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2012 Capital One Academic All-America Division Men's Track and **Cross Country Team**

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2012 Capital One Academic All-America® Division Men's Track / Cross Country Team

Academic All-American of the Year: Shawn Boss, Central Missouri

Name Scott Anderson Mike Beeler Shawn Boss Christopher Copeland (3) Cameron Daugherty Russell Drummond Alex Harrison Dan Johnson Tim Lahmers Angus MacDonald Dalton Moberly	School Edinboro Pittsburg State Central Missouri #Saint Augustine's Slippery Rock Colorado School of Mines Western Washington East Stroudsburg California (Pa.) Massachusetts Lowell Central Missouri	Yr. Jr. Sr. Sr. Sr. Jr. Gr. Sr. Gr.	RST TEAM Hometown West Falls, N.Y. Lenexa, Kan. Oak Grove, Mo. Suffolk, Va. Jacksonville, N.C. Eugene, Ore. Edmonds, Wash. York, Pa. Delmont, Pa. Methuen, Mass. Kearney, Mo.	GPA 3.78 3.57 4.00 3.64 3.53 3.76 3.84 4.00 3.47 3.93	Major Health & Physical Education Chemistry Computer Information Systems Sports Management Criminology Civil Engineering Kinesiology Sociology Earth Science Mathematics, Curriculum & Instruction Education, Social Studies
Tyler Pennel Stephen Schelander	Western State Shippensburg	Sr.	Golden, Colo. Shippensburg, Ра.	3.66 3.80	Education Sociology
Evan Thayer	Cedarville Setan Ulif	Sr.	Naperville, III.	3.82	Biology
Josh Wilks (1) #	Seton Hill		Geneva, Ohio	3.88	Math, Actuary Science, Education
SECOND TEAM					
Name Bryan Beegle (2)	School Shippensburg		Hometown Gettysburg, PA	GPA 3.80	Major Administration of Justice
Alex Bonus Eric Brill Logan Callier Micah Chelimo Brendan Devine Michael Dial Dan Hellwig Justen Johnson Ian Melhorn Ben Orvold Stephen Polito Nathan Saliga Nate Seely Anthony Witt	Flagler Western Washington. Harding Alaska Anchorage Southern Indiana Truman State Missouri Science and Tech Mansfield East Stroudsburg Wisconsin-Parkside Stonehill Michigan Tech Seattle Pacific Grand Valley State	Sr. Sr. Sr. Sr. Sr. Sr. Jr. Jr. Sr.	Hershey, Pa. Kent, WA Rockwall, Texas Kapkoi, Kenya Bethel, N.Y. Maryland Heights, Mo. Fenton, Mo. Pocono Pines, Pa York, Pa. Sussex, Wis. Worcester, Mass. Leonard, Mich. Lynden, Wash. Jasonville, Ind.	4.00 3.89 3.93 3.41 3.77	Administration of Justice Communications English, Secondary Education Interdisciplinary Studies Engineering History Economics Computer Science Pre-Med, Nutrition Sport Management Master's of Business Admin. Graphic Design Mechanical Engineering English Biomedical Science
Pardon Ndhlovu Logan Sharpe Robert Spezzacatena Scott Tanis Alex Timperley Joey Walls (1) Capital One Academic / (2) Capital One Academic / (3) Capital One Academic /	Southern Connecticut Clayton State Lewis Wayne State	Yr. Jr. So. Jr. Sr. Jr. Sr. Jr. Sr. Jr. Sr. Jr. Sr. Jr. Sr. deam d team	Avon, Conn. Lafayette, Colo. Stratford, Conn. Port Byron, III. Harare, Zimbabwe Esperance, N.Y, North Bergen, NJ Yorkville, IL Norfolk, Neb. Columbia, Mo. in 2011 in 2011	3,49 3,90 3,88 3,89	Major Elementary Education Biology Biological Science Religious Studies History & Science Education Corp. Finance & Acct., Lib. Studies Biology Sociology Physics Business Administration Exercise Science Business Sport Management Sociology Biology



CAPITAL CINE ACADEMIC ALL-AMERICAS FEAM SELECTER NY COSIDIA

FOR RELEASE:

Wednesday, June 20 - 12 noon (EDT)

SHAWN BOSS OF CENTRAL MISSOURI, BETSY GRANEY OF GRAND VALLEY STATE HEADLINE CAPITAL ONE ACADEMIC ALL-AMERICA® DIVISION II TRACK & FIELD/CROSS COUNTRY TEAMS

TOWSON, Md. – Seniors Shawn Boss of the University of Central Missouri and Betsy Graney of Grand Valley State University headline the 2012 Capital One Academic All-America NCAA Division II Track & Field/Cross Country Teams as selected by the College Sports Information Directors of America (CoSIDA).

The Capital One Division II Academic All-America® program is being financially supported by the NCAA Division II national governance structure to assist CoSIDA with handling the awards fulfillment aspects for the 2011-12 D-II Academic All-America teams program.

Boss and Graney have been named as the Capital One Academic All-America® of the Year Division II Track & Field/Cross Country award winners for the men and women respectively.

Boss, a computer information systems major with a perfect 4.00 G.P.A., was the NCAA Elite 89 award winner at NCAA indoor Track championship as a senior. A native of Oak Grove, Mo., he was the NCAA Division II runner-up in the heptathlon with 5,110 points, earning Alf-America honors.

He also finished 10th in the nation in the decathlon and set a personal best with 6,722 points at Trinity (Texas). He was also the NCAA Elite 88 Award winner at the 2011 NCAA Outdoor Track championships and earned Ali-America honors in the heptathlon in 2010.

The winner of the Ken B, Jones Award as the top student-athlete in the Mid-America Intercollegiate Athletic Association, Boss also won the Vernon Kennedy Award for top senior male athlete at UCM.

A physical therapy major with a perfect 4.00 G.P.A., Graney led Grand Valley State to back-to-back NCAA Division II Outdoor Track and Field championships. A native of Haper Woods, Mich., she was a four-time All-American as a senior.

During the indoor season, she was part of the Lakers' distance medley relay team (11:23.35) that won the national championship. She also took finished seventh in the one-mile run (4:54.61). At the NCAA Outdoor Meet, she claimed a national championship in the 3,000-meter steeplechase (10:23.92). She also earned All-American honors in the 5,000-meter run (17:57.10) with a sixth place finish.

Graney was named as the 2012 USTFCCCA Track Athlete of the Year. She qualified for the U.S. Olympic Trials in the steeplechase after setting an NCAA Division II record with a time of 9:53.85.

Boss, Graney Top Capital One Academic All-America® Division II Track Teams - page 2

Boss was joined on the Capital One Academic All-America® Division II Track & Field/Cross Country Teams men's first team by teammate Dalton Moberly.

Senior Christopher Copeland of Saint Augustine's, a two-time selection as third team, made the Capital One Academic All-America® Division II Track & Field/Cross Country Teams men's first team for the first time ever.

Other members of the Capital One Academic All-America® first team include Scott Anderson of Edinboro, Mike Beeler of Pittsburg State, Cameron Daugherty of Slippery Rock, Russell Drummond of Colorado School of Mines, Alex Harrison of Western Washington, Dan Johnson of East Stroudsburg, Tim Lahmers of California (Pa.), Angus MacDonald of Massachusetts Lowell, Tyler Pennel of Western State, Stephe Schelander of Shippensburg, Evan Thayer of Cedarville and Josh Wilks of Seton Hill.

An education and social studies double major with a 3.93 G.P.A., Moberly was the NCAA Elite 89 Award winner at the 2011 NCAA Division II Cross Country championships. He finished fifth at the South Central Regional and 62nd at the championship meet. It was the second time he earned all-region honors in cross country. He also finished ninth in the 5,000 meters at the NCAA Division II Indoor Championships and placed in three events at the MIAA Indoor Championships.

A two-time NCAA Division II indoor high jump champion, Copeland is a sports management major with a 3.64 G.P.A. A senior from Suffolk, Va., Copeland is a six-time All-American in the high jump and earned Capital One Academic All-America® third team honors in 2010 and 2011. He won the 2012 indoor high jump title with a career-best leap of 7-3. He also led Saint Augustine's to championships at the 2012 CIAA indoor and outdoor meets. Copeland was named as the 2012 Atlantic Region Field Athlete of the Year.

Anderson, a junior health and physical education major with a 3.78 G.P.A., is Edinboro's 14th two-time All-American in cross country. The West Falls, N.Y. native led Edinboro to both the Pennsylvania State Athletic Conference and NCAA Division II Atlantic Regional championships in cross country with a pair of second place finishes. He placed 24th at the NCAA Division II Cross Country Championship in 2011 after finishing 18th in 2010. The 2010 PSAC Cross Country Runner of the Year, he was a two-time outdoor track national qualifier in the 5,000 meters.

A three-time All-American in the javelin, Beeler is a senior chemistry major with a 3.57 G.P.A. The Lenexa, Kan., native was the NCAA runner-up in the javelin in 2011 and 2012 for Pittsburg State. He won the MIAA javelin title three times and had a career best throw of 235-8 this season. He entered the national meet as the number one seed.

A senior criminology major with a 3.53 G.P.A., Daugherty is a three-time All-American in the pole vault for Slippery Rock. A native of Jacksonville, N.C., he won the 2012 NCAA outdoor title with a school record clearance of 16-10.75. He is a three-time PSAC runner-up in the pole vault and won the title in 2012.

Drummond, a junior distance runner for Colorado School of Mines, is a civil engineering major with a 3.76 G.P.A. A native of Eugene, Ore., he is a five-time track and field All-American and earned All-American honors in cross country in 2011. He finished fourth in the 1500 meters at the 2012 NCAA outdoor championships and led the cross country team to a third-straight top-five finished at NCAA Division II championships.

Boss, Graney Top Capital One Academic All-America® Division II Track Teams - page 3

A graduate student with a 3.84 G.P.A. in kinesiology, Harrison earned All-America honors in the decathlon in 2012 and the javelin in 2010 for Western Washington. A native of Edmonds, Wash., he set the Great Northwest Athletic Conference decathlon record with 6,598 points at the GNAC meet this year .He owns school records in the decathlon (6,772 points) and javelin (214-7). He was named 2011-12 GNAC Scholar-Athlete of the Year.

A senior sociology major with a 3.82 G.P.A., Johnson earned All-America honors for East Stroudsburg in the decathlon in 2012. A native of York, Pa., he was the PSAC champion in the heptathlon and decathlon as a senior. Named as the PSAC Indoor Field Athlete of the Meet and the Field Athlete of the Year, he set school records with 4,866 points in the heptathlon and 6,925 points in the decathlon.

A senior earth science major with a perfect 4.00 G.P.A., Lahmers was a key performer for the California (Pa.) cross country and track and field teams. A native of Delmont, Pa., he was a strong distance runner for the Vulcans, earning a pair of USTFCCCA All-Academic awards. He also earned the PSAC Champion Scholar Award.

A 10-time All-American, MacDonald is a graduate student at Massachusetts Lowell who is studying mathematics, curriculum and instruction with a 3.47 G.P.A. A native of Methuen, Mass., he was an indoor All-American in the 1500 meters and distance medley relay. He was also an outdoor All-American in the 1500 meters. During his career, he led the River Hawks to a pair of NCAA Division II East Regional cross country championships.

A graduate student at Western State, Pennel has a 3.66 G.P.A. while studying education. A native of Golden, Col., he was the 2012 NCAA Division II 10,000-meter national champion. A five-time national runner-up, he was named as the USTFCCCA National Men's Track Athlete of the Year. He ran the seventh fastest time in Division II history in the 10,000 meters with a time of 28:23.54 at the Stanford Invitational. He has appeared in Sports Illustrated's "Faces in the Crowd" and is the only Division II track athlete on The Bowerman Award mention lists. He led Western State to the NCAA Division II cross country title by finishing as national runner-up in 2011.

A senior sociology major with a 3.80 G.P.A., Schelander led Shippensburg to its second straight PSAC indoor championship. A native of Shippensburg, Pa., he was named the Most Valuable Athlete of the 2012 PSAC Indoor championships after winning the mile and anchoring the conference champion distance medley relay squad. He earned All-America honors in the distance medley relay and missed All-America honors in cross country and the outdoor 1500 meters by one spot as a senior.

Thayer, a senior biology major with a 3.82 G.P.A., earned NCCAA All-America honors in cross country after finishing third at the NCAA Division II meet for Cedarville. He is a two-time NCAA Division II Indoor national champion in the mile and finished as national runner-up twice. A native of Naperville, III., he finished his career with three national titles and eight All-America citations.

A senior math/actuary science/education major with a 3.88 G.P.A., Wilk is the only repeat selection on the Capital One Academic All-America® NCAA Division II men's cross country/track and field first team. A native of Geneva, Ohio, he was the 2010 NCAA Elite 88 Award winner for outdoor track and is a three-time All-American. He holds four indoor and four outdoor school records at Seton Hill.

The 15 members of the 2012 Capital One Academic Alf-America® NCAA Division II men's cross country/track and field first team have an average 3.76 G.P.A.