

Cedarville Review

Volume 20 Article 10

8-4-2020

living sacrifice

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Recommended Citation

Shaffer, Abigail (2020) "living sacrifice," Cedarville Review. Vol. 20, Article 10. Available at: https://digitalcommons.cedarville.edu/cedarvillereview/vol20/iss1/10



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Description

This is a poem about a bad day when my chronic illness flared up.

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About the Contributor

Abby Shaffer is a liberal arts student with a concentration in creative writing. She thinks it's pretty great that God gave us words, and she hopes we will make them as true and beautiful and hopeful as we can.

LIVING SACRIFICE

ABIGAIL SHAFFER

Praise Him. I praise Him! O Lord of my waking, Overseer of my lungs, Blood-keeper:

Please take as my praise All that I lived today. Highest Ruler, take the dark smudged eyeliner I slept in; take the hours I did not wake And smile upon them; Look favorably on all the times I tried to move and could not, take my Throbbing arms and hands paralytic.

Take my rising from the dead And take my surprise when I cried bitterly, Kneeling on the floor, shivering; Accept as a sweet aroma the sour sweat That coated my sheets and skin.

Take my tears once more standing up, Forehead fallen forward against bedframe, Grieving leaning. Take my empty stomach And my microwaved pizza and my unbelieving Nausea for hours afterward, take my fuzzy-minded suddenly-settling Peace as I showered, take my longing to be held for an hour

And take my all aloneness. These are Yours, You claim them, I pay tribute. You unflinching Plunge me into torpor, anesthetize me for torture, Rest me and ready me for more. This is no fellowship offering, I am whole, you lay your hand on my head but don't touch my throat, I live. O, how inscrutable Your gaze, how heavy Your affection! I bend like a reed under the lightest yoke I know, tearstained, Unbruised. Without your kind eyes, my God, I would think you To smite willingly, unconcerned observe the effects of the curse. No, you are lovely, and inhabit feeble praise. I curl up in the pew,

And my fitful dreams serveAs worship, Prepared beforehand for me To give you as I (Grateful) sob.