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Women's Track & Field Statistics

Women's Track & Field (1996-Current)

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5-27-2010

## 2010 NAIA Outdoor Championships

Cedarville University

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## 30th Annual NAIA Outdoor Championship

## Women's Results

Indiana Wesleyan University  
Marion, Ind.  
May 27-29, 2010

## Women - Team Rankings - 24 Events Scored

1) Azusa Pacific	61	2) Oklahoma Baptist	60
3) Simon Fraser	56	4) Shorter	51
5) Florida Memorial	41	6) Langston	40
7) Concordia (Ore.)	38	8) Lindenwood	33
9) Point Loma	31	10) British Columbia	30
11) Wayland Baptist	29	12) Black Hills St.	27
12) Biola	27	14) Concordia (Neb.)	26
15) Bethel (Ind.)	25	16) Huston-Tillotson	21
17) Fresno Pacific	20	18) Grand View	18
19) Sioux Falls	17.50	20) Indiana Tech	17
21) Concordia (Cal.)	16	21) Cornerstone	16
23) Southwest (N.M.)	15	24) Aquinas	14
24) McKendree	14	26) Goshen	12
27) Missouri Baptist	11	27) Joane	11
29) St. Francis (Ind.)	10	29) Jamestown	10
31) Olivet Nazarene	8.50	32) Northwestern (Iowa)	8
32) Eastern Oregon	8	32) Mount Mercy	8
35) Bethany (Kan.)	7	35) Vanguard	7
37) Hastings	6	37) Oklahoma Christian	6
37) Malone	6	37) College of Idaho	6
37) Cedarville	6	37) Park U.	6
43) Southwestern (Kan.)	5	43) Dordt	5
43) Indiana Wesleyan	5	43) Dana College	5
43) William Penn	5	48) Morningside	4
49) Notre Dame (Ohio)	3	49) Tabor	3
51) Cal St. San Marcos	2	51) Clarke	2
51) Southern Oregon	2	51) Bethel (Tenn.)	2
51) William Woods	2	51) Webber	2
57) Missouri Valley	1.50	57) Marian (Ind.)	1.50
59) Siena Heights	1	59) Boughton	1
59) Lindsey Wilson	1	59) St. Ambrose	1
59) Graceland	1	64) Walsh	0.50
64) Minot State	0.50		

## Women 100 Meter Dash

18 Advance: Top 3 Each Heat plus Next 6 Best Times

World: W 10.49	7/16/1988	Florence Griffith-Joyner, USA
American: A 10.49	1988	Florence Griffith Joyner, World Class AC
Collegiate: C 10.93	1989	Dawn Sowell, LSU
NAIA Champs.: N 11.37	2001	Vida Nsiah, Central State, OH
2009 winner: *	11.54	5/22/2009 Shelinda Brackett, McKendree
Name	Year School	Prelims

## Heat 1 Preliminaries Wind: 4.7

1 Mandy Ross	JR Azusa Pacific	11.74Q	
2 Charlesha Lightbourne	SO Langston	11.76Q	
3 Laura Bowman	SR Indiana Wesleyan	11.77Q	11.764
4 Jane Channell	SR Simon Fraser	11.90Q	
5 Julieta Johnson	SO Huston-Tillotson	11.95Q	

6	Kyla Wasser	SR Dickinson St	12.02q	
7	Keleisha Ross	SR Wayland Baptist	12.08	12.072
8	Shilpa Hamilton	JR McKendree	12.12	
Heat 2 Preliminaries Wind: 4.3				
1	Kimberly Smith	JR Wayland Baptist	11.72Q	
2	DeeJay Silcott	SR Doane	11.78Q	
3	Henrietta Carey	FR Taylor	11.92Q	
4	Samantha DeStefano	SO Aquinas	12.11	12.107
4	Jacina Sims	SO St. Xavier	12.11	12.108
6	Samilya Nixon	SO Langston	12.12	
7	Raven White	FR Voorhees	12.23	
8	Stephanie Persaud	JR Concordia-OR	12.26	
9	Stephanie Wordyke	FR Graceland	12.52	
Heat 3 Preliminaries Wind: 2.9				
1	Brittany Sewell	SO Shorter	11.81Q	
2	Tiffany Jackson	JR Missouri Baptist	11.91Q	
3	Bianca Grant	SO Wayland Baptist	11.98Q	
4	Krystle Osby	FR CSU-San Marcos	12.10	
5	Ebonie Butler	FR St. Ambrose	12.17	
6	Andrea Dominguez	JR Huston-Tillotson	12.27	
7	Kayla Montgomery	SO Minot State	12.40	
--	Kedeshia Simpson	FR Dickinson St	DNF	
Heat 4 Preliminaries Wind: 5.5				
1	Anika Jno Baptiste	SO Florida Memorial	11.55Q	
2	Shantel Leonard	JR Langston	11.70Q	
3	Leandria Lee	SO Wayland Baptist	11.77Q	11.762
4	Sarah Long	SR Webber	11.89q	
5	Kaley Jameson	JR Concordia-OR	12.06q	
6	Jamie Hopkins	SO Huston-Tillotson	12.08q	12.071
7	Ashley Harris	JR McKendree	12.33	
8	Juanita Hollands	SO Bacone	12.46	
	Katrina Bettard	SO Bethel-TN	DNS	

Women 100 Meter Dash

World: W 10.49 7/16/1988 Florence Griffith-Joyner, USA  
 American: A 10.49 1988 Florence Griffith Joyner, World Class AC  
 Collegiate: C 10.93 1989 Dawn Sowell, LSU  
 NAIA Champs.: N 11.37 2001 Vida Nsiah, Central State, OH  
 2009 Winner: \* 11.54 5/22/2009 Sheliuda Brackett, McKendree

Name	Year School	Semis
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Heat 1 Semi-Finals Wind: 1.2

1	Kimberly Smith	JR Wayland Baptist	11.82Q
2	Mandy Ross	JR Azusa Pacific	11.88Q
3	Charlesha Lightbourne	SO Langston	11.97Q
4	DeeJay Silcott	SR Doane	12.00q
5	Laura Bowman	SR Indiana Wesleyan	12.03q
6	Henrietta Carey	FR Taylor	12.10
7	Julietta Johnson	SO Huston-Tillotson	12.24
8	Jane Channell	SR Simon Fraser	12.28
9	Jamie Hopkins	SO Huston-Tillotson	12.30

Heat 2 Semi-Finals Wind: 2.2

1	Anika Jno Baptiste	SO Florida Memorial	11.75Q
2	Shantel Leonard	JR Langston	11.92Q
3	Brittany Sewell	SO Shorter	12.01Q
4	Tiffany Jackson	JR Missouri Baptist	12.07q
5	Bianca Grant	SO Wayland Baptist	12.08
6	Sarah Long	SR Webber	12.15
7	Leandria Lee	SO Wayland Baptist	12.16
8	Kyla Wasser	SR Dickinson St	12.26
9	Kaley Jameson	JR Concordia-OR	12.47

Women 100 Meter Dash

World: W 10.49 7/16/1988 Florence Griffith-Joyner, USA  
 American: A 10.49 1988 Florence Griffith Joyner, World Class AC  
 Collegiate: C 10.93 1989 Dawn Sowell, LSU  
 NAIA Champs.: N 11.37 2001 Vida Nsiah, Central State, OH  
 2009 Winner: \* 11.54 5/22/2009 Sheliuda Brackett, McKendree

Name	Year School	Finals
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Section 1 Finals Wind: 1.1

1	Anika Jno Baptiste	SO Florida Memorial	11.62	
2	Shantel Leonard	JR Langston	11.84	
3	Mandy Ross	JR Azusa Pacific	11.85	
4	Kimberly Smith	JR Wayland Baptist	11.88	
5	Charlesha Lightbourne	SO Langston	11.91	
6	Tiffany Jackson	JR Missouri Baptist	11.96	11.958
6	Laura Bowman	SR Indiana Wesleyan	11.96	11.960
8	Brittany Sewell	SO Shorter	11.97	
9	DeeJay Silcott	SR Doane	12.01	

Women 200 Meter Dash

18 Advance: Top 4 Each Heat plus Next 6 Best Times

World:	W 21.34	9/29/1988	Florence Griffith-Joyner, USA
American:	A 21.34	1988	Florence Griffith Joyner, World Class AC
Collegiate:	C 22.29	1999	LaTasha Jenkins, Ball State
NAIA Champs.:	N 23.10	1994	Sevethehn Fyces, Southern- New Orleans
2009 Winner:	* 23.72	5/23/2009	Kimberly Smith, Wayland Baptist

Name	Year	School	Prelims
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Heat 1 Preliminaries Wind: 3.4

1	Gayon Evans	FR Oklahoma Baptist	23.57Q
2	Anika Jno Baptiste	SO Florida Memorial	23.90Q
3	Shantel Leonard	JR Langston	24.07Q
4	Keleisha Ross	SR Wayland Baptist	24.32Q
5	Brittany Sewell	SO Shorter	24.52q
6	Jenna Brouwer	JR Dordt	24.75q
7	Fatima Barrier	FR Huston-Tillotson	25.08
8	Henrietta Carey	FR Taylor	25.10
9	Abigail Torian	FR Indiana Tech	25.22

Heat 2 Preliminaries Wind: 2.1

1	Charlesha Lightbourne	SO Langston	23.92Q
2	Tiffany Jackson	JR Missouri Baptist	24.52Q
3	Leandria Lee	SO Wayland Baptist	24.56Q
4	Laura Bowman	SR Indiana Wesleyan	24.58Q
5	Sarah Long	SR Webber	24.79q
5	Raven White	FR Voorhees	24.79q
7	Manolitha Joseph	FR Warner	25.12
8	Taylor Russell	FR Embry-Riddle	25.21

Heat 3 Preliminaries Wind: 2.4

1	Adella King	FR Indiana Tech	24.03Q
2	DeeJay Silcott	SR Doane	24.10Q
3	Mandy Ross	JR Azusa Pacific	24.35Q
4	Javonya Wilson	FR Florida Memorial	24.73Q
5	Tia Moreland	SO Shorter	24.77q
6	Tamica Jones	SR Huston-Tillotson	25.07q
7	AnnaLiesa Fauth	JR Jamestown	25.36
8	Emaryne Watt	FR Indiana Tech	28.09

Women 200 Meter Dash

9 Advance: Top 3 Each Heat plus Next 3 Best Times

World:	W 21.34	9/29/1988	Florence Griffith-Joyner, USA
American:	A 21.34	1988	Florence Griffith Joyner, World Class AC
Collegiate:	C 22.29	1999	LaTasha Jenkins, Ball State
NAIA Champs.:	N 23.10	1994	Sevethehn Fyces, Southern- New Orleans
2009 Winner:	* 23.72	5/23/2009	Kimberly Smith, Wayland Baptist

Name	Year	School	Semis
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Heat 1 Semi-Finals Wind: -2.2

1	Charlesha Lightbourne	SO Langston	24.16Q
2	Adella King	FR Indiana Tech	24.27Q
3	Shantel Leonard	JR Langston	24.48Q
4	Keleisha Ross	SR Wayland Baptist	24.71
5	Laura Bowman	SR Indiana Wesleyan	24.77
6	Tiffany Jackson	JR Missouri Baptist	25.06
7	Tia Moreland	SO Shorter	25.16
8	Tamica Jones	SR Huston-Tillotson	25.37
9	Jenna Brouwer	JR Dordt	25.58

Heat 2 Semi-Finals Wind: 0.9

1	Anika Jno Baptiste	SO Florida Memorial	24.01Q
2	Mandy Ross	JR Azusa Pacific	24.05Q
3	DeeJay Silcott	SR Doane	24.21Q
4	Sarah Long	SR Webber	24.62q

5	Brittany Sewell	SO Shorter	24.64q
6	Leandria Lee	SO Wayland Baptist	24.69q
7	Javonya Wilson	FR Florida Memorial	24.93
8	Raven White	FR Voorhees	24.98
--	Gayon Evans	FR Oklahoma Baptist	DNS

Women 200 Meter Dash

World: W 21.34 9/29/1988 Florence Griffith-Joyner, USA  
 American: A 21.34 1988 Florence Griffith Joyner, World Class AC  
 Collegiate: C 22.29 1999 LaTasha Jenkins, Ball State  
 NAIA Champs.: N 23.10 1994 Sevetheda Pynes, Southern- New Orleans  
 2009 Winner: \* 23.72 5/23/2009 Kimberly Smith, Wayland Baptist

Name	Year School	Finals
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Section 1 Finals Wind: NWI

1	Anika Jno Baptiste	SO Florida Memorial	23.92
2	Adella King	FR Indiana Tech	24.12
3	Charlesba Lightbourne	SO Langston	24.19
4	DeeJay Silcott	SR Doane	24.31 24.304
5	Shantel Leonard	JR Langston	24.31 24.307
6	Mandy Ross	JR Azusa Pacific	24.33
7	Sarah Long	SR Webber	24.69
8	Leandria Lee	SO Wayland Baptist	24.99
9	Brittany Sewell	SO Shorter	25.09

Women 400 Meter Dash

18 Advance: Top 4 Each Heat plus Next 6 Best Times  
 World: W 47.60 10/6/1985 Marita Koch, GDR  
 American: A 48.70 9/17/2006 Sandi Richards, Nike  
 Collegiate: C 50.18 6/3/1989 Pauline Davis, Alabama  
 NAIA Champs.: N 51.44 1996 Fatimat Yusuf, Azusa Pacific, CA  
 2009 Winner: \* 54.02 5/23/2009 Marissa Moseley, Oklahoma Baptist

Name	Year School	Prelims
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Heat 1 Preliminaries

1	Sarah Laine	JR Point Loma	55.94Q
2	Monika Valenzuela	JR CSU-San Marcos	56.46Q
3	Manolitha Joseph	FR Warner	56.76Q
4	Jordan Turner	JR Point Loma	56.94Q
5	Blair Dixon	FR Doane	57.50q
6	Lauren Prueter	JR Spring Arbor	57.77q
7	Shondia Drew	SO Oklahoma Baptist	57.79q
8	Sarah Patterson	JR Oklahoma Baptist	58.94

Heat 2 Preliminaries

1	Marissa Moseley	SR Oklahoma Baptist	55.99Q
2	Ashlie Stewartson	SO Shorter	56.65Q
3	Catherine Sims	JR Concordia-OR	57.10Q
4	Teneignue Coulibaly	JR Lindenwood	57.34Q
5	Raven Rudel	FR Langston	57.62q
6	Jaimie Grindie	JR Ursuline-OR	57.65q
7	Juliette Normil	FR Florida Memorial	57.95q
8	Arielle Montague	FR Bethel-TN	59.68

Heat 3 Preliminaries

1	Ashley Hanna	JR Florida Memorial	56.74Q
2	Alexa Winik	SO Cedarville	57.06Q
3	Jasmine Stone	SO Huston Tillotson	58.48Q
4	Sherria Hester	FR Lindsey Wilson	58.77Q
5	Kaila Stevens	SO Bethel-IN	58.78
6	Kelli Kopper	SR Tabor	59.01
7	Anjaih Clemons	JR Southwestern-KS	1:01.78
--	Keith Kotan	SO Lindenwood	DNS

Women 400 Meter Dash

9 Advance: Top 3 Each Heat plus Next 3 Best Times  
 World: W 47.60 10/6/1985 Marita Koch, GDR  
 American: A 48.70 9/17/2006 Sandi Richards, Nike  
 Collegiate: C 50.18 6/3/1989 Pauline Davis, Alabama  
 NAIA Champs.: N 51.44 1996 Fatimat Yusuf, Azusa Pacific, CA  
 2009 Winner: \* 54.02 5/23/2009 Marissa Moseley, Oklahoma Baptist

Name	Year School	Semis
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## Heat 1 Semi-Finals

1	Marissa Moseley	SR Oklahoma Baptist	54.29Q
2	Ashley Hanna	JR Florida Memorial	55.36Q
3	Alexa Winik	SO Cedarville	55.41Q
4	Ravenn Rudel	FR Langston	56.32q
5	Jordan Turner	JR Point Loma	56.48
6	Manolitha Joseph	FR Warner	56.59
7	Jaimie Grindle	JR Ursuline-OH	57.14
8	Teneignue Coulibaly	JR Lindenwood	57.22
9	Juliette Normil	FR Florida Memorial	58.34

## Heat 2 Semi-Finals

1	Sarah Laine	JR Point Loma	54.89Q
2	Catherine Sims	JR Concordia-OR	55.18Q
3	Ashlie Stewartson	SO Shorter	55.56Q
4	Jasmine Stone	SO Huston-Tillotson	56.07q
5	Shondia Drew	SO Oklahoma Baptist	56.45q
6	Monika Valenzuela	JR CSU-San Marcos	56.53
7	Blair Dixon	FR Doane	57.78
8	Lauren Prueter	JR Spring Arbor	58.14
9	Sherria Hester	FR Lindsey Wilson	58.88

## Women 400 Meter Dash

World:	W 47.60	10/6/1985	Marita Koch, GDR
American:	A 48.70	9/17/2006	Sandi Richards, Nike
Collegiate:	C 50.18	6/3/1989	Pauline Davis, Alabama
NALA Champs.:	N 52.44	1996	Fatimat Yusuf, Azusa Pacific, CA
2009 Winner:	* 54.02	5/23/2009	Marissa Moseley, Oklahoma Baptist
Name	Year	School	Finals

## Section 1 Finals

1	Marissa Moseley	SR Oklahoma Baptist	53.54*
2	Sarah Laine	JR Point Loma	54.47
3	Ashley Hanna	JR Florida Memorial	55.20
4	Jasmine Stone	SO Huston-Tillotson	55.71
5	Ravenn Rudel	FR Langston	55.75
6	Alexa Winik	SO Cedarville	55.80
7	Catherine Sims	JR Concordia-OR	55.83
8	Ashlie Stewartson	SO Shorter	55.85
9	Shondia Drew	SO Oklahoma Baptist	56.92

## Women 800 Meter Run

18 Advance:	Top 4 Each Heat plus Next 6 Best Times		
World:	W 1:53.28	7/26/1983	Jarmila Kratochvilova, TCH
American:	A 1:56.40	1999	Jearl Miles Clark, Reebok
Collegiate:	C 1:59.11	1990	Suzy Favor, Wisconsin
NALA Champs.:	N 2:03.95	1986	Brit McRoberts, Simon Fraser, BC
2009 Winner:	* 2:05.86	5/23/2009	Purity Biwott, Wayland Baptist
Name	Year	School	Prelims

## Heat 1 Preliminaries

1	Helen Crofts	SO Simon Fraser	2:14.45Q
2	Preosha Graham-Coats	SO Indiana Tech	2:15.91Q
3	Darby Emerson	JR Houghton	2:16.01Q
4	Ali Hudson	SR Simon Fraser	2:16.30Q
5	MariJean Wegert	JR Grace	2:17.59q
6	Stephanie Warnke	SO Dakota State	2:19.90q
7	Maria Tucu	JR Park U.	2:20.22
8	Lucia Ashbury	JR CSU-San Marcos	2:24.31

## Heat 2 Preliminaries

1	Romona Nicolls	SR Park U.	2:15.65Q
2	Jessica Smith	JR Simon Fraser	2:15.66Q
3	Elizabeth Zaragoza	SR Cen. Methodist	2:15.80Q
4	Alma Garcilazo	SO Eastern Oregon	2:15.92Q
5	Irene Masai	JR Okla. Christian	2:16.13q
6	Junia Linage	SO Concordia-OR	2:18.25q
7	Kendra Zaffuto	SO Roberts Wesleyan	2:19.17q
8	Kendra Knight	FR Sioux Falls	3:19.93

## Heat 3 Preliminaries

1	Brianna Kane	JR Simon Fraser	2:17.58Q
2	Kydia Echols	SR Wayland Baptist	2:17.71Q
3	Samia Adan	FR Embry-Riddle	2:17.95Q
4	Keleey Rickabaugh	SR Point Loma	2:18.18Q

5 Olivia Brennan	JR Simon Fraser	2:18.49q
6 Bailey Massenburg	FR Point Loma	2:21.01
7 Brittany Young	FR Dakota State	2:21.89
8 Amanda Woodward	JR Doane	2:23.09

## Women 800 Meter Run

9 Advance: Top 3 Each Heat plus Next 3 Best Times

World: W 1:53.28	7/26/1983	Jarmila Kratochvilova, TCH
American: A 1:56.40	1999	Jearl Miles Clark, Reebok
Collegiate: C 1:59.11	1990	Suzy Favor, Wisconsin
NAIA Champs.: N 2:03.89	1986	Brit McRoberts, Simon Fraser, BC
2009 Winner: *	2:05.86	5/23/2009 Purity Biwott, Wayland Baptist

Name	Year	School	Semis
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## Heat 1 Semi-Finals

1 Brianna Kane	JR Simon Fraser	2:11.63Q
2 Kydia Echols	SR Wayland Baptist	2:11.95Q
3 Alma Garcilazo	SO Eastern Oregon	2:12.14Q
4 Romona Nicolls	SR Park U.	2:12.28q
5 Elizabeth Zaragoza	SR Cen. Methodist	2:12.52q
6 Ali Hudson	SR Simon Fraser	2:12.59q
7 MariJean Wegert	JR Grace	2:15.03
8 Stephanie Warnke	SO Dakota State	2:15.06
9 Junia Liwage	SO Concordia-OR	2:20.95

## Heat 2 Semi-Finals

1 Jessica Smith	JR Simon Fraser	2:10.47Q
2 Helen Crofts	SO Simon Fraser	2:10.79Q
3 Darby Emerson	JR Houghton	2:12.54Q
4 Irene Masai	JR Okla. Christian	2:13.36
5 Samia Adan	FR Embry-Riddle	2:14.14
6 Kelsey Rickabaugh	SR Point Loma	2:15.56
7 Kendra Zaffuto	SO Roberts Wesleyan	2:15.73
8 Precsha Graham-Coats	SO Indiana Tech	2:18.08
9 Olivia Brennan	JR Simon Fraser	2:20.81

## Women 800 Meter Run

World: W 1:53.28	7/26/1983	Jarmila Kratochvilova, TCH
American: A 1:56.40	1999	Jearl Miles Clark, Reebok
Collegiate: C 1:59.11	1990	Suzy Favor, Wisconsin
NAIA Champs.: N 2:03.89	1986	Brit McRoberts, Simon Fraser, BC
2009 Winner: *	2:05.86	5/23/2009 Purity Biwott, Wayland Baptist

Name	Year	School	Finals
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## Section 1 Finals

1 Helen Crofts	SO Simon Fraser	2:07.49
2 Jessica Smith	JR Simon Fraser	2:08.13
3 Brianna Kane	JR Simon Fraser	2:09.98
4 Alma Garcilazo	SO Eastern Oregon	2:11.00
5 Romona Nicolls	SR Park U.	2:11.24
6 Kydia Echols	SR Wayland Baptist	2:12.02
7 Ali Hudson	SR Simon Fraser	2:12.19
8 Darby Emerson	JR Houghton	2:13.16
9 Elizabeth Zaragoza	SR Cen. Methodist	2:13.65

## Women 1500 Meter Run

12 Advance: Top 3 Each Heat plus Next 3 Best Times

World: W 3:50.46	9/11/1993	Yunxia Qu, CHN
American: A 3:57.13	1983	Mary Slancy, Athletics West
Collegiate: C 4:06.75	2003	Tiffany McWilliams, Mississippi State
NAIA Champs.: N 4:16.56	1992	Sarah Howell, Simon Fraser, BC
2009 Winner: *	4:26.57	5/23/2009 Purity Biwott, Wayland Baptist

Name	Year	School	Prelims
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## Heat 1 Preliminaries

1 Helen Crofts	SO Simon Fraser	4:36.56Q
2 Jessica Smith	JR Simon Fraser	4:36.61Q
3 Victoria Martinez	JR Azusa Pacific	4:37.97Q
4 Angela Shaw	JR Simon Fraser	4:42.06q
5 Juline Brice	SR Webber	4:44.95
6 Bekah Regenfuss	SR Olivet Nazarene	4:45.68
7 Rachel Snider	SR Okla. Christian	4:46.37

8 Sarah Hanchett	FR Eastern Oregon	4:54.93
9 Elyse Velte	SR Cumberland	5:01.27
-- Kelsey Klettke	SO Lewis-Clark	DNF

## Heat 2 Preliminaries

1 Maggie Miller	JR College of Idaho	4:40.65Q
2 Lydia Wong	SR Cedarville	4:43.36Q
3 Megan Moyer	SR Point Loma	4:45.02Q
4 Lauren Dentzman	SR St. Xavier	4:46.82
5 Rachael Dean	SO Judson	4:47.75
6 Rachael Baker	SR Goshen	4:48.50
7 Stephanie Sparks	SR College of Idaho	4:48.84
8 Stephanie Helm	JR College of Idaho	4:50.65
9 Chelsea Van Cott	SO Vanguard	4:56.79
10 Erin Curran	FR Black Hills St	4:57.42

## Heat 3 Preliminaries

1 Poppy Lawman	FR Azusa Pacific	4:37.51Q
2 Breelan Matranga	FR Point Loma	4:39.04Q
3 Anna Hrushka	SR Lee	4:40.75Q
4 Andi Ripley	SR Cornerstone	4:43.30q
5 Ashley Miller	SR College of Idaho	4:43.79q
6 Carol Schryver	SO CSU-San Marcos	4:44.14
7 Neola Putnam	FR Cedarville	4:46.59
8 Julie Mayfield	SO Embry-Riddle	4:47.92
9 Cherise Price	JR Kansas Wesleyan	4:49.05
10 Carolyn Case	FR Cedarville	4:54.30
11 Madeline Hornung	SO Jamestown	5:12.05

## Women 1500 Meter Run

World: W 3:50.46 9/11/1993 Yunxia Qu, UHN  
 American: A 3:57.12 1983 Mary Slaney, Athletics West  
 Collegiate: C 4:06.75 2003 Tiffany McWilliams, Mississippi State  
 NAIA Champs.: N 4:16.56 1992 Sarah Howell, Simon Fraser, BC  
 2009 Winner: \* 4:26.57 5/23/2009 Purity Biwott, Wayland Baptist

Name	Year School	Finals
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## Section 1 Finals

1 Jessica Smith	JR Simon Fraser	4:27.78
2 Helen Crofts	SO Simon Fraser	4:28.25
3 Poppy Lawman	FR Azusa Pacific	4:31.80
4 Victoria Martinez	JR Azusa Pacific	4:33.29
5 Maggie Miller	JR College of Idaho	4:34.84
6 Lydia Wong	SR Cedarville	4:36.90
7 Angela Shaw	JR Simon Fraser	4:38.59
8 Breelan Matranga	FR Point Loma	4:40.14
9 Anna Hrushka	SR Lee	4:42.88
10 Andi Ripley	SR Cornerstone	4:46.38
11 Megan Moyer	SR Point Loma	4:47.69
12 Ashley Miller	SR College of Idaho	4:52.99

## Women 5000 Meter Run

16 Advance: Top 6 Each Heat plus Next 4 Best Times

World: W 14:11.15 6/6/2008 Tirunesh Dibaba, ETH  
 American: A 14:44.80 4/14/2007 Shalane Flanagan, Nike  
 Collegiate: C 15:05.72 2004 Kim Smith, Providence  
 NAIA Champs.: N 16:38.04 2008 Alissa McKaig, Indiana Tech  
 2009 Winner: \* 16:51.32 5/23/2009 Jacky Kipwambok, Azusa Pacific

Name	Year School	Prelims
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## Heat 1 Preliminaries

1 Jacky Kipwambok	SR Azusa Pacific	18:12.45Q
2 Obsie Birru	SO Grand View	18:12.46Q
3 Danielle Brenon	SO Houghton	18:12.63Q
4 Justyna Mudy	SO Shorter	18:12.97Q
5 Rebecca Sopp	SR Vanguard	18:14.89Q
6 Renee Graham	SR Azusa Pacific	18:25.94Q
7 Britcany Arch	SO NW Christian	18:36.89q
8 Jennifer Mullen	FR Concordia-CA	18:42.47
9 Trisha Miller	FR Bethel-IN	18:44.01
10 Stephanie Helm	JR College of Idaho	18:46.31
11 Jessica Sandoval	JR CSU-San Marcos	18:50.02
12 Eka Bentle	SO Indiana Wesleyan	18:53.40
13 Flo Vazquez	SO Embry-Riddle	19:03.57



14	Jacque Lutz	SO Cal Baptist	19:34.53
15	Danica Rosendale	FR Westmont	20:07.04
--	Karlee Coffey	FR Eastern Oregon	DNS
--	Charity Miles	JR Northwestern-IA	DNS
--	Sarah Brooks	JR Biola	DNS

## Heat 2 Preliminaries

1	Violet Mokaya	SO Concordia-CA	18:12.18Q
2	Alice Taylor	JR Concordia-OR	18:14.98Q
3	Megan Williams	SO Vanguard	18:16.09Q
4	Lauren Jimison	SO Azusa Pacific	18:16.34Q
5	Carly Plank	FR Aquinas	18:18.21Q
6	Juline Brice	SR Webber	18:19.79Q
7	Caitlin Villarreal	SO CSU-San Marcos	18:23.03q
8	Katie Thede	JR Biola	18:33.00q
9	Kristine Smith	JR College of Idaho	18:33.86q
10	Ashlee Szabo	FR Point Loma	18:37.90
11	Amy Poul	SR St. Xavier	18:38.58
12	Lauren Hubbard	FR Milligan	18:53.14
13	Chrissa Trudelle	JR Westmont	19:11.27
14	Kelly Thompson	FR CSU-San Marcos	19:19.94
15	Samantha Robert	JR Concordia-OR	19:27.54
16	Alexandria Harkins	JR Park U.	19:43.65
17	Heather Exline	FR Milligan	20:11.81
--	Jane Kerner	SO Biola	DNS

## Women 5000 Meter Run

World:	W 14:11.15	6/6/2008	Tirunesa Dibaba, ETH
American:	A 14:44.80	4/14/2007	Shalane Flanagan, Nike
Collegiate:	C 15:09.72	2004	Kim Smith, Providence
NAIA Champs.:	N 16:39.04	2008	Alissa McKaig, Indiana Tech
2009 Winner:	* 16:51.32	5/23/2009	Jacky Kipwambok, Azusa Pacific

Name	Year	School	Finals
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## Section 1 Finals

1	Justyna Mudy	SO Shorter	17:19.81
2	Lauren Jimison	SO Azusa Pacific	17:26.66
3	Jacky Kipwambok	SR Azusa Pacific	17:36.66
4	Violet Mokaya	SO Concordia-CA	17:42.28
5	Obsie Birru	SO Grand View	17:45.17
6	Alice Taylor	JR Concordia-OR	17:55.18
7	Rebecca Sopp	SR Vanguard	17:56.49
8	Caitlin Villarreal	SO CSU-San Marcos	17:56.95
9	Danielle Brenon	SO Houghton	18:09.20
10	Juline Brice	SR Webber	18:25.79
11	Carly Plank	FR Aquinas	18:27.34
12	Renee Graham	SR Azusa Pacific	18:30.89
13	Katie Thede	JR Biola	18:37.70
14	Brittany Arch	SO NW Christian	18:40.21
15	Megan Williams	SO Vanguard	18:56.84
16	Kristine Smith	JR College of Idaho	19:07.22

## Women 10000 Meter Run

World:	W 29:31.78	9/8/1993	Junxia Wang, CHN
American:	A 30:22.22	6/15/2008	Shalane Flanagan, Asics
Collegiate:	C 32:19.97	4/30/2004	Alicia Craig, Stanford
NAIA Champs.:	N 34:22.95	2008	Alissa McKaig, Indiana Tech
2009 Winner:	* 34:48.21	5/21/2009	Jacky Kipwambok, Azusa Pacific

Name	Year	School	Finals
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## Section 1

1	Obsie Birru	SO Grand View	36:17.88
2	Lauren Jimison	SO Azusa Pacific	36:24.88
3	Lauren Versweyveld	JR Olivet Nazarene	36:36.12
4	Rebecca Sopp	SR Vanguard	36:40.98
5	Jacky Kipwambok	SR Azusa Pacific	36:42.40
6	Karlee Coffey	FR Eastern Oregon	36:44.43
7	Cheryl Held	SO William Wood	37:10.71
8	Jessica Sandoval	JR CSU-San Marcos	37:10.94
9	Violet Mokaya	SO Concordia-CA	37:11.93
10	Bethany Howard	SO NW Christian	37:23.48
11	Alice Taylor	JR Concordia-OR	37:32.89
12	Samantha Robert	JR Concordia-OR	38:00.74

13	Renee Graham	SR Azusa Pacific	38:08.80
14	Sarah Kortze	FR Concordia-NE	38:37.90
15	Jen Albright	JR CSU-San Marcos	38:43.87
16	Chrissa Trudelle	JR Westmont	38:46.56
17	Karissa Cominator	SO Friends	38:49.99
18	Sarah Brooks	JR Biola	39:00.72
19	Anya Martinez	FR Southern Oregon	39:08.85
20	Alex Salinas	SR Embry-Riddle	39:11.42
21	Gina Erbacci	FR Point Loma	39:24.26
22	Kelsey Devereaux	JR Indiana Wesleyan	39:28.68
23	Emily Popma	SR Aquinas	39:36.41
24	Rachel Wren	SR Roberts Wesleyan	39:39.47
25	Katy Cramer	JR Aquinas	39:40.91
26	Jacque Lutz	SO Cal Baptist	39:41.00
27	Kristen Juveland	JR Southern Oregon	39:41.32
28	Samantha Rinkus	JR Aquinas	39:55.89
29	Laurie Stoutenburgh	FR Southern Oregon	40:02.92
30	Gabrielle Wuensch	JR Malone	40:03.80
31	Jane Kerner	SO Biola	40:07.41
32	Danielle Wuensch	JR Malone	40:10.49
33	Ana Mendoza	SR Cal Baptist	40:11.41
34	Cassidy Reich	SO CSU-San Marcos	40:11.94
35	Lindsey McKown	SR CSU-San Marcos	40:12.38
36	Jessica Dingman	JR Ursuline-OH	40:22.39
37	Brooke Ashcraft	JR St. Ambrose	40:45.54
38	Angela Arvoy	JR Indiana Wesleyan	40:50.87
39	Taylor Doll	JR Friends	41:08.34
40	Meghan Baunatz	SR St. Francis-IL	41:29.32
41	Danielle Lewis	SR Bethel-IN	41:38.93
42	Tiffany Gibson	SR Great Falls	41:43.51
43	Brooke Cooper	SR Spring Arbor	43:08.90
--	Katie Kunz	JR Point Loma	DNF

Women Marathon

World:	W 2:15:25.00	4/13/2003	Paula Radcliffe, GBR
American:	A 2:19:36.00	4/23/2006	Deena Kastor, Asics
NAIA Champs.:	N 2:49:14.01	1992	Amber Anderson, Midland Lutheran, NE
2009 Winner:	* 3:01:49.01	5/23/2009	Wendy O'Lehey, Black Hills St.

Name	Year	School	Finals
1	Wendy O'Lehey	SR Black Hills St	2:57:59.01*
2	Nelly Amenyogbe	FR British Columbia	3:05:21.80
3	Emily Popma	SR Aquinas	3:06:22.30
4	Christina Hanson	SO Dana College	3:11:04.80
5	Sophia DeGraff	SO Concordia-OR	3:12:41.80
6	Nicki Exler	SR Cornerstone	3:18:10.90
7	Kaitlyn Meernik	SR Aquinas	3:21:39.80
8	Emmanuel Delira	JR Azusa Pacific	3:22:40.30
9	Kelsey Devereaux	JR Indiana Wesleyan	3:23:07.01
10	Stephanie Godfrey	SR Azusa Pacific	3:23:29.90
11	Christina Addison	SR Taber	3:24:19.10
12	Amy VanHal	JR Trinity Christia	3:25:19.90
13	Ingrid Carlson	SR Northwestern-IA	3:28:34.70
14	Lindsay Mixok	SO Montreat	3:29:24.40
15	Elizabeth Schmitz	SO Benedictine	3:32:26.40
16	Brooke Fischer	FR Mount Marty	3:33:13.50
17	Meredith Gardner	JR Oklahoma Baptist	3:33:56.20
18	Viviana Arreola	SR Doane	3:36:24.40
19	Brooke Cooper	SR Spring Arbor	3:36:40.70
20	Kelli Woodward	SR Friends	3:37:21.70
21	Heather Sayre	JR Houghton	3:38:33.90
22	Aubrie Dolliver	SO Oklahoma Baptist	3:43:05.60
23	Amber Watson	JR Rocky Mountain	3:44:00.30
24	Katy Thomsor	JR St. Xavier	3:50:30.50
25	Ashleigh Anderson	JR Jamestown	3:54:27.40
26	Rachel Fessenden	SR Park J.	3:58:06.01
27	Christina Bruce	FR Great Falls	3:59:26.50
--	Katie Cook	SR Black Hills St	DNF
--	Olivia Mills	FR Montreat	DNF
--	Kaitlin Shaw	JR Shorter	DNF
--	Janelle Lindman	SR Cornerstone	DNF
--	Lisa Taylor	SR Spring Arbor	DNF
--	Angela Wiggins	SR Northwestern-IA	DNF

## Women 100 Meter Hurdles

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 18 Advance: Top 4 Each Heat plus Next 6 Best Times

World: W 12.21 8/20/1988 Yordanka Donkova, BUL  
 American: A 12.33 2000 Gail Devers, Nike  
 Collegiate: C 12.61 1988 Gail Devers, UCLA  
 NAIA Champs.: N 13.33 2004 Davetta Shepherd, Lindenwood, MO  
 2009 Winner: \* 14.10 5/22/2009 Lorin Milotta, Westmont

Name Year School Prelims  
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Heat 1 Preliminaries Wind: 3.3

1	Shannon Hellman	SR Black Hills St	13.37Q
2	Tiffany Jackson	JR Missouri Baptist	14.04Q
3	Verone Chambers	SO Oklahoma Baptist	14.20Q
4	Jessica Townsend	SR Florida Memorial	14.28Q
5	Jillian Ourada	FR Doane	14.72q
6	Nikki Smith	SR Oregon Tech	14.86q
7	Sara Shippy	SO William Jewell	14.88q
8	Rachel Luehrs	FR St. Ambrose	14.95
9	Andrea Abrahms	FR Simon Fraser	15.01

Heat 2 Preliminaries Wind: 3.1

1	Tiffeny Parker	SR Azusa Pacific	14.03Q
2	Jessica Thomas	SO Notre Dame-OH	14.35Q
3	Eunice Makinde	JR Concordia-OR	14.36Q
4	Tiffany Tucker	SO Notre Dame-OH	14.69Q
5	Rynita Anderson	FR Missouri Valley	14.79q
6	Nikki Shinkle	SR Black Hills St	14.81q
7	Takeisha Hunt	JR Indiana Tech	14.87q
8	Lataasha Moore	JR Grand View	14.97
9	Arionne Hoskins	FR Huston-Tillotson	16.45

Heat 3 Preliminaries Wind: 3.3

1	Nataasha Miller	JR Biola	14.08Q
2	Allison Strouse	SR Aquinas	14.22Q
3	Breanna Leslie	FR Azusa Pacific	14.53Q
4	Sarah Samnerud	FR Sioux Falls	14.60Q
5	Alyssa Maher	SR Mount Mercy	14.92
6	Katelin Morgan	JR Indiana Wesleyan	14.94
7	Brianca Wubben	FR Dordt	14.97
8	Kelsey Medeiros	SO Roberts Wesleyan	15.23
9	Jessica Nesson	JR Clarke	15.47

## Women 100 Meter Hurdles

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 9 Advance: Top 3 Each Heat plus Next 3 Best Times

World: W 12.21 8/20/1988 Yordanka Donkova, BUL  
 American: A 12.33 2000 Gail Devers, Nike  
 Collegiate: C 12.61 1988 Gail Devers, UCLA  
 NAIA Champs.: N 13.33 2004 Davetta Shepherd, Lindenwood, MO  
 2009 Winner: \* 14.10 5/22/2009 Lorin Milotta, Westmont

Name Year School Semis  
 =====

Heat 1 Semi-Finals Wind: 2.5

1	Shannon Hellman	SR Black Hills St	13.39Q
2	Tiffany Jackson	JR Missouri Baptist	13.95Q
3	Eunice Makinde	JR Concordia-OR	14.08Q
4	Allison Strouse	SR Aquinas	14.17q
5	Tiffany Tucker	SO Notre Dame-OH	14.31q
6	Breanna Leslie	FR Azusa Pacific	14.47
7	Jillian Ourada	FR Doane	14.56
8	Nikki Smith	SR Oregon Tech	14.82
9	Takeisha Hunt	JR Indiana Tech	14.94

Heat 2 Semi-Finals Wind: 0.4

1	Verone Chambers	SO Oklahoma Baptist	* 13.93Q
2	Jessica Townsend	SR Florida Memorial	14.25Q
3	Nataasha Miller	JR Biola	14.30Q
4	Jessica Thomas	SO Notre Dame-OH	14.46q
5	Tiffeny Parker	SR Azusa Pacific	14.48
6	Sarah Samnerud	FR Sioux Falls	14.88
7	Nikki Shinkle	SR Black Hills St	15.24
8	Sara Shippy	SO William Jewell	15.38
9	Rynita Anderson	FR Missouri Valley	15.48

## Women 100 Meter Hurdles

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 World: W 12.21 8/20/1988 Yordanka Donkova, BUL  
 American: A 12.33 2000 Gail Devers, Nike  
 Collegiate: C 12.61 1988 Gail Devers, UCLA  
 NAIA Champs.: N 13.33 2004 Davetta Shepherd, Lindenwood, MO  
 2009 Winner: \* 14.10 5/22/2009 Lorin Milotta, Westmont

Name	Year School	Finals
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Section 1 Finals Wind: 0.7

1 Shannon Hellman	SR Black Hills St	13.45*
2 Tiffany Jackson	JR Missouri Baptist	14.20
3 Eunice Makinde	JR Concordia-OR	14.29
4 Jessica Townsend	SR Florida Memorial	14.30
5 Allison Strouse	SR Aquinas	14.32
6 Jessica Thomas	SO Notre Dame-OH	14.33
7 Natasha Miller	JR Biola	14.36
8 Verone Chambers	SO Oklahoma Baptist	14.55
9 Tiffany Tucker	SO Notre Dame-OH	14.66

Women 400 Meter Hurdles

16 Advance: Top 4 Each Heat plus Next 6 Best Times

World: W 52.34 8/8/2003 Yuliya Pechenkina, RUS  
 American: A 52.61 1995 Kim Batten, Reebok  
 Collegiate: C 53.54 6/1/2004 Sheenna Johnson, UCLA  
 NAIA Champs.: N 55.14 1993 Deon Hemmings, Central State, OH  
 2009 Winner: \* 58.80 5/23/2009 Verone Chambers, Oklahoma Baptist

Name	Year School	Prelims
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Heat 1 Preliminaries

1 Verone Chambers	SO Oklahoma Baptist	1:00.84Q
2 Victoria Anderson	JR Point Loma	1:02.70Q
3 Jessica Suddaby	SR Fresno Pacific	1:02.76Q
4 Kayla Wilson	SR Cornerstone	1:03.85Q
5 Jess Roodvoets	JR Davenport	1:04.20q
6 Emily McCutchan	SR College of Idaho	1:05.39q
7 Jocelynn Smith	SO Corban	1:05.43
8 Jan Bennett	SR Lindenwood	1:05.62
9 Jimmy Moore	SO Eastern Oregon	1:10.66

Heat 2 Preliminaries

1 Irene Kangai	SO Bethel-IN	1:00.73Q
2 Kennisha Holder	FR Shorter	1:03.20Q
3 Jessica Coons	JR Shorter	1:04.21Q
4 Anne-Mari Naro	SO British Columbia	1:04.85Q
5 Krista McGehee	SO Oklahoma Baptist	1:05.30q
6 Melissa Wohlheter	FR Malone	1:06.13
7 Alexis Thurmond	SO Oklahoma Baptist	1:07.16
8 Melissa Darr	SR Warner	1:09.25
9 Jessica Townsend	SR Florida Memorial	1:10.40

Heat 3 Preliminaries

1 Jessica Alanis	SO Fresno Pacific	1:02.60Q
2 Lindsay Reinhardt	JR Sioux Falls	1:03.58Q
3 Juliette Normil	FR Florida Memorial	1:03.71Q
4 Jordan Baker	SO Concordia-CA	1:04.04Q
5 Nikki Shinkle	SR Black Hills St	1:04.26q
6 Cassie Mattia	SO Rio Grande	1:04.38q
7 Kari Roth	SR Southwestern-KS	1:05.33q
8 Marissa Curry	JR Jamestown	1:05.47
9 Laura G'Sell	SO Benedictine	1:07.69

Women 400 Meter Hurdles

9 Advance: Top 3 Each Heat plus Next 3 Best Times

World: W 52.34 8/8/2003 Yuliya Pechenkina, RUS  
 American: A 52.61 1995 Kim Batten, Reebok  
 Collegiate: C 53.54 6/1/2004 Sheenna Johnson, UCLA  
 NAIA Champs.: N 55.14 1993 Deon Hemmings, Central State, OH  
 2009 Winner: \* 58.80 5/23/2009 Verone Chambers, Oklahoma Baptist

Name	Year School	Semis
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Heat 1 Semi-Finals

1 Irene Kangai	SO Bethel-IN	1:00.79Q
2 Kennisha Holder	FR Shorter	1:01.70Q
3 Victoria Anderson	JR Point Loma	1:03.35Q

4 Juliette Normil	FR Florida Memorial	1:03.48q
5 Anne-Mari Nano	SO British Columbia	1:03.98
6 Jess Roodvoets	JR Davenport	1:04.88
7 Karl Roth	SR Southwestern-KS	1:05.14
8 Jessica Coons	JR Shorter	1:06.58
9 Krista McGehee	SO Oklahoma Baptist	1:06.67

## Heat 2 Semi-Finals

1 Verone Chambers	SO Oklahoma Baptist	1:00.26Q
2 Jessica Suddaby	SR Fresno Pacific	1:02.51Q
3 Jessica Alanis	SO Fresno Pacific	1:02.92Q
4 Jordan Baker	SO Concordia-CA	1:03.58q
5 Nikki Shinkle	SR Black Hills St	1:03.59q
6 Kayla Wilson	SR Cornerstone	1:03.66
7 Lindsay Reinhardt	JR Sioux Falls	1:04.18
8 Cassie Mattia	SO Rio Grande	1:05.61
9 Emily McCutchan	SR College of Idaho	1:07.87

## Women 400 Meter Hurdles

World: W 52.34	8/8/2003	Yuliya Pechenkina, RUS
American: A 52.61	1995	Kim Batten, Reebok
Collegiate: C 53.54	6/1/2004	Sheenna Johnson, UCLA
NAIA Champs.: N 55.14	1993	Deon Hemmings, Central State, OH
2009 Winner: * 58.60	5/23/2009	Verone Chambers, Oklahoma Baptist

Name	Year	School	Finals
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## Section 1 Finals

1 Verone Chambers	SO Oklahoma Baptist	58.60*
2 Irene Kangai	SO Bethel-IN	59.60
3 Kennisha Holden	FR Shorter	1:00.35
4 Jessica Alanis	SO Fresno Pacific	1:01.33
5 Jessica Suddaby	SR Fresno Pacific	1:02.15
6 Victoria Anderson	JR Point Loma	1:02.29
7 Nikki Shinkle	SR Black Hills St	1:02.63
8 Juliette Normil	FR Florida Memorial	1:03.31
9 Jordan Baker	SO Concordia-CA	1:04.27

## Women 3000 Meter Steeplechase

14 Advance: Top 3 Each Heat plus Next 5 Best Times		
World: W 8:58.81	8/17/2008	Gulnara Galkina, RUS
American: A 9:22.26	3/17/2008	Jenny Barringer, Colorado
Collegiate: C 9:43.25	5/29/2004	Ida Nilsson, N. Arizona
NAIA Champs.: N 10:12.31	5/23/2009	Justyna Mudy, Shorter
2009 Winner: * 10:12.31	5/23/2009	Justyna Mudy, Shorter

Name	Year	School	Prelims
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## Heat 1 Preliminaries

1 Justyna Mudy	SO Shorter	11:15.53Q
2 Erin Lynn Keitges	SR Morningside	11:15.90Q
3 Sarah Hines	SR Malone	11:18.78Q
4 Emilie Bourret	JR Concordia-NE	11:20.94q
5 Amy Gangloff	FR William Wood	11:32.06
6 Emily Canales	SO Vanguard	11:34.51
7 Nychele Fischetti	SO Biola	11:37.68
8 Kate Stuart	SO Westmont	11:39.52
9 Tara Krempley	JR Southern Oregon	11:43.51
10 Meghan Terrell	FR Cedarville	11:48.67
11 Laura Dziagwa	SR Indiana Wesleyan	12:01.37

## Heat 2 Preliminaries

1 Sarah Massey	SO Shorter	11:17.94Q
2 Katie Conlon	FR Jamestown	11:18.36Q
3 Alyssa Bossler	SR Jamestown	11:25.67Q
4 Mollie Lee-Painter	SR College of Idaho	11:28.47
5 Abi Bever	FR Black Hills St	11:33.53
6 Kayla Carstensen	JR Azusa Pacific	11:36.28
7 Kara Danielsen	SO Mount Mercy	11:49.20
8 Sarah Taylor	SR Oklahoma Baptist	11:49.66
9 Justine Clift	SR British Columbia	11:49.91
10 Chelsea Van Cott	SO Vanguard	11:51.42
11 Gail McIntyre	SO Dakota Wesleyan	11:57.22

## Heat 3 Preliminaries

1 Lauren Moran	SO Concordia-OR	11:08.80Q
2 Kelsey Gasner	JR Biola	11:17.45Q

3	Kristine Smith	JR College of Idaho	11:18.68Q
4	Kara Nelson	JR Morningside	11:18.93q
5	Kristen Ostrem	SO Evangel	11:20.03q
6	Lindsay Szybura	SR Lewis-Clark	11:21.56q
7	Lindsey Pifher	JR Malone	11:24.39q
8	Kyli Astle	SR Lewis-Clark	11:39.48
9	Lyndsay Payne	JR Siena Heights	11:53.54
10	Katie Thorne	JR Olivet Nazarene	11:56.23
11	Leigh Anne Whiteside	SO Black Hills St	12:00.49

Women 3000 Meter Steeplechase

World: W 8:58.81 8/17/2008 Gulnara Galkina, RUS  
 American: A 9:22.26 8/17/2008 Jenny Harringer, Colorado  
 Collegiate: C 9:43.25 5/29/2004 Ida Nilsson, W. Arizona  
 NAIA Champs.: N 10:12.31 5/23/2009 Justyna Mudy, Shorter  
 2009 Winner: \* 10:12.31 5/23/2009 Justyna Mudy, Shorter

Name	Year	School	Finals
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Section 1 Finals

1	Justyna Mudy	SO Shorter	10:23.75
2	Katie Conlon	FR Jamestown	10:30.87
3	Lauren Moran	SO Concordia-OR	11:02.04
4	Kelsey Gasner	JR Biola	11:05.53
5	Emilie Bourret	JR Concordia-WE	11:07.43
6	Erin Lynn Keitges	SR Morningside	11:08.12
7	Alyssa Bossler	SR Jamestown	11:14.51
8	Kristine Smith	JR College of Idaho	11:16.96
9	Sarah Hines	SR Malone	11:21.00
10	Lindsay Szybura	SR Lewis-Clark	11:24.75
11	Kara Nelson	JR Morningside	11:36.55
12	Kristen Ostrem	SO Evangel	11:40.10
13	Sarah Massey	SO Shorter	11:48.17
14	Lindsey Pifher	JR Malone	11:52.93

Women 4x100 Meter Relay

18 Advance: Top 3 Each Heat plus Next 6 Best Times

World: W 41.37 10/6/1985 GDR, GDR  
 American: A 41.47 1997 National Team, USA national team  
 Collegiate: C 42.50 6/3/1989 LSU, LSU  
 Stanley, Sowell, Sheffield, Jones  
 NAIA Champs.: N 44.32 1994 Central State, Central State, OH  
 Edwards, Grant, Sterling, Pomales  
 2009 Winner: \* 45.27 5/23/2009 Wayland Baptist, Wayland Baptist  
 L Nation, K Smith, B Grant, K Ross

School	Prelims
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Heat 1 Preliminaries

1	Indiana Tech	46.81Q
1)	Adella King FR	
3)	Abigail Torian FR	
2	Indiana Wesleyan	46.86Q
1)	Kateiin Morgan JR	
3)	Chelsea Heyne SO	
3	Florida Memorial	46.95Q
1)	Shanika Kirkland FR	
3)	Jessica Townsend SR	
4	Doare	47.82q
1)	Natalie Kramer SO	
3)	Cami Hasenohr SO	
5	Dordt	47.87q
1)	Sarah Franje SR	
3)	Jenna Brouwer JR	
6	Dickinson State	47.89q
1)	Kelsey Aide SR	
3)	Franzi Schmid SO	
7	Tabor	48.57
1)	Kayla Gershon SO	
3)	Andrea Batista SR	

Heat 2 Preliminaries

1	Wayland Baptist	45.98Q
1)	Kimberly Smith JR	
3)	Leandria Lee SO	
2)	Bianca Grant SO	
4)	Keleisha Ross SR	

2	Poinc Loma		47.51Q	
	1) Jackie Schreiber SO	2) Kelsey Starr FR		
	3) Jordan Turner JR	4) Sarah Laine JR		
3	Concordia (Ore.)		47.59Q	
	1) Eunice Makinde JR	2) Kaley Jameson JR		
	3) Stephanie Persaud JR	4) Catherine Sims JR		
4	Bethel (Tenn.)		47.79Q	
	1) Arielle Montague FR	2) Jasmine Yancy SO		
	3) Katrina Bettard SO	4) Deseray Washington SO		
5	Bethel (Ind.)		48.04Q	
	1) Samantha Etter SO	2) Kati Beutler JR		
	3) Beenne Capre JR	4) Annalea Mustard JR		
6	Mount Mercy		48.35	
	1) Janae Rosien FR	2) Jenna Higgins FR		
	3) Cortni Kooi SO	4) Larissa Wilden FR		
7	Lindsey Wilson		48.93	
	1) Omni Morgan FR	2) Ruth Olson FR		
	3) Kristina Wimsatt SR	4) Sherria Mester FR		
8	Lindenwood		48.98	
	1) Teneignue Coulibaly JR	2) Ashlee Dorsett SO		
	3) China Moore FR	4) Traneika Ross SO		
Heat 3 Preliminaries				
1	Oklahoma Baptist		45.62Q	
	1) Marissa Moseley SR	2) Shondia Drew SO		
	3) Verone Chambers SO	4) Gayon Evans FR		
2	Langston		46.03Q	
	1) Shantel Leonard JR	2) Charlesha Lightbourne SO		
	3) Arnita Session SR	4) Samilya Nixon SO		
3	Cal St. San Marcos		47.83Q	
	1) Aimee Rassavong FR	2) Krystle Osby FR		
	3) Tiffany West FR	4) Monika Valenzuela JR		
4	Sioux Falls		47.89Q	
	1) Krissy Aesoph SO	2) Dani Moyer FR		
	3) Nicole Josephsen FR	4) Becca Bedard SO		
5	Cumberlands		48.35	
	1) Courtney Ward SO	2) Lauren Martin SR		
	3) Dominique Gainer JR	4) Diana Unuode FR		
6	Aquinas		48.38	
	1) Madison Koenig SO	2) Brittany Werner FR		
	3) Samantha DeStefano SO	4) Allison Strouse SR		
7	Ursuline (Ohio)		48.41	
	1) Tanisha Williams JR	2) Annie Grindle JR		
	3) Alena Brown FR	4) Jaimie Grindle JR		
8	Corban		48.70	
	1) Jacki Taylor FR	2) Jocelynn Smith SO		
	3) Eliya Kohl FR	4) Bianca Davis JR		
Heat 4 Preliminaries				
1	Shorter		46.48Q	
	1) Dominique Woods SO	2) Astlie Stewartson SO		
	3) Brittany Sewell SO	4) Tamara Francis SR		
2	Huston-Tillotson		47.30Q	
	1) Jamie Hopkins SO	2) Fatima Barrier FR		
	3) Tamica Jones SR	4) Julieta Johnson SO		
3	Notre Dame (Ohio)		48.24Q	
	1) Lauren Macer FR	2) Shawnta Davis FR		
	3) Ava Woods FR	4) Tiffany Tucker SO		
4	Simon Fraser		48.45	
	1) Liza Whitehead FR	2) Andrea Abrahms FR		
	3) Michaela Kane FR	4) Jane Charnell SR		
5	Roberts Wesleyan		48.61	
	1) Kelsey Medeiros SO	2) Corrie Ingraham SR		
	3) Natalie Wetherwax JR	4) Justine Brown SR		
6	McKendree		48.69	
	1) Shilpa Hamilton JR	2) Ashley Harris JR		
	3) Sasha Joyce SR	4) Chasity Wright FR		
7	Grand View		49.05	
	1) Aneisha Parrish SO	2) Gretchen Lamar FR		
	3) Jessica Hamell JR	4) Tabatha Carlson JR		
8	Dakota Wesleyan		54.19	rule 4, sec. 9c
	1) Kailey Hunhoff SO	2) Alyssa Christianson FR		
	3) Tamika Irvin FR	4) Natalia Nipf JR		

Women 4x100 Meter Relay

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9 Advance: Top 3 Each Heat plus Next 3 Best Times  
 World: W 41.37 10/6/1985 GDR, GDR  
 American: A 41.47 1997 National Team, USA national team  
 Collegiate: C 42.50 6/3/1989 LSU, LSU  
 Stanley, Sowell, Sheffield, Jones  
 NAIA Champs.: N 44.32 1994 Central State, Central State, OH  
 Edwards, Grant, Sterling, Pomaes  
 2009 Winner: \* 45.27 5/23/2009 Wayland Baptist, Wayland Baptist  
 L Nation, K Smith, B Grant, K Ross

School	Semis	
=====		
Heat 1 Semi-Finals		
1 Wayland Baptist		46.06Q
1) Kimberly Smith JR	2) Bianca Grant SO	
3) Leandria Lee SO	4) Keleisha Ross SR	
2 Shorter		46.42Q
1) Dominique Woods SO	2) Ashlie Stewartson SO	
3) Brittany Sewell SO	4) Tamara Francis SR	
3 Huston-Tillotson		47.16Q
1) Jamie Hopkins SO	2) Fatima Barrier FR	
3) Tanica Jones SR	4) Julieta Johnson SO	
4 Dordt		47.89
1) Sarah Franje SR	2) Crystal Vander Zee SO	
3) Jenna Brouwer JR	4) Brianna Wubben FR	
5 Indiana Wesleyan		48.08
1) Katelin Morgan JR	2) Lizzy Skinner FR	
3) Chelsea Heyne SO	4) Laura Bowman FR	
6 Bethel (Ind.)		48.21
1) Samantha Etter SO	2) Kati Beutler JR	
3) Beenne Capre JR	4) Aunnalea Mustard JR	
7 Doane		48.33
1) Natalie Kramer SO	2) Blair Dixon FR	
3) Cami Hasenobr SO	4) DeeJay Silcott SR	
Cal St. San Marcos		DQ rule 5.9c
1) Aimee Rassavong FR	2) Krystle Osby FR	
3) Tiffany West FR	4) Monika Valenzuela JR	
-- Concordia (Ore.)		DQ rule 5.9.d
1) Eunice Makinde JR	2) Kaley Jameson JR	
3) Stephanie Pearsaud JR	4) Catherine Sims JR	
Heat 2 Semi-Finals		
1 Langston		45.74Q
1) Shantel Leonard JR	2) Charlesha Lightbourne SO	
3) Arnita Session SR	4) Samilya Nixon SO	
2 Oklahoma Baptist		45.98Q
1) Marissa Moseley SR	2) Shondia Drew SO	
3) Verone Chambers SO	4) Gayon Evans FR	
3 Florida Memorial		46.56Q
1) Shanika Kirkland FR	2) Anika Jno Baptiste SO	
3) Jessica Townsend SR	4) Ashley Hanna JR	
4 Indiana Tech		46.61q
1) Adella King FR	2) Zalika Dixon FR	
3) Abigail Torian FR	4) Emaryne Watt FR	
5 Point Loma		47.36q
1) Jackie Schreiber SO	2) Kelsey Starr FR	
3) Jordan Turner JR	4) Sarah Laine JR	
6 Bethel (Tenn.)		47.84q
1) Arielle Montague FR	2) Jasmine Yancy SO	
3) Kristina Hale SO	4) Deseray Washington SO	
7 Notre Dame (Ohio)		48.01
1) Lauren Macer FR	2) Shawnta Davis FR	
3) Ava Woods FR	4) Tiffany Tucker SO	
8 Dickinson State		48.78
1) Kelsey Aide SR	2) Kyla Wasser SR	
3) Franzi Schmid SO	4) Deresha Harrison FR	
-- Sioux Falls		DNF
1) Krissy Aesoph SO	2) Dani Moyer FR	
3) Nicole Josephsen FR	4) Becca Bedard SO	

Women 4x100 Meter Relay  
 =====  
 World: W 41.37 10/6/1985 GDR, GDR  
 American: A 41.47 1997 National Team, USA national team  
 Collegiate: C 42.50 6/3/1989 LSU, LSU  
 Stanley, Sowell, Sheffield, Jones



NAIA Champs.: N 44.32 1994 Central State, Central State. OH  
 Edwards, Grant, Sterling, Pomales  
 2009 Winner: \* 45.27 5/23/2009 Wayland Baptist, Wayland Baptist  
 L Nacion, K Smith, B Grant, K Ross

School	Finals
Section 1 Finals	
1 Oklahoma Baptist	45.47
1) Marissa Moseley SR	2) Shondia Drew SO
3) Verone Chambers SO	4) Gayon Evans FR
2 Langston	45.68
1) Shantel Leonard JR	2) Charlesha Lightbourne SO
3) Arnita Sessior SR	4) Samilya Nixon SO
3 Shorter	46.15
1) Dominique Woods SO	2) Ashlie Stewartson SO
3) Brittany Sewell SO	4) Tamara Francis SR
4 Florida Memorial	46.92
1) Shanika Kirkland FR	2) Anika Jno Baptiste SO
3) Jessica Townsend SR	4) Ashley Hanna JR
5 Indiana Tech	47.35
1) Adella King FR	2) Zalika Dixon FR
3) Abigail Torian FR	4) Emaryne Watt FR
6 Point Loma	47.37
1) Jackie Schreiber SO	2) Kelsey Starr FR
3) Jordan Turner JR	4) Sarah Laine JR
7 Bethel (Tenn.)	48.09
1) Ariella Montague FR	2) Jasmine Yancy SO
3) Kristina Hale SO	4) Deseray Washington SO
8 Huston-Tillotson	50.51
1) Jamie Hopkins SO	2) Fatima Barrier FR
3) Tamica Jones SR	4) Julieta Johnson SO
-- Wayland Baptist	DQ sect 4 art. 2 baton
1) Kimberly Smith JR	2) Bianca Grant SO
3) Leandria Lee SO	4) Keleisha Ross SR

Women 4x400 Meter Relay

9 Advance: Top 2 Each Heat plus Next 3 Best Times  
 World: W 3:15.17 10/1/1988 URS, URS  
 American: A 3:15.51 1988 National Team, USA national team  
 Collegiate: C 3:23.75 4/3/2004 Texas, Texas  
 Jones, McIntosh, Chapple, Richards  
 NAIA Champs.: N 3:33.46 1994 Southern- New Orleans, Southern- New Orleans  
 Fynes, Cole, Morgridge, McKenzie  
 2009 Winner: \* 3:43.78 5/22/2009 Oklahoma Baptist, Oklahoma Baptist  
 M Moseley, S Patterson, S Draw, V Chambers

School	Prelims
Heat 1 Preliminaries	
1 Wayland Baptist	3:45.99Q
1) Keleisha Ross SR	2) Leandria Lee SO
3) Milca Villegas FR	4) Kydia Echols SR
2 Florida Memorial	3:46.81Q
1) Ashley Hanna JR	2) Juliette Normil FR
3) Javonya Wilson FR	4) Anika Jno Baptiste SO
3 Huston-Tillotson	3:48.61q
1) Jasmine Stone SO	2) Fatima Barrier FR
3) Tamica Jones SR	4) Andrea Dominguez JR
4 Concordia (Ore.)	3:53.31
1) Sabrina Hoffman SO	2) Mariana Toecano JR
3) Catherine Sims JR	4) Junia Limage SO
5 Ursuline (Ohio)	3:53.95
1) Tanisha Williams JR	2) Annie Grindle JR
3) Amber Bourcier FR	4) Jaimie Grindle JR
6 Siena Heights	3:55.76
1) Cassie Keeping SO	2) Carrie Zubke FR
3) Deanna Payne SR	4) JoRanda Chapman JR
7 Tabor	3:59.54
1) Andrea Batista SR	2) Jessica Burden SR
3) Tessa Siebert JR	4) Kelli Kopper SR
8 Lindenwood	4:05.34
1) Jan Bennett SR	2) Teneignue Coulibaly JR
3) China Moore FR	4) Kelsey Henke FR
Heat 2 Preliminaries	

1 Point Loma	3:49.54Q
1) Jordan Turner JR	2) Kassandra Ham FR
3) Victoria Anderson JR	4) Sarah Laine JR
2 Fresno Pacific	3:50.35Q
1) Jessica Suddaby SR	2) Deirdre Wyrick FR
3) Jessica Alanis SO	4) Brandy Hurd SO
3 Shorter	3:50.67q
1) Ashlie Stewartson SO	2) Mia Jones SO
3) Tia Moreland SO	4) Tamara Francis SR
4 Sioux Falls	3:51.71
1) Lindsay Reinhardt JR	2) Kendra Knight FR
3) Leah Wensmann FR	4) Krissy Aesoph SO
5 Cal St. San Marcos	3:52.20
1) Brianna Murdoch SR	2) Krystle Osby FR
3) Lucia Asbury JR	4) Monika Valenzuela JR
6 Corban	3:56.48
1) Jocelynn Smith SO	2) Bianca Davis JR
3) Emilee Grubb FR	4) Jacki Taylor FR
7 Bethel (Tenn.)	3:58.42
1) Arielle Montague FR	2) Jasmine Yancy SO
3) Julie-Anne Blanc FR	4) Ronnika Garrett FR
8 Embry-Riddle	4:03.23
1) Keshia Richardson SR	2) Holly Sandon FR
3) Baleigh Hyatt SO	4) Beatrice Enckell SO

Heat 3 Preliminaries

1 Oklahoma Baptist	3:46.77Q
1) Marissa Moseley SR	2) Sarah Patterson JR
3) Optimum Baker SR	4) Shondia Drew SO
2 Bethel (Ind.)	3:50.62Q
1) Irene Kargai SO	2) Beenne Capre JR
3) Samantha Etter SO	4) Kaila Stevens SO
3 Langston	3:51.06q
1) Raven Rudel FR	2) Shantel Leonard JR
3) Lashuana Jimmerson JR	4) Chrishana Olds SO
4 Indiana Tech	3:51.09
1) Zalika Dixon FR	2) Adella King FR
3) India Carter FR	4) Preosha Graham-Coats SO
5 Jamestown	3:55.25
1) Katie Zent SO	2) Marissa Curry JR
3) Sarah Skipper JR	4) Annaliesia Fauth JR
6 Eastern Oregon	3:55.62
1) Melisa Abesa JR	2) Grace Deboodt SR
3) Talissa Baldovino FR	4) Alma Garcilazo SO
7 Dordt	3:57.39
1) Kari Van Beek FR	2) Kaitlin Troost FR
3) Jenna Brouwer JR	4) Kendra Kroeze FR

Women 4x400 Meter Relay

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World: W	3:15.17	10/1/1988	URS, URS
American: A	3:15.51	1988	National Team, USA national team
Collegiate: C	3:23.75	4/3/2004	Texas, Texas

NAIA Champs.: N 3:33.46 1994 Southern- New Orleans, Southern- New Orleans  
 Pynes, Cole, Morgridge, McKenzie

2009 Winner: \* 3:43.78 5/22/2009 Oklahoma Baptist, Oklahoma Baptist  
 M Moseley, S Patterson, S Drew, V Chambers

School Finals

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Section 1 Finals

1 Oklahoma Baptist	3:42.21*
1) Marissa Moseley SR	2) Sarah Patterson JR
3) Shondia Drew SO	4) Gayon Evans FR
2 Point Loma	3:45.82
1) Jordan Turner JR	2) Victoria Anderson JR
3) Kelsey Rickabaugh SR	4) Sarah Laine JR
3 Langston	3:47.08
1) Raven Rudel FR	2) Shantel Leonard JR
3) Lashuana Jimmerson JR	4) Arnita Session SR
4 Huston-Tillotson	3:47.24
1) Jasmine Scone SO	2) Fatima Barrier FR
3) Tamica Jones SR	4) Andrea Dominguez JR
5 Florida Memorial	3:46.58
1) Ashley Hanna JR	2) Juliette Normil FR

- |                       |                        |
|-----------------------|------------------------|
| 3) Javonya Wilson FR  | 4) Shanika Kirkland FR |
| 5 Bethel (Ind.)       | 3:50.24                |
| 1) Irene Kangai SO    | 2) Esenne Capre JR     |
| 3) Samantha Etter SO  | 4) Kaila Stevens SO    |
| 7 Wayland Baptist     | 3:50.60                |
| 1) Keleisha Ross SR   | 2) Leandria Lee SO     |
| 3) Milca Villegas FR  | 4) Kydia Echols SR     |
| 8 Shorter             | 3:53.32                |
| 1) Mia Jones SO       | 2) Kennisha Holden FR  |
| 3) Tia Moreland SO    | 4) Tamara Francis SR   |
| 9 Fresno Pacific      | 3:54.27                |
| 1) Jessica Suddaby SR | 2) Deirdre Wyrick FR   |
| 3) Jessica Alanis SO  | 4) Brandy Hurd SO      |

Women 4x800 Meter Relay

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9 Advance: Top 1 Each Heat plus Next 5 Best Times

World: W 7:50.17 8/5/1984 Soviet Union, CCCP  
Olizarenko, Gurina, Borisova, Podyalovskaya

American: A 8:19.9h 1979

Collegiate: C 8:20.22 1994 Tennessee, Tennessee

NAIA Champs.: N 8:43.99 2005 Simon Fraser, Simon Fraser, BC  
Krasovska, Kolstad, Johnstone, Howard

2009 Winner: \* 8:57.15 5/22/2009 Simon Fraser, Simon Fraser  
A Hudson, H Mancell, H Crofts, J Smith

School Prelims

=====

Heat 1 Preliminaries

- |                         |                        |
|-------------------------|------------------------|
| 1 Wayland Baptist       | 9:09.59Q               |
| 1) Elva Pedroza SR      | 2) Milca Villegas FR   |
| 3) Jennifer Secrest FR  | 4) Kydia Echols SR     |
| 2 Friends               | 9:12.42q               |
| 1) Megan Shepherd SO    | 2) Sara Wiebe SR       |
| 3) Ta'Vianna Davis JR   | 4) Lanae Kidd FR       |
| 3 Point Loma            | 9:13.27q               |
| 1) Melissa Casarez JR   | 2) Elise Manley JR     |
| 3) Megan Moyer SR       | 4) Breelan Matkanga FR |
| 4 Jamestown             | 9:22.20                |
| 1) Alyssa Bossler SR    | 2) Emmylyn Bentley JR  |
| 3) Madeline Hornung SO  | 4) Katie Conlon FR     |
| 5 Eastern Oregon        | 9:35.14                |
| 1) Talissa Baldovino FR | 2) Sarah Hanchett FR   |
| 3) Sierra Engler FR     | 4) Jessianna Heley SO  |
| 6 Cal St. San Marcos    | 9:44.90                |
| 1) Carol Schryver SO    | 2) Brooke Smith SO     |
| 3) Nancy DiBenedetto FR | 4) Lucia Asbury JR     |
| 7 Walsh                 | 9:46.16                |
| 1) Megan Case JR        | 2) Molly Trimer JR     |
| 3) Katie Laughlin SO    | 4) Kristin Havens JR   |
| 8 Oregon Tech           | 9:57.75                |
| 1) Rachel Novak SR      | 2) Stasia Smith JR     |
| 3) Amanda McMillan SO   | 4) Lori Carter JR      |

Heat 2 Preliminaries

- |                         |                        |
|-------------------------|------------------------|
| 1 Indiana Wesleyan      | 9:15.88Q               |
| 1) Amanda Johnson SO    | 2) Angi Wolgemuth JR   |
| 3) Cassidy Wagner JR    | 4) Lindsey Waggoner SR |
| 2 Oklahoma Baptist      | 9:16.68q               |
| 1) Optimum Baker SR     | 2) Whitney Day FR      |
| 3) Andrea Mellontree JR | 4) Yesenia Avila JR    |
| 3 Embry-Riddle          | 9:21.70                |
| 1) Erika Langhauser JR  | 2) Holly Sandon FR     |
| 3) Julie Mayfield SO    | 4) Samia Adan FR       |
| 4 Dordt                 | 9:23.15                |
| 1) Sierra Zomer SR      | 2) Merissa Harkema FR  |
| 3) Tara Postma FR       | 4) Nichole Duncan FR   |
| 5 Biola                 | 9:24.63                |
| 1) Nychele Fischetti SO | 2) Brooke Forsi SO     |
| 3) Kelsey Gasner JR     | 4) Katie Thede JR      |
| 6 Southwestern (Kan.)   | 9:33.75                |
| 1) Jordan Unruh JR      | 2) Amy Pierson JR      |
| 3) Taylor Kinnaston SO  | 4) Alyssa Carter SR    |
| 7 Oklahoma Christian    | 9:35.05                |
| 1) Irene Masai JR       | 2) Melyssa Cardenas JR |
| 3) Kaili Tucker FR      | 4) Rachel Snider SR    |

8 Northwest U. 9:40.05  
 1) Lindsey Wagner SO 2) Shayna Prause JR  
 3) Julia Johnson FR 4) Paige DeLapp SO

Heat 3 Preliminaries

1 Malone 9:11.61Q  
 1) Kayleigh Bildstein JR 2) Caitlin Sharp SO  
 3) Amanda Theis JR 4) Ashton Avery SO

2 Park U. 9:12.22q  
 1) Kimberly Brown FR 2) Maria Tutu JR  
 3) Romona Nicolls SR 4) Alexandria Harkins JR

3 Simon Fraser 9:13.38q  
 1) Michaela Kane FR 2) Olivia Brennan JR  
 3) Ali Hudson SR 4) Brianna Kane JR

4 Spring Arbor 9:31.21  
 1) Michelle Crouch JR 2) Anna Hamilton SR  
 3) Michaela Crew SO 4) Hannah Weide SR

5 Aquinas 9:37.60  
 1) Alicia Boynton JR 2) Caitlyn Bonney SO  
 3) Megan Byrne SO 4) Chelsey Bonney SO

6 Clarke 9:46.63  
 1) Hannah Day SO 2) Samantha Leslie SR  
 3) Carley Freund JR 4) Katrina Moyra SO

7 St. Xavier 10:03.69  
 1) Kelly Malone JR 2) Barb Roman FR  
 3) Lauren Dentzman SR 4) Kayla Gilbert JR

Heat 4 Preliminaries

1 Morningside 9:17.35Q  
 1) Breanna Mathes FR 2) Heather Hoefs JR  
 3) Nicole Seier FR 4) Jessica Hudelson SO

2 College of Idaho 9:21.47  
 1) Maggie Miller JR 2) Stephanie Sparks SR  
 3) Ashley Miller SR 4) Colleen Smith JR

3 Cornerstone 9:24.40  
 1) Janey Sluka SR 2) Kelly Peterson JR  
 3) Julia Concreras FR 4) Andi Ripley SR

4 Bethel (Ind.) 9:37.55  
 1) Brittany Fabris FR 2) Amy Shirk FR  
 3) Katie Heisey SR 4) Xeri Lencke FR

5 Kansas Wesleyan 9:40.89  
 1) Kara Walker SR 2) Julina White JR  
 3) Cherise Price JR 4) Crystal Stegman JR

6 Cedarville 9:50.73  
 1) Abby Wong FR 2) Jessica Smith SO  
 3) Hannah Lamos FR 4) Rachel Wong SO

7 Mount Mercy 9:58.04  
 1) Ciara Allen FR 2) Jordan Scott FR  
 3) Beth Ripperger FR 4) Chelsea Kvidera SR

Women 4x800 Meter Relay

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 World: W 7:50.17 8/5/1984 Soviet Union, CCCP  
 Olizarenko, Gurina, Borisova, Podyalovskaya

American: A 8:19.9h 1979

Collegiate: C 8:20.22 1984 Tennessee, Tennessee

NAIA Champe.: N 8:43.99 2005 Simon Fraser, Simon Fraser, BC  
 Krasovska, Kolstad, Johnstone, Howard

2009 Winner: \* 8:57.15 5/22/2009 Simon Fraser, Simon Fraser  
 A Hudson, H Mancell, H Crofts, J Smith

School Finals

Section 1 Finals

1 Simon Fraser 8:55.08\*  
 1) Brianna Kane JR 2) Ali Hudson SR  
 3) Helen Crofts SO 4) Jessica Smith JR

2 Wayland Baptist 9:02.15  
 1) Elva Pedroza SR 2) Milca Villegas FR  
 3) Jennifer Secrest FR 4) Kydia Echols SR

3 Malone 9:03.24  
 1) Kayleigh Bildstein JR 2) Caitlin Sharp SO  
 3) Amanda Theis JR 4) Ashton Avery SO

4 Point Loma 9:03.89  
 1) Kelsey Rickabaugh SR 2) Elise Manley JR  
 3) Breeelan Matranga FR 4) Megan Moyer SR

5 Oklahoma Baptist 9:08.43

- |                           |                          |
|---------------------------|--------------------------|
| 1) Optimum Baker SR       | 2) Whitney Day FR        |
| 3) Andrea Mellicottree JR | 4) Yessenia Avila JR     |
| 6 Indiana Wesleyan        | 9:11.67                  |
| 1) Angi Wolgenuth JR      | 2) Cassidy Wagner JR     |
| 3) Amanda Johnson SO      | 4) Lindsey Waggoner SR   |
| 7 Park U.                 | 9:12.42                  |
| 1) Kimberly Brown FR      | 2) Maria Tutu JR         |
| 3) Romona Nicolls SR      | 4) Alexandria Harkins JR |
| 8 Morningside             | 9:12.75                  |
| 1) Breanna Mathes FR      | 2) Nicole Seier FR       |
| 3) Heather Hoefs JR       | 4) Jessica Hudelson SO   |
| 9 Friends                 | 9:15.69                  |
| 1) Megan Shepherd SO      | 2) Sara Wiebe ER         |
| 3) Ta'Vionna Davis JR     | 4) Lanae Kidd FR         |

Women High Jump

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Starting Height --1.60; increments of 5 cm

World: W 2.09m 8/30/1987 Stefka Kostadinova, BUL

American: A 2.03m 1988 Louise Ritter, Mazda TC

Collegiate: C 1.98m 1995 Acuff / Bergqvist, UCLA/ SMU

NAIA Champs.: N 1.89m 1991 Latrese Johnson, Azusa Pacific, CA

2009 Winner: \* 1.80m 5/23/2009 Natasha Miller, Biola

Name	Year School	Finals
=====		
Flight 1		
1 Natasha Miller	JR Biola	1.80m* 5-10.75
1.60 1.65 1.70 1.75 1.80 1.85		
PPP O O XXO O XXX		
2 Kendra De Jong	FR Northwestern-IA	1.75m 5-08.75
1.60 1.65 1.70 1.75 1.80		
PPP O O O XXX		
3 Katie Bartels	SR Doane	1.70m 5-07.00
1.60 1.65 1.70 1.75		
O O O XXX		
4 Tanya Brammer	SR Concordia-CA	1.70m 5-07.00
1.60 1.65 1.70 1.75		
O XO XO XXX		
5 Katie Moeller	JR Hastings	1.65m 5-05.00
1.60 1.65 1.70		
O O XXX		
5 Sarah Gilbert	SO Sioux Falls	1.65m 5-05.00
1.60 1.65 1.70		
O O XXX		
7 Rachel Kenney	SO Marian	1.65m 5-05.00
1.60 1.65 1.70		
O XO XXX		
7 Rhiannon Kendrick	FR Missouri Valley	1.65m 5-05.00
1.60 1.65 1.70		
O XO XXX		
9 Janet Plonka	SO Culver-Stockton	1.65m 5-05.00
1.60 1.65 1.70		
XO XO XXX		
10 Amanda Bennett	FR Walsh	1.65m 5-05.00
1.60 1.65 1.70		
XXO XO XXX		
11 Kelsey Wood	JR Concordia-CA	1.65m 5-05.00
1.60 1.65 1.70		
O XXO XXX		
12 Amy Van Ems	SO Davenport	1.65m 5-05.00
1.60 1.65 1.70		
XO XO XXX		
13 Sara Wiebe	SR Friends	1.60m 5-03.00
1.60 1.65		
O XXX		
13 Danielle Rowe	JR Dakota State	1.60m 5-03.00
1.60 1.65		
O XXX		
13 Kay-De Vaughn	SR Cornerstone	1.60m 5-03.00
1.60 1.65		
O XXX		
16 Kate Fulton	FR Gen. Methodist	1.60m 5-03.00
1.60 1.65		
XO XXX		

16 Kelsie Davis	SR Vanguard	1.60m	5-03.00
1.60 1.65			
XO XXX			
18 Kait Hendershot	FR Bethel-TN	1.60m	5-03.00
1.60 1.65			
XXO XXX			
18 Nadia Moore	FR McKendree	1.60m	5-03.00
1.60 1.65 1.70			
XXO XPP XX			
-- Rachelle Barnett	JR Simon Fraser		NH
1.60			
XXX			
-- Sarah Skipper	JR Jamestown		NH
1.60			
XXX			
-- Amy Boyer	JR Cornerstone		NH
1.60			
XXX			
Abby Lewis	SR Oklahoma Baptist		NH
1.60			
XXX			
Angela Kendrick	FR Benedictine		WR
1.60			
XXX			

Women Pole Vault

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Starting Height - 3.43; increments of 15 cm

World: W 5.05m 8/18/2008 Yelena Isinbayeva, RUS

American: A 4.92m 7/6/2008 Jen Stuczynski, adidas

Collegiate: C 4.53m 2002 Amy Linnen, Arizona

NAIA Champs.: N 4.16m 2000 Lesa Kubistha, Point Loma Nazarene, CA

2009 Winner: \* 3.95m 5/21/2009 Kelsey Aide, Dickinson St.

Name	Year School	Finals
1 Brianna Shippy	SR Oklahoma Baptist	4.03m* 13-02.50
3.43 3.58 3.73 3.88 4.03 4.12		
PPP PPP XO O O XXX		
2 Kayla Friessen	SO Sioux Falls	3.88m 12-08.75
3.43 3.58 3.73 3.88 4.03		
O O XO XO XXX		
3 Brigitte Gross	FR Sioux Falls	3.73m 12-02.75
3.43 3.58 3.73 3.88		
O O O XXX		
4 Dina Petridis	JR Indiana Tech	3.73m 12-02.75
3.43 3.58 3.73 3.88		
O XO XO XXX		
5 Brandi Hagan	JR Cornerstone	3.73m 12-02.75
3.43 3.58 3.73 3.88		
O O XXO XXX		
6 Ashley Pozkos	JR Olivet Nazarene	3.58m 11-09.00
3.43 3.58 3.73		
O O XXX		
6 Christine Fisher	SR Hastings	3.58m 11-09.00
3.43 3.58 3.73		
O O XXX		
8 Stephanie Foster	FR Walsh	3.58m 11-09.00
3.43 3.58 3.73		
XO O XXX		
8 Abbey Aide	FR Minot State	3.58m 11-09.00
3.43 3.58 3.73		
XO O XXX		
10 Maddison Stapleton	SO Eastern Oregon	3.58m 11-09.00
3.43 3.58 3.73		
XXO O XXX		
11 Rebecca Duskworth	SR Point Loma	3.58m 11-09.00
3.43 3.58 3.73		
O XO KXX		
12 Elizabeth Schwartz	SO Azusa Pacific	3.58m 11-09.00
3.43 3.58 3.73		
XXO XO XXX		
13 Jessica Brown	SR So. Nazarene	3.58m 11-09.00
3.43 3.58 3.73		
PPP XXO XXX		

13 Kristin Killough	FR Sioux Falls	3.58m	11-09.00
3.43 3.58 3.73			
O XXO XXX			
13 Lisa Koch	JR Black Hills St	3.58m	11-09.00
3.43 3.58 3.73			
O XXO XXX			
13 Leah Petersen	JR Doane	3.58m	11-09.00
3.43 3.58 3.73			
O XXO XXX			
17 Kellie Pegter	FR Concordia-NE	3.58m	11-09.00
3.43 3.58 3.73			
XXO XXO XXX			
18 Kylie Cooper	SO So. Nazarene	3.43m	11-03.00
3.43 3.58			
O XXX			
18 Evan Shimanek	FR Oklahoma Baptist	3.43m	11-03.00
3.43 3.58			
O XXX			
20 Morgan Bradford	SO Clarke	3.43m	11-03.00
3.43 3.58			
XO XXX			
21 April Monawick	JR Bethel-IN	3.43m	11-03.00
3.43 3.58			
XO XXX			
-- Kelsey Aide	SR Dickinson St		NH
3.43 3.58			
PPP XXX			
-- Cara Grinde	JR Hannibal-LaGrang		NH
3.43			
XXX			
-- Andrea Elsmar	SR Taylor		NH
3.43			
XXX			
Natalie Gonzales	SR Benedictine		NH
3.43			
XXX			
-- Kayla Irwin	SR Baker		NH
3.43			
XXX			
-- Amanda Leung	FR Lindenwood		NH
3.43			
XXX			

Women Long Jump

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Top 9 advance to final

World: W 7.52m 6/11/1998 Galina Chistyakova, URS

American: A 7.49m 1994 Jackie Joyner-Kersey, Honda

Collegiate: C 6.99m 1985 Jackie Joyner-Kersey, UCLA

NAIA Champs.: N 6.70m 5/24/2007 Ruky Abdulai, Simon Fraser

2009 Winner: \* 6.14m 5/21/2009 Francine Simpson, Lindenwood

Name	Year	School	Finals	Wind
1 Tanya Brammer	SR	Concordia-CA	5.90m	2.0 19-04.25
5.40m(2.4) 5.83m(1.8) 5.81m(1.7) 5.49m(2.0) 5.70m(1.1) 5.90m(2.0)				
2 Crystal Vander Zee	SO	Dordt	5.75m	2.0 18-10.50
5.49m(1.9) 5.13m(3.2) 5.72m(2.1) 5.64m(1.8) 5.41m(2.3) 5.75m(2.0)				
3 Jessica Nesson	JR	Clarke	5.67m	2.7 18-07.25
FOUL 5.67m(2.7) 5.61m(2.1) 5.59m(1.8) FOUL 5.49m(3.1)				
4 Kati Beutler	JR	Bethel-IN	5.57m	1.3 18-03.25
FOUL 5.57m(1.3) FOUL FOUL FOUL FOUL				
5 Katelin Morgan	JR	Indiana Wesleyan	5.53m	1.2 18-01.75
FOUL 5.53m(1.2) 5.49m(2.0)				
6 Quannika Horne	JR	Graceland	5.48m	2.1 17-11.75
5.48m(2.1) 5.37m(1.7) 5.36m(2.6)				
7 Tiffeny Parker	SR	Azusa Pacific	5.48m	3.1 17-11.75
5.14m(2.0) 5.10m(2.9) 5.48m(3.1)				
8 Noelle Johnson	FR	Notre Dame-OK	5.33m	2.1 17-06.00
5.19m(2.7) 5.33m(2.1) FOUL				
-- Sarah Wenzel	FR	Ashford	DNS	NWI

Flight 2

1 Bianca Grant	SO	Wayland Baptist	5.99m	2.8 19-08.00
FOUL 5.99m(2.8) FOUL FOUL 5.32m(1.8) PASS				
2 Tamara Francis	SR	Shorter	5.90m	1.7 19-04.25

5.84m(1.3) FOUL	PASS	5.90m(1.7) FOUL	FOUL
3 Ashlie Stewartson	SO Shorter	5.85m	2.4 19-02.50
5.60m(2.6) 5.52m(0.5) 5.43m(1.3) 5.67m(2.7) 5.57m(2.2) 5.85m(2.4)			
4 Charista Zehnder	SR Concordia-NE	5.69m	0.8 18-08.00
FOUL FOUL 5.69m(0.8) 5.53m(2.2) FOUL 5.69m(3.4)			
5 Mwale Kapande	SO Graceland	5.64m	1.2 18-06.00
5.64m(1.2) 5.36m(1.7) 5.50m(1.3) 5.54m(2.4) 5.21m(2.5) 5.45m(2.8)			
6 Emilee Nehring	JR Oregon Tech	5.56m	1.8 18-03.00
5.35m(1.2) 5.13m(0.3) 5.56m(1.8)			
7 Jasmine Coleman	SO Morris	5.52m	0.8 18-01.50
FOUL 5.52m(0.8) 5.08m(0.7)			
8 Jordan Turner	JR Point Loma	5.36m	1.8 17-07.00
FOUL FOUL 5.36m(1.8)			
9 Diepiriye Iworima	JR Simon Fraser	5.26m	1.5 17-03.25
FOUL 5.16m(0.8) 5.26m(1.5)			
10 Sarah Gilbert	SC Sioux Falls	5.05m	3.1 16-07.00
5.05m(3.1) 4.92m(0.8) 4.98m(0.3)			

Women Triple Jump

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Top 9 advance to final  
 World: W 15.50m 8/10/1995 Inessa Kravets, UKR  
 American: A 14.41m 1996 Sheila Hudson, Reebok  
 Collegiate: C 14.05m 1999 Stacey Bowers, Baylor  
 NAIA Champs.: N 13.30m 1997 Yvette French, Prairie View A&M, TX  
 2009 Winner: \* 12.59m 5/22/2009 Cecilia Mboua, Lindenwood

Name	Year	School	Finals	Wind
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Flight 1

1 Cecilia Mboua	SO Lindenwood	12.66m*	1.2 41 06.50
12.59m(2.4) 12.60m(3.1) 12.40m(0.8) 12.56m(1.2) 12.48m(2.0) 12.39m(1.8)			
2 Penina Acayo	JR Goshen	12.40m	2.5 40-08.25
FOUL 11.77m(3.0) 12.03m(1.2) FOUL 12.40m(2.5) 10.99m(1.6)			
3 Nicole Cummings	JR Oklahoma Baptist	11.97m	2.5 39-03.25
11.65m(1.9) 11.92m(2.0) 11.80m(2.1) FOUL 11.97m(2.5) FOUL			
4 Esther Congo	SR So. Nazarene	11.46m	2.5 37-07.25
11.43m(2.4) 11.36m(3.5) 11.46m(2.5)			
5 Sarah Dede	FR Judson	11.37m	0.4 37-03.75
10.93m(1.2) 11.37m(0.4) 11.14m(1.4)			
5 Jessica Townsend	SR Florida Memorial	11.37m	2.1 37-03.75
11.10m(1.3) 11.37m(2.1) 11.37m(0.5)			
7 Emily Post	FR Tabor	11.29m	3.2 37-00.50
11.00m(2.8) 11.05m(1.7) 11.29m(3.2)			
8 Shelby Garrigus	FR Cen. Methodist	11.06m	2.8 36-03.50
10.98m(2.4) 10.93m(2.5) 11.06m(2.8)			
9 Shelby Meier	FR Doane	10.77m	2.9 35-04.00
10.61m(1.2) FOUL 10.77m(2.9)			

Flight 2

1 Kay-De Vaughn	SR Cornerstone	11.93m	2.7 39-01.75
FOUL 11.70m(2.2) FOUL 11.58m(1.6) 11.93m(2.7) 11.59m(2.0)			
2 Crystal Vander Zee	SO Dordt	11.72m	3.0 38-05.50
11.72m(3.0) 11.38m(1.8) 11.59m(2.3) FOUL 11.21m(2.5) 11.20m(2.0)			
3 Veronica Pantoja	JR Fresno Pacific	11.46m	1.7 37-07.25
11.33m(1.2) 11.46m(1.7) FOUL			
4 Bianca Grant	SO Wayland Baptist	11.44m	2.2 37-06.50
FOUL 11.31m(1.1) 11.44m(2.2)			
5 Milika Tuivanuavou	SO Fresno Pacific	11.41m	2.9 37-05.25
FOUL 11.41m(2.9) 11.23m(1.3)			
6 Allycia Myers	FR Dana College	11.34m	-0.2 37-02.50
11.25m(1.4) 11.02m(2.3) 11.34m(-0.2)			
7 Rebeca Barajas	SO Cen. Methodist	11.09m	2.5 36-04.75
10.84m(2.0) FOUL 11.09m(2.5)			
8 Sarah Gilbert	SO Sioux Falls	11.09m	1.7 36-04.75
FOUL FOUL 11.09m(1.7)			

Flight 3

1 Nadia Moore	FR McKendree	12.23m	2.2 40-01.50
11.98m(1.3) 12.23m(2.2) PASS 12.09m(3.0) 11.62m(2.5) PASS			
2 Paige Carswell	JR Southwestern-KS	12.05m	3.1 39-07.00
FOUL 11.85m(1.6) FOUL FOUL 11.82m(2.2) 12.07m(3.1)			
3 Dominique Woods	SO Shorter	11.94m	1.3 39-02.25
11.94m(1.3) 11.65m(2.0) 11.69m(1.5) FOUL 11.58m(2.7) 11.76m(2.8)			
4 Andrea Talhami	JR CSU-San Marcos	11.63m	1.8 38-02.00
11.34m(1.5) 11.49m(2.7) 11.63m(1.8) 11.44m(3.2) 11.52m(1.3) 11.42m(2.5)			
5 Janelle Weber	SR Doane	11.54m	3.2 37-10.50



	11.01m(2.6) FOUL	11.54m(3.2)			
6	Noelle Johnson	FR Notre Dame-OH	11.42m	1.4	37-05.75
	11.42m(1.4) 11.11m(1.8) 10.94m(3.5)				
7	Jessica Suddaby	SR Fresno Pacific	11.34m	2.9	37-02.50
	11.34m(2.9) 11.33m(3.1) 11.11m(2.8)				
8	Alissa Klose	JR Minot State	11.21m	2.2	36-09.50
	FOUL FOUL 11.21m(2.2)				
9	Charista Zehnder	SR Concordia-NE	11.10m	2.4	36-05.00
	10.62m(1.8) 10.72m(3.4) 11.10m(2.4)				

## Women Shot Put

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 Top 9 advance to final  
 World: W 22.63m 6/7/1987 Natalya Lisovskaya, URS  
 American: A 20.18m 1988 Ramona Pagel, Mazda TC  
 Collegiate: C 18.99m 1983 Meg Ritchie, Arizona  
 NAIA Champs.: N 18.17m 2002 Vivian Chukwuemeka, Azusa Pacific, CA  
 2009 Winner: \* 15.70m 5/23/2009 Jessica Becker, Bethany (Kan.)

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 Name Year School Finals  
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## Flight 1

1	Melesia Mafile'o-Blackwi	SR Southwest-NM	14.62m	47-11.75
	14.04m 14.32m 14.62m 14.16m FOUL 14.57m			
2	Lauren Bickemeyer	SO Concordia-NE	14.38m	47-02.25
	13.86m FOUL 13.42m 14.26m FOUL 14.38m			
3	Lisa Hughes	SR Lindenwood	14.26m	46-09.50
	13.58m 13.26m 14.04m 13.46m 14.26m 13.58m			
4	Mandy Strou	SO St. Ambrose	13.91m	45-07.75
	13.25m 13.76m 13.91m 13.06m 13.11m 11.61m			
5	Danielle Cofojohn	SR Welsh	13.57m	44-06.25
	13.57m 13.48m FOUL			
6	Sara Stafford	FR Missouri Valley	12.80m	42-00.00
	12.43m FOUL 12.80m			
7	Nicole Pope	JR Warner	12.61m	41-04.50
	12.61m 11.53m 12.12m			
8	Milika Tuivanauvau	SO Fresno Pacific	12.53m	41-01.50
	11.70m 12.53m 10.98m			
9	Abby Griffith	FR Hastings	12.46m	40-10.50
	12.46m FOUL FOUL			
10	Steffi Littlefield	SR So. Nazarene	11.38m	37-04.00
	11.38m FOUL FOUL			
	Mollie Dahl	SO Bethany-KS	FOUL	
	FOUL FOUL FOUL			

## Flight 2

1	Naomi Onyebuchi	SR Huston-Tillotson	15.82m*	51-11.00
	FOUL 14.95m FOUL FOUL 15.24m 15.82m			
2	Tierra Hubbard	SR Concordia-NE	15.29m	50-02.00
	14.52m 14.74m 14.97m 15.29m FOUL 14.85m			
3	Nichole Arnold	JR Bethel-IN	14.80m	48-06.75
	FOUL 14.20m 14.12m FOUL FOUL 14.80m			
4	Amber Dunham	SR Bethany-KS	14.38m	47-02.25
	14.38m 14.01m FOUL FOUL FOUL 14.01m			
5	Donna Lavea	JR Dakota State	13.63m	44-08.75
	13.63m 13.09m 13.12m			
6	Whitney Collins	SO Doane	13.61m	44-08.00
	12.56m 12.94m 13.61m			
7	Brittany Hoins	JR Hastings	13.29m	43-07.25
	12.86m 12.81m 13.29m			
8	Christy Mosier	FR Corban	12.52m	41-01.00
	11.59m FOUL 12.52m			
9	Carrie Lister	JR Baker	12.32m	40-05.00
	11.68m 11.87m 12.32m			
10	Jackie Stevens	FR So. Nazarene	12.00m	39-04.50
	11.92m 12.00m FOUL			

## Flight 3

1	Denise Mattoon	JR Okla. Christian	13.85m	45-05.75
	13.64m 13.57m 13.86m FOUL FOUL 13.49m			
2	Kelsee Meisner	SO Doane	13.67m	44-10.25
	12.30m 12.80m 13.67m			
3	Andrea Swanson	JR McPherson	13.57m	44-06.25
	13.57m 13.31m 13.15m			
4	Jessica Brown	JR Langston	13.09m	42-11.50
	12.76m 12.31m 13.09m			
5	Kirsten Smith	SO Lewis-Clark	13.02m	42-08.75

	11.89m	12.98m	13.02m			
6	Cody Milbourn			SO Black Hills St	12.98m	42-07.00
	12.98m	12.94m	FOUL			
7	Tynan Bonn			FR Tabor	12.83m	42-01.25
	12.83m	12.18m	12.75m			
8	Chelsea Rimington			FR St. Francis-IL	12.10m	39-08.50
	11.57m	12.10m	FOUL			
9	Jenna Koch			SO Bethany-KS	11.97m	39-03.25
	11.34m	11.97m	FOUL			
10	Samantha Murphy			JR Notre Dame-OH	11.61m	38-01.25
	11.61m	FOUL	FOUL			
11	Sara Retzlaff			SO Concordia-NE	11.05m	36-03.00
	11.05m	FOUL	FOUL			

## Women Discus Throw

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## Top 9 advance to final

World: W 76.80m 7/9/1988 Gabriele Reinsch, GDR  
 American: A 67.67m 3/14/2007 Suzy Powell, Asics  
 Collegiate: C 67.48m 1981 Meg Ritchie, Arizona  
 NAIA Champs.: N 58.69m 2008 Annie Hess, Concordia, OR  
 2009 Winner: \* 53.82m 5/22/2009 Annie Hess, Concordia (Gre.)

Name	Year	School	Finals
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## Flight 1

1	Gabriella Dixon	FR Concordia-OR	45.76m	150-01
	43.07m	FOUL	45.76m	45.28m 41.31m 45.40m
2	Breezy Wentz	FR Concordia-OR	44.99m	147-07
	43.27m	39.06m	44.99m	43.94m 42.97m 42.06m
3	Kirsten Smith	SO Lewis-Clark	43.51m	142-09
	FOUL	43.51m	41.57m	
4	Dorothy Voth	SO Bethel-KS	41.19m	135-02
	41.19m	FOUL	FOUL	
5	Danielle Cofojohn	SR Walsh	40.92m	134-03
	40.92m	38.44m	40.89m	
6	Milika Tuivanuvou	SO Fresno Pacific	40.38m	132-06
	40.38m	36.63m	37.54m	
7	Sarah Hinman	JR Doane	40.14m	131-08
	40.14m	FOUL	FOUL	
8	Rachel Butler	JR William Penn	39.65m	130-01
	37.11m	39.65m	FOUL	
9	Chelsea Leavell	JR Milligan	37.96m	124-06
	FOUL	37.96m	FOUL	
--	Sara Retzlaff	SO Concordia-NE	FOUL	
	FOUL	FOUL	FOUL	

## Flight 2

1	Lisa Hughes	SR Lindenwood	47.13m	154-07
	45.46m	46.46m	40.65m	43.27m 47.13m 40.75m
2	Jessica Ecker	SO Lindenwood	43.97m	144-03
	42.47m	43.97m	43.89m	FOUL 42.14m 43.55m
3	Carly Stokebrand	SR Concordia-NE	42.95m	140-11
	40.97m	41.42m	42.95m	
4	Jean Marqueling	JR St. Francis-IN	42.77m	140-04
	34.68m	42.77m	FOUL	
5	Ashley Rojemann	FR St. Ambrose	42.54m	139-07
	37.88m	41.00m	42.54m	
6	Holly Haga	FR Southern Oregon	41.27m	135-05
	41.27m	40.90m	36.72m	
7	Emily Redmayne-Titley	SO Concordia-OR	41.14m	135-00
	39.96m	41.14m	39.29m	
8	Holly Bishop	FR Hastings	39.87m	130-10
	FOUL	39.87m	39.69m	
9	Ashton Henderson	FR Doane	39.61m	129-11
	39.45m	FOUL	39.61m	
10	Lauren Orris	FR Azusa Pacific	38.08m	124-11
	FOUL	38.08m	36.67m	

## Flight 3

1	Melesia Mafire'o-Blackwi	SR Southwest-NM	47.40m	155-06
	47.40m	FOUL	FOUL	44.24m 45.80m FOUL
2	Nichole Arnold	JR Bethel-IN	47.26m	155-01
	46.09m	47.26m	FOUL	FOUL FOUL
3	Jenna Koch	SO Bethany-KS	45.73m	150-00
	42.96m	45.73m	44.80m	FOUL 44.89m 42.63m
4	Emily Salth	FR Aquinas	44.84m	147-01

	40.78m	44.84m	39.96m	43.36m	FOUL	FOUL		
5	Breanna Janovy			FR Black Hills St			43.92m	144-01
	42.90m	FOUL	43.92m	41.61m	39.15m	43.47m		
6	Lindsey Karpowicz			FR Aquinas			43.38m	142-04
	43.38m	39.96m	FOUL					
7	Devon Jensen			FR Grand View			42.04m	137-11
	42.04m	FOUL	FOUL					
8	Mandy Streu			SO St. Ambrose			39.24m	128-09
	FOUL	38.79m	39.24m					
9	Britany Riley			SO William Jewell			37.90m	124-04
	37.90m	34.54m	FOUL					
10	Tara Leaman			SR Cedarville			37.54m	123-02
	37.54m	FOUL	35.42m					

Women Hammer Throw

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Top 9 advance to final

World: W 76.07m 8/29/1999 Mihaela Melinte, ROM  
 American: A 72.12m 4/10/2004 Erin Gilreath, NYAC  
 Collegiate: C 70.03m 5/13/2005 Loree Smith, Colorado State  
 NAIA Champs.: N 61.48m 5/21/2009 Aubrey Baxter, Black Hills St.  
 2009 Winner: \* 61.48m 5/21/2009 Aubrey Baxter, Black Hills St.

Name	Year	School	Finals
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Flight 1

1	Denise Mattoon	JR Okla. Christian	52.60m	172-07		
	52.60m	FOUL	FOUL	FOUL	46.90m	
2	Carly Stokebrand	SR Concordia-NE	50.78m	166-07		
	49.04m	50.58m	FOUL	FOUL	50.78m	FOUL
3	Kimberly Maley	SR Oklahoma Baptist	50.09m	164-04		
	50.09m	47.72m	42.03m	48.96m	FOUL	FOUL
4	Cody Milbourn	SO Black Hills St	47.15m	154-08		
	FOUL	47.15m	FOUL			
5	Jackie Rogers	JR Bethany-KS	46.37m	152-01		
	43.80m	46.37m	FOUL			
6	Kara DenHerder	JR Northwestern-IA	45.49m	149-03		
	43.51m	45.47m	45.49m			
7	Nichole Arnold	JR Bethel-IN	45.26m	148-06		
	44.18m	42.21m	45.26m			
8	Ashley Sparks	SR Briar Cliff	45.22m	148-04		
	FOUL	FOUL	45.22m			
9	Taylor Cotton	SO William Jewell	44.60m	146-04		
	42.93m	44.60m	FOUL			
--	Sara Retzlaff	SO Concordia-NE	FOUL			
	FOUL	FOUL	FOUL			

Flight 2

1	Jean Marqueling	JR St. Francis-IN	55.94m	183-06		
	52.92m	55.94m	54.21m	FOUL	55.35m	53.79m
2	Gabriella Dixon	FR Concordia OR	52.41m	171-11		
	45.10m	52.41m	51.77m	FOUL	FOUL	FOUL
3	Tierra Hubbard	SR Concordia-NE	51.47m	168-10		
	51.47m	FOUL	FOUL	FOUL	FOUL	FOUL
4	Brittany Hoins	JR Hastings	49.77m	163-03		
	FOUL	49.77m	FOUL	FOUL	FOUL	FOUL
5	Olivia Boisse	SR Oklahoma Baptist	47.15m	154-08		
	FOUL	47.15m	FOUL			
6	Whitney Collins	SO Doane	46.75m	153-04		
	44.93m	46.58m	46.75m			
7	Trina Reinhardt	JR Lindenwood	46.26m	151-09		
	FOUL	46.26m	FOUL			
8	Victoria Lee	SO Indiana Wesleyan	45.85m	150-05		
	FOUL	FOUL	45.85m			
9	Andi Pavlushik	JR Hastings	45.43m	149-00		
	45.43m	44.86m	FOUL			
10	Jacqueline Holmberg	SR Sterling	44.78m	146-11		
	44.78m	42.89m	FOUL			

Flight 3

1	Angela Krausz	SR Lindenwood	52.69m	172-10		
	49.22m	FOUL	FOUL	FOUL	FOUL	52.69m
2	Amanda Federicci	JR Concordia-OR	50.19m	164-08		
	50.19m	46.60m	FOUL	48.45m	47.05m	48.15m
3	Britany Riley	SO William Jewell	47.45m	155-08		
	46.04m	47.45m	FOUL			
4	Erin Dwyer	SR Azusa Pacific	47.32m	155-03		

FOUL	FOUL	47.32m			
5 Kirsten Smith			SO Lewie-Clark	46.74m	153-04
45.77m	46.74m	FOUL			
6 Tara Leaman			SR Cedarville	46.54m	152-08
42.38m	FOUL	46.54m			
7 Jordan Robusto			SO Azusa Pacific	45.95m	150-09
FOUL	45.03m	45.95m			
8 Holly Farrer			SR Bethel-IN	44.47m	145-11
43.59m	44.47m	40.53m			
9 Emily Alderfer			SR Malone	43.87m	143-11
FOUL	43.49m	43.87m			
-- Chelsea Maas			JR Grand View	FOUL	
FOUL	FOUL	FOUL			

Women Javelin Throw

Top 9 advance to final

World:	W 72.28m	9/13/2008	Barbora Spotakova, CZE
American:	A 64.19m	5/16/2007	Kim Kreiner, Nike
Collegiate:	C 61.82m	2003	Irina Kharun, Indiana
NAIA Champs.:	N 54.31m	5/21/2009	Liz Gleadle, British Columbia
2009 Winner:	* 54.31m	5/21/2009	Liz Gleadle, British Columbia

Name	Year	School	Finals
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Flight 1

1 Devon Jensen		FR Grand View	43.24m	141-10	
34.55m	29.34m	43.24m	37.86m	38.67m	33.37m
2 Morgan Choszczyk		SO Siena Heights	41.55m	139-07	
40.00m	36.92m	42.56m	37.11m	FOUL	FOUL
3 Aubree Gustin		SO Baker	42.43m	139-02	
FOUL	42.16m	42.43m	38.43m	39.16m	37.61m
4 Melesia Mafle'o-Blackwi		SR Southwest-NM	39.75m	130-05	
39.75m	FOUL	FOUL			
5 Beth Segerholm		FR Jamestown	37.52m	123-01	
37.43m	33.13m	37.52m			
6 Jessica Ecker		SO Lindenwood	37.43m	122-10	
35.26m	37.43m	FOUL			
7 Courtney Harris		SO Ottawa	37.09m	121-08	
32.71m	37.09m	32.41m			
8 Amber Dunham		SR Bethany-KS	36.27m	119-00	
35.66m	34.57m	36.27m			
9 Sarah Gilbert		SO Sioux Falls	35.95m	117-11	
FOUL	FOUL	35.95m			
Natasha Mouratidou		FR Lindenwood	DNS		

Flight 2

1 Liz Gleadle		SR British Columbia	56.09m*	184-00	
52.70m	53.28m	FOUL	54.67m	56.09m	FOUL
2 Jenna Higgins		FR Mount Mercy	45.40m	148-11	
40.85m	44.62m	FOUL	43.26m	45.40m	37.05m
3 Tiffany Martinos		SR Fresno Pacific	44.40m	145-08	
40.55m	44.40m	35.89m	40.35m	41.90m	38.61m
4 Kai Schmidt		SO Concordia-OR	42.61m	139-09	
34.94m	40.82m	42.61m	39.11m	41.25m	40.16m
5 Kim Schulz		FR Dickinson St	42.27m	138-08	
42.27m	37.84m	37.68m			
6 Ashtor Henderson		FR Doane	39.35m	129-01	
38.16m	39.35m	35.08m			
7 Chelsea Malone		SR Tabor	38.42m	126-00	
38.42m	37.93m	FOUL			
8 Shayna Prause		JR Northwest U.	37.53m	123-01	
36.58m	37.56m	37.53m			
9 Jill Peoples		SR Warner Pacific	36.34m	119-03	
36.34m	FOUL	36.08m			
10 Julie Koehn		SR Benedictine	35.06m	115-00	
31.00m	35.96m	34.14m			
11 Jenny Barr		SR Hastings	34.37m	112-09	
33.21m	FOUL	34.37m			

Flight 3

1 Malika Tuivanaveou		SO Fresno Pacific	44.05m	144-06	
38.35m	43.82m	44.05m	FOUL	32.93m	31.85m
2 Samantha Van Ranken		SO Tabor	42.95m	140-11	
37.44m	FOUL	42.82m	35.89m	28.83m	42.95m
3 Michelle Stuart		FR Simon Fraser	42.37m	139-00	
42.37m	38.43m	37.48m			

4	Sarah Scheib	SR Oregon Tech	41.14m	135-00
	41.14m 36.77m 37.74m			
5	Maggie Hasenkamp	JR Ottawa	40.91m	134-03
	36.17m 39.95m 40.91m			
6	Katie Burnett	JR William Penn	38.40m	126-30
	36.94m 38.40m 37.38m			
7	Chrissie Jeannin	FR Ottawa	38.25m	125-06
	38.25m 35.70m 37.08m			
8	Lori Ickes	JR Malone	38.15m	125-02
	38.15m 35.37m FOUL			
9	Emily Ostlund	FR Okla. Christian	37.94m	124-06
	37.94m 34.78m 34.63m			
10	Jenny Harman	FR Corban	35.97m	118-00
	33.28m 35.97m 34.56m			
11	Kristin Hempy	SO Westmont	30.01m	98-05
	FOUL 30.01m 28.41m			

## Heptathlon: #4 Women 200 Meter Dash

Name	Year School	Finals	Points
Section 1 Wind: 3.4			
1	Shannon Kellman	SR Black Hills St	24.42 941
2	Breanna Leslie	FR Azusa Pacific	25.39 851
3	Rozlyn Hamilton	FR Okla. Christian	25.91 805
4	Emily McCutchan	SR College of Idaho	25.92 804
5	Amy Boyer	JR Cornerstone	26.02 795
6	Sarah Skipper	JR Jamestown	26.32 769
7	Abby Lewis	SR Oklahoma Baptist	28.00 631
8	Amanda Straw	SR Fresno Pacific	28.42 598
Section 2 Wind: 2.6			
1	Katasha Miller	JR Biola	25.02 885
2	Tiffany Parker	SR Azusa Pacific	25.60 833
3	Victoria Anderson	JR Point Loma	25.74 820
4	Dominique Jacoy	JR Concordia-OR	26.32 769
5	Jess Horn	SR St. Francis-IL	26.41 762
6	Adelle Johns	SR British Columbia	26.45 758
7	Emily Nash	SO Azusa Pacific	26.77 731
8	Katie Rich	FR Concordia-NE	27.55 667

## Heptathlon: #7 Women 800 Meter Run

Name	Year School	Finals	Points
Section 1			
1	Emily McCutchan	SR College of Idaho	2:19.12 835
2	Katasha Miller	JR Biola	2:19.13 835
3	Victoria Anderson	JR Point Loma	2:20.31 819
4	Breanna Leslie	FR Azusa Pacific	2:20.53 816
5	Rozlyn Hamilton	FR Okla. Christian	2:21.93 797
6	Emily Nash	SO Azusa Pacific	2:26.56 737
7	Amy Boyer	JR Cornerstone	2:27.24 728
8	Abby Lewis	SR Oklahoma Baptist	2:27.61 723
9	Adelle Johns	SR British Columbia	2:27.69 722
10	Shannon Kellman	SR Black Hills St	2:29.62 698
11	Jess Horn	SR St. Francis-IL	2:32.29 664
12	Sarah Skipper	JR Jamestown	2:32.35 664
13	Dominique Jacoy	JR Concordia-OR	2:35.79 622
14	Amanda Straw	SR Fresno Pacific	2:36.68 612
15	Tiffany Parker	SR Azusa Pacific	2:39.92 574
16	Katie Rich	FR Concordia-NE	2:43.32 535

## Heptathlon: #1 Women 100 Meter Hurdles

Name	Year School	Finals	Points
Section 1 Wind: 1.3			
1	Adelle Johns	SR British Columbia	15.06 834
2	Emily McCutchan	SR College of Idaho	15.65 758
3	Abby Lewis	SR Oklahoma Baptist	16.00 714
4	Rozlyn Hamilton	FR Okla. Christian	16.62 640
Section 2 Wind: 1.4			
1	Breanna Leslie	FR Azusa Pacific	14.27 941
2	Victoria Anderson	JR Point Loma	14.84 863

3 Amy Boyer	JR Cornerstone	14.87	859
4 Jess Horn	SR St. Francis-IL	15.48	779
Section 3 Wind: 1.3			
1 Shannon Hellman	SR Black Hills St	13.53	1046
2 Natasha Miller	JR Biola	14.02	976
3 Tiffeny Parker	SR Azusa Pacific	14.27	941
4 Amanda Straw	SR Fresno Pacific	16.08	704
Section 4 Wind: 0.4			
1 Sarah Skipper	JR Jamestown	15.66	756
2 Emily Nash	SO Azusa Pacific	15.97	718
3 Dominique Jacoy	JR Concordia-OR	16.28	680
4 Katie Rich	FR Concordia-NE	16.46	659

Heptathlon: #2 Women High Jump

Name	Year School	Finals	Points
Flight 1			
1 Natasha Miller	JR Biola	1.75m 5-08.75	916
2 Tiffeny Parker	SR Azusa Pacific	1.63m 5-04.25	771
3 Sarah Skipper	JR Jamestown	1.60m 5-03.00	736
3 Amy Boyer	JR Cornerstone	1.60m 5-03.00	736
3 Victoria Anderson	JR Point Loma	1.60m 5-03.00	736
3 Adelle Johns	SR British Columbia	1.60m 5-03.00	736
7 Amanda Straw	SR Fresno Pacific	1.57m 5-01.75	701
7 Breanna Leslie	FR Azusa Pacific	1.57m 5-01.75	701
7 Abby Lewis	SR Oklahoma Baptist	1.57m 5-01.75	701
10 Emily McCutchan	SR College of Idaho	1.54m 5-00.50	666
10 Jess Horn	SR St. Francis-IL	1.54m 5-00.50	666
10 Katie Rich	FR Concordia-NE	1.54m 5-00.50	666
13 Shannon Hellman	SR Black Hills St	1.51m 4-11.50	632
14 Rozlyn Hamilton	FR Okla. Christian	1.48m 4-10.25	599
15 Dominique Jacoy	JR Concordia-OR	1.42m 4-07.75	534
15 Emily Nash	SO Azusa Pacific	1.42m 4-07.75	534

Heptathlon: #5 Women Long Jump

Name	Year School	Finals	Wind	Points
1 Breanna Leslie	FR Azusa Pacific	5.57m 18-03.25	1.3	720
5.10m(1.5) 5.10m(2.4) 5.57m(1.2)				
2 Natasha Miller	JR Biola	5.50m 18-00.50	2.1	700
5.10m(0.7) 5.19m(0.6) 5.50m(2.1)				
3 Shannon Hellman	SR Black Hills St	5.42m 17-09.50	1.3	677
5.42m(1.3) 5.22m(+0.0) FOUL				
4 Amy Boyer	JR Cornerstone	5.34m 17-06.25	2.0	654
5.34m(2.0) 5.19m(+0.0) 5.25m(1.6)				
5 Jess Horn	SR St. Francis-IL	5.33m 17-06.00	1.4	651
FOUL 5.33m(1.4) 5.20m(0.5)				
6 Tiffeny Parker	SR Azusa Pacific	5.31m 17-05.25	0.3	645
5.17m(1.9) 5.31m(0.3) 5.26m(+0.0)				
7 Victoria Anderson	JR Point Loma	5.27m 17-03.50	1.8	634
4.96m(1.6) 4.98m(+0.0) 5.27m(1.8)				
8 Adelle Johns	SR British Columbia	5.23m 17-02.00	1.4	623
5.14m(1.3) 5.23m(1.4) 5.08m(0.1)				
9 Sarah Skipper	JR Jamestown	5.22m 17-01.50	0.8	620
4.86m(+0.0) 4.99m(1.2) 5.22m(0.8)				
10 Abby Lewis	SR Oklahoma Baptist	5.13m 16-10.00	1.3	595
FOUL 4.72m(0.7) 5.13m(1.3)				
11 Emily McCutchan	SR College of Idaho	5.12m 16-09.75	0.9	592
FOUL 5.00m(1.5) 5.12m(0.9)				
12 Amanda Straw	SR Fresno Pacific	5.07m 16-07.75	+0.0	578
4.43m(+0.0) 5.07m(+0.0) PASS				
13 Katie Rich	FR Concordia-NE	4.98m 16-04.25	1.1	554
4.94m(1.3) FOUL 4.38m(1.1)				
14 Dominique Jacoy	JR Concordia-OR	4.94m 16-02.50	1.2	543
4.94m(1.2) 4.82m(1.3) 4.94m(0.7)				
15 Emily Nash	SO Azusa Pacific	4.90m 16-01.00	0.9	532
4.72m(-0.1) 4.77m(1.6) 4.90m(0.9)				
16 Rozlyn Hamilton	FR Okla. Christian	4.78m 15-08.25	1.6	500
4.78m(1.6) FOUL FOUL				

Heptathlon: #3 Women Shot Put

Name	Year School	Finals	Points
1 Katie Rich 12.49m FOUL 12.81m	FR Concordia-NE	12.81m 42-00.50	715
2 Rozlyn Hamilton 11.80m 10.39m 11.69m	FR Okla. Christian	11.80m 38-08.75	648
3 Tiffeny Parker 11.35m 11.21m 10.43m	SR Azusa Pacific	11.35m 37-03.00	618
4 Amy Boyer 9.92m 10.58m 9.79m	JR Cornerstone	10.58m 34-08.50	567
5 Dominique Jacoy 10.38m 10.28m FOUL	JR Concordia-OR	10.38m 34-00.75	554
6 Abby Lewis 10.14m 10.31m 9.94m	SR Oklahoma Baptist	10.31m 33-10.00	550
7 Victoria Anderson 9.11m 9.17m 10.08m	JR Point Loma	10.08m 33-01.00	535
8 Breanna Leslie FOUL 9.34m 10.03m	FR Azusa Pacific	10.03m 32-11.00	531
8 Sarah Skipper 9.75m 9.73m 10.03m	JR Jamestown	10.03m 32-11.00	531
10 Emily Nash 9.53m 9.71m 9.91m	SO Azusa Pacific	9.91m 32-06.25	524
11 Adelle Johns 9.84m 9.36m 7.88m	SR British Columbia	9.84m 32-03.50	519
12 Shannon Hellmar 8.76m 9.82m 9.59m	SR Black Hills St	9.82m 32-02.75	518
13 Emily McCutchan 8.71m FOUL 9.66m	SR College of Idaho	9.66m 31-08.50	507
14 Natasha Miller FOUL 9.60m 9.23m	JR Biola	9.60m 31-06.00	503
15 Ananda Straw 9.14m 9.13m 9.40m	SR Fresno Pacific	9.40m 30-10.25	490
16 Jess Horn 9.07m 8.78m 8.56m	SR St. Francis-IL	9.07m 29-09.25	469

Heptathlon: #6 Women Javelin Throw

Name	Year School	Finals	Points
1 Tiffeny Parker 27.77m 33.95m 38.87m	SR Azusa Pacific	38.87m 127-06	646
2 Emily Nash 31.85m 34.70m 33.40m	SO Azusa Pacific	34.70m 113-10	566
3 Breanna Leslie 33.86m 31.42m 33.86m	FR Azusa Pacific	33.86m 111-02	550
4 Katie Rich 31.37m 31.85m 33.32m	FR Concordia-NE	33.32m 109-04	540
5 Amy Boyer 29.16m 31.63m FOUL	JR Cornerstone	31.63m 103-09	508
6 Dominique Jacoy 30.51m 31.09m 30.12m	JR Concordia-OR	31.09m 102-00	497
7 Natasha Miller 29.72m 30.96m 27.47m	JR Biola	30.96m 101-07	495
8 Shannon Hellman FOUL 30.91m 29.88m	SR Black Hills St	30.91m 101-05	494
9 Abby Lewis FOUL FOUL 29.70m	SR Oklahoma Baptist	29.70m 97-05	471
10 Sarah Skipper 28.56m 27.57m 29.20m	JR Jamestown	29.20m 95-10	461
11 Jess Horn 28.98m FOUL FOUL	SR St. Francis-IL	28.98m 95-01	457
12 Adelle Johns 27.19m FOUL 28.06m	SR British Columbia	28.06m 92-01	440
13 Ananda Straw 26.54m 27.44m 27.44m	SR Fresno Pacific	27.44m 90-00	428
14 Emily McCutchan 26.70m FOUL 26.20m	SR College of Idaho	26.70m 87-07	414
15 Victoria Anderson 25.65m 26.17m 24.07m	JR Point Loma	26.17m 85-10	404
16 Rozlyn Hamilton FOUL 22.18m FOUL	FR Okla. Christian	22.18m 72-05	329

Women Heptathlon

World: W 7291 9/24/1988 Jackie Joyner-Kersey, USA  
 American: A 7291 9/24/1988 Jackie Joyner-Kersey, World Class AC  
 Collegiate: C 6527 6/3/1995 Diane Guthrie-Gresham, George Mason  
 NAIA Champs.: N 5626 1992 Kim Vanderhoek, Simon Fraser, BC  
 2009 Winner: \* 4857 5/2008 Zora Golcevska, Azusa Pacific

Name	Year	School	Finals
1 Natasha Miller	JR	Biola	5310*
2 Breanna Leslie	FR	Azusa Pacific	5110*
3 Tiffeny Parker	SR	Azusa Pacific	5028*
4 Shannon Hellman	SR	Black Hills St	5006*
5 Amy Boyer	JR	Cornerstone	4847
6 Victoria Anderson	JR	Point Loma	4811
7 Adelle Johns	SR	British Columbia	4632
8 Emily McCutchan	SR	College of Idaho	4576
9 Sarah Skipper	JR	Jamestown	4537
10 Jess Horn	SR	St. Francis-IL	4448
11 Abby Lewis	SR	Oklahoma Baptist	4385
12 Emily Nash	SO	Azusa Pacific	4342
13 Katie Rich	FR	Concordia-NE	4336
14 Kozlyr Hamilton	FR	Okla. Christian	4318
15 Dominique Jacoy	JR	Concordia-OR	4199
16 Amanda Straw	SR	Fresno Pacific	4111

Women 5000 Meter Race Walk

NAIA Champs.: N 12:39.67  
 2009 Winner: \* 14:12.12

Name	Year	School	Finals
Section 1			
1 Nicola Evangelista	JR	British Columbia	25:11.56
2 Alex Lo	JR	McKendree	25:24.09
3 Jessica Ching	SO	Lindenwood	25:31.58
4 Katie Burnett	JR	William Penn	26:22.19
5 Tina Peters	SR	Coahen	26:34.75
6 Janelle Brown	JR	Cornerstone	26:46.93
7 Kelly Clark	JR	Southern Oregon	27:16.88
8 Amanda Johnson	SR	Lindsey Wilson	27:44.66
9 Megan Furnish	JR	Lindsey Wilson	28:18.88
10 Chelsea Conway	FR	Lindsey Wilson	28:46.71
11 Caitlin Ambrose	SR	Berea	28:49.19
12 Katie Malinowski	SR	Cornerstone	29:07.15
13 Bev Larssen	JR	British Columbia	29:50.86
14 Courtney Spann	SO	Culver-Stockton	31:15.25
15 Carissa Eichmeyer	JR	Hannibal-LaGrang	33:30.37
Mercedes Mancha	FR	St. Xavier	DNS
Alexis Gutterman	JR	Lindenwood	DNS

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