

4-15-1989

1989 Monica Scott Invitational Results

Cedarville College

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Heidelberg

1989 Coed Track & Field

Indoor Schedule

Jan. 20	Otterbein College Invitational - Westerville, Ohio
Jan. 28	University of Cincinnati Open - Cincinnati, Ohio
Feb. 3-4	"Mason-Dixon" Games - Louisville, Kentucky
Feb. 10	Kenyon College Invitational - Gambier, Ohio
Feb. 18	Mount Union Invitational - Alliance, Ohio
Mar. 3-4	OAC Championships - B.-W. - Berea, Ohio
Mar. 10-11	NCAA III Nationals - TBA



Outdoor Schedule

Mar. 31 -	
Apr. 1	Ohio Relays - Athens, Ohio
Apr. 8	Kenyon College Relays - Gambier, Ohio
Apr. 8-9	Heidelberg Multi - Event Meet - HOME
Apr. 15	4th Annual "Monica Scott" Invitational - HOME
Apr. 22	3rd Annual "Joe Banks" Invit. - ONU - Ada, Ohio
Apr. 25	OAC Qualifying Meet - HOME
Apr. 28-9	80th Annual Drake Relays - Des Moines, Iowa
May 6	"Last Chance" Qualifying Meet (OAC) - HOME
May 12-3	OAC Championships - B.-W. - Berea, Ohio
May 24-7	NCAA III Nationals - N. Cent. College - Chicago

1989 Season Prospectus & Coaches

The 1989 version of the Heidelberg track and field team has the potential to be the best in school history, and Head Coach John Kernan is well aware of it.

"I feel that we have assembled the best team that Heidelberg College has ever had the privilege of having. This



group of young men and women have the opportunity to make history and I believe that they will do that."

The men will be led by three-year letterwinner and two-time All-Ohio Athletic Conference performer Casio Vargas. Other top performers for the men should include; top notch distance runner, junior, Stu Behm, senior All-OAC shot putter and discus thrower Kyle Barlow, sophomore Jason Brown, an All-OAC performer in sprints, hurdles and relays, NCAA pole vault qualifier, junior John Rhoades, sophomore All-OAC javelin thrower Dave Mayer and junior Duff Taylor who has twice been All-OAC and is the school record holder in the 500 meters.



Kernan will also be counting on contributions from some newcomers. Among those expected to step in and make immediate impact are Mark Wagner (freshman from Sycamore), Criss Maple (freshman from Toronto), Bill Butcher (sophomore from Beloit) and Rick Jones (freshman from Buckeye Lake).

The women's team appears to have rebounded from the heavy graduation losses of two seasons ago. Lynne Poland (sophomore from Monclova) and Barb Moore (sophomore from Perry), an All-OAC performer and Heidelberg women's record holder in the shot put, will lead a balanced and talented women's squad in 1989. Looking to aid Poland and Moore will be junior Trina Horton (Columbus) and sophomore Kris Moats (Circleville). Both were members of the 4 x 400 relay team that set the Heidelberg record of 4:17.9 last season.

With only a single senior on the squad, and only a handful of performers with a great deal of experience, Coach Kernan will lean heavily on his newcomers and freshmen.

Slated to step in and contribute to the Lady Student Princes' cause are; freshmen Becky Banhagel (sprints, relays and long jump), Colette DeWolf (400 & 800 meters), Ameer McCool (1500 meters, 3000 meters and relays), Liz Wrocklage (intermediate hurdles, sprints and relays), Vicki Lucas (shot put) and Brenda Weaver (sprints and relays).

Coach Kernan feels that he has just the right mix of experience and youth, and that the right combinations will open the lock to an Ohio Athletic Conference Championship.

Head Coach **John Kernan**

In his fourth season at the helm of the Heidelberg track & field teams, Dr. John Kernan has built one of the most respected programs in the Ohio Athletic Conference.

Prior to coming to Heidelberg in 1986, Kernan spent nine years at Kansas Wesleyan University, guiding his teams to the only two cross country conference titles in school history. During those years, his men's and women's cross country and track athletes won 14 collegiate All-American awards and 31 individual Kansas Conference championships. Before his stint at KWU, Kernan served as an assistant coach at Baylor and at BYU, where he



worked with three Olympic athletes. In addition to his participation in the Athletics Congress Level II Coaching Certification School at the U.S. Olympic Training Center in Colorado Springs, Colorado, the U.S. State Department sent Dr. Kernan to West Africa to assist Ghana in their track and field coaching school in 1984.

During his time at Heidelberg, the Student Princes have had one All-American, sent four athletes to the NCAA Nationals, crowned 10 OAC individual champions and earned 44 All-OAC certificates in individual and relay events.

Assistant Coaches

Karen McConnell

Bev Lynch

Shane Jacoby

Julie Nicewander

1989 Track and Field Rosters

Men

Tim Atkinson Jr. 300m - 10,000m
 Spencer Bailey So. Javelin
 Kyle Barlow Sr. SP - DT
 Eric Beach Fr. LJ, 400m, IH
 Stu Behm Jr. 1500m, 5000m
 Jason Brown So. IH, Sprints, Relays
 Bill Butcher So. Sprints & Relays
 Fred Conde Sr. Javelin
 Wilson Conde Sr. SP
 Bill Conti Jr. 800m, 5000m
 Dennis Coy Fr. 800m, 1500m
 Paul Cruickshanks So. 400m, 800m
 Jenkins Davis Jr. Distances
 Todd DeBouver Fr. 3000m, 5000m
 Dennis Dempsey Fr. HH, LJ, HJ, Dec.
 Todd Egan Fr. Decathlon
 Rob Hart Fr. Distance
 Rick Jones Fr. SP, DT
 Doug Lilly Fr. SP, DT
 Criss Maple Fr. HH, Sprint, Relays
 David Mayer So. Javelin
 J.B. Metcalf Jr. 3000m, SC, Marathon
 Michael Morris Fr. 1500m, 5000m
 Thomas Perchitti Jr. Javelin
 Matt Pfeiffer So. Sprints, Relays
 Joe Prignano Fr. Throws
 John Rhoades Jr. Pole Vault
 James Samsel Jr. 3000m, Marathon
 Kevin Sendelbach So. 400m, 1500m
 Dan Shearer Sr. 1500m, 5000m
 Gary Smith Jr. 1500m, 10,000m
 Duff Taylor Jr. 400m, 1000m
 Kelly Toppin So. 400m, Relays
 Vance Vair Sr. Sprints, Relays
 Casio Vargas Sr. HH, IH, Relays, Dec.
 Plinio Vargas Jr. Pole Vault
 Mark Wagner Fr. 800m, 1500m
 Brian Wright Jr. Throws

Greenville, OH
 Bayonne, NJ
 Cincinnati, OH
 Harpster, OH
 Republic, OH
 Waverly, OH
 Beloit, OH
 Miami, FL
 Miami, FL
 Hudson, OH
 Euclid, OH
 Painesville, OH
 Columbia, MO
 Findlay, OH
 Painesville, OH
 Kirtland, OH
 Lambertville, OH
 Buckeye Lake, OH
 Springfield, OH
 Toronto, OH
 Middletown, NJ
 Hudson, OH
 Sandusky, OH
 Miami, FL
 Wellington, OH
 Manchester, CT
 Greenville, OH
 Binghamton, NY
 Tiffin, OH
 Delaware, OH
 Lancaster, OH
 Madison, OH
 Dorset, OH
 Waynesville, OH
 Miami, FL
 Miami, FL
 Sycamore, OH
 Williamsburg, OH

Becky Banhagel
 Julie Bielecki
 Teresa Boyle
 Darlean Bradley
 Regina Bradley
 Kelli Butzin
 Colette DeWolf
 Sandra Durbin
 Trina Horton
 Diane Hummel
 LeeAnn Jefferis
 Vicki Lucas
 Kris Moats
 Barb Moore
 Diane Mullenex
 Ameer McCool
 Paula Poole
 Lynne Pollard
 Liz Smith
 Kim Tentler
 Melissa Vence
 Brenda Weaver
 Liz Wrocklage

Women

Sprints, LJ, Relays Ionia, MI
 Jr. HJ, Heptathlon N. Philadelphia, OH
 Fr. 400m, 1500m Vandalia, OH
 Jr. Sprints, Relays Circleville, OH
 Fr. 400m, Relays Circleville, OH
 Fr. HJ, Sprints, Relays Clyde, OH
 Fr. 400m, 800m Brecksville, OH
 Fr. 1500m, 5000m Fremont, OH
 Jr. HJ, HH, Sprints, Relays Columbus, OH
 Fr. LJ, 400m, 1500m, Relays Attica, OH
 Fr. HH, IH, Sprints, Relays Greenville, OH
 Fr. Throws Dalton, OH
 So. Sprints, Relays Circleville, OH
 So. Throws Perry, OH
 Fr. Throws Tiffin, OH
 Fr. 1500m, 3000m, Relays Greenville, OH
 So. 1500m, 5000m Monroeville, OH
 So. LJ, TJ, Sprints, Relays Monclova, OH
 Fr. 1500m, 5000m Blacklick, OH
 Jr. 1500m, 10,000m Mentor, OH
 Sr. Hurdles, Sprints, Jumps Atwater, OH
 Fr. Sprints, Relays Rock Creek, OH
 Fr. IH, Sprints, Relays Delphos, OH



1988 Indoor and Outdoor Results

Men

Rhoades College Invitational 1st
 Otterbein Invitational 5th
 "Monica Scott" Invitational 1st
 "Joe Banks" Invitational 1st
 Dual Meet vs. Findlay 1st
 Dual Meet vs. Defiance 1st
 Dual Meet vs. Ohio Northern 1st
 OAC Indoor Championships 3rd
 OAC Outdoor Championships 5th

Non-Scoring Meets

University of Michigan Relays
 Otterbein Invitational
 Kenyon Invitational
 Eastern Michigan Invitational
 Ohio Wesleyan Invitational
 Drake University Relays
 Marshall University Relays

Best OAC Team Performances

3rd - 1949 Men - Outdoor
 3rd - 1986 Women - Outdoor
 3rd - 1986 Women - Indoor
 3rd - 1988 Men - Indoor



Women

Rhoades College Invitational 1st
 Otterbein Invitational 6th
 "Monica Scott" Invitational 5th
 "Joe Banks" Invitational 2nd
 Dual Meet vs. Findlay 1st
 Dual Meet vs. Defiance 1st
 OAC Indoor Championships 6th
 OAC Outdoor Championships 6th

Non-Scoring Meets

University of Michigan Relays
 Otterbein Invitational
 Kenyon Invitational
 Eastern Michigan Invitational
 Ohio Wesleyan Invitational
 Drake University Relays
 Marshall University Relays

Heidelberg Track And Field Honor Roll

All-Americans

Monica Scott	Triple Jump	1986
	High Jump	1985
	Long Jump (indoor)	1985
	High Jump (indoor)	1985
	Long Jump	1984
Mark Lomax	220 Yard Dash	1977

National Champion

Monica Scott
High Jump - 1985

OAC Champions

Charles Eichenberger	120 yard HH - 1949 220 yard LH - 49-50
Harry Groman	Long Jump - 1953 220 Yard LH - 1953 Long Jump - 1956 220 Yards - 1976-77 8 Titles - 1985-86 Including, Long Jump, High Jump, Triple Jump
Mark Lomax Monica Scott	300 Meters - 1985 200 Meters - 1985 400 Meters - 1987 Javelin - 1987 200 Meters - 87-88
Ray Thompson Dennis Brickner Royce Adams Missi Pheiffer Criss Brown	
Team	4 x 440 Yard Relay - 1955

All-OAC Athletes

Royce Adams Dennis Brickner Criss Brown Kyle Barlow Jason Brown Tim Conrad Gary Drexler Dan Dwyer Charles Eichenberger John Fell Kathy Germond Al Gilbert Harry Groman Bob Hunt Greg Jedding Roy King Charles Longnecker Walt Livingston Mark Lomax Doug Lopeman Diane Mason Karen McConnell	Tim McDonald Barb Moore Tim Myles Jeff Perry Tim Pheiffer Randy Phelps Sean Sanford Pete Popovich Craig Roesser John Rhoades Duff Taylor Tillmann Scheffner Monica Scott Ricky Scott Dan Staley John Stiverson Erica Striker Duff Taylor Ray Thompson Vance Vair Casio Vargas Joel Williams Bob Wolfe
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Records

Indoor

Men

55 Meters	Criss Brown	6.69	1987
300 Meters	Royce Adams	36.18	1987
400 Meters	Royce Adams	51.38	1987
500 Meters	Steve Taylor	1:09.24	1987
800 Meters	Tillmann Scheffner	1:57.6	1986
1,000 Meters	Tillmann Scheffner	2:35.69	1986
1,500 Meters	Randy Phelps	4:01.9	1988
3,000 Meters	Randy Phelps	9:02.4	1988
5,000 Meters	Stu Behm	15:59.61	1987
55 Meter HH	Charles Longnecker	8.04	1986
4 x 400 relay	Duff Taylor, Tim Myles Royce Adams, John Kashubeck	3:32.66	1987
High Jump	Gary Drexler	6'4"	1972
Pole Vault	John Rhoades	14'	1987-88
Long Jump	Ray Thompson	22'2"	1985
Triple Jump	Ray Thompson	43'11 3/4	1985
Shot Put	Scott Brown	50'8 3/4	1986

Women

Triple Jump	Monica Scott	34'11 3/4	1985
Long Jump	Monica Scott	18'2 3/4	1985
High Jump	Monica Scott	5'7"	1985
Shot Put	Barb Moore	39' 9 1/2	1988
4 x 1 lap	Christy Dryfuse, Kathy Germond Jill Noble, Monica Scott	1:32.47	1985
55 Meter Hurdles	Monica Crabb	9.78	1988
400 Meters	Diane Mason	65.9	1986
500 Meters	Diane Mason	1:25.7	1986
55 Meters	Monica Scott	7.53	1985
800 Meters	Diane Mason	2:30.2	1986
1,000 Meters	Kathy Germond	3:16.5	1986
300 Meters	Monica Scott	44.9	1986
3,000 Meters	Jodi Shearer	12:34.0	1985
1,600 Meter Relay	Goff, Crabb, Nicewander, Heilman	4:35.57	1987

Outdoor

Men

100 Meters	Dennis Brickner	10.6	1985
200 Meters	Mark Lomax	21.46	1977
400 Meters	Ray Thompson	47.8	1983
800 Meters	Tillmann Scheffner	1:54.22	1986

1,500 Meters	Stu Behm	4:00.9	1987
3,000 Meters SC	Gary Smith	9:42.2	1987
5,000 Meters	Gary Smith	15:35.9	1987
10,000 Meters	Mark Reed	31:59.0	1977
110 Meter HH	Charles Longnecker	15.1	1985
400 Meter IH	Charles Longnecker	55.32	1985
4 x 100 Relay	Brickner, Horton Walker, Thompson	42.74	1984
4 x 400 Relay	J. Brown, Staley Vargas, Sanford	3:24.42	1988
High Jump	Gary Drexler	6'6"	1970
Pole Vault	John Rhoades	15' 1 1/4	1988
Triple Jump	Paul Brown	46' 1 1/4	1969
Long Jump	Harry Groman	23'11 3/4	1956
Shot Put	Joel Williams	55' 8"	1960
Discus	Joel Williams	167' 1 1/4	1960
Javelin	David Mayer	183' 9"	1988
Decathlon	Casio Vargas	5,200	1988
Sprint Medley	C. Brown, J. Brown Sanford, Taylor	3:30.55	1988
Distance Medley	Roper, Midiam Martin, McDonald	10:32.6	1974
4 x 200 Relay	Smith, Addo, Giola, Groman	1:29.6	1958

Women

100 Meters	Monica Scott	12.6	1986
200 Meters	Monica Scott	27.1	1986
400 Meters	Karrie Hadley	62.3	1984
800 Meters	Diane Mason	2:26.9	1986
1,500 Meters	Karen McConnell	4:58.1	1985
3,000 Meters	Jodi Shearer	11:31.3	1986
5,000 Meters	Kelly Sheehan	19:16.3	1982
100 Meter H	Wendy Kirian	16.56	1988
400 Meter IH	Monica Crabb	68.12	1987
4 x 100 Relay	Mason, Germond, Vence, Scott	52.7	1985
4 x 200 Relay	Dryfuse, Germond, Mason, Scott	1:53.5	1985
4 x 400 Relay	Moats, Nicewander, Horton, Kirian	4:17.9	1988
4 x 800 Relay	Germond, Mason, Shearer, McConnell	10:10.07	1985
1600 Meter Medley	Scott, Dryfuse, Mason, McConnell	4:30.6	1985
Long Jump	Monica Scott	19'4"	1983
High Jump	Monica Scott	5'7"	1985
Triple Jump	Monica Scott	37' 4 1/2	1984
Shot Put	Barb Moore	40' 7"	1988
Discus	Laura Melter	133'4"	1986
Javelin	Missi Pheiffer	118'3"	1987

1989 MONICA SCOTT INVITATIONAL

MEN'S RESULTS

10,000 meters

1. Johnny Walters, Unat., 31:35.1
2. Tim Wion, Manchester, 32:49.2
3. Jenkins Davis, Heidelberg, 32:54.1
4. Mark Diebold, Adrian, 33:37.1
5. Ben Hastings, Heidelberg, 34:16.8
6. Jim Samsel, Heidelberg, 35:52.6

Pole Vault

1. John Rhoades, Heidelberg, 14-0
2. Keith Williams, Manchester, 13-6
3. Roger Boshaw, Adrian, 12-6
4. Tom Wynn, Unatt., 12-6
5. Russ Snyder, Manchester, 11-0

4 x 100 Relay

1. Heidelberg, 43.7
2. Bluffton, 44.5
3. Adrian, 44.7
4. West Virginia State, 44.8
5. Manchester, 46.6
6. Wilberforce T.C., 47.0

Discus

1. Ken Amstutz, ONU, 139-5
2. Rick Jones, Heidelberg, 134-11½
3. Kyle Barlow, Heidelberg, X 129-2
4. Trevor Irvin, ONU, 123-0
5. Brian Wright, Heidelberg, 122-9½
6. Darrell Dowdy, Bluffton, 112-11

Long Jump

1. Martin Maize, Unat., 21-4
2. Tyree Thompson, Bluffton, 20-5 3/4
3. Clint Seiles, West Virginia St., X 20-5 3/4
4. Dennis Demsey, Heidelberg, 20-3
5. David Levin, Unat., 20-2½
6. Jeff Eckert, Manchester, 20-1 3/4

3,000 meter SC

1. Todd DeBouver, Heidelberg, 10:05.60
2. Matt Blank, Manchester, 10:21.8
3. Doug DeLong, ONU, 10:29.1
4. Dan Shearer, Heidelberg, 10:33.3
5. Shane Leuthold, Bluffton, 11:05.7
6. Nate Mancillas, Bluffton, 11:07.5

MEN'S RESULTS (con't)

1,500 meters

1. Duff Taylor, Heidelberg, 3:59.04
2. Stu Behm, Heidelberg, 3:59.07
3. Carl Rouch, Manchester, 4:07.9
4. Kevin Sendelbach, Heidelberg, 4:12.5
5. John Littler, ONU, 4:14.5
6. Bill Harrod, Bluffton, 4:16.6

Shot Put

1. Rick Jones, Heidelberg, 47-1
2. Cardell Beachum, Bluffton, 46-8½
3. Britt Howard, West Virginia St, 46-4½
4. Randy Luthman, Bluffton, 43-½
5. Kyle Barlow, Heidelberg, 42-6
6. Wilson Corde, Heidelberg, 41-7½

High Jump

1. Dennis Dempsev, Heidelberg, 6-4
2. Mike Glick, Manchester, 6-2
3. Bob Joach, ONU, 6-0
4. Darrell Dowdy, Bluffton, 5-10
5. Rob koehler, Adrian, 5-8
6. Dwight Lovejoy, Adrian, 5-8

400 Meters

1. Scott Greene, ONU, 50.94
2. Paul Cruickshanks, Heidelberg, 51.09
3. Tim Nicol, Bluffton, 51.92
4. Marc Hunter, Manchester, 52.49
5. Dwight Lovejoy, Adrian, 53.08
6. Steve Lynch, Manchester, 55.02

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100 Meters

1. Sandis, West Virginia St., 10:60
2. Gard, Bluffton, 11.04
3. Pfeiffer, Heidelberg, 11.15
4. Cooper, Adrian, 11.18
5. Silles, West Virginia St., 11.33
6. Jennings, ONU, 11.37

800 Meters

1. Paul Cruickshanks, Heidelberg, 1:58.3
2. Duff Taylor, Heidelberg, 1:58.49
3. Doug Lusckowski, Manchester, 1:58.50
4. Carl Rouch, Manchester, 1:58.62
5. Dan Shroyer, Unat., 2:01.41
6. John Littler, ONU, 2:01.48
6. (tie) Mike Hunter, Manchester, 2:01.48

1989 LONICA SCOTT INVITATIONAL
WOMEN'S RESULTS

5,000 meters

1. Brenda Ramsey, Manchester, 19:08.9
2. Anee McCool, Heidelberg, 19:52.1
3. Lindy Schwaderer, Cedarville, 20:53.3
4. Dora Bechtel, ONU, 22:07.3
5. Cobin Speiser, ONU, 25:11.7

HIGH JUMP

1. Heidi Olson, Adrian, 5-2
2. Felli Putzin, Heidelberg 5-0
3. Trina Horton, Heidelberg 4-10
4. Alison Thompson, Bluffton 4-8
5. Julie Bieleski, Heidelberg 4-8
6. Denise Morris, Cedarville 4-6

SHOT PUT

1. Vicki Lucas, Heidelberg, 40-9 1/2
2. Felly Born, ONU 40-6
3. Barb Moore, Heidelberg 38-4
4. Regina Marshall W.V.S. 37-9
5. Tammy Beahard, Manchester 33-6 1/4
6. Reba Scott, ONU 32-4 1/4

4 x 100 relay

1. Heidelberg 51.75
2. Adrian 52.96
3. Manchester 54.72
4. ONU 57.28
5. Bluffton 58.0

1500 meter

1. Tammy Harvey, Cedarville 5:06.8
2. Colleen Jones, Manchester 5:17.1
3. Paula Poole, Heidelberg 6:10.8

400 meter

1. Regina Bradley, Heidelberg 1:03.40
2. Jill Erisman, Manchester 1:04.6
3. Melody Harding, ONU 1:04.8
4. Diane Hummel, Heidelberg 1:05.7
5. Chris Owens, Manchester 1:06.00
6. Jodi Feasel, ONU 1:07.7

100 meter hurdles

1. Liz Wrocklage, Heidelberg 16.62
2. Heidi Olson, Adrian 17.3
3. Leeann Jeffris, Heidelberg 17.5

100 meters

1. Brenda Weaver, Heidelberg 12.60
2. Linda Irons, W.V.S. 12.85
3. Heidi Olson, Adrian 12.97
4. Donyal Carter, Cedarville 13.24
5. Andrea Seber, Manchester 13.97
6. Shelly Bell, Silbenforce 14.63

WOMEN'S RESULTS (cont.)

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XXXXXXXXXX

Discus

1. Kelly Born, ONU 131-1 1/2
2. Barb Moore, Heidelberg 129-5 1/2
3. Vicki Lucas, Heidelberg 128-5
4. Laura Leiter, Heidelberg 112-4 1/2
5. Regian Marshall, W.V.S. 105-9
6. Tammy Reahard, Lancaster 111-0

LONG JUMP

1. Regian Marshall, W.V.S. 17-3-3/4
2. Heidi Olson, Adrian 15-9 3/4
3. Tracy Sprague, Cedarville 15-4 3/4
4. Diane Hummel, Heidelberg 15-4 1/4
5. Kelly Butzin, Heidelberg 14-11 3/4
6. Lynne Pollard, Heidelberg 14-6 3/4

Triple Jump

1. Regina Marshall, West Virginia St., 36-6 1/2
2. Trina Horton, Heidelberg, 33-7
3. Tracey Sprague, Cedarville, 32-8
4. Lynne Pollard, Heidelberg, 31-9

5X

800 meters

1. Brenda Paulhamus, Cedarville, 2:24.81
2. Tammy Harvey, Cedarville, 2:30.53
3. Rice, Cedarville, 2:32.85
4. Colette DeWolf, Heidelberg, 2:40.86
5. Dara Bechtel, ONU, 2:41.28

200 meters

1. Brenda Weaver, Heidelberg, 26.13
2. Heidi Olson, Adrian, 28.23
3. Donyal Carter, Cedarville, 28.47
4. Shelley Bell, Unat., 28.77
5. Deandra Hayden, West Virginia State, 29.50
6. Book, Adrian, 30.47

400 meter Intermediate Hurdles

1. Leann Jefferis, Heidelberg, 1:10.4
2. Odie Steegman, ONU, 1:11.7
3. Liz Wrocklage, Heidelberg, 1:13.7
4. Pari Clark, Cedarville, 1:14.6
5. Deb West, ONU, 1:18.4

6X

Javelin

1. Kelly Born, ONU, 100-11
2. Diane Meyer, Bluffton, 97-6
3. Gina Ray, Cedarville, 95-8
4. Regian Marshall, W.V.S., 94-9
5. Tammy Reahard, Lancaster, 93-11
6. Jeannete Hostettler, Bluffton, 91-10

10/05/5 3:25 PM 1/2 mile

3000 meters

1. Aree McCool, Heidelberg, 11:27.5
2. Gina Ray, Cedarville, 12:18.1
3. Michelle McIntyre, Adrian, 12:38.4
4. Dione Dorsey, ONU, 12:57.9
5. Paula Poole, Heidelberg, 13:22.7
6. Steph Faracson, Fluffton, 14:58.2

4 x 400 Relay

1. Heidelberg, 4:16.8
2. Cedarville, 4:19.9 *Linda Rice*
3. Leachester, 4:21.0 *Tammy Harvey*
4. ONU, 4:32.8 *Rori Clark*
Brenda Paulhamer's

59.85 split