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Development of a Community-Managed HIV Case Management Program in Zomba Malawi

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INTRODUCTION

- Approximately 75% of Malawians live in rural villages.
- Malawi HIV prevalence = 12.1%
- Zomba, Malawi HIV prevalence = 17.8%
- T/A Mwambo is a rural area in Zomba, Malawi
- T/A Mwambo population = 115,083 people.
- 2010: Ten community volunteers in T/A Mwambo self-organized and requested education so they could provide basic first aid and health care to 10 villages located within T/A Mwambo.
- 2010-present: Community health group (CHG) regularly visits HIV+ persons to make sure they are taking their ARV medications, and helps to transport ARV medications from the distribution center to those in the village who need them.
- CHG has been recognized by the District Social Welfare office as a Community Based Organization and by the District Health Office, which allows them certain privileges in the community.

Purpose: Over the next five years the CHG will develop an HIV Case management program which will include the following services

HIV CASE MANAGEMENT

1. In-home HIV testing using equipment provided by the District Health Office.
2. Education about HIV medications.
3. Transportation of medications to HIV+ individuals.
4. Transportation of HIV+ individuals to the clinic and/or hospital.
5. Generally available medications (e.g. pain relievers, worm medication, vitamins) to villagers who cannot afford them.
6. Nutritional supplements (food) to severely malnourished individuals.
7. Education about safe sexual practices and abstinence.
8. Education about general health promotion and disease prevention using the Community Health Evangelism Model.1

OBJECTIVES & METHODS

1. Provide training for 3 new community health groups. Training of the 3 new CHG’s will be conducted by Mr. Austine Chisuse and the original CHG members.2
2. Provide necessary supplies for 5 years to all four groups. All supplies will be purchased in Malawi.
3. Build a Community Health Center for each group: 4 total buildings. CHG members will provide labor on the buildings.
4. Develop a strategy to being financially independent by the end of the 5 year program. Microloan program

**Submitted grant to Bill & Melinda Gates Foundation

OUTCOMES

1. Numbers of people tested for HIV as measured in-home with equipment provided by the District Health Office.
2. Numbers of people newly diagnosed with HIV.3
3. Numbers of people with HIV who are treated/managed as recorded on the tool provided by the District Welfare Office.3
4. Number of deaths of people with a known diagnosis of HIV.3
5. HIV knowledge among community members.4

References


Acknowledgements

Pastor Ellis Chimba: Director Passion Center for Children Pastor Eric Sythoff: President Passion Center for Children
Mrs. Joan Dzinkambani: CHG liaison Passion Center for Children
CHG Members:
- Austin Chisuse
- Frank Namulu
- Vincent Chabwera
- Yohane Starford
- Annie Mchenga
- Edith Chintali
- Gladys Mapira
- Line Nayuma
- Yanjanani John
- Sofina Robert

Data Collection Tool from the District Health Office