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Review of *Violet Shrink* by Christine Baldacchino

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Violet Shrink

Baldacchino, Christine

Illustrated by Carmen Mok

Toronto: House of Anansi Press, 2020

9781773062051

Violet Shrink tells the story of a young girl who hates parties. Her palms get sweaty and her stomach aches around any “party”, “reception”, “shindig”, or “bash”. Christine Baldacchino explores anxiety and a healthy way of accepting social challenges through Violet’s interactions with her father; she teaches kids to express their needs and for parents to provide a safe space for their kids to feel listened to. Carmen Mok helps to visualize what Violet feels which can help other children with social anxiety name what they feel in scary situations. **Highly Recommended** *Grace Kohler, Centennial Library Intern, Cedarville University*