jackets return six experienced players including three seniors and will look to seven freshman recruits to make significant contributions to the 2002 squad.

Coach Clark, who has guided Cedarville to a 174-83 record including three 30-win seasons, is guardedly optimistic about the upcoming season. "Our strength in the past has been the middle attack but we will now spread the offense around and be much more balanced," added Clark. "I am excited about the potential to be more athletic and have a strong defense to support the various offensive weapons we will use this season."

The biggest hurdle for the 2002 season is replacing the loss of three valuable seniors who have graduated. Gone is Heather van der Aa, who finished her career as Cedarville's all-time leader in kills (2,390) and blocks (586). The 6-2 middle hitter became the Lady Jackets first NAIA All-American by earning a spot on the third team and was named the NAIA Region IX Player of the Year and the American Midwest Conference Player of the Year. Also departed are Amy Martin, a 6-1 middle hitter, who ranks fifth in kills with 1,496 as well as dependable back row player Cheryl Meyer.

Clark will look to a pair of All-AMC honorable mention selections to lead the charge toward a AMC title in 2002. Senior middle hitter Melissa Holland, a 6-2 senior from Chillicothe, OH, returns to her natural position after filling an outside hitter role on the 2001 team. Holland ranked second in blocks (125) and third in kills (301) for the Lady Jackets. Setter/outside hitter Carrie Hartman, a 5-7 junior from Ft. Wayne, IN, played in every game of every match in 2001 and led the team with 1,294 assists and 421 digs.

Courtney Williams, a 5-4 defensive specialist, will anchor the Lady Jacket back row. The senior from Uniontown, PA, is the only player on the 2002 roster to have played all four seasons at Cedarville. Williams, who also played in every game of every match in 2001, led the squad in serving percentage (.974) and serving attempts (688) while ranking fifth with 291 digs.

The other senior on the roster is Charissa Winburg, a 5-10 outside hitter from Beavercreek, OH. Winburg saw limited action last year but is expected to contribute depth and add stability to the front line attack.

Sophomores Richelle Clem and Paula Thompson return with valuable experience and will be integral parts of the 2002 team. Clem, a 5-10 outside hitter from Elkhart, IN, played in 41 of 43 matches last season and contributed 112 kills and 14 blocks. Her 315 digs ranked fourth on the team. Thompson, a 5-9 middle hitter from Solon, OH, returns to her natural position after filling the outside hitter role in 2001. She ranked third in digs (350) and serving percentage (.926) in her rookie season with the Lady Jackets while playing in 41 matches.

Seven freshman recruits will seek to contribute to the Lady Jackets in 2002. Coach Clark is calling this her most athletic class of recruits in her seven seasons at Cedarville. "I am anxious to see how quickly our fresh-

man adjust to the college game. This group has so much talent and so much ability. Several of them should be able to help us immediately," commented Clark.

Among the incoming freshmen are one NACA All-American, a second-team All-Ohioan, a second-team All-Pennsylvanian, and two Ohio All-District performers. Becca Argento, a 5-6 outside hitter from Grafton, OH, led her Christian Community School to a 67-3 record during the last three seasons and to consecutive NACA Division II National Championships. Erica Paugh, a 5-10 outside hitter from S. Charleston, OH, is the all-time kills leader at Southeastern High School with 711 and holds the record for most kills (348) and digs (278) in a season. Lauren Mable, a 5-3 outside hitter from Lancaster, OH, helped lead her Conestoga Valley team to a fifth-place finish in the 2001 Pennsylvania State Tournament while recording 500 kills and 415 digs during high school career. Kelsey Jones, a 5-8 setter/outside hitter from Cedarville, OH, recorded 500 kills and 415 digs during high school career and has potential to become the teams setter in her rookie season. Rachel Anderson, a 5-8 outside hitter from Beavercreek, OH, led her team to a District Runner-up title in 2001. Rounding out the roster are Kathy Godinez, a 5-5 defensive specialist from Ada, MI, and Aaryn Phillips, a 5-8 outside hitter from Kennesaw, GA.

Highlighting the schedule is the 15th Annual Cedarville Invitational and a demanding run through the American Midwest Conference south division where Cedarville will play each member twice including league powers Malone, Mount Vernon Nazarene and Walsh. The Lady Jackets host just nine other matches in the Athletic Center.



Holland



Hartman



Williams



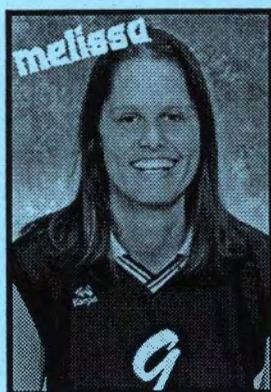
Winburg

2002 Cedarville University Women's Volleyball Schedule

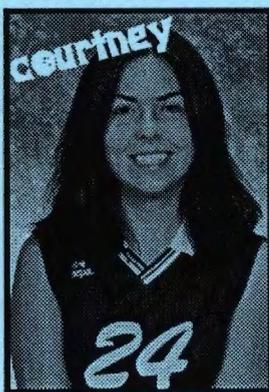
Aug. 30	at Clearwater Christian College	Clearwater, FL	7:00 pm
Aug. 31	at Warner Southern College	Lake Wales, FL	11:00 am
Aug. 31	vs Webber International	Lake Wales, FL	1:00 pm
Sept. 6-7	CEDARVILLE INVITATIONAL	Athletic Center	4:00 pm
Sept. 10	at Wilmington College	Wilmington, OH	5:00 pm
Sept. 13-14	at Huntington College Tournament	Huntington, IN	TBA
Sept. 20-21	at Indiana Wesleyan Tournament	Marion, IN	TBA
Sept. 24	TAYLOR UNIVERSITY - FW	Athletic Center	7:00 pm
Sept. 27	WALSH UNIVERSITY*	Athletic Center	7:00 pm
Sept. 28	vs Tiffin University*	Portsmouth, OH	1:00 pm
Sept. 28	at Shawnee State University*	Portsmouth, OH	3:00 pm
Oct. 1	at Urbana University*	Urbana, OH	7:00 pm
Oct. 5	UNIVERSITY OF RIO GRANDE*	Athletic Center	11:00 am
Oct. 5	MT. VERNON NAZARENE UNIV.*	Athletic Center	3:00 pm
Oct. 8	at Central State University	Wilberforce, OH	7:00 pm
Oct. 10	at Shawnee State University*	Portsmouth, OH	7:00 pm
Oct. 12	TENN. TEMPLE UNIVERSITY	Athletic Center	1:00 pm
Oct. 12	MALONE COLLEGE*	Athletic Center	3:00 pm
Oct. 15	OHIO DOMINICAN UNIVERSITY*	Athletic Center	7:00 pm
Oct. 18-19	NCAA Midwest Regional	Marion, IN	TBA
Oct. 21	at Tiffin University*	Tiffin, OH	7:00 pm
Oct. 24	URBANA UNIVERSITY*	Athletic Center	7:00 pm
Oct. 26	at Mt. Vernon Nazarene University*	Mount Vernon, OH	11:00 am
Oct. 26	vs University of Rio Grande*	Mount Vernon, OH	1:00 pm
Oct. 29	CENTRAL STATE UNIVERSITY	Athletic Center	7:00 pm
Oct. 31	NCAA National Tournament	Marion, IN	TBA
Nov. 1-2	NCAA National Tournament	Marion, IN	TBA
Nov. 5	at Ohio Dominican University*	Columbus, OH	7:00 pm
Nov. 8	at Walsh University*	North Canton, OH	7:00 pm
Nov. 9	at Malone College*	Canton, OH	1:00 pm
Nov. 14-16	AMC/NAIA Tournament	TBA	TBA

*American Midwest Conference South Division Match
All times local

Meet the 2002 Cedarville University Lady Jacket Volleyball Team



Melissa Holland
6'2" SR • Middle Hitter
Chillicothe, OH



Courtney Williams
5'4" SR • Def. Spec.
Uniontown, PA



Charissa Winburg
5'10" SR • Outside Hitter
Beavercreek, OH



Carrie Hartman
5'7" JR • Setter/OH
Ft. Wayne, IN



Richelle Clem
5'10" SO • Outside Hitter
Elkhart, IN



Paula Thompson
5'9" SO • Middle Hitter
Solon, OH



Rachel Anderson
5'7" FR • Outside Hitter
Beavercreek, Ohio



Becca Argento
5'7" FR • Outside Hitter
Grafton, Ohio



Kathy Godinez
5'5" FR • Def. Spec.
Ada, MI



Kelsey Jones
5'8" FR • Setter/OH
Cedarville, OH



Lauren Mable
5'3" FR • Outside Hitter
Lancaster, PA



Erica Paugh
5'8" FR • Outside Hitter
S. Charleston, OH

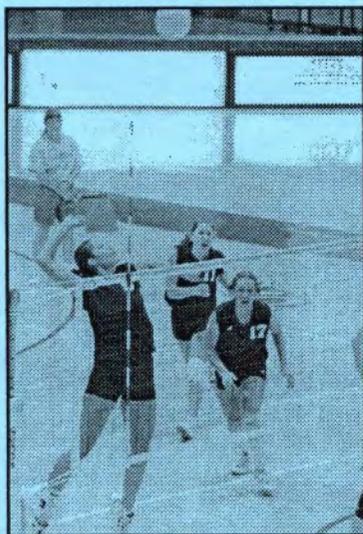


Aaryn Phillips
5'8" FR • Outside Hitter
Kennesaw, GA

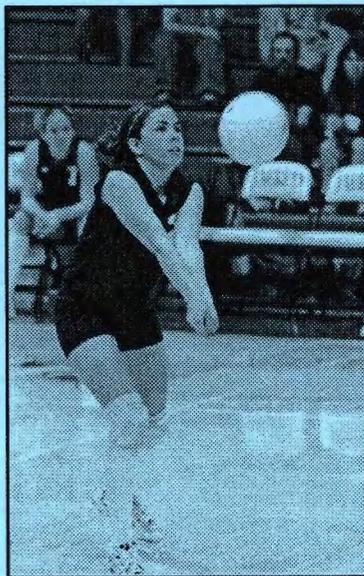
CEDARVILLE UNIVERSITY



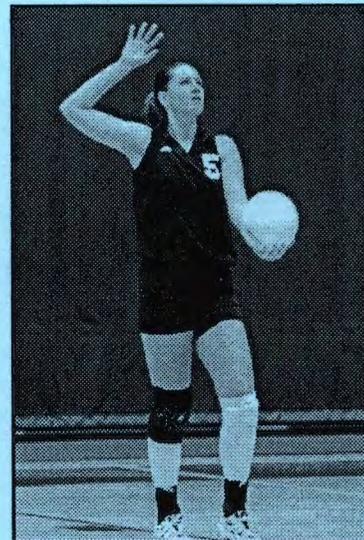
Members of the 2002 Cedarville University women's volleyball team are (front row left-to-right) Becca Argento, Kathy Godinez, Rachel Anderson, Lauren Mable, Courtney Williams. (middle row) Student Trainer Debbie Berruti, Student Assistant Matt Kaufman, Aaryn Phillips, Kelsey Jones, Head Coach Teresa Clark, Assistant Coach Jim Clark. (back row) Carrie Hartman, Charissa Winburg, Richelle Clem, Melissa Holland, Paula Thompson, Erica Paugh.



Melissa Holland, a 6-2 senior from Chillicothe, OH, finished second on the Lady Jackets with 125 total blocks and third with 301 kills in 2001. Her .327 attack percentage ranked second for the Lady Jackets and sixth in the AMC.



Courtney Williams, a 5-4 senior from Uniontown, PA, ranks fourth all-time at Cedarville with 122 career serving aces and is the only 4-year player on the 2002 Lady Jacket roster.



Charissa Winburg, a 5-10 senior from Beavercreek, OH, returns for her final year with the Lady Jackets. She appeared in 26 matches and 44 games in 2001 and registered 15 kills while serving at a .927 clip.

Recruiting News

Becca Argento is the daughter of Mr. and Mrs. Phil Argento of Grafton, Ohio.

Argento, a 5-6 all-around player, helped lead Christian Community School to consecutive NACA (National Association of Christian Athletes) Division II National Volleyball Championships. She was voted the Offensive MVP and Most Outstanding Player at the 2001 NACA Nationals. Argento has been named to the NACA All-Tournament for three consecutive seasons and has played on the varsity team at Christian Community School since the eighth grade.

Argento led her Christian Community School squad to three consecutive ACSI (Association of Christian Schools International) Ohio State Championships while pacing the team to a 67-3 record during the past three seasons.

"We have added an excellent player to our program with the signing of Becca Argento," stated Head Coach Teresa Clark. "Becca comes to us from an outstanding small school athletic program and she is physically prepared to provide an immediate impact on the court this fall."

In addition to playing volleyball, Argento has been involved with class government, yearbook, basketball and life guarding.

"I am very excited about playing volleyball at Cedarville. I have wanted to play college volleyball since junior high, so I couldn't be happier to be able to live out my dream and play at such a great place," mentioned Argento who has participated in CU Volleyball Camps for the last three years. "I really enjoy Coach Clark and I am looking forward to playing with the rest of the team. I cannot wait to continue my education at Cedarville University. I believe this is where God wants me to be!"



Lauren Mable is the daughter of Skip and Katy Mable of Lancaster, Pennsylvania.

Mable, a 5-3 outside hitter, helped lead Conestoga Valley High School to fifth place in the 2002 Pennsylvania state tournament. She recorded 500 kills and 425 digs during her high school career while earning All-Pennsylvania AAA Second Team honors in 2001.

"I am excited about the abilities that Lauren Mable brings to our program," stated Head Coach Teresa Clark. "Lauren comes to us from an outstanding high school and club program. She is very prepared to provide an immediate impact on the court this fall."

In addition to playing volleyball, Mable is a speedster on the track and holds five records at her high school. She finished fifth in the Pennsylvania state track meet with a 12.29 time in the 100 meters. Mable will run track for the Lady Jacket Track & Field squad.

"I am excited for my collegiate volleyball career to begin at Cedarville University," mentioned Mable. "I look forward to being able to continue



Pictured above are: Lauren Mable (front center), surrounded (l to r bottom row) Conestoga Valley volleyball coach, Cedarville volleyball coach Teresa Clark, (l to r top row) CV track coaches, Lauren's parents Skip and Katy, Mr. Kent Reigner, CV Athletic

playing and using volleyball as a ministry for God's glory. Cedarville will provide a great combination of quality academics, spiritual growth opportunities and an awesome volleyball program. I am confident that this is where God led me and will look forward to seeing how He will continue to direct in my life."

Erica Paugh is the daughter of Mr. and Mrs. Steve Paugh of South Charleston, Ohio.

Paugh, a 5-9 outside hitter, helped lead Southeastern High School to the 2001 Division IV Regional finals. Southeastern finished with a 23-4 record. For her efforts, Paugh was selected to the Ohio Heritage Conference First Team, Springfield News-Sun Area First Team, Clark County First Team, District 9 First Team All-Star, Dayton Daily News Area First Team and was a member of the All-Ohio Second Team. Paugh participated in the District 9 and All-Ohio All-Star games.

Paugh holds the career kills record at Southeastern High School with 711 and broke the single-season mark for kills with 355 this past year. She also led the Trojans with 278 digs in the 2001 campaign.

"We have added an outstanding player to our program with the signing of Erica Paugh," stated Head Coach Teresa Clark, who has posted a 174-83 record in her six seasons with the Lady Jackets. "Erica comes to us from an excellent high school athletic program. She is prepared to provide an immediate impact on the court this fall."

In addition to playing volleyball, Paugh was a member of the Southeastern High School basketball team that advanced to the state semi-finals in 2001.

"I had a great four years at Southeastern High School, and I am really excited about continuing my volleyball career at Cedarville University, mentioned Paugh. I feel that God has led me to Cedarville to contribute to the team and to be a witness for Him," she added.



Kelsey Jones is the daughter of Mr. and Mrs. Bill Jones of Cedarville, Ohio.

Jones, a 5-8 setter/outside hitter, earned All-Conference First Team honors each of her four years playing volleyball in high school.

Jones was named to the District 9 Second Team both her junior and senior seasons while also earning the 2000 Xenia Daily Gazette Player of the Year.

Jones posted 314 kills and 1,028 assists during her high school career at Orange Christian Academy in Cleveland and then three years at Cedarville High School.

"Kelsey is an excellent addition to our volleyball program," stated Head Coach Teresa Clark. "She comes to us ready to step up and play college volleyball. I am confident of her abilities to contribute to our program whether it be in the setting role or as an all around player."

In addition to playing volleyball, Jones excelled in basketball and tennis in high school. "I truly enjoyed my high school career and realize it was a privilege to have my mom as a coach, and I am really excited about continuing my volleyball career at Cedarville University," stated Jones.



Pictured above are: Kelsey Jones signing her National Letter of Intent to play volleyball at Cedarville University. Looking on are her parents Bill and Roberta Jones (far left), Glen Satchell, Cedarville High School basketball coach, Teresa and Jim Clark, volleyball coaches at Cedarville University.

Three other freshman recruits join the Lady Jackets for the 2002 season. Rachel Anderson, a 5-8 outside hitter from Beavercreek, OH, joins the Cedarville University volleyball team after a three-sport high school career. Anderson earned four letters in volleyball and her team finished as District Runner-up in 2001. She was named All-Area Honorable Mention for Division I District 9 as a senior. Kathy Godinez, a 5-5 defensive specialist from Grand Rapids, MI, was a three-year letter winner at Forest Hills Central High School. She was named to the OK-White All-Conference team for the 2001-02 season. Aaryn Phillips, a 5-8 outside hitter from Kennesaw, GA, joins the program after a three-sport high school career. Phillips gained valuable experience playing club volleyball in California and Georgia. All three players will seek to gain experience and then contribute to the 2002 Lady Jacket volleyball squad.



Rachel Anderson



Kathy Godinez



Aaryn Phillips