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Nakedness

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Nakedness

Description

This is a poem about craved vulnerability.

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NAKEDNESS

GRIFFIN MESSER

Back at my picnic table,
in the quiet moments of September mornings,
is a peace I find in few places,
a natural nakedness,
an exposure of soul.

I am laid bare,
as I once was,
and my lungs can expand and contract a little more
fully,
and my legs don't feel like they have to bounce
quite so fast,
and my heartbeat slows down.

There is an intimacy here,
in this promiscuity of spirit,
with the Savior and the self.

We are parallel mirrors.
You show me myself as I try to reflect.
I see my fear and my doubt and the wounds that
I'm ashamed of,
but strength too and the seams where You stitch
me back together.

There is a natural nakedness here.
The soul is laid bare
as it was created to be
and as it will be again.