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Cedars


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8-20-2019

## Cedars, August 2019

Cedarville University

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# CEDARS

The Award-Winning Student News Program at Cedarville University

## FRESHMAN EDITION

The official Freshman's  
guide to living in Cedarville!

- *Classes to take*
- *Important places to know*
- *Where to buy snacks*
- *How to cook in your dorm*
- *And more!*



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# BEOC

(Big Event On Campus)

## CEGARFEST

6 a.m.-10 p.m., Aug 31-Sept 2, Cedarville Community Park

CedarFest is a Cedarville tradition that celebrates Labor Day, pancakes, and its founder, James H. Kyle, who was born in Cedarville.



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# Places You Can Walk To

by Alex Hentschel

There's a saying at Cedarville — if you don't have a car, don't come to Cedarville.

OK, that's dramatic. But go ahead and look outside — there's nothing but cornfields as far as the eye can see. If you're willing to use your legs a bit, though, there's a ton of stuff to offer in this tiny village.

## Orion/Beans-n-Cream

A few years ago, there was a generation of Cedarvillians who knew Orion as Stoney Creek; today's seniors (such as myself) remember Orion as Telemetry when it was under different ownership. The new owners are changing around the menu and bringing in a ton of new flavors and special events (cinnamon buns come to mind). Make sure to try the vanilla latte. There's also Beans-n-Cream — the other coffee spot in town. Beans offers a more relaxed, homey atmo-

sphere. Try their matcha frozen coffee and check out some of the art they sell by local artisans.

## Indian Mound Reserve

This will be a bit of a walk, but if you make it on a nice autumn day, you'll definitely enjoy the short hike leading to a waterfall. You can even go swimming if you're feeling adventurous, or just bring a book. I've had a picnic here before, which went great until the bees.

## Cow tipping

Just kidding.

## Go on a Rip Run / DG Dash

Students often make trips to the Cedarville Village Market — affectionately known as “The Rip” due to its prices — and the Dollar General, often referred to as “The DG.”

These are the two tried and true spots for quick groceries, a pretty good sub sand-

wich, ramen, the fork you forgot to pack to eat the ramen, dorm decor, medicine and plastic statues of dogs. Sometimes it gets so boring in Cedarville that yes, we go to the DG to bum around. Welcome to your new home.

## Cedarville Public Library/Biking Trail

Tucked away deeper into the village is the Cedarville Public Library, a quaint, small library with a good selection. If you're ever tired of the huge and mildly depressing '70's vibe of our current library, mosey on down here. There's also a biking trail that runs straight by the library and the Hearthstone Inn, down to the Indian Mound.

## Colonial Pizza/The Corner Bakery

Sometimes open, there's a small, quaint bakery on Main Street which has some really good offerings. There's also Colonial, which delivers directly to your dorm room and has \$5 personal pizzas if you get tired of Chuck's

pizza, which we all know is impossible.

## Dr. DeWitt's House

Just show up, and ask to see his C. S. Lewis collection.

(Just kidding, don't do this. We do not endorse doing this).

## Public Park

Down the street by the firehouse there's a small public park that's perfect for a grill-out with your friends. We did that one year and by no means started any fires ever. This is also where there's the insane Labor Day fireworks — just wait until you hear about them.

Even if you don't have a car, there's plenty to explore in our local, quiet town.

*Alexandria Hentschel is a senior International Studies and Spanish double major and the Off-Campus News Editor for Cedars. She enjoys old books, strong coffee, and honest debate.*

# Unique Classes to Fulfill Gen Ed Requirements

by Shelby McGuire

Everyone has to take general education classes, and it can feel like they don't apply to your career goals at all. So why not make the most of every credit hour with some novelty substitutions for the mainstream requirements.

## Literature

Literature classes always get a bad rap whether it's the endless reading requirements or the existential class discussion. Instead of taking a generic literature class, check out the following list of substitutions that may actually hold your interest for a semester.

LIT-3520 C.S. Lewis and the Inklings  
(3 Credits)

LIT-2130 Dramatic Literature (3 Credits)

LIT-3100 Cont Young Adult Literature  
(3 Credits)

LIT-3350 Shakespeare (3 Credits)

LIT-2330 World Mythology (3 Credits)

## Physical Science

You could register for earth science along with 200 other people who already know about as much as they've ever wanted to about the earth, or you could take oceanography. Who knows, maybe you'll get to go on a field trip to an aquarium.

ESCI-2310 Intro Oceanography (4 Credits)

## History

There are so many choices of history classes to take. Because you've probably al-

ready sat through a few high school courses on American history and western civilization, try something a little more exotic.

INTL-3220 Hist/Politics Middle East  
(3 credits)

HIST-3200 Hist/Politics Latin America  
(3 Credits)

HIST-3210 Hist/Politics of Asia (3 Credits)

HIST-3540 Hist/Politics Africa (3 Credits)

Or, maybe you're interested in Christianity and church history:

HIST-3310 American Church History  
(3 Credits)

HIST-2620 Church & State in America  
(3 Credits)

HIST-3030 Hist Christianity: PreReform  
(3 Credits)

But, perhaps you're most interested in politics.

HIST-3400 Hist American Foreign Policy  
(3 Credits)

HIST-3710 Hist Political Thgt I (3 Credits)

HIST-3730 American Political Thought  
(3 Credits)

When it comes to Gen Eds, think outside the box to make them exciting ... or at least bearable.

*Shelby McGuire is a junior Journalism major and Arts and Entertainment Co-editor for Cedars. She enjoys working out as well as feeding her caffeine addiction pretending that she has her life together.*

# Important Places and Where to Find Them

by *Madeleine Mosher*

Once school starts, or even before it does, you are going to have to deal with some unpredictable situations.

Maybe you split your head open during your first ultimate Frisbee practice. University Medical Services (UMS) can fix you up. Maybe you find out that Intro to Composition really isn't for you when you fail the summary and response paper. The Cove can tutor you. Maybe you really need to drop Intro to Composition. You can do that at the Office of the Registrar. Maybe you lose your phone. You'll need to stop by campus safety in your frantic search.

But where do you find those places?

Well, you consult this list:

- UMS is adjacent to the Callan Athletic Center, on the left side of the building
- The Cove is in the upper level of the Center for Biblical and Theological Studies
- The Office of the Registrar is in the lower level of the Stevens Student Center
- Campus Safety is in the upper level of the Stevens Student Center

*Madeleine Mosher is a junior Journalism major and an Arts and Entertainment Co-editor for Cedars. When she's not complaining about homework or having a snack, she enjoys coffee, words, and rock 'n' roll.*



Illustration by Abigail Wisser

## Improve Your Essays with the Writing Center

by *Paolo Carrion*

Just got your essay prompt? Have a final draft but want to push it to perfection? Have literally no idea how to even begin? The Writing Center is here to help.

Whether you have difficulty forming cohesive sentences or fancy yourself as a master wordsmith, an appointment at the Writing Center is sure to help you bring your writing to the next level.

Cedarville's Writing Center is a free resource that many students, and even some professors, often misunderstand.

The Writing Center is not here to take your paper, mark it up with red ink, and throw it back at you. They aren't your high school English teacher. Tutors are here to work with you to improve your writing habits; expect to be an active participant during your session.

Think of the tutors as "Guardians of the Writing Toolbox." Their goal isn't to write a better essay for you; it's to equip you with the tools you need to become a better writer. They won't "just fix the grammar" for you — we have autocorrect for that now.

A few pointers before you show up for your first appointment:

Bring two printed copies of your assignment, even if it's still a mess of ideas and disjointed phrases. Or at the very least one printed copy so that your tutor doesn't have to awkwardly read over your shoulder.

Remember to bring an assignment sheet or instructions your professor gave you. Every professor has a different idea of what counts as "good writing." You and your tutor will want to tailor your paper to those expectations.

No matter your writing skill level, it will always be helpful to talk it out and get an outside perspective on your essay — whether it's your roommate, your mom, or your roommate's mom.

You can make appointments online at <https://www.cedarville.edu/Offices/Writing-Center>.

*Paolo Carrion is a senior Journalism major and the Editor-in-Chief for Cedars. He is not very good at Tetris, but he is practicing a lot.*

# Ring by Spring: A How-To Guide for Campus Love

by Breanna Beers

You may quote Song of Songs 2:7 or say you just want to be like Paul, but we all know why you really came to Bible college. Relationships can be complicated, but over the years, Cedarville has standardized a system of simple steps to get you that ring by spring as efficiently as possible.

## 1. Searching.

Unfortunately, finding the Joseph to your Mary (or vice versa) isn't always as easy as agreeing with an angel. You'll have to settle for the old-fashioned way: actually talking to someone of the opposite gender.

Try safe topics such as hometown, major, and why he/she came to Cedarville.

## 2. Serenading.

You sit next to him/her in chapel. You "study" together. You get coffee or a meal. Ideally, you actually communicate and find out that this person is at least OK. After doing this for any amount of time (a few weeks to three years max — you don't want to wait long enough to see this person outside of a Christian context or you might change your mind), move on to stage three.

## 3. Strolling.

There's no more romantic spot on cam-

pus than the glamorous shores of Cedar Lake. According to my highly scientific poll of nine people, walking around the lake three times can mean anything from "interested" to "engaged," but every student concurs that this ritual is a crucial step before you melt down her purity ring and add a diamond.

## 4. Supplicate.

Be sure to make your proposal as Instagram-worthy as possible; have your friends hiding in the bushes at the edge of the candlelit forest or flowing field of wheat (your preference). We do recommend, however, that you exercise discernment in choosing a Song of Songs passage to use in the caption.

## 5. Settle down.

You have now passed the toughest challenge of Bible college. Now all you have to do is be involved in as many extracurriculars as possible, serve at church, go on a missions trip, attend classes and actually earn your degree, all from the luxury of married student housing.

*Breanna Beers is a junior Molecular and Cellular Biology major and the Campus News editor for Cedars. She loves exercising curiosity, hiking new trails, and quoting "The Princess Bride" whether it's relevant or not.*

# Overheard Flowchart: to Post or not to Post

by Madeleine Mosher

Overheard. You might have heard the name. You might even be a part of the page. But you don't know the rules.

If you don't already know, Overheard at Cedarville is a Facebook page for students to post odd or funny things they overhear at school.

Did you get that? I'll repeat it. Things they overhear.

Not things they oversee, or over-receive in an email, or over-take a picture of.

Some people post pictures and videos and screenshots of emails or announcements. Some people post prayer requests they want the student body to read. They might be nice, but they don't belong on Overheard.

If you're still feeling confused about what's right for Overheard and what's decidedly, terribly, horribly wrong, refer to this handy flowchart.

*Madeleine Mosher is a junior Journalism major and an Arts and Entertainment Co-editor for Cedars. When she's not complaining about homework or having a snack, she enjoys coffee, words, and rock 'n' roll.*

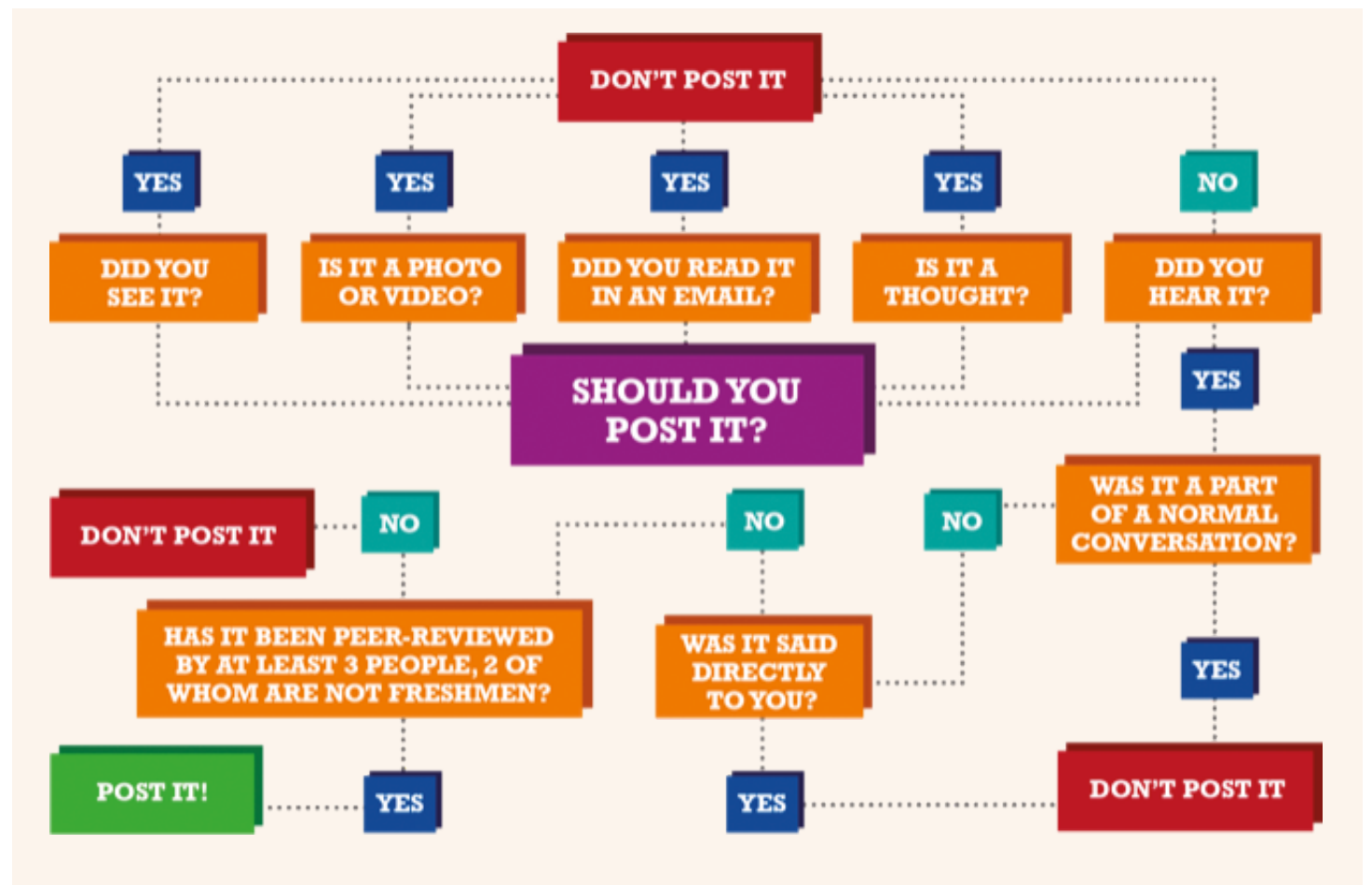


Illustration by Katie Wingert

# More or Less: The Logistics of a Schedule to Suit You

By Breanna Beers

So you've made it to college, and you're already wondering: Is there any way I could *not* be in all these classes right now? After the first week of classes, changing your schedule requires a Drop/Add Form, which can be obtained in the Office of the Registrar (SSC-132). Entering from the lower SSC, the Office of the Registrar is the first door past all the mailboxes at the end of the hallway between the post office and the bookstore.

Keep in mind that the Office of the Registrar is open from 8 a.m. to 5 p.m., which affects both when you can pick up the form and when you can drop it off. Because it needs to be signed by both your adviser and the instructor of the class, it may take some time before it is ready to be returned.

Dropping a class may be part of a general schedule change or a strategy to avoid displaying failing grades on your transcript. However, if you are failing a class, consider the other options available to you before

dropping. Attend review sessions and get help from the Cove. Talk to your instructor and your advisor as early as possible to get advice on how you could improve in the course, what the difficulty level looks like going forward, and whether you should consider dropping.

However, don't be ashamed if you decide to drop a class. It may be advantageous to wait to retake it during a lighter semester or even over the summer, when you can give challenging material your full attention.

The Office of the Registrar will send email reminders of the various drop/add deadlines as the year continues, but here's a summary:

- Dropping a class before Aug. 30 leaves no record on your transcript, and you will receive a 75% refund of any overcap credits. Adding a class after Aug. 30 will incur a \$50 late registration fee.

- Dropping a class between Sept. 2 and Oct. 25 will show a "W" on your transcript, representing that you have withdrawn, but no grades will be displayed.

- Dropping a class between Oct. 28 and Nov. 8 will show a "WP" for withdrawn passing or a "WF" for withdrawn failing.

- After Nov. 11, it is too late to drop a class.

For those of you looking to magnify your schedule rather than minimize it, auditing a course can be a way to exceed that pesky 17-credit maximum while limiting overcap charges. Auditing simply means taking a class without receiving credits. Audited courses still appear on your transcript but display the letters "AU" instead of a grade. A course must be changed from credit to audit (or vice versa) before Aug. 30. See the Office of the Registrar for the appropriate form.

In addition to lowering surcharges, auditing can let you take a fun elective without worrying about the grade on your transcript. However, if you do well, you may regret not showing that to potential employers and graduate schools.

Auditing does come with some critical caveats. You cannot test out of a class you

have already audited, which means that if a course is required for your major, you need to take it for credit. And while cheaper than paying for overcap credits (which cost around \$805 per credit), audited courses that exceed the 17-credit block limit still cost \$476 per additional credit. In some cases, this may make taking a summer course for credit at community college a better option.

The best way to make the most of your tuition dollars is to plan ahead. Whether that means arranging classes to fit the most credits you can afford every semester, or means building a balanced schedule so you can do well without making yourself miserable, become familiar with the requirements for your degree and work with your adviser to develop a plan that works for you.

*Breanna Beers is a junior Molecular and Cellular Biology major and the Campus News editor for Cedars. She loves exercising curiosity, hiking new trails, and quoting "The Princess Bride" whether it's relevant or not.*

## Microwave Mug Snacks for When You're Desperate

By Shelby McGuire

Imagine this: It's February. The ground is as frozen as your morale and motivation. Chuck's seems like miles away, and you just can't bring yourself to make the trek out to 7 a.m. breakfast anymore. Or it's midnight during finals week. You can barely keep your eyes open and your brain working through the last 60 pages of your Chemistry notes. You need to refuel, but your snack stash in your college care package has long been depleted.

These are the times that you will need to take action and forage for your own sustenance. Whether you need a hearty breakfast or snack, if you have a mug, a microwave, and a few easy ingredients, you can make these easy mug meals right in your dorm room.

### Nutella Mug Cake

- 2 tbsp all-purpose flour
- 1/4 tsp baking powder
- pinch salt
- 1 large egg
- 1 tbsp granulated sugar
- 2 tbsp Nutella

Combine ingredients and microwave for 75-90 seconds. Let cool and enjoy!

[tammileetips.com](http://tammileetips.com)

*Shelby McGuire is a junior journalism major and an Arts and Entertainment Co-editor for Cedars. She enjoys working out as well as feeding her caffeine addiction pretending that she has her life together.*

### Protein Overnight Oats with Coffee

- 1/2 cup oats
- 1/2 cup Strong brewed coffee
- 1/3 cup greek yogurt
- 1/2 tsp Vanilla extract (if you don't have this laying around, try adding a spoonful of peanut butter instead to add flavor)
- Sweetener of choice, to taste (honey, sugar, etc.)

Combine all ingredients in a mug or jar and stir well. Let sit in the refrigerator overnight and enjoy the next morning. Can be enjoyed cold or heated in the microwave.

Recipe adapted from:  
[foodfaithfitness.com](http://foodfaithfitness.com)

### Omelette in a Mug

- 2 large eggs
- 1 tablespoon milk
- 1 tablespoon chopped onion
- 2 tablespoons chopped bell pepper
- 2 slices deli ham, chopped
- 1 tablespoon shredded cheddar cheese (you can also use a cheese stick!)
- Salt and pepper

Combine eggs, milk, vegetables, ham, salt and pepper in a mug and microwave for 60 seconds. Then add cheese and cook for another 30 to 60 seconds on high, until the eggs are completely set.

[thekitchn.com](http://thekitchn.com)

# Sports and Exercise Classes for Fun and Variety

By *Tim Smith*

When planning for classes each year, the major subjects always appear to take over. From College Algebra and Principles of Biology to American History and Intro to Literature, there are more than enough classes that students can choose.

But, what about when you need a break from the monotony? When the schedule is at 15 credits, but you do not want to add another class that requires actual learning, where do you turn?

Thankfully, there is a solution. Cedarville University offers a variety of sports and exercise classes that can provide a break from the tedium of day-to-day life.

For those interested in learning and perfecting a new sport, Cedarville offers classes on Golf (PEAI-1540), Tennis (PEAI-1770) and Racquetball (PEAI-1600). Each of these courses take an in-depth look into playing the sport and gives students plenty of opportunities to play and practice.

Perhaps you don't want to commit to just one single sport and desire to maximize your time to learn about as many sports at once. Luckily, there are classes for that, too. Enrolling in Team Sports (MAPE-1210) or Individual and Dual Sports I (MAPE-2200) will give students experience in a wide variety of sports, including basketball, softball, baseball, volleyball, tennis, golf, archery and bowling.

What about those who are looking for a new type of

class, but want something a bit more intense? Take Weight Training (PEAE-1400) for a semester. This course will teach students the basics of weight training, along with the corresponding safety regulations. Students will be able to establish a workout regimen they can follow for as long as they desire.

These are just a few examples of classes students can enroll in for a change of pace in their schedule. If none of these spark an interest, a little bit of research in the course catalog will reveal a plethora of options.

*Tim Smith is a sophomore Journalism major and staff writer for Cedars. He loves football, 3 Musketeers candy and primarily speaking in movie quotes.*

# Where to Buy Snacks and Other Necessities

By *Paolo Carrion*

At some point during your college years, you're probably going to get hungry for a snack. Or you'll need to gulp down an energy drink or three to make it through midterms.

Thankfully, just across North Main Street lie your snack food saviors: the Dollar General and the Cedarville Village Market.

As a college student, money is always tight and your stomach is always growling. So, at which of these conveniently located stores should you shop?

Cedars is here to help with a non-comprehensive price comparison between the two main shops available to you, listing the items you are most likely to buy.

Do keep in mind the Village Market has fresh donuts and a deli while the Dollar General does not.

Unless otherwise noted, prices were taken from the cheapest option available at each store.

*Paolo Carrion is a senior Journalism major and the Editor-in-Chief for Cedars. He is not very good at Tetris, but he is practicing a lot.*

	Dollar General	Village Market
<b>Milk (1 gallon)</b>	\$3.60	\$2.99
<b>Milk (1/2 gallon)</b>	\$2.60	\$2.29
<b>Cereal boxes</b>	≈\$3 for name brands, less for off-brand	≈\$4.60 for name brands, less for off-brand
<b>Pop-Tarts (box of 12)</b>	\$2.95	\$3.79
<b>Soda (2 liter bottle)</b>	\$1.90 for name brand	\$1.99 for name brand
<b>Paper towels (single roll)</b>	\$1	\$1.19
<b>Monster Energy (16 oz)</b>	\$2.10	\$3.99
<b>Red Bull (16 oz)</b>	\$3.50	\$3.99
<b>Hot Pockets</b>	\$3	\$2.99
<b>TGI Fridays appetizers</b>	\$4	\$4.49
<b>Ramen (stovetop)</b>	\$1 for a pack of 5	\$0.99 for 3



Photos by Paolo Carrion

Many Cedarville students do the majority of their shopping at the Dollar General or Village Market.



# Getting Started Weekend

Photos by Carrie Bergan



STING Leaders give out high fives and cheers as the new freshmen enter Cedarville University.



Kenzie Lord and Sam Rivera show off their love for the new Yellow Jackets, in the class of 2023.



Johnna Willis, STING intern is excited for the jacket jaunt to begin.



Campus Experience shows their excitement as a freshman enters the field house for registration.