
Women's Track & Field Statistics

Women's Track & Field (1996-Current)

Spring 2011

Cedarville University Individual Top Marks Outdoors Only

Cedarville University

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Individual Top Marks - Including Relay Legs Outdoors Only

Marks since: 17-Mar-11
Cedarville University [CED]
Number of Top Times: All

Mark	Convert	Rnd	Event	Pts	Place		
Jamie Atkins (Yr: SO) W							
2:41.32		F	800m Run	--	27	3/19/2011	Univ. of Cincinnati Early Bird 2011
2:48.36		F	800m Run	--	46	4/9/2011	Miami Invitational 2011
Jasmin Banachowski (Yr: FR) W							
2:25.56		F	800m Run	--	11	5/5/2011	NCCAA OutdoorChampionships 2011
2:25.84		F	800m Run	--	26	4/9/2011	Miami Invitational 2011
2:28.51		F	800m Run	--	35	4/1/2011	Oliver Nikoloff Open 2011
2:34.08		F	800m Run	--	10	4/15/2011	AMC championships 2011
5:09.93		F	1500m Run	--	15	3/19/2011	Univ. of Cincinnati Early Bird 2011
5:30.82		F	1500m Run	--	24	3/26/2011	Yellow Jacket Collegiate Outdoor open 2011
Grace Campbell (Yr: FR) W							
5:06.00		F	1500m Run	2	7	4/30/2011	Redhawk Invite 2011
5:06.65		F	1500m Run	--	61	4/9/2011	Miami Invitational 2011
18:41.12		F	5000m Run	--	11	3/19/2011	Univ. of Cincinnati Early Bird 2011
38:50.34		F	10000m Run	6	3	4/15/2011	AMC championships 2011
39:12.55		F	10000m Run	5	4	5/5/2011	NCCAA OutdoorChampionships 2011
39:38.20		F	10000m Run	6	3	3/26/2011	Yellow Jacket Collegiate Outdoor open 2011
Total Points:				19.0			
Carolyn Cann (Yr: JR) W							
27.79 NWI		M	200m Dash	--	3	5/5/2011	NCCAA OutdoorChampionships 2011
28.25 NWI		M	200m Dash	--	4	4/1/2011	Oliver Nikoloff Open 2011
28.55 +0.1		F	200m Dash	--	24	3/19/2011	Univ. of Cincinnati Early Bird 2011
29.31 NWI		F	200m Dash	--	14	3/26/2011	Yellow Jacket Collegiate Outdoor open 2011
2:24.92		F	800m Run	--	14	3/19/2011	Univ. of Cincinnati Early Bird 2011
2:26.63		M	800m Run	--	1	5/5/2011	NCCAA OutdoorChampionships 2011
2:27.72		M	800m Run	--	2	4/1/2011	Oliver Nikoloff Open 2011
2:35.50		F	800m Run	--	15	3/26/2011	Yellow Jacket Collegiate Outdoor open 2011
16.70 NWI		M	100m Hurdles	--	2	5/5/2011	NCCAA OutdoorChampionships 2011
16.84 NWI		M	100m Hurdles	--	3	4/1/2011	Oliver Nikoloff Open 2011
17.18 NWI		P	100m Hurdles	--		4/15/2011	AMC championships 2011
17.24 -0.1		F	100m Hurdles	--	37	4/9/2011	Miami Invitational 2011
17.66 -2.3		F	100m Hurdles	4	5	3/26/2011	Yellow Jacket Collegiate Outdoor open 2011
17.76 -1.9		F	100m Hurdles	2	7	4/30/2011	Redhawk Invite 2011
1.47m	4-09.75	M	High Jump	--	4	5/5/2011	NCCAA OutdoorChampionships 2011
4-09.00	1.44m	M	High Jump	--	4	4/1/2011	Oliver Nikoloff Open 2011
4-09.00	1.44m	F	High Jump	4	5	4/15/2011	AMC championships 2011
4.80m NWI	15-09.00	M	Long Jump	--	3	5/5/2011	NCCAA OutdoorChampionships 2011
15-06.25 NWI	4.73m	M	Long Jump	--	3	4/1/2011	Oliver Nikoloff Open 2011
8.13m	26-08.25	M	Shot Put	--	8	5/5/2011	NCCAA OutdoorChampionships 2011
26-07.75	8.12m	M	Shot Put	--	5	4/1/2011	Oliver Nikoloff Open 2011
25-08.25	7.83m	F	Shot Put	--	14	4/30/2011	Redhawk Invite 2011
99-01.00	30.20m	F	Javelin	--	11	4/9/2011	Miami Invitational 2011
97-04.00	29.66m	M	Javelin	--	2	4/1/2011	Oliver Nikoloff Open 2011
89-08.00	27.33m	F	Javelin	1	8	4/15/2011	AMC championships 2011
26.36m	86-06	M	Javelin	--	9	5/5/2011	NCCAA OutdoorChampionships 2011
3924		F	Heptathlon	8	2	5/5/2011	NCCAA OutdoorChampionships 2011
3879		F	Heptathlon	6	3	4/1/2011	Oliver Nikoloff Open 2011
Total Points:				25.0			
Meagan Carns (Yr: JR) W							
1:10.94		F	400m Dash	--	18	4/15/2011	AMC championships 2011
18.64 NWI		F	100m Hurdles	--	13	3/19/2011	Univ. of Cincinnati Early Bird 2011

Individual Top Marks - Including Relay Legs Outdoors Only

Marks since: 17-Mar-11

Number of Top Times: All

Mark	Convert	Rnd	Event	Pts	Place		
Meagan Carns (Yr: JR) W							
18.69	-2.3	F	100m Hurdles	--	10	3/26/2011	Yellow Jacket Collegiate Outdoor open 2011
18.71	NWI	P	100m Hurdles	--		4/15/2011	AMC championships 2011
18.92	-1.9	F	100m Hurdles	--	11	4/30/2011	Redhawk Invite 2011
1:14.95		F	400m Hurdles	--	9	4/30/2011	Redhawk Invite 2011
1:16.20		F	400m Hurdles	--	23	4/1/2011	Oliver Nikoloff Open 2011
1:18.67		F	400m Hurdles	--	9	3/26/2011	Yellow Jacket Collegiate Outdoor open 2011
Carolyn Case (Yr: SO) W							
2:26.22		F	800m Run	--	31	4/1/2011	Oliver Nikoloff Open 2011
2:26.97		F	800m Run	--	16	3/19/2011	Univ. of Cincinnati Early Bird 2011
2:27.08		F	800m Run	--	30	4/9/2011	Miami Invitational 2011
2:32.38		F	800m Run	--	12	3/26/2011	Yellow Jacket Collegiate Outdoor open 2011
Elisa Cherry (Yr: FR) W							
5:36.52		F	1500m Run	--	69	4/9/2011	Miami Invitational 2011
5:44.09		F	1500m Run	--	32	3/26/2011	Yellow Jacket Collegiate Outdoor open 2011
21:34.17		F	5000m Run	--	12	4/15/2011	AMC championships 2011
Jessica Dahnke (Yr: FR) W							
32-07.00	9.93m	F	Shot Put	--	11	4/15/2011	AMC championships 2011
32-03.75	9.84m	F	Shot Put	--	25	4/1/2011	Oliver Nikoloff Open 2011
31-08.75	9.67m	P	Shot Put	--		4/1/2011	Oliver Nikoloff Open 2011
31-07.25	9.63m	F	Shot Put	--	11	4/30/2011	Redhawk Invite 2011
31-05.25	9.58m	F	Shot Put	--	15	3/19/2011	Univ. of Cincinnati Early Bird 2011
29-10.25	9.10m	F	Shot Put	--	19	3/26/2011	Yellow Jacket Collegiate Outdoor open 2011
119-07.00	36.44m	F	Discus	2	7	5/5/2011	NCCAA Outdoor Championships 2011
115-10.00	35.30m	F	Discus	--	15	4/1/2011	Oliver Nikoloff Open 2011
113-09.00	34.67m	F	Discus	4	5	4/15/2011	AMC championships 2011
111-08.00	34.03m	F	Discus	--	10	3/19/2011	Univ. of Cincinnati Early Bird 2011
110-08.00	33.73m	P	Discus	--		4/1/2011	Oliver Nikoloff Open 2011
107-09.00	32.84m	F	Discus	6	4	3/26/2011	Yellow Jacket Collegiate Outdoor open 2011
106-07.00	32.48m	F	Discus	--	42	4/9/2011	Miami Invitational 2011
104-07.00	31.87m	F	Discus	--	11	4/30/2011	Redhawk Invite 2011
74-04.00	22.65m	F	Hammer	--	14	4/15/2011	AMC championships 2011
Total Points:				12.0			
Sarah Hannay (Yr: SR) W							
38-07.75	11.77m	F	Shot Put	5	4	4/15/2011	AMC championships 2011
38-07.75	11.77m	F	Shot Put	--	24	4/9/2011	Miami Invitational 2011
37-07.25	11.46m	F	Shot Put	2	7	3/19/2011	Univ. of Cincinnati Early Bird 2011
36-02.75	11.04m	F	Shot Put	--	21	4/1/2011	Oliver Nikoloff Open 2011
34-06.75	10.53m	F	Shot Put	--	9	3/26/2011	Yellow Jacket Collegiate Outdoor open 2011
33-10.00	10.31m	P	Shot Put	--		4/1/2011	Oliver Nikoloff Open 2011
95-05.00	29.08m	F	Discus	--	11	4/15/2011	AMC championships 2011
126-01.00	38.43m	F	Hammer	6	3	4/15/2011	AMC championships 2011
125-06.00	38.25m	F	Hammer	--	20	4/1/2011	Oliver Nikoloff Open 2011
116-07.00	35.53m	F	Hammer	3	8	3/26/2011	Yellow Jacket Collegiate Outdoor open 2011
107-11.00	32.89m	F	Hammer	--	12	3/19/2011	Univ. of Cincinnati Early Bird 2011
84-10.00	25.85m	F	Javelin	--	11	4/15/2011	AMC championships 2011
Total Points:				16.0			
Rachel Herrera (Yr: SO) W							
1:08.38		P	400m Hurdles	--	9	5/5/2011	NCCAA Outdoor Championships 2011
1:08.97		F	400m Hurdles	8	2	3/26/2011	Yellow Jacket Collegiate Outdoor open 2011

Individual Top Marks - Including Relay Legs Outdoors Only

Marks since: 17-Mar-11

Number of Top Times: All

Mark	Convert	Rnd	Event	Pts	Place		
Rachel Herrera (Yr: SO) W							
1:09.28		F	400m Hurdles	---	14	4/1/2011	Oliver Nikoloff Open 2011
1:10.75		F	400m Hurdles	---	6	3/19/2011	Univ. of Cincinnati Early Bird 2011
1:12.40		F	400m Hurdles	---	9	4/15/2011	AMC championships 2011
4-05.00	1.34m	F	High Jump	---	9	4/15/2011	AMC championships 2011
15-11.50	NWI 4.86m	F	Long Jump	2	7	4/15/2011	AMC championships 2011
34-04.25	NWI 10.47m	F	Triple Jump	3	6	5/5/2011	NCCAA OutdoorChampionships 2011
34-00.25	NWI 10.37m	F	Triple Jump	6	3	4/15/2011	AMC championships 2011
33-06.75	+1.5 10.23m	F	Triple Jump	6	3	3/19/2011	Univ. of Cincinnati Early Bird 2011
Total Points:				25.0			
Krista Johnson (Yr: SO) W							
2:31.05		F	800m Run	---	38	4/1/2011	Oliver Nikoloff Open 2011
2:31.25		F	800m Run	---	36	4/9/2011	Miami Invitational 2011
2:36.24		F	800m Run	---	21	3/19/2011	Univ. of Cincinnati Early Bird 2011
2:38.11		F	800m Run	---	20	3/26/2011	Yellow Jacket Collegiate Outdoor open 2011
38:04.28		F	5000m Walk	5	4	4/15/2011	AMC championships 2011
Total Points:				5.0			
Beth Jones (Yr: FR) W							
28.28	-2.5	F	200m Dash	---	23	3/19/2011	Univ. of Cincinnati Early Bird 2011
17-08.75	NWI 5.40m	F	Long Jump	6	3	4/15/2011	AMC championships 2011
17-02.00	+2.7 5.23m	F	Long Jump	5	4	4/30/2011	Redhawk Invite 2011
16-11.25	+1.7 5.16m	F	Long Jump	---	13	4/9/2011	Miami Invitational 2011
16-07.00	NWI 5.05m	F	Long Jump	---	17	5/13/2011	Cardinal Twilight Classic 2011
16-04.50	+1.9 4.99m	F	Long Jump	3	6	3/19/2011	Univ. of Cincinnati Early Bird 2011
16-03.25	NWI 4.95m	F	Long Jump	---	10	5/5/2011	NCCAA OutdoorChampionships 2011
16-01.75	NWI 4.92m	F	Long Jump	4	5	3/26/2011	Yellow Jacket Collegiate Outdoor open 2011
15-00.50	+0.0 4.58m	F	Long Jump	---	15	4/1/2011	Oliver Nikoloff Open 2011
15-00.25	+0.0 4.57m	S	Long Jump	---		4/1/2011	Oliver Nikoloff Open 2011
14-00.75	-1.6 4.28m	P	Long Jump	---		4/1/2011	Oliver Nikoloff Open 2011
36-03.50	NWI 11.06m	F	Triple Jump	10	1	4/15/2011	AMC championships 2011
36-01.25	+0.0 11.00m	F	Triple Jump	---	9	4/9/2011	Miami Invitational 2011
35-07.75	NWI 10.86m	F	Triple Jump	10	1	3/26/2011	Yellow Jacket Collegiate Outdoor open 2011
35-03.75	+1.8 10.76m	F	Triple Jump	5	4	4/30/2011	Redhawk Invite 2011
35-03.25	NWI 10.75m	F	Triple Jump	6	3	5/5/2011	NCCAA OutdoorChampionships 2011
35-02.00	+0.1 10.71m	F	Triple Jump	3	6	4/1/2011	Oliver Nikoloff Open 2011
35-00.25	-1.1 10.67m	P	Triple Jump	---		4/1/2011	Oliver Nikoloff Open 2011
34-11.25	+1.2 10.64m	S	Triple Jump	---		4/1/2011	Oliver Nikoloff Open 2011
Total Points:				52.0			
Laura Kirby (Yr: JR) W							
8-00.50	2.45m	F	Pole Vault	1	8	4/15/2011	AMC championships 2011
7-06.50	2.29m	F	Pole Vault	1	8	3/26/2011	Yellow Jacket Collegiate Outdoor open 2011
66-00.00	20.11m	F	Javelin	---	16	4/15/2011	AMC championships 2011
53-03.00	16.23m	F	Javelin	---	28	4/9/2011	Miami Invitational 2011
Total Points:				2.0			
Hannah Lamos (Yr: SO) W							
5:00.05		F	1500m Run	4	5	4/30/2011	Redhawk Invite 2011
5:02.56		F	1500m Run	---	59	4/9/2011	Miami Invitational 2011
16:15.15		F	5000m Run	3	6	3/19/2011	Univ. of Cincinnati Early Bird 2011
19:00.85		F	5000m Run	4	5	4/15/2011	AMC championships 2011
38:12.38		F	10000m Run	6	3	5/5/2011	NCCAA OutdoorChampionships 2011
38:35.59		F	10000m Run	8	2	3/26/2011	Yellow Jacket Collegiate Outdoor open 2011
38:44.56		F	10000m Run	---	19	5/26/2011	NAIA Outdoor Championships 2011
39:13.20		F	10000m Run	5	4	4/15/2011	AMC championships 2011
Total Points:				30.0			

Individual Top Marks - Including Relay Legs Outdoors Only

Marks since: 17-Mar-11

Number of Top Times: All

Mark	Convert	Rnd	Event	Pts	Place		
Katie Lanphier (Yr: JR) W							
1:05.02		F	400m Hurdles	5	4	4/30/2011	Redhawk Invite 2011
1:05.49		F	400m Hurdles	1	8	4/1/2011	Oliver Nikoloff Open 2011
1:05.58		F	400m Hurdles	---	13	5/13/2011	Cardinal Twilight Classic 2011
1:05.93		F	400m Hurdles	5	4	3/19/2011	Univ. of Cincinnati Early Bird 2011
1:06.49		F	400m Hurdles	---	17	4/9/2011	Miami Invitational 2011
1:07.86		F	400m Hurdles	8	2	4/15/2011	AMC championships 2011
1:08.72		F	400m Hurdles	10	1	3/26/2011	Yellow Jacket Collegiate Outdoor open 2011
Total Points:				29.0			
Michelle Mead (Yr: SO) W							
17.21 NWI		P	100m Hurdles	---		4/15/2011	AMC championships 2011
17.75 -0.1		F	100m Hurdles	---	38	4/9/2011	Miami Invitational 2011
17.83 -2.3		F	100m Hurdles	3	6	3/26/2011	Yellow Jacket Collegiate Outdoor open 2011
18.33 -1.9		F	100m Hurdles	---	9	4/30/2011	Redhawk Invite 2011
19.27 NWI		P	100m Hurdles	---		5/5/2011	NCCAA OutdoorChampionships 2011
1:11.50		F	400m Hurdles	3	6	4/15/2011	AMC championships 2011
1:11.85		F	400m Hurdles	---	31	4/9/2011	Miami Invitational 2011
1:12.07		F	400m Hurdles	2	7	4/30/2011	Redhawk Invite 2011
1:14.29		F	400m Hurdles	---	21	4/1/2011	Oliver Nikoloff Open 2011
1:16.33		P	400m Hurdles	---	12	5/5/2011	NCCAA OutdoorChampionships 2011
1:16.34		F	400m Hurdles	1	8	3/26/2011	Yellow Jacket Collegiate Outdoor open 2011
1:16.39		F	400m Hurdles	---	10	3/19/2011	Univ. of Cincinnati Early Bird 2011
Total Points:				9.0			
Tabby Moore (Yr: SO) W							
5:10.47		F	1500m Run	---	16	3/19/2011	Univ. of Cincinnati Early Bird 2011
5:42.28		F	1500m Run	---	31	3/26/2011	Yellow Jacket Collegiate Outdoor open 2011
19:56.97		F	5000m Run	---	39	4/9/2011	Miami Invitational 2011
11:57.56		F	3000m StplCh	2	7	5/5/2011	NCCAA OutdoorChampionships 2011
12:08.35		F	3000m StplCh	---	14	4/1/2011	Oliver Nikoloff Open 2011
12:26.79		F	3000m StplCh	5	4	4/30/2011	Redhawk Invite 2011
12:39.79		F	3000m StplCh	2	7	4/15/2011	AMC championships 2011
Total Points:				9.0			
Susie Powell (Yr: FR) W							
39:04.31		F	5000m Walk	4	5	4/15/2011	AMC championships 2011
9-02.25	2.80m	F	Pole Vault	4	5	4/30/2011	Redhawk Invite 2011
9-00.25	2.75m	F	Pole Vault	2	7	4/15/2011	AMC championships 2011
9-00.25	2.75m	F	Pole Vault	4	4	3/26/2011	Yellow Jacket Collegiate Outdoor open 2011
Total Points:				14.0			
Neola Putnam (Yr: SO) W							
2:19.64		F	800m Run	10	1	3/26/2011	Yellow Jacket Collegiate Outdoor open 2011
2:24.15		F	800m Run	6	3	4/15/2011	AMC championships 2011
4:44.80		F	1500m Run	6	3	5/5/2011	NCCAA OutdoorChampionships 2011
4:47.05		F	1500m Run	8	2	4/30/2011	Redhawk Invite 2011
4:48.34		F	1500m Run	---	14	5/13/2011	Cardinal Twilight Classic 2011
4:49.99		F	1500m Run	---	36	4/9/2011	Miami Invitational 2011
4:50.69		F	1500m Run	8	2	3/19/2011	Univ. of Cincinnati Early Bird 2011
4:53.47		F	1500m Run	5	4	4/15/2011	AMC championships 2011
Total Points:				43.0			
Joy Santos (Yr: SO) W							
12.96 +3.7		F	100m Dash	---	19	4/1/2011	Oliver Nikoloff Open 2011
25.51 NWI		F	200m Dash	8	2	4/15/2011	AMC championships 2011
25.77 NWI		F	200m Dash	5	4	5/5/2011	NCCAA OutdoorChampionships 2011
26.06 NWI		P	200m Dash	---		5/5/2011	NCCAA OutdoorChampionships 2011

Individual Top Marks - Including Relay Legs Outdoors Only

Marks since: 17-Mar-11

Number of Top Times: All

Mark	Convert	Rnd	Event	Pts	Place		
Joy Santos (Yr: SO) W							
26.22	NWI	P	200m Dash	---		4/15/2011	AMC championships 2011
26.34	+0.0	F	200m Dash	---	18	4/1/2011	Oliver Nikoloff Open 2011
26.81	-0.8	F	200m Dash	---	31	4/9/2011	Miami Invitational 2011
27.27	NWI	F	200m Dash	6	3	3/26/2011	Yellow Jacket Collegiate Outdoor open 2011
27.31	-2.7	F	200m Dash	---	15	3/19/2011	Univ. of Cincinnati Early Bird 2011
57.91		F	400m Dash	---	13	5/13/2011	Cardinal Twilight Classic 2011
58.36		F	400m Dash	6	3	4/30/2011	Redhawk Invite 2011
58.98		F	400m Dash	---	19	4/9/2011	Miami Invitational 2011
59.14		F	400m Dash	5	4	5/5/2011	NCCAA OutdoorChampionships 2011
1:00.46		P	400m Dash	---		5/5/2011	NCCAA OutdoorChampionships 2011
1:00.95		F	400m Dash	8	2	4/15/2011	AMC championships 2011
1:01.21		F	400m Dash	---	9	3/19/2011	Univ. of Cincinnati Early Bird 2011
1:01.37		F	400m Dash	5	4	3/26/2011	Yellow Jacket Collegiate Outdoor open 2011
2:28.32		F	800m Run	---	12	5/13/2011	Cardinal Twilight Classic 2011
				Total Points:	43.0		
Anna Schmid (Yr: FR) W							
13.23	NWI	P	100m Dash	---		4/15/2011	AMC championships 2011
1:07.32		F	400m Hurdles	3	6	5/5/2011	NCCAA OutdoorChampionships 2011
1:07.43		F	400m Hurdles	10	1	4/15/2011	AMC championships 2011
1:07.66		F	400m Hurdles	---	13	4/1/2011	Oliver Nikoloff Open 2011
1:08.00		P	400m Hurdles	---		5/5/2011	NCCAA OutdoorChampionships 2011
1:08.81		F	400m Hurdles	---	23	4/9/2011	Miami Invitational 2011
1:09.46		F	400m Hurdles	4	5	3/19/2011	Univ. of Cincinnati Early Bird 2011
				Total Points:	17.0		
Jessica Smith (Yr: JR) W							
2:25.58		F	800m Run	---	12	5/5/2011	NCCAA OutdoorChampionships 2011
2:26.85		F	800m Run	---	32	4/1/2011	Oliver Nikoloff Open 2011
2:27.60		F	800m Run	---	17	4/30/2011	Redhawk Invite 2011
2:28.03		F	800m Run	4	5	3/26/2011	Yellow Jacket Collegiate Outdoor open 2011
2:29.35		F	800m Run	2	7	4/15/2011	AMC championships 2011
2:31.71		F	800m Run	---	37	4/9/2011	Miami Invitational 2011
5:14.74		F	1500m Run	---	18	3/19/2011	Univ. of Cincinnati Early Bird 2011
				Total Points:	6.0		
Meghan Terrell (Yr: SO) W							
5:02.87		F	1500m Run	---	18	5/13/2011	Cardinal Twilight Classic 2011
5:11.15		F	1500m Run	---	17	3/19/2011	Univ. of Cincinnati Early Bird 2011
5:22.25		F	1500m Run	---	17	3/26/2011	Yellow Jacket Collegiate Outdoor open 2011
11:05.87		P	3000m StplCh	---		5/26/2011	NAIA Outdoor Championships 2011
11:27.04		F	3000m StplCh	8	2	4/30/2011	Redhawk Invite 2011
11:29.80		F	3000m StplCh	8	2	5/5/2011	NCCAA OutdoorChampionships 2011
11:46.25		F	3000m StplCh	---	10	4/1/2011	Oliver Nikoloff Open 2011
11:48.96		F	3000m StplCh	8	2	4/15/2011	AMC championships 2011
11:49.40		F	3000m StplCh	---	14	5/26/2011	NAIA Outdoor Championships 2011
				Total Points:	24.0		
Alexa Winik (Yr: JR) W							
12.48	NWI	F	100m Dash	3	6	3/19/2011	Univ. of Cincinnati Early Bird 2011
24.21	NWI	F	200m Dash	10	1	4/15/2011	AMC championships 2011
24.48	NWI	F	200m Dash	10	1	5/5/2011	NCCAA OutdoorChampionships 2011
24.79	NWI	P	200m Dash	---		4/15/2011	AMC championships 2011
24.80	NWI	F	200m Dash	---	15	5/13/2011	Cardinal Twilight Classic 2011
24.84	+5.5	F	200m Dash	5	4	4/1/2011	Oliver Nikoloff Open 2011
24.90	+0.0	F	200m Dash	8	2	3/19/2011	Univ. of Cincinnati Early Bird 2011
25.73	NWI	P	200m Dash	---		5/5/2011	NCCAA OutdoorChampionships 2011

Individual Top Marks - Including Relay Legs Outdoors Only

Marks since: 17-Mar-11

Number of Top Times: All

Mark	Convert	Rnd	Event	Pts	Place				
Alexa Winik (Yr: JR) W									
26.11	NWI	F	200m Dash	10	1	3/26/2011	Yellow Jacket Collegiate Outdoor open 2011		
55.30		F	400m Dash	3	6	5/26/2011	NAIA Outdoor Championships 2011		
55.57		F	400m Dash	10	1	5/5/2011	NCCAA Outdoor Championships 2011		
55.72		P	400m Dash	---		5/26/2011	NAIA Outdoor Championships 2011		
56.45		F	400m Dash	10	1	4/30/2011	Redhawk Invite 2011		
56.47		F	400m Dash	10	1	4/1/2011	Oliver Nikoloff Open 2011		
56.88		P	400m Dash	---		5/5/2011	NCCAA Outdoor Championships 2011		
56.92		F	400m Dash	---	9	5/13/2011	Cardinal Twilight Classic 2011		
57.66		F	400m Dash	10	1	3/26/2011	Yellow Jacket Collegiate Outdoor open 2011		
58.47		F	400m Dash	10	1	4/15/2011	AMC championships 2011		
Total Points:				99.0					
Abby Wong (Yr: SO) W									
2:24.86		F	800m Run	---	13	3/19/2011	Univ. of Cincinnati Early Bird 2011		
2:26.26		F	800m Run	6	3	3/26/2011	Yellow Jacket Collegiate Outdoor open 2011		
2:36.61		F	800m Run	---	20	4/30/2011	Redhawk Invite 2011		
4:56.98		F	1500m Run	---	17	4/1/2011	Oliver Nikoloff Open 2011		
5:02.06		F	1500m Run	---	58	4/9/2011	Miami Invitational 2011		
5:02.37		F	1500m Run	3	6	4/15/2011	AMC championships 2011		
5:12.43		F	1500m Run	---	19	5/5/2011	NCCAA Outdoor Championships 2011		
Total Points:				9.0					
Rachel Wong (Yr: JR) W									
2:17.90		F	800m Run	2	7	3/19/2011	Univ. of Cincinnati Early Bird 2011		
2:19.46		F	800m Run	---	5	5/13/2011	Cardinal Twilight Classic 2011		
2:21.10		F	800m Run	---	14	4/1/2011	Oliver Nikoloff Open 2011		
2:29.98		F	800m Run	1	8	4/15/2011	AMC championships 2011		
4:37.56		F	1500m Run	10	1	5/5/2011	NCCAA Outdoor Championships 2011		
4:38.39		F	1500m Run	---	11	5/26/2011	NAIA Outdoor Championships 2011		
4:42.53		F	1500m Run	---	27	4/9/2011	Miami Invitational 2011		
4:45.51		F	1500m Run	10	1	4/30/2011	Redhawk Invite 2011		
4:46.25		F	1500m Run	10	1	3/26/2011	Yellow Jacket Collegiate Outdoor open 2011		
4:48.76		F	1500m Run	10	1	4/15/2011	AMC championships 2011		
Total Points:				43.0					

Relay Top Marks

Marks since: 17-Mar-11
Cedarville University [CED]
Number of Top Times: All

Time	Convert	Rnd	Relay		
Women Open 4x100m Relay					
1	49.04	F	A Relay	5/13/2011	Cardinal Twilight Classic 2011
	Beth Jones (FR)		Katie Lanphier (JR)	Joy Santos (SO)	Alexa Winik (JR)
2	49.43	F	A Relay	4/30/2011	Redhawk Invite 2011
	Joy Santos (SO)		Katie Lanphier (JR)	Beth Jones (FR)	Alexa Winik (JR)
3	49.47	F	A Relay	5/5/2011	NCCAA Outdoor Championships 2011
	Joy Santos (SO)		Katie Lanphier (JR)	Beth Jones (FR)	Alexa Winik (JR)
4	50.08	F	A Relay	4/9/2011	Miami Invitational 2011
	Joy Santos (SO)		Alexa Winik (JR)	Katie Lanphier (JR)	Beth Jones (FR)
5	50.51	F	A Relay	4/15/2011	AMC championships 2011
	Katie Lanphier (JR)		Joy Santos (SO)	Beth Jones (FR)	Alexa Winik (JR)
Women Open 4x400m Relay					
1	4:01.26	F	A Relay	5/5/2011	NCCAA Outdoor Championships 2011
	Katie Lanphier (JR)		Beth Jones (FR)	Joy Santos (SO)	Alexa Winik (JR)
2	4:03.33	F	A Relay	4/15/2011	AMC championships 2011
	Katie Lanphier (JR)		Anna Schmid (FR)	Joy Santos (SO)	Alexa Winik (JR)
3	4:06.62	F	A Relay	3/26/2011	Yellow Jacket Collegiate Outdoor open 2011
	Neola Putnam (SO)		Katie Lanphier (JR)	Joy Santos (SO)	Alexa Winik (JR)
4	4:10.61	F	A Relay	3/19/2011	Univ. of Cincinnati Early Bird 2011
	Neola Putnam (SO)		Anna Schmid (FR)	Katie Lanphier (JR)	Rachel Wong (JR)
5	4:27.84	F	B Relay	3/19/2011	Univ. of Cincinnati Early Bird 2011
	Carolyn Case (SO)		Jasmin Banachowski (FR)	Jessica Smith (JR)	Abby Wong (SO)
6	4:34.88	F	B Relay	3/26/2011	Yellow Jacket Collegiate Outdoor open 2011
	Abby Wong (SO)		Krista Johnson (SO)	Jessica Smith (JR)	Carolyn Case (SO)
7	4:38.52	F	A Relay	4/1/2011	Oliver Nikoloff Open 2011
	Jasmin Banachowski (FR)		Mcagan Carns (JR)	Michelle Mead (SO)	Elisa Cherry (FR)
Women Open 4x800m Relay					
1	8:00.07	F	A Relay	5/26/2011	NAIA Outdoor Championships 2011
2	9:39.85	F	A Relay	4/15/2011	AMC championships 2011
	Neola Putnam (SO)		Abby Wong (SO)	Jasmin Banachowski (FR)	Rachel Wong (JR)
3	9:44.16	F	A Relay	5/5/2011	NCCAA Outdoor Championships 2011
	Abby Wong (SO)		Katie Lanphier (JR)	Jasmin Banachowski (FR)	Jessica Smith (JR)