

4-30-1994

1994 Mid-Ohio Conference Track & Field Championships

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THIRD ANNUAL MID-OHIO CONFERENCE TRACK & FIELD CHAMPIONSHIPS

April 30, 1994 -- Walsh University -- North Canton, Ohio

WOMEN'S RESULTS

Shot Put

1.	Tricia Holmes	Rio	35-5
2.	Courtney Kilburn	Ced	34-10
3.	Cary Williams	Rio	34-0
4.	Amy Hardy	Rio	32-11

5000 M Run

1.	Wendi Schrock	Wal	18:32.1
2.	Julianne Pletcher	Ced	18:54.0
3.	Laura Boothe	Ced	19:28.0
4.	Kara Malone	Ced	20:09.3

Discus Throw

1.	Courtney Kilburn	Ced	128-7*
2.	Cary Williams	Rio	114-11
3.	Tricia Holmes	Rio	109-10
4.	Rachel Jenkins	Rio	106-1

10,000 M Run

1.	Adrienne Harris	Rio	41:38.0*
2.	Cindy Hasselbring	Ced	43:05.0
3.	Kim Bell	Ced	44:10.0
4.	Kari Persons	Ced	46:22.0

Javelin Throw

1.	Rachel Jenkins	Rio	96-9
2.	Cary Williams	Rio	93-3
3.	Tiffany Shaw	Ced	92-7
4.	Shelley Allen	Wal	84-4

100 M Hurdles

1.	Stephanie Sherman	Ced	15.6*
2.	Joy Beitler	Ced	15.9
3.	Beatrice Gray	Wal	16.6
4.	Kellina Cooper	Rio	16.6

Long Jump

1.	Stephanie Sherman	Ced	16-10
2.	Kellina Cooper	Rio	16-5.50
3.	Kristy Lindsey	Rio	16-4
4.	Kim Sowers	Rio	16-2

400 M Hurdles

1.	Robin Egelhoff	Rio	1:07.0*
2.	Joy Beitler	Ced	1:10.2
3.	Carrie Albert	Wal	1:16.4
4.	Diane Rogers	Rio	1:18.3

Triple Jump

1.	Stephanie Sherman	Ced	35-9.50
2.	Kellina Cooper	Rio	33-9.25
3.	Stacey Ritter	Rio	32-5
4.	Kim Sowers	Rio	31-7

4 x 100 M Relay

1.	Rio Grande Kristy Lindsey, Kim Sowers, Kellina Cooper, Stacey Ritter		51.3
2.	Cedarville		51.8
3.	Walsh		51.8

High Jump

1.	Joy Beitler	Ced	5-4*
2.	Jill Zenner	Ced	4-10
3.	Kristy Lindsey	Rio	4-10

4 x 400 M Relay

1.	Rio Grande Kristy Lindsey, Jamee Bethel, Robin Egelhoff, Stacey Ritter		4:04.1*
2.	Cedarville		4:07.7
3.	Walsh		4:39.0

100 M Dash

1.	Kristy Lindsey	Rio	12.9*
2.	Tiffany Christian	Wal	13.1
3.	Sara Jackson	Ced	13.4
4.	Kellina Cooper	Rio	13.4

* Mid-Ohio Conference Meet Record

NOTE: All running events are hand timed.

200 M Dash

1.	Kristy Lindsey	Rio	26.7
2.	Stacey Ritter	Rio	26.8
3.	Beatrice Gray	Wal	27.2
4.	Sara Jackson	Ced	27.7

TEAM STANDINGS

1.	Rio Grande	86
2.	Cedarville	84
3.	Walsh	24
4.	Tiffin	0
	Urbana	0

400 M Dash

1.	Stacey Ritter	Rio	1:00.8
2.	Robin Egelhoff	Rio	1:01.3
3.	Rachel Sayre	Rio	1:03.8
4.	Tammie Shephard	Wal	1:05.3

800 M Run

1.	Jennifer Zenner	Ced	2:27.6
2.	Jamie Bethel	Rio	2:28.2
3.	Jill Zenner	Ced	2:29.1
4.	Theresa Rizzo	Wal	2:34.0

1500 M Run

1.	Jennifer Zenner	Ced	5:02.2
2.	Michelle Burson	Ced	5:02.4
3.	Heather Cornelius	Ced	5:16.3
4.	Angel Robinson	Rio	5:23.2

3000 M Run

1.	Michelle Burson	Ced	10:51.2
2.	Wendi Schrock	Wal	10:55.6
3.	Rachelie Flanigan	Ced	11:20.0
4.	Marisa Smith	Ced	11:38.0

44th ANNUAL MID-OHIO CONFERENCE TRACK & FIELD CHAMPIONSHIPS

April 30, 1994 -- Walsh University -- North Canton, Ohio

MEN'S RESULTS

<u>Hammer Throw</u>				<u>1500 M Run</u>			
1.	Ron Milligan	Wal	153-11*	1.	Pete Simons	Ced	4:01.0
2.	John Miller	Rio	99-6	2.	Chad Benson	Rio	4:02.3
3.	Tim Keib	Ced	93-7	3.	Scott Wenger	Rio	4:03.1
4.	James Johnson	Rio	93-0	4.	Kevin Conkel	Ced	4:06.9
<u>Shot Put</u>				<u>3000 M Steeplechase</u>			
1.	Tim Keib	Ced	42-0	1.	Mark Bennett	Rio	10:06.0
2.	Bill Robinson	Rio	41-3.50	2.	Robb Mizicko	Wal	10:10.0
3.	John Miller	Rio	40-1	3.	Jason Taylor	Ced	10:44.5
4.	Dave Swasey	Ced	37-5	4.	Dan Cook	Ced	11:41.6
<u>Discus Throw</u>				<u>5000 M Run</u>			
1.	Tim Keib	Ced	140-4	1.	Chris Smith	Rio	15:07.2
2.	James Johnson	Rio	137-10	2.	Pete Simons	Ced	15:14.0
3.	Frank Boone	Urb	124-9	3.	Kevin Conkel	Ced	15:27.3
4.	John Miller	Rio	124-6	4.	Scott Wenger	Rio	15:43.5
<u>Javelin Throw</u>				<u>10,000 M Run</u>			
1.	Joe Cunningham	Ced	159-3	1.	Bryan McCallum	Wal	33:19.8
2.	Jason Weeks	Rio	130-3	2.	Danny Hayes	Rio	33:32.1
3.	Doug Amundson	Ced	123-11	3.	Chris Currens	Wal	33:37.9
4.	Mark Bennett	Rio	120-2	4.	Josh Bell	Ced	34:01.0
<u>Long Jump</u>				<u>110 M Hurdles</u>			
1.	Jerry Smith	Rio	22-3	1.	Steve Barr	Ced	15.5
2.	Leroy Thornton	Urb	21-10.50	2.	Jason Weeks	Rio	15.6
3.	Chris Melkonian	Ced	20-5	3.	Chris Melkonian	Ced	16.2
4.	Chad Cannon	Rio	19-6				
<u>Triple Jump</u>				<u>400 M Hurdles</u>			
1.	Jerry Smith	Rio	41-2.75	1.	Frank Srp	Wal	56.2
2.	Chris Melkonian	Ced	40-9.75	2.	Chris Melkonian	Ced	57.4
3.	Courtney Hutchinson	Rio	36-2.25	3.	Jason Weeks	Rio	59.7
4.	Andy Leslie	Ced	35-8.25	4.	Chad Cannon	Rio	1:00.0
<u>High Jump</u>				<u>4 x 100 M Relay</u>			
1.	Chris Melkonian	Ced	5-10	1.	Rio Grande		43.5
2.	Denver Seely	Ced	5-8	Jerry Smith, Courtney Hutchinson, Marc Michigan, Chad Cannon			
				2.	Cedarville		44.9
				3.	Walsh		47.0
<u>Pole Vault</u>				<u>4 x 400 M Relay</u>			
1.	Joe Cunningham	Ced	14-0	1.	Cedarville		3:24.5
2.	Jared Wick	Ced	13-6	Darryl Hammock, Nick Awabdy, Andy Miller, James Persenaire			
3.	Andy Leslie	Ced	12-3	2.	Rio Grande		3:27.4
				3.	Walsh		3:43.6
<u>100 M Dash</u>				* Mid-Ohio Conference Meet Record			
1.	Jerry Smith	Rio	10.8	NOTE: All running events are hand timed.			
2.	Darryl Hammock	Ced	11.3				
3.	Courtney Hutchinson	Rio	11.3				
4.	Chad Cannon	Rio	11.9				
<u>200 M Dash</u>				<u>TEAM STANDINGS</u>			
1.	Jerry Smith	Rio	22.3	1.	Cedarville		92
2.	Leroy Thornton	Urb	22.6	2.	Rio Grande		84
3.	Darryl Hammock	Ced	22.7	3.	Walsh		24
4.	Jimmy Tanks	Tif	23.0	4.	Urbana		9
				5.	Tiffin		4
<u>400 M Dash</u>							
1.	Marc Michigan	Rio	50.4				
2.	Jimmy Tanks	Tif	50.5				
3.	Steve Barr	Ced	51.1				
4.	Leroy Thornton	Urb	51.5				
<u>800 M Run</u>							
1.	James Persenaire	Ced	1:54.7				
2.	Chad Benson	Rio	1:58.7				
3.	Andy Miller	Ced	1:58.9				
4.	Nick Awabdy	Ced	2:00.0				